

# Red Oak ISD

## January DAEP 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	9 Turkey Sandwich 2 Pickle Spears Pickle Spears Applesauce Chocolate Chip Cookie Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	10 Turkey & Cheese Sandwich Pork 'n' Beans Fruit Cocktail Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	11 Turkey Sandwich Lettuce & Tomato Carrot Sticks Fresh Apple Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	12 Turkey & Cheese Sandwich Lettuce & Tomato Cucumbers/Radishes Pineapple Tidbits Chocolate Brownie Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat
15  HOLIDAY	16 Turkey Sandwich Celery Sticks Pickle Spears Applesauce Chocolate Chip Cookie Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	17 Turkey & Cheese Sandwich Carrot Sticks Pork 'n' Beans Fruit Cocktail Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	18 Turkey Sandwich Lettuce & Tomato Carrot Sticks Fresh Apple Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	19 Turkey & Cheese Sandwich Lettuce & Tomato Cucumbers/Radishes Pineapple Tidbits Chocolate Brownie Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat
22 Turkey & Cheese Sandwich Carrot Sticks Pork 'n' Beans Sliced Peaches Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	23 Turkey Sandwich Celery Sticks Pickle Spears Applesauce Chocolate Chip Cookie Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	24 Turkey & Cheese Sandwich Carrot Sticks Pork 'n' Beans Fruit Cocktail Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	25 Turkey Sandwich Lettuce & Tomato Carrot Sticks Fresh Apple Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	26 Turkey & Cheese Sandwich Lettuce & Tomato Cucumbers/Radishes Pineapple Tidbits Chocolate Brownie Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat
29 Turkey & Cheese Sandwich Carrot Sticks Pork 'n' Beans Sliced Peaches Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	30 Turkey Sandwich Celery Sticks Pickle Spears Applesauce Chocolate Chip Cookie Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat	31 Turkey & Cheese Sandwich Carrot Sticks Pork 'n' Beans Fruit Cocktail Mayo Mustard Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat		

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**