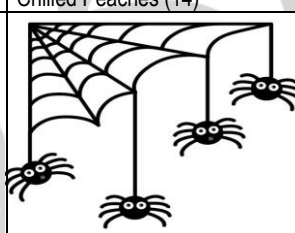







Middle School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Biscuit (28) 2 Homestyle Chicken Fillet Sandwich (42) Mac 'N Cheese Ham Bake (23) w/ WG Garlic Breadstick (15) Steamed Broccoli (3) Caesar Salad (5) w/ Dressing NC Apple (10)	Dutch Waffle (43) 3 100% All Beef Cheeseburger (28) BBQ Sandwich (30) Oven Baked Tater Tots (16) Cole Slaw (7) Applesauce Cup (14)	Chicken Biscuit (33) 4 Chicken Tenders (15) or Country Style Steak (3) both served w/ Brown Rice (48) Fresh Sweet Potato (28) Seasoned Green Beans (4) Chilled Peaches (14)	Cinnamon Bun (30) 5 Pepperoni Pizza (33) Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Squash & Zucchini (4) Chilled Applesauce (15)	Hawaiian Ham & Cheese(27) 6 Classic Beef Nachos (39) or Rice Bowl (48) Cheese Quesadilla Sliders(33) Spring Mix Salad (1) Salsa (6) Cajun Pintos (19) Chilled Pears (15)
Sausage Biscuit (28) 9 Mozzarella Cheese Stuffed Sticks (30 w/ Marinara (7) Teriyaki Popcorn Chicken (43) w/ Brown Rice (48) Steamed Broccoli (3) Glazed Carrots (13) Chilled Mixed Fruit (15)	Chocolate Muffin (26) 10 Hot Dog (27) w/ Chili (2) NEW Tuna Melt Oven Baked Potato Wedges (21) Cole Slaw (7) Applesauce Cup (14)	Chicken Biscuit (33) 11 Chicken Pie (27) w/ Biscuit (28) Corn Dog Nuggets (30) Red Bliss Mashed Potatoes (18) Seasoned Green Beans (4) Chilled Peaches (14)	PB&J Sandwich (32) 12 Garlic French Bread (32) w/ Marinara (7) Baked Spaghetti (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Okra (6) Chilled Applesauce (15)	Sausage Breakfast Pizza (21) 13 Chicken Tenders (15) w/ Biscuit (28) Sausage Biscuit (28) Caesar Salad (5) w/ Dressing Roasted Potatoes (19) Cajun Pintos (19) Fresh Pear (26)
Sausage Biscuit (28) 16 Homestyle Chicken Fillet Sandwich (42) Loaded Baked Potato (44) both served w/ Rice Krispy Treat (31) Steamed Broccoli (3) Caesar Salad (5) w/ Dressing NC Apple (10)	Dutch Waffle (43) 17 100% All Beef Cheeseburger (28) BBQ Sandwich (30) Oven Baked Tater Tots (16) Cole Slaw (7) Applesauce Cup (14)	Chicken Biscuit (33) 18 Chicken Tenders (15) or Meatloaf (16) both served w/ Mac 'N Cheese (20) Oven Baked Sweet Potato Tots (28) Seasoned Green Beans (4) Chilled Peaches (14)	Cinnamon Bun (30) 19 Pepperoni Pizza (33) Mini Cheese Ravioli (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Squash & Zucchini (4) Chilled Applesauce (15)	Hawaiian Ham & Cheese(27) 20 Classic Beef Nachos (39) or Rice Bowl (48) Cheese Quesadilla Sliders(33) Spring Mix Salad (1) Salsa (6) Cajun Pintos (19) Chilled Pears (15)
Sausage Biscuit (28) 23 Mozzarella Cheese Stuffed Sticks (30 w/ Marinara (7) Sweet Chili Glazed Popcorn Chicken (41) w/ Brown Rice (48) Steamed Broccoli (3) Glazed Carrots (13) Chilled Mixed Fruit (15)	Chocolate Muffin (26) 24 Hot Dog (27) w/ Chili (2) Crispy Fish Fillet Sandwich (43) Oven Baked Potato Wedges (21) Cole Slaw (7) Applesauce Cup (14)	Chicken Biscuit (33) 25 Chicken Pie (27) w/ Biscuit (28) Corn Dog Nuggets (30) Red Bliss Mashed Potatoes (18) Seasoned Green Beans (4) Chilled Peaches (14)	PB&J Sandwich (32) 26 Cheese Pizza (33) Baked Spaghetti (35) w/ WG Garlic Breadstick (15) Steamed Corn (20) Roasted Okra (6) Chilled Applesauce (15)	Sausage Breakfast Pizza (21) 27 Chicken Tenders (15) w/ Biscuit (28) Sausage Biscuit (28) Caesar Salad (5) w/ Dressing Roasted Potatoes (19) Cajun Pintos (19) NC Apple (10)
Sausage Biscuit (28) 30 Homestyle Chicken Fillet Sandwich (42) Mac 'N Cheese Ham Bake (23) w/ WG Garlic Breadstick (15) Steamed Broccoli (3) Caesar Salad (5) w/ Dressing Chilled Mixed Fruit (15)	Dutch Waffle (43) 31 100% All Beef Cheeseburger (28) BBQ Sandwich (30) Oven Baked Tater Tots (16) Cole Slaw (7) Applesauce Cup (14)		 Signifies entrees made from scratch using fresh ingredients  Signifies items made w/ fresh produce This institution is an equal opportunity provider.	

 Birthday Celebrations – Students will enjoy a Rice Krispy Treat with selection of a complete meal

Offered Daily at Breakfast – Choice of WG Strawberry or Brown Sugar Cinnamon Poptart, Yogurt Parfait, Assorted Fruit, Choice of Milk.

Offered Daily at Lunch – Choice of 1% or Skim Milk, Cold Bar Entrees: M/W – Tuna salad w/ breadstick and/or crackers; T/Th – Chef Salad w/ breadstick and/or crackers; F – PBJ Sandwich

*For more information about Universal Breakfast (UB), go to the School Nutrition tab on the RCSS website.

**Make Payments & View Your Students Account online! Just go to www.k12paymentcenter.com

RCSS School Nutrition makes every effort to identify and label ingredients and/or recipes that may cause allergic reactions. We make every attempt to instruct our staff on the severity of food allergies in relation to food production, however, there is always a risk of contamination. It is also possible that manufacturers of the commercial foods we purchase could change the ingredient formulation at any time without notice. Customers concerned with food allergies/special diets need to be aware of this risk. If any person has questions or concerns about allergens in relation to Randolph County Schools School Nutrition Menus please contact Jayme Robertson, MS, RDN, LDN (336)318-6132.

School Breakfast Prices
 *UB Price - \$0.00, Regular Price - \$1.25
School Lunch Prices – Elementary: \$2.30,
 Middle/High: \$2.45, Reduced: \$0.40

