

RCPS
Rappahannock County Public Schools

Happenings & Highlights

We Are Rappahannock!

September 2021



Above: Fifty 11th and 12th grade students recently completed training to prepare for their roles as peer mentors for the 8th Grade Academy.



Above: A 1st grade student showed her excitement to return to school.



Above: Welding class students displayed a horseshoe flag that they created to auction at a fundraiser.



Above: A kindergarten student enjoyed the beautiful weather while climbing on the playground equipment.



Above: The RCES Teachers for Tomorrow class toured RCES and met their assigned classes.



Above: Cardio drumming was a hit among students in the Action Based Learning (ABL) Lab.



Above: Peer Mentors created tie-dyed shirts during their training day.



Above: 7th grade students smiled behind masks upon returning to school.



Above: PreK students enjoyed tandem sliding while engaging in outdoor play.



Above: The new 2021-2022 SCA election assembly was a successful event.

Important Reminder for Families

Please help us reduce the chances of quarantines by keeping your child at home if you think they may have been exposed to the virus or if they have any symptoms, including mild symptoms:

- *Temperature of 100.4 degrees or higher
- *Sore throat
- *Cough (for students with chronic cough due to allergies or asthma, a change in their cough from baseline)
- *Difficulty breathing (for students with asthma, a change from baseline breathing)
- *Diarrhea or vomiting
- *New onset of severe headache, especially with a fever

If your student test positive for COVID-19, or has a suspected case, please notify Robyn Murray, School Nurse ASAP at 540-671-1077 or by reporting to our new google form so that we may begin contact training in order to reduce the possible spread.

GOOGLE FORM

<https://forms.gle/nHpv1kHkVzThYYqb6>

For a **Spanish** version of this form, visit <https://forms.gle/REsxyeO1JvqsoXts7>

To learn more about COVID in schools, please visit our COVID dashboard, which reflects complete, current, and accurate numbers of active cases and quarantines that impact school operations. The number of active cases will be updated weekly on Monday, Wednesday, and Friday evenings. Quarantine data will be updated on Fridays. To view the dashboard, visit www.rappahannockschools.us. There is a link on our homepage which will route you to our School Reopening Information page.



Right: In the RCES STEAM Lab, fourth graders learned about how engineers are working to improve the lives of people with missing limbs by using 3D printers to create bionic arms. The bionic arms have sensors which attach to the user's skin to detect the user's muscle movements, which can be used to control the hand and open and close the fingers. After watching a short video, students created their own robotic hand models with strings to mimic the sensors in the bionic arms.

Hands-on Learning

Left: Students in Mrs. Fincham's Small Animal Care and Veterinary Science courses immersed themselves in a variety of hands-on learning. Since proper restraint techniques are crucial with handling and working with animals, students learned how to restrain cats and dogs in both lateral and sternal recumbency, apply a properly fitting muzzle, and place a cat in a cat bag. The students also practiced bathing techniques on dogs and even a horse. Stormy, a horse, patiently allowed the Veterinary Science students to learn how to apply regular halter and rope halter. Afterwards, she was rewarded with a long bath, massage, and attention from all the students.



Reminders

RCPS is hosting a VDH Flu & COVID Vaccine Clinic.

Vaccine Clinic

Time
4:00 - 7:00 pm - Open to the public

3:30 pm (Open for RCPS staff)



If you or your student is feeling anxious or depressed, we are here to help!

Call or text our **EMOTIONAL SUPPORT HOTLINE:**
540-683-0437

Important Date: Friday, September 17th will be an **early release day** for RCPS students, as scheduled on our 2021-2022 school calendar. Students will be released at 12pm.