

May 2018

Rappahannock County Elementary School

BREAKFAST



Student Breakfast \$1.30
Reduced Student Breakfast \$.30
Adult Breakfast \$2.30



** = Breakfast options offered for Pre-K, K, 1st grade & Head Start

Monday



Tuesday

Wednesday

Thursday

Friday

Chicken Biscuit ** (7)
 Mini Cinnamon Cream Cheese Bagel
 Cereal & Grahams **
 Muffin & Yogurt
 Fruit, Juice & Milk

French Toast Sticks ** (8)
 Cinnamon Nachos & Fruit
 Cereal & Grahams
 Muffin & Yogurt **
 Fruit, Juice & Milk

Sausage Gravy & Biscuit ** (9)
 Bagel & Cream/String Cheese
 Cereal & Grahams **
 Muffin & Yogurt
 Fruit, Juice & Milk

Glazed Doughnut ** (10)
 Egg & Cheese Burrito
 Cereal & Grahams
 Muffin & Yogurt **
 Fruit, Juice & Milk

Breakfast Pizza ** (11)
 Bagel & Cream/String Cheese
 Cereal & Grahams **
 Muffin & Yogurt
 Fruit, Juice & Milk

Bacon, Egg & Cheese Biscuit ** (14)
 Mini Cinnamon Cream Cheese Bagel
 Cereal & Grahams **
 Muffin & Yogurt
 Fruit, Juice & Milk

French Toast Sticks ** (15)
 Fruit & Yogurt Parfait
 Cereal & Grahams
 Muffin & Yogurt **
 Fruit, Juice & Milk

Sausage Gravy & Biscuit ** (16)
 Bagel & Cream/String Cheese
 Cereal & Grahams **
 Muffin & Yogurt
 Fruit, Juice & Milk

Glazed Doughnut ** (17)
 Pancakes
 Cereal & Grahams
 Muffin & Yogurt **
 Fruit, Juice & Milk

DARE Day! (18)
 Breakfast Pizza **
 Bagel & Cream/String Cheese
 Cereal & Grahams **
 Muffin & Yogurt
 Fruit, Juice & Milk

Chicken Biscuit ** (21)
 Mini Cinnamon Cream Cheese Bagel
 Cereal & Grahams **
 Muffin & Yogurt
 Fruit, Juice & Milk

French Toast Sticks ** (22)
 Mini Waffles
 Cereal & Grahams
 Muffin & Yogurt **
 Fruit, Juice & Milk

Sausage Gravy & Biscuit ** (23)
 Bagel & Cream/String Cheese
 Cereal & Grahams **
 Muffin & Yogurt
 Fruit, Juice & Milk

Glazed Doughnut ** (24)
 Egg & Cheese Burrito
 Cereal & Grahams
 Muffin & Yogurt **
 Fruit, Juice & Milk

Breakfast Pizza ** (25)
 Bagel & Cream/String Cheese
 Cereal & Grahams **
 Muffin & Yogurt
 Fruit, Juice & Milk

No School! (28)

Memorial Day Holiday!

Bacon, Egg & Cheese Biscuit ** (29)
 Mini Cinnamon Rolls
 Cereal & Grahams
 Muffin & Yogurt **
 Fruit, Juice & Milk

Manager's Choice ** (30)
 Cereal & Grahams **
 Muffin & Yogurt
 Fruit, Juice & Milk

Manager's Choice ** (31)
 Cereal & Grahams
 Muffin & Yogurt **
 Fruit, Juice & Milk
**Last Day of School -
 12:00 pm Release**



May 2018

Rappahannock County Elementary School

LUNCH



Student Lunch \$1.95
Reduced Student Lunch \$.40
Adult Lunch \$3.50



Monday



Tuesday

Wednesday

Thursday

Friday

Chicken Tenders & Roll **7**
PB&J Sandwich
Chef Salad
Carrots & Oven Fries
Apple Slices & Milk

Tacos & L/T/C Cup **8**
PB&J Sandwich
Chef Salad
Corn & Black Beans
Orange Slices & Milk

Cheeseburger on Bun **9**
PB&J Sandwich
Chef Salad
Green Beans & Sweet Potatoes
Pineapple & Milk

Turkey, Bacon & Cheese Melt **10**
PB&J Sandwich
Strawberry Summer Salad Bar
Potato Wedges & Roasted Broccoli
Fresh Fruit Cup & Milk

Pepperoni French Bread Pizza **11**
PB&J Sandwich
Chef Salad
Sweet Peas & Tater Tots
Banana & Milk

Chicken Nuggets & Roll **14**
PB&J Sandwich
Chef Salad
Carrots & Oven Fries
Apple Slices & Milk

Corn Dog/Mini Corn Dogs **15**
PB&J Sandwich
Chef Salad
Baked Beans & Mashed Potatoes
Orange Slices & Milk

Chicken Patty on Bun **16**
PB&J Sandwich
Chef Salad
Green Beans & Sweet Potatoes
Pineapple & Milk

Ham & Cheese Sub **17**
PB&J Sandwich
Chef Salad
Potato Wedges & Roasted Broccoli
Fresh Fruit Cup & Milk

DARE Day!
Bagged lunch –
Hot Dog on Bun
Carrot Sticks & Ranch
Apple & Milk **18**

Chicken Tenders & Roll **21**
PB&J Sandwich
Chef Salad
Carrots & Oven Fries
Apple Slices & Milk

Bean & Cheese Burrito or Quesadilla **22**
PB&J Sandwich
Chef Salad
Corn & Pinto Beans
Orange Slices & Milk

Cheeseburger on Bun **23**
PB&J Sandwich
Chef Salad
Green Beans & Sweet Potatoes
Pineapple & Milk

Turkey & Cheese Sub **24**
PB&J Sandwich
No Salads
Potato Wedges & Roasted Broccoli
Fruit Cup & Milk

Cheese Pizza **25**
PB&J Sandwich
No Salads
Sweet Peas & Hash Brown
Fruit Cup & Milk

No School! **28**
Memorial Day Holiday!

Chicken Nuggets & Roll **29**
PB&J Sandwich
No salads
Peas/Carrots & Oven Fries
Fruit Cup & Milk

Chicken Patty on Bun **30**
PB&J Sandwich
No salads
Green Beans & Sweet Potatoes
Fruit Cup & Milk

Bagged Lunch - **31**
Hot Dog on Bun
Carrot Sticks & Ranch
Fruit Cup & Milk
Last Day of School -
12:00 pm Release

