

January 2018

Rappahannock County Elementary

BREAKFAST



Student Breakfast \$1.30

Reduced Student Breakfast \$.30

Adult Breakfast \$2.30



Happy New Year!



Monday

1

No School!

Winter Break!

Tuesday

2

No School!

Winter Break!

Wednesday

3

No School!

Teacher Workday!

Thursday

4

Pancakes
Egg & Cheese Burrito
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

Friday

5

Breakfast Pizza
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

Chicken Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

8

French Toast Sticks
Glazed Doughnut
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

9

Sausage Gravy & Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

10

Pancakes
Fruit & Yogurt Parfait
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

11

Breakfast Pizza
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

12

No School!
Martin Luther King Holiday!

15

French Toast Sticks
Glazed Doughnut
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

16

Sausage Gravy & Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

17

Pancakes
Egg & Cheese Burrito
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

18

Breakfast Pizza
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

19

Sausage Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

22

French Toast Sticks
Glazed Doughnut
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

23

Sausage Gravy & Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

24

Pancakes
Fruit & Yogurt Parfait
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

25

Breakfast Pizza
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

26

Chicken Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

29

French Toast Sticks
Glazed Doughnut
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

30

Sausage Gravy & Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

31



January 2018

Rappahannock County Elementary



Student Lunch \$1.95
Reduced Student Lunch \$.40
Adult Lunch \$3.50



Happy New Year!



Monday

1

No School!

Winter Break!

Tuesday

2

No School!

Winter Break!

Wednesday

3

No School!

Teacher Workday!

Thursday

4

Chicken Patty on Bun
 PB&J Sandwich
 Chef Salad
 Sweet Peas & Potato Wedges
 Apple Slices & Milk

Friday

5

Pizza Dippers & Marinara
 PB&J Sandwich
 Chef Salad
 Tater Tots & Cucumber Slices
 Banana & Milk

Chicken Tenders & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

8

Tacos & L/T/C Cup
 PB&J Sandwich
 Chef Salad
 Corn & Black Beans
 Orange Slices & Milk

9

Cheeseburger on Bun
 PB&J Sandwich
 Chef Salad
 Green Beans & Sweet Potatoes
 Pineapple & Milk

10

Ham & Cheese Melt
 PB&J Sandwich
 Salad Bar
 Potato Wedges & Roasted Broccoli
 Fresh Fruit Cup & Milk

11

Cheese Pizza
 PB&J Sandwich
 Chef Salad
 Tater Tots & Carrot Sticks
 Banana & Milk

12

No School!
Martin Luther King Holiday!

15

Chicken Nuggets & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Orange Slices & Milk

16

Chicken Patty on Bun
 PB&J Sandwich
 Chef Salad
 Corn & Sweet Peas
 Pineapple & Milk

17

Turkey, Bacon & Cheese
 PB&J Sandwich
 Salad Bar
 Potato Wedges & Carrot Sticks
 Fresh Fruit Cup & Milk

18

Pizza Dippers & Marinara
 PB&J Sandwich
 Chef Salad
 Tater Tots & Cucumber Slices
 Banana & Milk

19

Chicken Tenders & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

22

Tacos & L/T/C Cup
 PB&J Sandwich
 Chef Salad
 Corn & Black Beans
 Orange Slices & Milk

23

Cheeseburger on Bun
 PB&J Sandwich
 Chef Salad/soup
 Green Beans & Sweet Potatoes
 Pineapple & Milk

24

Chicken Pasta
 PB&J Sandwich
 Taco Salad
 Potato Wedges & Broccoli Florets
 Fresh Fruit Cup & Milk

25

Cheese Pizza
 PB&J Sandwich
 Chef Salad
 Tater Tots & Carrot Sticks
 Banana & Milk

26

Chicken Nuggets & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

29

Corn Dog
 PB&J Sandwich
 Chef Salad
 Baked Beans & Mashed Potatoes
 Orange Slices & Milk

30

Chicken Patty on Bun
 PB&J Sandwich
 Chef Salad
 Green Beans & Sweet Potatoes
 Pineapple & Milk

31

