BREAKFAST APRIL 2022 Student Breakfast – FREE through 6/30/22 Rappahannock County Elementary School						
Monday	Tuesday	Wednesday	Thursday	Friday 1		
				Breakfast Pizza Cereal & Grahams Fresh Fruit Juice & Milk		
Sausage Biscuit 4 Egg & Cheese Burrito Cereal & Grahams Fresh Fruit Juice & Milk	French Toast Sticks 5 Muffin & String Cheese Cereal Bar Fresh Fruit Juice & Milk	Sausage Gravy & Biscuit Cinnamon Toast Crunch Bar Parfait Fresh Fruit Juice & Milk	Pancakes 7 Muffin & Yogurt Cereal Bar Fresh Fruit Juice & Milk	Breakfast Pizza Glazed Donut Cereal & Grahams Fresh Fruit Juice & Milk		
Sausage Biscuit Bagel & Cream Cheese Cereal & Grahams Fresh Fruit Juice & Milk	French Toast Sticks 12 Muffin & String Cheese Cereal Bar Fresh Fruit Juice & Milk	Sausage Gravy & Biscuit 3 Cinnamon Toast Crunch Bar Parfait Fresh Fruit Juice & Milk	14 Holiday	15 Holiday		
18 Holiday	French Toast Sticks Muffin & String Cheese Cereal Bar Fresh Fruit Juice & Milk	Sausage Gravy & Biscuit O Cinnamon Toast Crunch Bar Parfait Fresh Fruit Juice & Milk	Pancakes 21 Muffin & Yogurt Cereal Bar Fresh Fruit Juice & Milk	Breakfast Pizza Glazed Donut Cereal & Grahams Fresh Fruit Juice & Milk		
Sausage Biscuit 25 Egg & Cheese Burrito Cereal & Grahams Fresh Fruit Juice & Milk	French Toast Sticks 26 Muffin & String Cheese Cereal Bar Fresh Fruit Juice & Milk	Sausage Gravy & Biscuit 7 Cinnamon Toast Crunch Bar Parfait Fresh Fruit Juice & Milk	Pancakes 28 Muffin & Yogurt Cereal Bar Fresh Fruit Juice & Milk	Breakfast Pizza Glazed Donut Cereal & Grahams Fresh Fruit Juice & Milk		



LUNCH APRIL 2022 Student Lunch – FREE through 6/30/22 Rappahannock County Elementary School					
Monday	Tuesday	Wednesday Harvest of the Month is: "Lettuce" We offer chef salads	Thursday	Friday Cheese Pizza PB&J Sandwich Chef Salad, Baked Potato Fresh Carrots & Tater Tots	
Chicken Tenders & Roll 4 PB&J Sandwich Chef Salad, Baked Potato Carrots & Oven Fries Fresh Fruit & Milk	Corn Dog PB&J Sandwich Chef Salad, Baked Potato Baked Beans & Mashed Potatoes Fresh Fruit & Milk	daily! Chicken Patty PB&J Sandwich Chef Salad, Baked Potato Green Beans & Sweet Potatoes Fresh Fruit & Milk	Macaroni & Cheese 7 PB&J Sandwich Chef Salad, Baked Potato Roasted Broccoli & Potato Wedges Fresh Fruit & Milk	Fresh Carrots & Tater Tots Fresh Fruit & Milk French Bread Pizza 8 PB&J Sandwich Chef Salad, Baked Potato Sweet Peas & Tater Tots Fresh Fruit & Milk	
Chicken Nuggets & Roll 1 PB&J Sandwich Chef Salad, Baked Potato Carrots & Oven Fries Fresh Fruit & Milk	Taco Tuesday PB&J Sandwich Chef Salad, Baked Potato Corn & Black Beans Fresh Fruit & Milk	Meatball Sub PB&J Sandwich Chef Salad, Baked Potato Roasted Broccoli & Potato Wedges Fresh Fruit & Milk	14 Holiday	15 Holiday	
18 Holiday	Cheeseburger PB&J Sandwich Chef Salad, Baked Potato Baked Beans & Mashed Potatoes Fresh Fruit & Milk	Chicken Pasta 20 PB&J Sandwich Chef Salad, Baked Potato Roasted Broccoli & Potato Wedges Fresh Fruit & Milk	Pancakes & Sausage 21 PB&J Sandwich Chef Salad, Baked Potato Carrots & Hash Brown Fresh Fruit & Milk	Personal Pizza PB&J Sandwich Chef Salad, Baked Potato Sweet Peas & Tater Tots Fresh Fruit & Milk	
Chicken Tenders & Rolf 5 PB&J Sandwich Chef Salad, Baked Potato Carrots & Oven Fries Fresh Fruit & Milk	Taco Tuesday PB&J Sandwich Chef Salad, Baked Potato Corn & Black Beans Fresh Fruit & Milk	Turkey & Cheese Sub27 PB&J Sandwich Chef Salad, Baked Potato Roasted Broccoli & Potato Wedges Fresh Fruit & Milk	Quesadilla 28 PB&J Sandwich Chef Salad, Baked Potato Green Beans & Sweet Potatoes Fresh Fruit & Milk	Hot Dog PB&J Sandwich Chef Salad, Baked Potato Sweet Peas & Tater Tots Fresh Fruit & Milk	

For more information on which menu items may contain allergens, please contact the cafeteria manager.

Apply for Free or Reduced meals at: www.lunchapplication.com.

Register and create an account for your child at <u>www.K12PaymentCenter.com</u> to add money and view their purchases.

"This institution is an equal opportunity provider."