Trinity educator off to a running start

BY DEBBIE HIGHTOWER

TRINITY — First-year Exceptional Children’s teacher Sarah Luz at Trinity High School is a finalist for the North Carolina Association of Colleges and Teacher Educators N.C. Student Teacher of the Year.

Luz, who spent last year student teaching at Trinity High School, said her transition to first year at the school has been seamless.

“My cooperating teacher and now co-worker, Melissa Brown, has been there for me from the beginning; her mentorship and support is something I could not find anywhere else,” she said. “Getting to work alongside Melissa and all of the other incredible teachers and administrators at Trinity has shaped me into the teacher I once hoped to be. The family atmosphere at THS among the staff, students and community has inspired me beyond belief.”

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Luz said she spent a lot of time in special education classrooms throughout her middle school and high school days as a peer helper.

“During my freshman year at High Point University I really missed being involved with such incredible people,” she said. “My older sister is a teacher up in Vermont and when I was debating on changing my major she was a huge influence. She inspired me to follow my heart and I can never repay her for leading me in the right direction.”

The beginning teacher who loves her job describes her students as “incredible” and said already each one has made a lasting impression on her heart. She hopes that she can make an equal influence on their lives.

“I only hope that I can inspire them to reach for the stars and push themselves,” said Luz. “I focus a lot on self-advocacy with my students and I can see their self-confidence flourishing day by day. I want them to know they have a voice and that each one of them matters in this world and to me. I am so proud of their accomplishments and I am so proud to be a Bulldog.”

Luz is a May 2016 graduate of High Point University. She was honored in September in Raleigh as one of 14 finalists for the recognition.

Staff writer Debbie Hightower may be reached at dhightower@atnonline.net or 336-888-3576.

Bulldogs newest assistant principal

BY DEBBIE HIGHTOWER

TRINITY — Trinity High School’s new assistant principal Shea Grosch wants to see students gain the skills needed for college and careers. With a heart for career development, Grosch transferred to Trinity High School this school year.

She earned her bachelor’s in English from UNC Chapel Hill in 2006, her masters in Secondary English Education from Wake Forest University in 2007 and, in 2015, a licensure in School Leadership from Western Carolina University. She comes to Trinity with principal, English 9-12, Marketing Education 6-12 and Career Development Coordinator licenses.

During her 10 plus years in education, Grosch’s experience includes serving as a teacher at Asheboro High School from 2007-2012, career development coordinator at Asheboro High School from 2012-2015 and assistant principal at Uwharrie Middle School from 2015-2016.

As a high school educator, Grosch said she enjoys the students most.

“I get to see students enter as wide-eyed freshmen and leave as young adults ready to enter college or a career,” she said. “Being part of such an important time in the students’ lives is a great experience.”

Education is strong in the Grosch household which includes husband Anthony Grosch and son Tatum, 2. Her husband is principal at Uwharrie Middle School. Both of her parents are retired educators and include Debi Setzer who was a Randolph County Schools teacher and Dr. Tim Setzer, an administrator who was interim principal at Trinity two years ago.

She’s excited about her arrival at Trinity.

“I want to be a contributing member of Bulldog Nation and help Trinity move forward to increase student achievement and success,” she said. “I am proud to be a part of Trinity High School’s rich tradition so it can continue to be ‘The Finest High School in the Carolinas.’”

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