



Menus for
May
2017

FES GES RCES
SCES SCMS

This institution is an equal opportunity provider.
Menus are subject to change.

Word of the Month
FAIRNESS

Practicing justice, equity and equality. Cooperating with one another. Recognizing the uniqueness and value of each individual within our diverse society.



Every complete meal we serve comes with your choice of lowfat Or nonfat milk!

Summer Meals

We're here to serve our students delicious meals all summer long!

Convenient, at no cost, healthy meals every summer weekday!

Monday - Friday
Please call 775-7847 for more info.



Monday, May 1

Breakfast
Cereal & String Cheese
OR Muffin & String Cheese
Diced Peaches and/or Juice

Lunch
Choice of One
Pizza or Toasted Cheese Sandwich
Grab-N-Go #1 Yogurt & String Cheese

~~~~~

Fresh Baby Carrots W/ Lite Ranch  
Corn  
Fresh Fruit or Chilled Fruit

**Tuesday, May 2**

**Breakfast**  
Cereal & String Cheese  
OR Cinni Minis  
Mandarin Oranges and/or Juice

**Lunch**  
Choice of One  
Hamburger or Cheeseburger  
Grab-N-Go #5 Munchable

~~~~~

Leafy Green Trimmings
Tater Bites, Dill Pickle Slice
Fresh Fruit or Chilled Fruit

Wednesday, May 3

Breakfast
Cereal & String Cheese
OR Sausage Biscuit
From Cocktail and/or Juice

Lunch
Teriyaki Chicken Nuggets
Grab-N-Go #6 PB & J Sandwich

~~~~~

Steamed Carrots  
Steamed Broccoli W/ Cheese Sauce  
Fresh Fruit or Chilled Fruit

**Thursday, May 4**

**Breakfast**  
Cereal & String Cheese  
OR Fruit & Yogurt Parfaits  
& Sports Grahams  
Applesauce and/or Juice

**Lunch**  
Chicken Nuggets  
Creamed Potatoes  
Green Beans  
Roll  
Fresh Fruit or Chilled Fruit

**Friday, May 5**

**Cinco de Mayo**

**Breakfast**  
Cereal & String Cheese OR Gramwhich  
Pineapple Chunks and/or Juice

**Lunch**  
Soft Chicken Fajitas W/ Queso Cheese Sauce  
Diced Lettuce & Tomato, Refried Beans,  
Salsa, Broccoli/ Carrot Cup W/ Lite Ranch  
Fresh OR Chilled Fruit

**School Nutrition Employee Appreciation Day**  
Thank you for all you do!!

**DON'T FORGET TESTING IS THIS WEEK! GET A GOOD NIGHT'S REST EVERY NIGHT! JOIN US FOR A NUTRITIOUS BREAKFAST DAILY!**

**Monday, May 8**

**Breakfast**  
Cereal & String Cheese  
OR Chicken & Waffle  
Diced Peaches and/or Juice

**Lunch**  
Choice of One  
Personal Pan Pizza  
Grab-N-Go #1 Yogurt & String Cheese


~~~~~

Leafy Green Salad W/ Lite Ranch
Corn
Fresh Fruit or Chilled Fruit

We ♥ our Nurses

Tuesday, May 9

Breakfast
Cereal & String Cheese
OR Cherry Frudel
Mandarin Oranges and/or Juice

Lunch
 **Manager's Choice**
Teacher Appreciation Day

Wednesday, May 10

Breakfast
Cereal & String Cheese
Chicken Biscuit
Fruit Cocktail and/or Juice

Lunch
 **Manager's Choice**

Thursday, May 11

Breakfast
Cereal & String Cheese
OR Oatmeal & Toast
Raisins and/or Juice

Lunch
Chicken Nuggets
Creamed Potatoes
Green Beans
Roll
Fresh Fruit or Chilled Fruit

Friday, May 12

Breakfast
Cereal & String Cheese
OR Blueberry Pancake & Sausage on a Stick
Pineapple Chunks and/or Juice

