



School Information:
 Student lunch: \$2.45
 Adult lunch: \$3.50



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

"This institution is an equal opportunity provider and employer"

Early Dismissal 1
 Cheesy Bread Sticks/Mariana Sauce
 Carrots & Broccoli
 Fresh Fruit or Fruit Juice
 Milk

2
 Chicken Nuggets
 PB&J Sandwich
 Baked Potato
 Cobb or Chicken Caesar Salad
 Tomato/Cuc Salad & Celery Sticks
 Fresh Fruit or Fruit Juice
 Milk

5
 Tacos w/ Lettuce/Tomato
 PB&J Sandwich
 Baked Potato
 Cobb or Chicken Caesar Salad
 Refried Beans & Carrots
 Fresh Fruit or Fruit Juice
 Milk

6
 Chicken Stir Fry/Rice
 PB&J Sandwich
 Baked Potato
SALAD BAR
 Peas & Broccoli
 Fresh Fruit or Fruit Juice
 Milk

7
 Turkey Bacon & Cheese
 Panini Sandwich
 PB&J Sandwich or Baked Potato
 Cobb or Chicken Caesar Salad
 Fries & Spinach
 Fresh Fruit or Fruit Juice
 Milk

8
 Pork BBQ
 PB&J Sandwich
 Baked Potato
SALAD BAR
 Carrot Slaw & Baked Beans
 Fresh Fruit or Fruit Juice
 Milk

9
 Chicken Patty
 PB&J Sandwich
 Baked Potato
 Cobb or Chicken Caesar Salad
 Broccoli Salad & Sweet Potato
 Fresh Fruit or Fruit Juice
 Milk

12
 Mushroom Swiss Burgers
 PB&J Sandwich
 Baked Potato
 Cobb or Chicken Caesar Salad
 Fries & Green Beans
 Fresh Fruit or Fruit Juice
 Milk

13
 Spaghetti / Meat Sauce
 PB&J Sandwich
 Baked Potato
SALAD BAR
 Stewed Tomatoes & Carrots
 Fresh Fruit or Fruit Juice
 Milk

14
 Italian Sub
 PB&J Sandwich
 Baked Potato
 Cobb or Chicken Caesar Salad
 Romaine Salad & Mixed Veggies
 Fresh Fruit or Fruit Juice
 Milk

15
 Lasagna w/ Roll
 PB&J Sandwich
 Baked Potato
SALAD BAR
 Green Beans & Spinach
 Fresh Fruit or Fruit Juice
 Milk

16
 Chicken Nuggets
 PB&J Sandwich
 Baked Potato
 Cobb or Chicken Caesar Salad
 Carrots & Broccoli
 Fresh Fruit or Fruit Juice
 Milk

19
 Sweet & Sour Pork / Rice
 PB&J Sandwich
 Baked Potato
 Cobb or Chicken Caesar Salad
 Peas & Mixed Veggies
 Fresh Fruit or Fruit Juice
 Milk

20
 Ham & Cheese Panini
 PB&J Sandwich
 Baked Potato
SALAD BAR
 Ginger Carrots & Baked Beans
 Fresh Fruit or Fruit Juice
 Milk

21
 Chicken Po-Boy
 PB&J Sandwich
 Baked Potato
 Cobb or Chicken Caesar Salad
 Fries & Broccoli Salad
 Fresh Fruit or Fruit Juice
 Milk

22
 Cheeseburger
 PB&J Sandwich
 Baked Potato
SALAD BAR
 Romaine Salad & Carrots
 Fresh Fruit or Fruit Juice
 Milk

23
 Chicken Patty
 PB&J Sandwich
 Baked Potato
 Cobb or Chicken Caesar Salad
 Swiss Chard & Red Peppers
 Fresh Fruit or Fruit Juice
 Milk

26
SPRING BREAK!

27
SPRING BREAK!

28
SPRING BREAK!

29
SPRING BREAK!

30
SPRING BREAK!