

# Red Oak ISD

## Summer Feeding Lunch

Jun 12, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
11 Chicken & Waffles Tater Tots Fruit Cocktail Milk, Choc, Fat Free MILK, 1% Lowfat Pancake Syrup Ketchup	12 Hamburger Cheeseburger Lettuce, tomato, pickles Frozen Peach Cup Milk, Choc, Fat Free MILK, 1% Lowfat Ketchup Mustard	13 Corn Dog Fresh Baby Carrots Fruit Cocktail Milk, Choc, Fat Free MILK, 1% Lowfat Mustard Ketchup FF Ranch Dressing	14 Chicken Nuggets Fresh Baked Roll Curly Fries Frozen Peach Cup Milk, Choc, Fat Free MILK, 1% Lowfat Ketchup	15
18 Cheese Pizza Turkey Pepperoni Pizza Corn Fruit Cocktail Milk, Choc, Fat Free MILK, 1% Lowfat	19 Hot Dog on Bun Curly Fries Frozen Peach Cup Milk, Choc, Fat Free MILK, 1% Lowfat Ketchup	20 Chicken Fajita SoftTacos w/Cheese Refried Beans Applesauce Milk, Choc, Fat Free MILK, 1% Lowfat Salsa	21 Steak Fingers Fresh Baked Roll Green Beans Frozen Peach Cup Milk, Choc, Fat Free MILK, 1% Lowfat Country Gravy	22
25 Crispito w/ Cheese Refried Beans Fruit Cocktail Milk, Choc, Fat Free MILK, 1% Lowfat	26 Beef Tips in Gravy White Rice Carrots Frozen Peach Cup Milk, Choc, Fat Free MILK, 1% Lowfat	27 Oven Roasted Chicken Fresh Baked Roll Corn Fruit Cocktail Milk, Choc, Fat Free MILK, 1% Lowfat Barbecue Sauce	28 Steak Fingers Fresh Baked Roll Green Beans Frozen Peach Cup Milk, Choc, Fat Free MILK, 1% Lowfat Country Gravy	

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.