

February 2018 Rappahannock County Elementary School

BREAKFAST



Student Breakfast \$1.30
 Reduced Student Breakfast \$.30
 Student Breakfast \$2.30

Coming up for next month:

~March 5-9 is "National School Breakfast Week"~

Monday

Tuesday

Wednesday

Thursday

Friday

5
 Sausage Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

12
 Chicken Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

19
NO SCHOOL!

26
 Chicken Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

6
 French Toast Sticks
 Cinnamon Nachos & Fruit
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

13
 French Toast Sticks
 Fruit & Yogurt Parfait
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

20
 French Toast Sticks
 Cinnamon Nachos & Fruit
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

27
 French Toast Sticks
 Fruit & Yogurt Parfait
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk



7
 Sausage Gravy & Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

14
 Sausage Gravy & Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

21
 Sausage Gravy & Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

28
 Sausage Gravy & Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

1
 Pancakes
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

8
 Egg & Cheese Burrito
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

15
 Pancakes
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

22
 Egg & Cheese Burrito
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

2
 Breakfast Pizza
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

9
 Breakfast Pizza
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

16
 Breakfast Pizza
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

23
 Breakfast Pizza
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk



"This institution is an equal opportunity provider."

February 2018 Rappahannock County Elementary School

LUNCH



Student Lunch \$1.95
 Reduced Student Lunch \$.40
 Adult Lunch \$3.50

Check out our new menu items for the month of February:
 ~Greek Grilled Chicken Salad Bar~
 ~Baja Black Beans, Roasted Asparagus & Roasted Cauliflower~

Monday

5
 Chicken Tenders & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

12
 Chicken Nuggets & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

19
NO SCHOOL!

26
 Chicken Nuggets & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

Tuesday

6
 Tacos & L/T/C Cup
 PB&J Sandwich
 Chef Salad
 Corn & Baja Black Beans **[New!]**
 Orange Slices & Milk

13
 Corn Dog
 PB&J Sandwich
 Chef Salad
 Baked Beans & Mashed Potatoes
 Orange Slices & Milk

20
 Soft Tacos & L/T/C Cup
 PB&J Sandwich
 Chef Salad
 Corn & Baja Black Beans
 Orange Slices & Milk

27
 Mini Corn Dogs
 PB&J Sandwich
 Chef Salad
 Baked Beans & Mashed Potatoes
 Orange Slices & Milk

Wednesday



7
 Cheeseburger
 PB&J Sandwich
 Chef Salad
 Green Beans & Sweet Potatoes
 Pineapple & Milk

14
 Chicken Patty
 PB&J Sandwich
 Chef Salad
 Sweet Peas & Potato Wedges
 Pineapple & Milk

21
 Cheeseburger
 PB&J Sandwich/Chef Salad
 Green Beans & Roasted
 Cauliflower **[New!]**
 Pineapple & Milk

28
 Chicken Patty
 PB&J Sandwich/Chef Salad
 Green Beans & Roasted
 Asparagus **[New!]**
 Pineapple & Milk

Thursday

1
 Ham & Cheese Melt
 PB&J Sandwich
 Salad Bar
 Potato Wedges & Roasted Broccoli
 Fresh Fruit Cup & Milk

8
 Tomato Soup &
 Grilled Cheese Sandwich
 PB&J Sandwich/Salad Bar
 Carrot Sticks & Potato Wedges
 Fresh Fruit Cup & Milk

15
 Turkey, Bacon & Cheese
 PB&J Sandwich
[New!] Greek Salad Bar
 Carrot Sticks & Roasted Broccoli
 Fresh Fruit Cup & Milk

22
 Chicken Pasta
 PB&J Sandwich
 Taco Salad
 Potato Wedges & Broccoli Florets
 Fresh Fruit Cup & Milk

Friday

2
 Pizza Dippers & Marinara
 PB&J Sandwich
 Chef Salad
 Tater Tots & Cucumber Slices
 Banana & Milk

9
 Cheese Pizza
 PB&J Sandwich
 Chef Salad
 Tater Tots & Broccoli Florets
 Banana & Milk

16
 Pepp French Bread Pizza
 PB&J Sandwich
 Chef Salad
 Tater Tots & Cucumber Slices
 Banana & Milk

23
 Cheese Pizza
 PB&J Sandwich
 Chef Salad
 Tater Tots & Carrot Sticks
 Banana & Milk



"This institution is an equal opportunity provider."