

# may

## Middle School Menu

**Offered Daily at Breakfast** – Choice of Strawberry, Brown Sugar Cinnamon, or Chocolate Fudge Poptart, Yogurt w/ Grahams, 100% Fruit Juice, Assorted Fruit, Choice of Milk.

**Offered Daily at Lunch** – Choice of 1% or Skim Milk; Cold Bar Entrées M/W – Tuna Salad w/ breadstick and/or crackers; T/Th – Chef Salad w/ breadstick and/or crackers; F – PBJ Sandwich

*This institution is an equal opportunity provider.*

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|--|--|---|---|
| <p><b>School Breakfast Price</b> –<br/>*UB Price - \$0.00, Regular Price - \$1.25<br/><b>School Lunch Prices</b> –<br/>Elementary: \$2.30,<br/>Middle/High: \$2.45,<br/>Reduced: \$0.40</p>   | <p><b>1</b> <i>Chocolate Muffin</i> (26)<br/>Hot Dog (27) w/ Chili (2) <br/>Sloppy Joe Sandwich (36) <br/>Oven Baked Potato Wedges (21)<br/>Cole Slaw (7) </p>                               | <p><b>2</b> <i>Chicken Biscuit</i> (33)<br/>Chicken Pie (27) w/ <br/>Biscuit (28)<br/>Corn Dog Nuggets (31)<br/>Red Bliss Mashed <br/>Potatoes (18)<br/>Seasoned Green Beans (4)</p>                   | <p><b>3</b> <i>PB&amp;J Sandwich</i> (32)<br/>Cheese Pizza (33) <br/>Baked Spaghetti (35) <br/>w/ WG Garlic Breadstick (15)<br/>Steamed Corn (20)<br/>Roasted Okra (6)</p>                      | <p><b>4</b> <i>Sausage Breakfast Pizza</i>(21)<br/>Chicken Tenders (15) w/<br/>Biscuit (28)<br/>Sausage Biscuit (28)<br/>Roasted Potatoes (19)<br/>Cajun Pinto Beans (19)<br/>Caesar Salad (7) <br/>Fresh Strawberries (6)</p>                |
| <p><b>7</b> <i>Sausage Biscuit</i> (28)<br/>Homestyle Chicken Fillet Sandwich (42)<br/>Mac 'N Cheese Ham <br/>Bake (23) both served w/<br/>Rice Krispy Treat (31)<br/>Steamed Broccoli (3) <br/>Caesar Salad (7) <br/>Fresh Pineapple (26) </p> | <p><b>8</b> <i>WG Dutch Waffle</i> (43)<br/>100% All Beef Cheeseburger (28)<br/>Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7)<br/>Oven Baked Tater Tots (19)<br/>Cole Slaw (7) </p>  | <p><b>9</b> <i>Chicken Biscuit</i> (33)<br/>Chicken Tenders (15) or Country Style Steak (3) <br/>both served w/ Brown Rice (48)<br/>Oven Baked Sweet Potato Tots (24)<br/>Seasoned Green Beans (4)</p> | <p><b>10</b> <i>Cinnamon Bun</i> (30)<br/>Pepperoni Pizza (33) <br/>Mini Cheese Ravioli (35) <br/>w/ WG Garlic Breadstick (15)<br/>Steamed Corn (20)<br/>Roasted Squash &amp; Zucchini (4) </p> | <p><b>11</b><i>Hawaiian Ham &amp; Cheese</i> (27) <br/>Classic Beef Nachos (39) or <br/>Rice Bowl (48)<br/>Cheese Quesadilla Sliders (33) <br/>Spring Mix Salad (1) <br/>Salsa (6)<br/>Cajun Pinto Beans (19)<br/>Fresh Strawberries (6) </p> |
| <p><b>14</b> <i>Sausage Biscuit</i> (28)<br/>Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7)<br/>Teriyaki Popcorn Chicken (43) w/ Brown Rice (48)<br/>Steamed Broccoli (3)<br/>Oven Baked Sweet Potato Tots (24)</p>                      | <p><b>15</b> <i>Chocolate Muffin</i> (26)<br/>Hot Dog (27) w/ Chili (2) <br/>Crispy Fish Fillet Sandwich (43)<br/>Oven Baked Potato Wedges (21)<br/>Cole Slaw (7) </p>                       | <p><b>16</b> <i>Chicken Biscuit</i> (33)<br/>Chicken Pie (27) w/ <br/>Biscuit (28)<br/>Corn Dog Nuggets (31)<br/>Red Bliss Mashed <br/>Potatoes (18)<br/>Seasoned Green Beans (4)</p>                  | <p><b>17</b> <i>PB&amp;J Sandwich</i> (32)<br/>Cheese Pizza (33) <br/>Baked Spaghetti (35) <br/>w/ WG Garlic Breadstick (15)<br/>Steamed Corn (20)<br/>Roasted Okra (6)</p>                     | <p><b>18</b> <i>Sausage Breakfast Pizza</i>(21)<br/>Chicken Tenders (15) w/<br/>Biscuit (28)<br/>Sausage Biscuit (28)<br/>Roasted Potatoes (19)<br/>Cajun Pinto Beans (19)<br/>Caesar Salad (7) <br/>Fresh Strawberries (6) </p>              |
