

# Red Oak ISD

## Summer Feeding Lunch ROHS

Jun 12, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
11  Chicken & Waffles Tater Tots Fruit Cocktail Milk, Choc, Fat Free MILK, 1% Lowfat Pancake Syrup Ketchup	12  Hamburger Cheeseburger Lettuce, tomato, pickles Frozen Peach Cup Milk, Choc, Fat Free MILK, 1% Lowfat Ketchup Mustard	13  Corn Dog Fresh Baby Carrots Fruit Cocktail Milk, Choc, Fat Free MILK, 1% Lowfat Mustard Ketchup FF Ranch Dressing	14  Chicken Nuggets Fresh Baked Roll Curly Fries Frozen Peach Cup Milk, Choc, Fat Free MILK, 1% Lowfat Ketchup	15  
18  Grill Ham N' Cheese Sand Fresh Cherry Tomatoes Fruit Cocktail FF Ranch Dressing Milk, Choc, Fat Free MILK, 1% Lowfat	19  Hot Dog on Bun Curly Fries Frozen Peach Cup Ketchup Mustard Milk, Choc, Fat Free MILK, 1% Lowfat	20  Grilled Chicken Sandwich Corn on the Cob Fruit Cocktail Milk, Choc, Fat Free MILK, 1% Lowfat Mayo Mustard	21  Steak Fingers Fresh Baked Roll Fresh Baby Carrots Frozen Peach Cup FF Ranch Dressing Ketchup MILK, 1% Lowfat Milk, Choc, Fat Free	22  
25  Popcorn Chicken Fresh Cherry Tomatoes Fruit Cocktail Milk, Choc, Fat Free MILK, 1% Lowfat FF Ranch Dressing	26  CF Steak on a Bun Fresh Baby Carrots Frozen Peach Cup Milk, Choc, Fat Free MILK, 1% Lowfat FF Ranch Dressing Mayo	27  Oven Roasted Chicken Corn on the Cob Fruit Cocktail Milk, Choc, Fat Free MILK, 1% Lowfat Barbecue Sauce	28  Cheeseburger Curly Fries Frozen Peach Cup Milk, Choc, Fat Free MILK, 1% Lowfat Ketchup	

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.