Erica Hupp participated with her whole family. Her son, Branson, enjoys the peanut butter fortifications after the race.

**BY ELIZABETH SAUNDERS**

The team from Trinity Elementary won the school prize, with 31 registrations.

**Ran5Feed5’s annual 5K provides a healthy, fun way to fight childhood hunger. It’s even more fun when you bring your buddies.**

Trinity High School alum Travis Byrd and his wife Kayla enrolled in Run for God last January at Poplar Ridge Friends Meeting. The program combines Bible study with training and encouragement to run a 5K.

Byrd enjoys getting outside and running, plus the competition of a race. He won first in his age group and third overall.

“He got me into running,” said Kayla after finishing the 5K. “I feel energized. I got my stupid tummy.”

With 34 entrants in Saturday’s event, Poplar Ridge won the friendly competition between churches that has continued to support Run5Feed5’s nonprofit, Run5Feed5 Outreach of Archdale-Trinity, a way to fund Community Services Include:

- Personal Care Services Include:
  - Transpoartation for Doctors Appt & Pharmacy
  - Grocery Shopping & Meal Preperation
  - Light Housekeeping & Errands.
  - Personal Care “Bathing & Dressing”

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ATMS student David Makupson placed second in his age group.

**Online community in the past five years.** This year’s prize included 670 in donated gift cards. Trinity Elementary School won for the schools, with 31 registrations.

The team from Trinity Elementary won the school prize, with 31 registrations.

Erica Hupp ran with her husband, children, and extended family. Branson, sported a coachers cap to keep him warm during the ride in his stroller. After the race, he enjoyed peanut butter on a piece of bagel along with the other runners.

“Fun Zone volunteers, including staff from the Gribb Family YMCA, provided child care for those who didn’t run with their parents. Kids played games to win tickets for prizes and enjoyed this year’s new addition – a bounce house.”

Leaves food from Run5Feed5 was sent to the Greensboro community that had been devastated by a tornado on April 15, said organizer Kim Reddick.

Around 320 people ran or walked Saturday morning. With the help of more than 50 sponsors, they raised about $50,000, or more than $200,000 over five years.

Ran5Feed5 started as a way to fund Community Outreach of Archdale-Trinity’s Backpack Pal program, which feeds children in local schools.

One in four children in North Carolina lives with food insecurity. Now an independent nonprofit, Ran5Feed5 continues to support COAT, but has also added a summer feeding program and contributes money to similar charities in the area, including Communities in Schools (which supports Backpack Pals in two more schools in Randolph County), Lisa’s Kets in High Point, and Randolph Early College’s food bank.

“Tornado on April 15, said Travis Byrd.

“There are lots of ways to feed hungry children,” said Reddick. She added that they need volunteers all year round. Visit run5feed5.com or their Facebook page to find out more.

Bob Ferguson of Woodman Life presented Reddick with a Community Appreciation Award, citing all the work she’s done for the community in the past five years.

Overall winners

1st male: Benjamin Garcia, 18, 37:32
1st female: Allison Peters, 20, 35:34
Male 12 and under: Cameron Saint, 27:57
Female 12 and under: Morgan Hupp, 32:24

Category winners

1st male 13-19: Will Flores, 20:14
1st female 13-19: Katie Bush, 25:47
1st male 20-29: Travis Byrd, 20:47
1st female 20-29: Hannah Stone, 23:21
1st male 30-39: Greg Hupp, 21:39
1st female 30-39: Heather Dutes, 27:01
1st male 40-49: Michael Somero, 21:49
1st female 40-49: Kim Hughes, 28:35
1st male 50-59: Dennis Hughes, 28:55
1st female 50-59: Sandy Eisenberger, 31:28
1st male 60-69: Alton Smith, 28:27
1st female 60-69: Barbara Jeanson, 35:56
1st male 70 and up: Ben Hardie, 27:28

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