

Red Oak ISD

K - 5th / Lunch

Feb 26, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Beef & Cheese Nachos Chef Salad w/ Turkey Ham Refried Beans Seasoned Golden Corn Applesauce Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	2 Grilled Chicken Sandwich Fish Sticks Potato Wedges Lettuce, tomato, pickles Fresh Orange Tartar Sauce Ketchup Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free
5 Chicken & Waffles Tater Tots Garlic & Herb Spinach Fresh Orange Ketchup Pancake Syrup Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	6 Salisbury Steak w/Br.Gra Turkey Chef Salad Macaroni & Cheese Carrots Broccoli Applesauce Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	7 Meatball Sub Protein Bistro Box Tater Tots Baked Beans Canned Fresh Apple Ketchup Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	8 Chicken Nuggets Chef Salad w/ Turkey Ham Fresh Baked Roll Mashed Potatoes Country Gravy Green Beans Sliced Peaches Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	9 Turkey & Cheese Sandwich 3 Pickle Spears Carrot Sticks Applesauce Chocolate Chip Cookie Mustard Mayo Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free
12 SPRING BREAK	13 SPRING BREAK	14 SPRING BREAK	15 SPRING BREAK	16 SPRING BREAK
19 Pepperoni Pizza Cheese Pizza Seasoned Golden Corn Garlic & Herb Spinach Applesauce Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	20 Crispito w/ Cheese Pinto Beans Carrots Fruit Cocktail Salsa Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	21 Penne Pasta & Meat Sauce Green Beans California Vegetables Sliced Peaches Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	22 Chicken Nuggets Chef Salad w/ Turkey Ham Fresh Baked Roll Mashed Potatoes Country Gravy Broccoli Fresh Orange Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	23 CF Steak on a Bun Catfish on Bun Green Beans French Fries Fresh Apple Ketchup Tartar Sauce Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free
26 French Toast & Cheese Omelette Tater Tots Fresh Cucumbers/Tomatoes Fresh Apple Ketchup Pancake Syrup Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	27 Chicken Lo Mein Turkey Chef Salad Vegetable Egg Roll Garlic Broccoli Strawberries & Oranges Sweet and Sour Sauce Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	28 Beef Tips in Gravy Protein Box Turkey Ham White Rice Carrots Garden Salad Grapes Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	29 Beef & Cheese Nachos Chef Salad w/ Turkey Ham Refried Beans Seasoned Golden Corn Applesauce Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	30 NO SCHOOL TODAY

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.