



**Menus for
April
2018**

RCHS

This institution is an equal opportunity provider. Menus are subject to change.

**Word
of the
Month**

CDRAE

Doing the right thing in the face of difficulty and following your conscience instead of the crowd.



Every complete meal we serve comes with your choice of lowfat or nonfat milk!

**SPRING
BREAK**

**April 2-
April 6
Classes Resume
April 9**

Monday, April 9	Tuesday, April 10	Wednesday, April 11	Thursday, April 12	Friday, April 13
Quesadilla Refried Beans Corn Salsa Fruit Cups Fruit Juice Choice of Milk	Chicken Alfredo Roasted Potatoes Steamed Broccoli Roll Fresh Fruit Fruit Juice Choice of Milk	Chicken Nuggets Mashed Potatoes Kraut & Wieners Roll Fruit Cups Fruit Juice Choice of Milk	Teriyaki Chicken Dippers Mashed Potatoes Steamed Carrots Roll Fresh Fruit Fruit Juice Choice of Milk	Pizza Corn Green Beans Carrot Pickups Fruit Cups Fruit Juice Choice of Milk
Monday, April 16	Tuesday, April 17	Wednesday, April 18	Thursday, April 19	Friday, April 20
Chicken Fajita Refried Beans Corn Salsa Fruit Cups Fruit Juice Choice of Milk	Popcorn Chicken Steamed Broccoli Scalloped Potatoes Roll Fruit Cups Fruit Juice Choice of Milk	Turkey & Gravy Mashed Potatoes Green Beans Sweet Potato Puffs Roll Fruit Cups Fruit Juice Choice of Milk	BBQ Chicken Dippers Mashed Potatoes Roasted Vegetables Slaw Roll Fresh Fruit Fruit Juice Choice of Milk	BBQ Rib Sandwich Seasoned Potatoes Carrot Pickups Fruit Cups Fruit Juice Choice of Milk
Monday, April 23	Tuesday, April 24	Wednesday, April 25	Thursday, April 26	Friday, April 27
Taco Refried Beans Corn Salsa Fruit Cups Fruit Juice Choice of Milk	Mini Corndogs Steamed Broccoli Seasoned Potatoes Fruit Juice Fresh Fruit Choice of Milk	Chicken Nuggets Mashed Potatoes Steamed Carrots Roll Fruit Cups Fruit Juice Choice of Milk	Salisbury Steak Mashed Potatoes Roasted Vegetables Roll Fruit Juice Fruit Cups Choice of Milk	Pizza Green Beans Carrot Pickups Fruit Cups Fruit Juice Choice of Milk
Monday, April 30	Tuesday, May 1	Wednesday, May 2	Thursday, May 3	Friday, May 4
Breakfast for Lunch Fruit Cups Fruit Juice Choice of Milk	Chicken Pot Pie Mashed Potatoes Steamed Broccoli Biscuit Fruit Juice Fresh Fruit Choice of Milk	Chicken Nuggets Mashed Potatoes Pinto Beans Sweet Potato Puffs Roll Fruit Cups Fruit Juice Choice of Milk	Chicken Pattie Mashed Potatoes Green Beans Biscuit Fruit Juice Fresh Fruit Choice of Milk	Pizza Corn Carrot Pickups Green Beans Fruit Cups Fruit Juice Choice of Milk