Lunch
Choice of One
Hamburger or Cheeseburger

~~~~~

Leafy Green Trimmings  
Sweet Potato Puffs, Dill Pickle Slices  
Fresh Fruit or Chilled Fruit  
Strawberry Shortcake

**Monday, May 15**

**Breakfast**  
Cereal & String Cheese  
OR French Toast Sticks  
Diced Peaches and/or Juice

**Lunch**  
Choice of One  
Stuffed Cheese Breadstick  
W/ Marinara Sauce  
Grab-N-Go #1 Yogurt & String Cheese

~~~~~

Broccoli/ Carrot Cup W/ Lite Ranch
Corn, Fresh or Chilled Fruit

Tuesday, May 16

Breakfast
Cereal & String Cheese
OR Pancake Sausage Bites
Mandarin Oranges and/or Juice

Lunch
 **Manager's Choice**

Wednesday, May 17

Breakfast
Cereal & String Cheese
OR Chicken Biscuit
Fruit Cocktail and/or Juice

Lunch
 **Manager's Choice**

Thursday, May 18

Breakfast
Cereal & String Cheese
OR Raspberry Rainbow Yogurt & Vanilla Graham Dino Bites
Applesauce and/or Juice

Lunch
Chicken Smackers
Creamed Potatoes
Green Beans
Roll
Fresh Fruit or Chilled Fruit

Friday, May 19

Breakfast
Cereal & String Cheese
OR Mini French Toast
Pineapple Chunks and/or Juice


Lunch
Choice of One
Hamburger or Cheeseburger

~~~~~

Leafy Green Trimmings  
Sidewinder Fries, Dill Pickle Slices  
Fresh Fruit or Chilled Fruit


**Monday, May 22**

**Breakfast**  
Cereal & String Cheese  
OR Egg & Cheese Omelet Biscuit  
Diced Peaches and/or Juice


**Lunch**  
 **Manager's Choice**

**Tuesday, May 23**

**Breakfast**  
Cereal & String Cheese  
OR Mini Pancakes  
Mandarin Oranges and/or Juice

**Lunch**  
 **Manager's Choice**


**Wednesday, May 24**



**Thursday, May 25**



**RCHS**  
**Friday, May 19**  
**7:00 PM GRADUATION**

  
Congratulations!!

**SCES**

**Monday, May 15**  
5th Awards Night  
**Tuesday, May 16**  
PK Graduation

**FES**

**Tuesday, May 9**  
8:30 am 3rd Field Day  
12:00pm K Field Day  
**Friday, May 12**  
8:30 am 4th Field Day  
12:00 pm 1st Field Day  
**Monday, May 15**  
8:30 am 5th Field Day  
12:00 pm 2nd Field Day  
**Monday, May 22**  
9:00 am 5th Grade Celebration

**GES**

**Tuesday, May 16**  
10:00 am PK Graduation  
**Monday, May 15**  
9:00 am 5th Graduation

**RCES**

**Monday, May 22**  
Field Day  
**Tuesday, May 23**  
5:00 pm 4th & 5th Celebration  
K-3 Awards

**RMS**

**Sunday, May 7**  
3:00 pm Spring Band Concert  
**Friday, May 12**  
1:30 pm DARE Graduation  
**Wednesday, May 17**  
9:00 am 8th Graduation  
**Tuesday, May 23**  
1:00 pm 6th Awards Day  
2:00 pm 7th Graduation

**SCMS**

**Tuesday, May 9**  
6:00 pm Top 10 Academic Banquet  
**Thursday, May 11**  
6th & 7th TVT Theater  
**Friday, May 12**  
Math Competition  
6th DARE Graduation  
**Wednesday, May 17**  
6th IMAX Trip  
5th Visit to SCMS  
**Thursday, May 18**  
9:00 am 8th Graduation  
1:00 pm 6th & 7th Awards Day



**Smile.**  
It's summer!  
We'll see you next year.  
Enjoy!