| <p><b>21</b> <i>Sausage Biscuit</i> (28)<br/>Homestyle Chicken Fillet Sandwich (42) <br/>Loaded Baked Potato (44) w/ WG Garlic Breadstick (15)<br/>Steamed Broccoli (3)<br/>Caesar Salad (7) </p>   | <p><b>22</b> <i>WG Dutch Waffle</i> (43)<br/>100% All Beef Cheeseburger (28)<br/>Mozzarella Cheese Stuffed Sticks (30) w/ Marinara (7)<br/>Oven Baked Tater Tots (19)<br/>Cole Slaw (7) </p> | <p><b>23</b> <i>Chicken Biscuit</i> (33)<br/>Chicken Tenders (15) or Meatloaf (16) both served <br/>w/ Mac 'N Cheese (20)<br/>Oven Baked Sweet Potato Tots (24)<br/>Seasoned Green Beans (4)</p>       | <p><b>24</b> <i>Cinnamon Bun</i> (30)<br/>Pepperoni Pizza (33) <br/>Mini Cheese Ravioli (35) <br/>w/ WG Garlic Breadstick (15)<br/>Steamed Corn (20)<br/>Roasted Squash &amp; Zucchini (4) </p> | <p><b>25</b><i>Hawaiian Ham &amp; Cheese</i> (27) <br/>Classic Beef Nachos (39) or <br/>Rice Bowl (48)<br/>Cheese Quesadilla Sliders (33) <br/>Spring Mix Salad (1) <br/>Salsa (6)<br/>Cajun Pinto Beans (19)</p>                             |
| <p><b>28</b><br/><b>Memorial Day!</b><br/></p>  | <p><b>29</b> <i>Sausage Biscuit</i> (28) <br/>Corn Dog Nuggets (31)<br/>Oven Baked Sweet Potato Tots (36) <math>\frac{3}{4}</math> c</p>   | <p><b>30</b> <i>Chicken Biscuit</i> (33)<br/>Hot Dog (27) w/ Chili (2)<br/>Oven Baked Potato Wedges (21), Seasoned Green Beans (4)</p>   | <p><b>31</b> <i>PB&amp;J Sandwich</i> (32)<br/>Cheese Pizza (33)<br/>Steamed Corn (20)<br/>Roasted Okra (6)</p>   | <p><br/><b>RANDOLPH</b><br/>County School System</p>  |
| <p>Beginning May 29<sup>th</sup>, Pre-Package Chef Salad may/may not be available</p>   |  |  |   |   |

Signifies scratch-made item Signifies items made w/ fresh produce

**Birthdays Celebrations** – Students will enjoy a Rice Krispy Treat with selection of a complete meal – Just look for the balloons!

**Please Note:** Ingredients and menu items are subject to change without notice. Carbohydrate counts of all menu items are listed beside each item

\*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website.

\*Make Payments & View Your Students Account online! Just go to [www.k12paymentcenter.com](http://www.k12paymentcenter.com)

RCSS School Nutrition makes every effort to identify and label ingredients and/or recipes that may cause allergic reactions. We make every attempt to instruct our staff on the severity of food allergies in relation to food production; however, there is always a risk of contamination. It is also possible that manufacturers of the commercial foods we purchase could change the ingredient formulation at any time without notice. Customers concerned with food allergies/special diets need to be aware of this risk. If any person has questions or concerns about allergens in relation to Randolph County Schools School Nutrition Menus please contact Jayme Robertson, MS, RDN, LDN (336)318-6132.