

Monday

Tuesday

Wednesday

Thursday

Friday



**5**  
 Chicken Cordon Blue Sandwich  
 Au gratin Potatoes & Roasted Broccoli  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**6** \*National Nacho Day\*  
 NACHOS - Pick your own toppings  
 Tomatoes & Grilled Zucchini  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**7**  
 Quesadillas  
 Carrots & Spinach  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**1**  
 Hot Dogs  
 Baked Beans & Sweet Potato  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**2**  
 NO  
 SCHOOL

**8**  
 Pork BBQ Sandwich  
 Baked Beans & Cole Slaw  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**9**  
 Chicken Nuggets /Roll  
 Carrot Cups & Broccoli Cups  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**12**  
 Chicken Tenders  
 Romaine Salad & Grilled Red Peppers  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**13**  
 Sweet & Sour Veg Chicken / Rice  
 Carrots & Peas  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**14**  
 Chili with Crackers  
 Broccoli & Stewed Tomato  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**15** THANKSGIVING LUNCH  
 Turkey  
 Stuffing  
 Mashed Potato with Gravy  
 Roll  
 Corn & Green Beans  
 Pumpkin Pie with Whip Cream  
 YUMMY!!!!!! Also: PB&J

**16**  
 Chicken Patty  
 Broccoli & Roasted Cauliflower  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**19**  
 Meatball Subs  
 Salad & Roasted Zucchini  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**20**  
 Pizza  
 Carrots & Broccoli  
 Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**21**  
 HAPPY

**22**  
 THANKSGIVING



**26**  
 BBQ Rib Sandwich  
 Fries & Broccoli  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**27**  
 Chicken Alfredo /Roll  
 Carrots & Peas  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**28**  
 Chicken Fajitas  
 Corn & Sweet Potato  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**29**  
 Spaghetti /Meat Sauce & Roll  
 Romaine Salad & Corn  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

**30**  
 Chicken Nuggets /Roll  
 Carrot Cup & Broccoli Cup  
 Salad Bar & Baked Potato Bar  
 PB&J Sandwich  
 Fresh Veg's & Fresh Fruit or  
 Canned Fruit  
 Fruit Juice & Milk

Don't miss:  
 Nov 6 National Nacho Day  
 Nov 15 Thanksgiving Dinner

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