



March

MIDDLE SCHOOL MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>School Breakfast Price – *UB Price - \$0.00, Regular Price - \$1.25 School Lunch Prices – Elementary: \$2.30, Middle/High: \$2.45, Reduced: \$0.40</p> <p>RANDOLPH County School System <i>This institution is an equal opportunity provider.</i></p>			<p>1 PB&J Sandwich (32) Garlic French Bread (30) w/ Marinara (8) Baked Spaghetti (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Okra (6) Strawberry Cup (22)</p>	
<p>2 Sausage Breakfast Pizza (21) Chicken Tenders (15) w/ Biscuit (28) Sausage Biscuit (28) Roasted Potatoes (19) Cajun Pinto Beans (19) Caesar Salad (7) w/ Dressing Chilled Pears (15)</p>			<p>3 Birthday Celebrations – Students will enjoy a Rice Krispy Treat with selection of a complete meal</p> <p>4 March 5th – 9th National School Breakfast Week!!!</p>	
<p>5 Sausage Biscuit (28) Homestyle Chicken Fillet Sandwich (42) Toasted Cheese Sandwich (28) Broccoli & Cheese Soup (11) Caesar Salad (7) w/ Dressing Chilled Mixed Fruit (15)</p>	<p>6 WG Glazed Donut (51) 100% All Beef Cheeseburger (28) BBQ Sandwich (30) Oven Baked Tater Tots (19) Cole Slaw (7) Baked Apples (30)</p>	<p>7 Chicken Biscuit (33) Chicken Tenders (15) or Meatloaf (16) both served w/ Mac 'N Cheese (20) Fresh Sweet Potato (28) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>8 Cinnamon Bun (30) Pepperoni Pizza (33) Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Steamed Broccoli (3) Strawberry Cup (22)</p>	<p>9 WG Cheese Toast (14) Walking Nachos (21) or Rice Bowl (48) Cheesy Chicken Chili (17) w/ WG Corn Chips (40) Spring Mix Salad (1) Salsa (6), Cajun Pintos (19), NC Red Apple Slices (10)</p>
<p>12 Sausage Biscuit (28) 11:00 am Early Dismissal Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7) Steamed Broccoli (3) ¾ c Managers Choice Canned Fruit</p>	<p>13 WG Dutch Waffle (43) BBQ Sandwich (30) Mac 'N Cheese Ham Bake (23) w/ WG Garlic Breadstick (15) Baked Potato Wedges (21) Cole Slaw (7) Fresh Red Pear (26)</p>	<p>14 Chicken Biscuit (33) Chicken Pie (27) w/ Biscuit (28) Corn Dog Nuggets (31) Red Bliss Mashed Potatoes (18) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>15 PB&J Sandwich (32) Cheese Pizza (33) Baked Spaghetti (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Okra (6) Strawberry Cup (22)</p>	<p>16 Sausage Breakfast Pizza(21) Chicken Tenders (15) w/ Biscuit (28) Sausage Biscuit (28) Roasted Potatoes (19) Cajun Pinto Beans (19) Caesar Salad (7) w/ Dressing Chilled Pears (15)</p>
<p>19 Sausage Biscuit (28) Homestyle Chicken Fillet Sandwich (42) Toasted Cheese Sandwich (28) Broccoli & Cheese Soup (11) Caesar Salad (7) w/ Dressing Chilled Mixed Fruit (15)</p>	<p>20 WG Glazed Donut (51) 100% All Beef Cheeseburger (28) Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7) Oven Baked Tater Tots (19) Cole Slaw (7) Baked Apples (30)</p>	<p>21 Chicken Biscuit (33) Chicken Tenders (15) or Country Style Steak (3) both served w/ Brown Rice (48) Fresh Sweet Potato (28) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>22 Cinnamon Bun (30) Pepperoni Pizza (33) Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Steamed Broccoli (3) Strawberry Cup (22)</p>	<p>23 Hawaiian Ham & Cheese (28) Classic Beef Nachos (39) or Rice Bowl (48) Cheesy Chicken Chili (17) w/ WG Tortilla Chips (38) Spring Mix Salad (1), Salsa (6), Cajun Pintos (19) Pink Lady Apple (10)</p>
<p>26 Sausage Biscuit (28) Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7) Teriyaki Popcorn Chicken (43) w/ Brown Rice (48) Steamed Broccoli (3) Fresh Sweet Potato (2) Minneola Orange (6)</p>	<p>27 WG Dutch Waffle (43) Hot Dog (27) w/ Chili (2) Mac 'N Cheese Ham Bake (23) both served w/ Rice Krispy Treat (31) Baked Potato Wedges (21) Cole Slaw (7), Cajun Pintos (19) Baked Apples (30)</p>	<p>28 Chicken Biscuit (33) Chicken Pie (27) w/ Biscuit (28) Corn Dog Nuggets (31) Red Bliss Mashed Potatoes (18) Seasoned Green Beans (4) Chilled Peaches (14)</p>	<p>29 PB&J Sandwich (32) Garlic French Bread (30) w/ Marinara (8) Baked Spaghetti (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Okra (6) Strawberry Cup (22)</p>	<p>30 Holiday</p> 

 Signifies items made w/ fresh produce

 Signifies scratch-made item

Offered Daily at Breakfast – Choice of Strawberry, Brown Sugar Cinnamon, or Chocolate Fudge Poptart, Yogurt w/ Grahams, 100% Fruit Juice, Assorted Fruit, Choice of Milk.

Offered Daily at Lunch – Choice of 1% or Skim Milk, Cold Bar Entrees: M/W – Tuna Salad w/ breadstick and/or crackers; T/Th – Chef Salad w/ breadstick and/or crackers; F – PBJ Sandwich

*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website.

** Make Payments & View Your Students Account online! Just go to www.k12paymentcenter.com

RCSS School Nutrition makes every effort to identify and label ingredients and/or recipes that may cause allergic reactions. We make every attempt to instruct our staff on the severity of food allergies in relation to food production, however, there is always a risk of contamination. It is also possible that manufacturers of the commercial foods we purchase could change the ingredient formulation at any time without notice. Customers concerned with food allergies/special diets need to be aware of this risk. If any person has questions or concerns about allergens in relation to Randolph County Schools School Nutrition Menus please contact Jayme Robertson, MS, RDN, LDN (336)318-6132.

Revised 3/12/18