

NURSING ASSISTANT

Program Purpose

The purpose of the Nursing Assistant Program is to fulfill the seventy-five (75) hour Omnibus Budget Reconciliation Act (OBRA) requirements for training of long-term care nursing assistants in preparation for certification through competency evaluation. Emphasis is placed on the development of the knowledge, attitudes, and skills required of the long-term care nursing assistant. Upon completion of this course, the student should demonstrate satisfactory performance on written examinations and clinical skills.

Occupational Data

Graduates of the Certified Nursing Assistant program work in the healthcare industry where they use their skills which are grouped under the classification of nursing assistant personnel. According to Economic Modeling, the national median wage for nursing assistant personnel was \$13.41/hr. in 2018.

Admissions Requirements

Applicants to this program must complete the Nursing Assistant admission application and a provide valid photo id. Additionally, applicants must submit a drug screen and background check to register.

Program Cost/Fees

| | |
|---|-------------------|
| Books | \$200.00 |
| Materials/Supplies/Tools | \$426.00 |
| Uniforms | \$225.00 |
| Test/Exam Costs | \$125.00 |
| Program Tuition Costs & Fees | \$644.00 |
| Insurance Fees (\$5.12 for Fall and Spring, \$3.41) | \$5.12 |
| Other Program Costs | \$875.00 |
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| Overall Program Estimated Costs | \$2,500.12 |

Additional Program Expenses

| | |
|----------------------------------|---------------|
| Drug Screen and Background Check | \$69.00 |
| Urine Drug Screen Collection | Up to \$25.00 |

Certification Requirements

After successful completion of the program, students will be eligible to sit for the National Nurse Aide Assessment Program (NNAAP) exam through the Alabama Department of Public Health.

Course Content

Length of Program: 6 weeks

Class Days/Times: Tuesday-Thursday 8:00 am-2:00 pm

Curriculum

Students attending the Nursing Assistant Program will dual enroll in the Ready-to-Work and Adult Education Program for soft skill and basic academic skill preparation. The below curriculum specifies the Nursing Assistant Curriculum taught during the 6 week course.

| Day of Curriculum | Chapter Number & Name | Theory Hours | Lab Hours | Clinical Hours | Textbook Chapter # | Textbook Page # |
|-------------------|---|--------------|-----------|----------------|--------------------|-----------------|
| 1 | Introduction to class, review of syllabus and course calendar | 0.5 | 0 | 0 | Handouts | Handouts |
| | Ch. 1 Understanding Healthcare Settings | 1.00 | 0.00 | 0 | 1 | 1-8 |
| | Ch. 2 The Nursing Assistant and the Care Team | 1.00 | 0.00 | 0 | 2 | 9-19 |
| | Ch. 3 Legal & Ethical Issues | 1.50 | 0.00 | 0 | 3 | 20-33 |
| | Resident Rights Training Video and Exercise | 2.00 | 0.00 | 0 | Video | N/A |
| 2 | Abuse Training Videos and Exercises | 2.00 | 0.00 | 0 | Video | N/A |
| | Ch. 4 Communications & Cultural Diversity | 4.00 | 0.00 | 0 | 4 | 34-56 |
| 3 | Ch. 8 Human Needs & Development/Promoting independence | 1.00 | 0.00 | 0 | 8 | 108-129 |
| | Ch. 13 Personal Care Skills & Promoting independence | 2.00 | 3.00 | 0 | 13 | 196-225 |
| 4 | Ch. 11 Basic Nursing Skills | 1.00 | 1.00 | 0 | 11 | 173-184 |
| | Ch.14 Basic Nursing Skills | 2.00 | 2.00 | 0 | 14 | 226-253 |
| 5 | Ch. 19 Confusion, Dementia, and Alzheimer's Disease | 3.00 | 0.00 | 0 | 19 | 352-370 |
| | Ch. 20 Mental Health & Mental Illness | 2.00 | 0.00 | 0 | 20 | 370-378 |
| | Ch. 23 Dying, Death, and Hospice | 1.00 | 0.00 | 0 | 23 | 402-412 |
| 6 | Ch. 5 Preventing Infection | 2.50 | 3.00 | 0 | 5 | 57-78 |
| | Ch. 25 Infection Prevention & Safety in the Home | 0.50 | 0.00 | 0 | 25 | 425-435 |
| 7 | Ch. 6 Safety & Body Mechanics | 0.25 | 1.00 | 0 | 6 | 80-92 |
| | Ch. 10 Positioning, Transfers, and Ambulation | 0.50 | 2.50 | 0 | 10 | 149-172 |
| 8 | Ch. 7 Emergency Care & Disaster Preparation | 2.00 | 4.00 | 0 | 7 | 93-107 |
| 9 | Midterm Exam and Skills Check off | 2.00 | 4.00 | 0 | | |
| 10 | Ch. 16 Urinary Elimination | 1.00 | 1.50 | 0 | 16 | 280-300 |
| | Ch. 17 Bowel Elimination | 1.00 | 1.50 | 0.0 | 17 | 301-315 |
| 11 | Ch. 12 The Resident's Unit | 1.50 | 1.00 | 0.0 | 12 | 185-195 |
| | Ch. 21 Rehabilitation & Restorative Care/ Resident's Independence | 1.50 | 0.75 | 0 | 21 | 379-391 |
| | Ch. 15 Nutrition & Hydration | 2.00 | 1.00 | 0 | 15 | 254-279 |
| 12 | Ch. 18 Common Acute and Chronic Conditions | 1.00 | 0.00 | 0 | 18 | 318-351 |
| | Ch. 22 Special Care Skills | 0.50 | 0.00 | 0 | 22 | 392-401 |
| | Ch. 31 Caring for your career and yourself | 0.50 | 0.00 | 0 | 31 | 491-503 |
| 13 | Final Skills Check off | 0.00 | 4.00 | 0 | 0 | |
| 14 | <i>Day 1 Clinicals</i> | 0.00 | 0.00 | 6 | 0 | |
| 15 | <i>Day 2 Clinicals</i> | 0.00 | 0.00 | 6 | 0 | |
| 16 | <i>Day 3 Clinicals</i> | 0.00 | 0.00 | 6 | 0 | |
| 17 | <i>Day 4 Clinicals</i> | 0.00 | 0.00 | 6 | 0 | |
| 18 | Final Examination | 2.00 | 0.00 | 0 | 0 | |

Theory Hours: 42.75
 Lab Hours: 30.25
 Clinical Hours: 24
 # of Days: 18
 Program Total Hours: 97