

Red Oak ISD

7th - 8th / Line #3

Apr 24, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chef Salad w/Ham Meatball Diced Chicken Vegetable Soup Rotini White Rice CRACKERS Spinach Corn Fresh Orange Chocolate Chip Cookie Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	2 Chicken Nuggets Fresh Baked Roll Mashed Potatoes Country Gravy Garlic Broccoli Fresh Orange Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	3 Turkey Chef Salad Meatball Diced Chicken Vegetable Soup Rotini White Rice CRACKERS California Vegetables Pinto Beans Fresh Orange Chocolate Chip Cookie Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	4 Protein Bistro Box Diced Chicken Meatball Alfredo Sauce Spaghetti Sauce Rotini Spaghetti Bread Stick Green Beans Carrots Grapes Apple Crisp Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat
7 Protein Box Turkey Ham Diced Chicken Meatball Alfredo Sauce Spaghetti Sauce Rotini Spaghetti Bread Stick Green Beans Carrots Fresh Apple Peach Crisp Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	8 Chef Salad w/Ham Meatball Diced Chicken Vegetable Soup Rotini White Rice CRACKERS Spinach Corn Fresh Orange Chocolate Chip Cookie Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	9 Beef & Cheese Nachos Refried Beans Carrots Sliced Peaches Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	10 Turkey Chef Salad Meatball Diced Chicken Vegetable Soup Rotini White Rice CRACKERS California Vegetables Pinto Beans Fresh Orange Chocolate Chip Cookie Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	11 Protein Bistro Box Diced Chicken Meatball Alfredo Sauce Spaghetti Sauce Rotini Spaghetti Bread Stick Green Beans Carrots Applesauce Apple Crisp Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat
14 Protein Box Turkey Ham Diced Chicken Meatball Alfredo Sauce Spaghetti Sauce Rotini Spaghetti Bread Stick Green Beans Carrots Fresh Apple Peach Crisp Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	15 Chef Salad w/Ham Meatball Diced Chicken Vegetable Soup Rotini White Rice CRACKERS Spinach Corn Fresh Orange Chocolate Chip Cookie Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	16 Chicken Nuggets Fresh Baked Roll Mashed Potatoes Country Gravy Garlic Broccoli Fresh Orange Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	17 Turkey Chef Salad Meatball Diced Chicken Vegetable Soup Rotini White Rice CRACKERS California Vegetables Pinto Beans Fresh Orange Chocolate Chip Cookie Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	18 Protein Bistro Box Diced Chicken Meatball Alfredo Sauce Spaghetti Sauce Rotini Spaghetti Bread Stick Green Beans Carrots Grapes Apple Crisp Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat
21 Protein Box Turkey Ham Diced Chicken Meatball Alfredo Sauce Spaghetti Sauce Rotini Spaghetti Bread Stick Green Beans Carrots Fresh Apple Peach Crisp Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	22 Chef Salad w/Ham Meatball Diced Chicken Vegetable Soup Rotini White Rice CRACKERS Spinach Corn Fresh Orange Chocolate Chip Cookie Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	23 Beef & Cheese Nachos Refried Beans Seasoned Golden Corn Sliced Peaches Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	24 Turkey Chef Salad Meatball Diced Chicken Vegetable Soup Rotini White Rice CRACKERS California Vegetables Pinto Beans Fresh Orange Chocolate Chip Cookie Milk, Choc, Fat Free MILK,1% Lowfat Milk,Straw.,Fat Free	25 Protein Bistro Box Diced Chicken Meatball Alfredo Sauce Spaghetti Sauce Rotini Spaghetti Bread Stick Green Beans Carrots Applesauce Apple Crisp Milk,Straw.,Fat Free Milk, Choc, Fat Free MILK,1% Lowfat
28	29	30	31	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.