

MyFuture Birthday Party

For the 3rd year in a row, RCES kindergarten students have been gifted with a MyFuture savings account. On September 24th, each student received a piggy bank with a FamilyFutures \$100 bill, which represented the \$100 deposit that was made for them at Oak View National Bank. The students have opportunities to earn up to an additional \$100 each year until they graduate. This has been made possible by FamilyFutures, a local nonprofit focused on financial education for children and families. During the birthday party, the students learned about upcoming fun activities to earn more savings and enjoyed cupcakes.



Peer Mentor Reveal Party

The highly anticipated Peer Mentor Reveal Party took place on Tuesday, September 22nd. Eighth grade students met their peer mentors from 11th and 12th grades and completed a fun, sports/team-themed challenge that consisted of 11 different tasks to promote team building. The students laughed and encouraged one another as they completed each activity. In the end, the Patriots Team won the challenge and will be treated to an upcoming ice cream party.

Virginia Farm to School Week

RCPS celebrated Virginia Farm to School Week on October 4th- 8th. In the RCES cafeteria, students enjoyed local sausage patties (Papa Weaver's Pork, VA), local apples/peaches/nectarines (Thornton River Orchard, Sperryville, VA), slicing cucumbers (Goldman Farm, VA), mixed sweet snacking peppers (Sunnyfield Farm, VA), mixed cherry tomatoes (Singing Earth Farm, VA), and ground beef (Seven Hills, VA).

At the high school, the cafeteria served huckleberries (Franklin Sustainable Farm, PA), broccoli crowns (Archlynn Farm, VA), slicing cucumbers (Goldman Farm, VA), slicing tomatoes (Spring Hollow Farm, VA), mixed snacking peppers (Sunnyfield Farm, VA), mixed bell peppers (Sunnyfield Farm, VA), breakfast radishes (Phantom Hill Farm, VA), cherry tomatoes (Singing Earth Farm, VA), ground beef (J&L Green Farm, VA), locally grown apples/peaches/nectarines (Thornton River Orchard, Sperryville, VA), and sausage patties (Papa Weavers Pork, VA).

Also, students in both schools were also treated to locally grown apples from Roger Jenkins' Fruit Stand in Sperryville, courtesy of C2BF.



Important Reminder for Families

Please help us reduce the chances of quarantines by keeping your child at home if you think they may have been exposed to the virus or if they have any symptoms, including mild symptoms:

- *Temperature of 100.4 degrees or higher
- *Sore throat
- *Cough (for students with chronic cough due to allergies or asthma, a change in their cough from baseline)
- *Difficulty breathing (for students with asthma, a change from baseline breathing)
- *Diarrhea or vomiting
- *New onset of severe headache, especially with a fever

If your student test positive for COVID-19, or has a suspected case, please notify Robyn Murray, School Nurse ASAP at 540-671-1077 or by reporting to our new google form so that we may begin contact training in order to reduce the possible spread.

GOOGLE FORM

<https://forms.gle/nHpv1kHkVzThYYqb6>

For a **Spanish** version of this form, visit <https://forms.gle/REsxyeQ1JvgsoXts7>

To learn more about COVID in schools, please visit our COVID dashboard, which reflects complete, current, and accurate numbers of active cases and quarantines that impact school operations. The number of active cases and quarantine data will be updated weekly on Monday, Wednesday, and Friday evenings. To view the dashboard, visit www.rappahannockschools.us. There is a link on our homepage which will route you to our School Reopening Information page.

Jr. Panther Pride Clubs

In September, RCES held its 1st ever Jr. Panthers PRIDE club meeting. Modeled after both the RCHS PRIDE (Positive Relationships Inspire a Drive for Excellence) clubs and the Wonderful Wednesday Day Camp, students had the opportunity to explore fun enrichment activities towards the end of the school day. The younger grades rotated between different clubs, where as the older grade levels could pick a club of their choice to attend for the block. The clubs include various activities, including crafts, drama, nature, slime making, coding, baking, hip hop dance, painting, sign language, outdoor games, and more. The enrichment clubs, which are scheduled to meet monthly, were greatly enjoyed by students and staff. The next club event will be on Friday, October 22nd.



Mobile Dairy Classroom

On Tuesday, October 5, RCHS Agriculture students experienced a mobile dairy classroom. A trained instructor demonstrated how to milk a cow, describe how milk goes from the farm to the consumer, and then answered questions from the students. The presentation included elements of math, science, health (nutrition), and agriculture. While the high school students truly enjoyed the experience, the highlight was when Mrs. Fincham talked Mr. Seward into kissing the cow.



If you or your student is feeling anxious or depressed, we are here to help!

Call or text our
EMOTIONAL SUPPORT HOTLINE:
540-683-0437