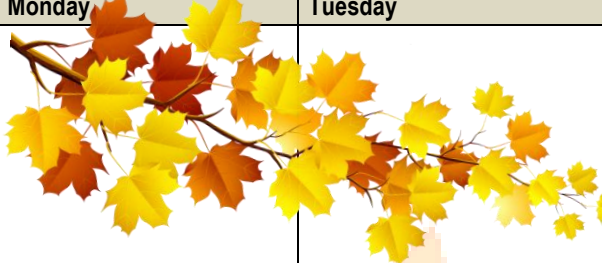

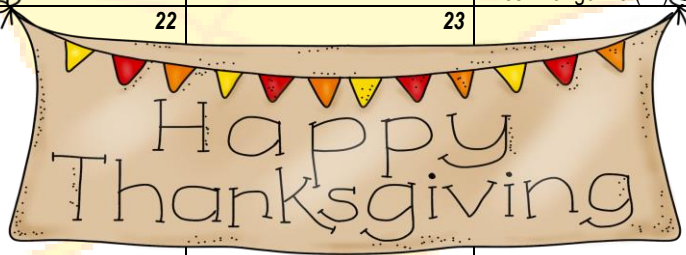




# NOVEMBER


# MIDDLE SCHOOL MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		<i>Chicken Biscuit</i> (33) 1 Chicken Tenders (15) or Country Style Steak (3) both served w/ Brown Rice (48) Fresh Sweet Potato (28) Steamed Kale (10) Chilled Peaches (14)	<i>Banana Bread Slice</i> (47) 2 <b>2 Hour Early Release!</b> Pepperoni Pizza (33) Cajun Pinto Beans (19) Seasoned Green Beans (4) Chilled Applesauce (15)	<b>Teacher Workday</b> 
	<i>Sausage Biscuit</i> (28) 6 Mozzarella Cheese Stuffed Sticks (30 w/ Marinara (7) Sesame Ginger Glazed Popcorn Chicken (37) w/ Brown Rice (48) Caesar Salad (5) w/ Dressing Glazed Carrots (13) Chilled Mixed Fruit (15)	<i>Dunkin Stix</i> (28) 7 Hot Dog (27) w/ Chili (2) Sloppy Joe Sandwich (36) Oven Baked Potato Wedges (21) Cajun Pinto Beans (19) Cole Slaw (7) Strawberry Cup (18)	<i>Chicken Biscuit</i> (33) 8 Chicken Pie (27) w/ WG Biscuit (28) Corn Dog Nuggets (30) Red Bliss Mashed Potatoes (18) Seasoned Green Beans (4) Chilled Peaches (14)	<i>PB&amp; J Sandwich</i> (32) 9 Garlic French Bread (32) w/ Marinara (7) Baked Spaghetti (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Okra (6) Chilled Applesauce (15)
<i>Sausage Biscuit</i> (28) 13 Homestyle Chicken Fillet Sandwich (42) Toasted Cheese Sandwich (28) Vegetable Beef Soup (14) Caesar Salad (5) w/ Dressing Fresh Grapple (10)	<i>Glazed Donut</i> (51) 14 100% All Beef Cheeseburger (28) BBQ Sandwich (30) Oven Baked Tater Tots (16) NC Cole Slaw (7) Fresh Black Grapes (15)	<i>Chicken Biscuit</i> (33) 15 Chicken Tenders (15) or Meatloaf (16) both served w/ Mac 'N Cheese (20) Oven Baked Sweet Potato Tots (28) Seasoned Green Beans (4) Chilled Peaches (14)	<i>Banana Bread Slice</i> (47) 16 Pepperoni Pizza (33) Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Steamed Kale (10) Chilled Applesauce (15)	<i>Hawaiian Ham &amp; Cheese</i> (28) 17 Walking Nachos (21) or Rice Bowl (48) Chicken Chili (21) w/ Corn Chips (40) Spring Mix Salad (1) Salsa (6) Cajun Pintos Beans (19) Fresh Tangerine (11)
<i>Sausage Biscuit</i> (28) 20 Chicken Pie (27) w/ WG Biscuit (28) Corn Dog Nuggets (30) Seasoned Green Beans (4) Fresh Sweet Potato (28) NC Apple (10)	<i>Dunkin Stix</i> (28) 21 Hot Dog (27) w/ Chili (2) Crispy Fish Fillet Sandwich both served w/ Rice Krispy Treat (31) Oven Baked Potato Wedges (21) Cole Slaw (7) Strawberry Cup (18)			
<i>Sausage Biscuit</i> (28) 27 Homestyle Chicken Fillet Sandwich (42) Toasted Cheese Sandwich (28) Vegetable Beef Soup (14) Caesar Salad (5) w/ Dressing Chilled Mixed Fruit (15)	<i>Glazed Donut</i> (51) 28 100% All Beef Cheeseburger (28) BBQ Sandwich (30) Oven Baked Tater Tots (16) Cole Slaw (7) Strawberry Cup (18)	<i>Chicken Biscuit</i> (33) 29 Chicken Tenders (15) or Country Style Steak (3) both served w/ Brown Rice (48) Oven Baked Sweet Potato Tots (28) Seasoned Green Beans (4) Chilled Peaches (14)	<i>Banana Bread Slice</i> (47) 30 Pepperoni Pizza (33) Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Steamed Kale (10) Chilled Applesauce (15)	<b>School Breakfast Prices</b> *UB Price - \$0.00, Regular Price - \$1.25 <b>School Lunch Prices –</b> Elementary: \$2.30, Middle/High: \$2.45, Reduced: \$0.40

 Signifies entrees made from scratch using fresh ingredients

 Signifies items made w/ fresh produce



 Birthday Celebrations – Students will enjoy a Rice Krispy Treat with selection of a complete meal

**Offered Daily at Breakfast** – Choice of Strawberry or Brown Sugar Cinnamon Poptart, Yogurt Parfait, 100% Fruit Juice, Assorted Fruit, Choice of Milk.

**Offered Daily at Lunch** – Choice of 1% or Skim Milk, Cold Bar Entrees: M/W – Tuna Salad w/ breadstick and/or crackers; T/Th – Chef Salad w/ breadstick and/or crackers; F – PBJ Sandwich

\*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website.

\*\*Make Payments & View Your Students Account online! Just go to [www.k12paymentcenter.com](http://www.k12paymentcenter.com)

RCSS School Nutrition makes every effort to identify and label ingredients and/or recipes that may cause allergic reactions. We make every attempt to instruct our staff on the severity of food allergies in relation to food production, however, there is always a risk of contamination. It is also possible that manufacturers of the commercial foods we purchase could change the ingredient formulation at any time without notice. Customers concerned with food allergies/special diets need to be aware of this risk. If any person has questions or concerns about allergens in relation to Randolph County Schools School Nutrition Menus please contact Jayme Robertson. MS. RDN. LDN (336)318-6132.

This institution is an equal opportunity provider.  
Revised 10/17/17