

Red Oak ISD

MARCH

Feb 26, 2018

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High School / Combo Cafe / Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BBQ Rib Patty on Bun Barbecue Sauce Potato Wedges Carrots Sliced Peaches Ketchup Milk, Choc, Fat Free MILK,1% Lowfat	2 Hot Dog on Bun Tater Tots Baked Beans Canned Diced Pears Ketchup Mustard Milk, Choc, Fat Free MILK,1% Lowfat
5 Steak Fingers Potato Wedges Green Beans Diced Peaches Ketchup Mustard Milk, Choc, Fat Free MILK,1% Lowfat	6 Fish Nuggets Green Beans Garden Salad Diced Pears Ketchup Tartar Sauce Milk, Choc, Fat Free MILK,1% Lowfat	7 Chicken Fajita SoftTacos w/Cheese Lettuce & Tomato Carrots Fruit Cocktail Salsa Milk, Choc, Fat Free MILK,1% Lowfat	8 Corndog Nuggets Green Beans Pork 'n' Beans Sliced Peaches Mustard Milk, Choc, Fat Free MILK,1% Lowfat	9 Grill Ham N' Cheese Sand Garden Salad Green Beans Applesauce Milk, Choc, Fat Free MILK,1% Lowfat
12 SPRING BREAK	13 SPRING BREAK	14 SPRING BREAK	15 SPRING BREAK	16 SPRING BREAK
19 Grill Cheese Sandwich Vegetable Soup Garden Salad Fruit Cocktail Milk, Choc, Fat Free MILK,1% Lowfat	20 Ground Beef & Macaroni Spinach Carrots Applesauce Milk, Choc, Fat Free MILK,1% Lowfat	21 Salisbury Steak w/Br.Gra Mashed Potatoes Green Beans Sliced Peaches Fresh Baked Roll Milk, Choc, Fat Free MILK,1% Lowfat	22 Soft Beef Tacos w/Cheese Lettuce & Tomato Pinto Beans Diced Pears Salsa Milk, Choc, Fat Free MILK,1% Lowfat	23 Turkey & Cheese Sandwich Carrot Sticks 3 Pickle Spears Diced Peaches Mustard Mayo Milk, Choc, Fat Free MILK,1% Lowfat
26 Pepperoni Pizza Cheese Pizza Corn Garden Salad Fruit Cocktail Milk, Choc, Fat Free MILK,1% Lowfat	27 Teriyaki Chicken White Rice Green Peas Carrots Sliced Peaches Milk, Choc, Fat Free MILK,1% Lowfat	28 Oven Roasted Chicken BBQ Sauce Cup Green Beans Baked Sweet Potato Applesauce MILK,1% Lowfat Milk, Choc, Fat Free	29 BBQ Rib Patty on Bun Barbecue Sauce Potato Wedges Carrots Sliced Peaches Ketchup Milk, Choc, Fat Free MILK,1% Lowfat	30 NO SCHOOL TODAY

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.