



School Information:

Student breakfast: \$1.80

Adult breakfast: \$2.30



A complete breakfast is: one entrée (either a grain or a grain + protein), 100% fruit juice or fresh fruit, and skim or low-fat milk.



March 5th – 9th is National School Breakfast Week. Kick off your day with a nutritious breakfast!

Monday

Tuesday

Wednesday

Thursday

Friday



“This institution is an equal opportunity provider and employer”



Rapp Special Sandwich
Breakfast Muffin
Frudels or Cereal Bars
Parfait
Fresh Fruit or Fruit Juice
Milk

Breakfast Pizza
Glazed Donut
Cereal Bar or Frudels
Parfait
Fresh Fruit or Fruit Juice
Milk

Chicken Sandwich Special
Apple Stick
Cereal Bar or Frudels
Parfait
Fresh Fruit or Fruit Juice
Smoothies
Milk

5

Sausage Croissant
Cinnamon Crisp/Fresh Fruit
Cereal Bars or Frudels
Parfait
Fresh Fruit or Fruit Juice
Smoothies
Milk

6

Panther Sandwich
Bagel with Cream Cheese
Frudels or Breakfast Bars
Parfait
Fresh Fruit or Fruit Juice
Smoothies
Milk

7

Rapp Special Sandwich
Breakfast Muffin
Frudels or Cereal Bars
Parfait
Fresh Fruit or Fruit Juice
Smoothies
Milk

8

Breakfast Pizza
Glazed Donut
Cereal Bar or Frudels
Parfait
Fresh Fruit or Fruit Juice
Smoothies
Milk

9

Chicken Sandwich Special
Apple Stick
Cereal Bar or Frudels
Parfait
Fresh Fruit or Fruit Juice
Milk

12

Sausage Croissant
Cinnamon Crisp/Fresh Fruit
Cereal Bars or Frudels
Parfait
Fresh Fruit or Fruit Juice
Milk

13

Panther Sandwich
Bagel with Cream Cheese
Frudels or Breakfast Bars
Parfait
Fresh Fruit or Fruit Juice
Milk

14

Rapp Special Sandwich
Breakfast Muffin
Frudels or Cereal Bars
Parfait
Fresh Fruit or Fruit Juice
Milk

15

Breakfast Pizza
Glazed Donut
Cereal Bar or Frudels
Parfait
Fresh Fruit or Fruit Juice
Milk

16

Chicken Sandwich Special
Apple Stick
Cereal Bar or Frudels
Parfait
Fresh Fruit or Fruit Juice
Milk

19

Sausage Croissant
Cinnamon Crisp/Fresh Fruit
Cereal Bars or Frudels
Parfait
Fresh Fruit or Fruit Juice
Milk

20

Panther Sandwich
Bagel with Cream Cheese
Frudels or Breakfast Bars
Parfait
Fresh Fruit or Fruit Juice
Milk

21

Rapp Special Sandwich
Breakfast Muffin
Frudels or Cereal Bars
Parfait
Fresh Fruit or Fruit Juice
Milk

22

Breakfast Pizza
Glazed Donut
Cereal Bar or Frudels
Parfait
Fresh Fruit or Fruit Juice
Milk

23

26

SPRING BREAK!

27

SPRING BREAK!

28

SPRING BREAK!

29

SPRING BREAK!

30

SPRING BREAK!