

Course Description

A. COVER PAGE

Date of Submission (Please include Month, Day and Year)	
1. Course Title PE Course 4 Advanced Team, Individual and Dual Activities	9. Subject Area <input type="checkbox"/> History/Social Science <input type="checkbox"/> English <input type="checkbox"/> Mathematics <input type="checkbox"/> Laboratory Science <input type="checkbox"/> Language other than English <input type="checkbox"/> Visual & Performing Arts <input type="checkbox"/> Intro <input type="checkbox"/> Advanced <input type="checkbox"/> College Prep Elective
2. Transcript Title(s) / Abbreviation(s) PE3 AdvTID A/B	
3. Transcript Course Code(s) / Number(s)	
4. School All comprehensive school sites	
5. District Santa Maria Joint Union High School	
6. City Santa Maria	10. Grade Level(s) for which this course is designed <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input checked="" type="checkbox"/> 11 <input checked="" type="checkbox"/> 12
7. School / District Web Site www.smjuhsd.org	11. Seeking "Honors" Distinction? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
8. School Course List Contact Name: Lorene Yoshihara Title/Position: Dept. Head/Teacher Phone: 805-925-2567 Ext.: 3536 E-mail: lyoshihara@smjuhsd.org	12. Unit Value <input type="checkbox"/> 0.5 (half year or semester equivalent) <input checked="" type="checkbox"/> 1.0 (one year equivalent) <input type="checkbox"/> 2.0 (two year equivalent) <input type="checkbox"/> Other: _____
13. Is this an Internet-based course? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If "Yes", who is the provider? <input type="checkbox"/> UCCP <input type="checkbox"/> PASS/Cyber High <input type="checkbox"/> Other _____	
14. Complete outlines are not needed for courses that were previously approved by UC. If course was previously approved, indicate in which category it falls. <input type="checkbox"/> A course reinstated after removal within 3 years. Year removed from list? _____ Same course title? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, previous course title? _____ <input type="checkbox"/> An identical course approved at another school in same district. Which school? _____ Same course title? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, course title at other school? _____ <input type="checkbox"/> Year-long VPA course replacing two approved successive semester courses in the same discipline <input type="checkbox"/> Approved Advanced Placement (AP) or International Baccalaureate (IB) course <input type="checkbox"/> Approved UC College Prep (UCCP) Online course <input type="checkbox"/> Approved CDE Agricultural Education course <input type="checkbox"/> Approved P.A.S.S./Cyber High course <input type="checkbox"/> Approved ROP/C course. Name of ROP/C? _____ <input type="checkbox"/> Approved A.V.I.D. course <input type="checkbox"/> Approved C.A.R.T. course <input type="checkbox"/> Approved Project Lead the Way course <input type="checkbox"/> Other. Explain: _____	

<p>15. Is this course modeled after an UC-approved course from another school <u>outside</u> your district? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p> <p>If so, which school(s)? _____</p> <p>Course title at other school _____</p>
<p>16. Pre-Requisites</p> <p>PE Course 3 Team, Individual and Dual Activities or Teacher Approval</p>
<p>17. Co-Requisites</p>
<p>18. Is this course a resubmission? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p> <p>If yes, date(s) of previous submission? _____</p> <p>Title of previous submission? _____</p>
<p>19. Brief Course Description</p> <p>This course is a continuation of Course 3 Team, Individual and Dual Activities and is intended to give a student intensive experience.</p>

B. COURSE CONTENT

Please refer to instructions

20. Course Goals and/or Major Student Outcomes

- A. Students demonstrate knowledge of and competency in motor skills, movement patterns, and strategies needed to perform a variety of physical activities.
- B. Students achieve a level of physical fitness for health and performance while demonstrating knowledge of fitness concepts, principles, and strategies.
- C. Students demonstrate knowledge of psychological and sociological concepts, principles, and strategies that apply to the learning and performance of physical activity.

21. Course Objectives

- A. Students will demonstrate expertise in two or more team, individual or dual activities.
- B. Students will create or modify practice/training plans based on evaluative feedback from skill acquisition and performance of team, individual or dual activities.
- C. Students will practice team, individual or dual activities in real-world settings.
- D. Students will adjust personal fitness goals on the basis of fitness assessment measures to improve performance in team, individual or dual activities.
- E. Students will set personal goals for improved performance and enjoyment of team, individual or dual activities.

22. Course Outline

PE Course 4 – Advanced Team, Individual or Dual Activities is designed as an elective class and a continuation of Course 3. It is intended for students who have completed Course 3 and who want an intensive experience in an activity that they may wish to participate in for years to come. Students will expand their capabilities for independent learning and examine practices that allow for sound decision making to enhance successful participation in movement activities.

23. Texts & Supplemental Instructional Materials

24. Key Assignments

25. Instructional Methods and/or Strategies

Instructional methods and/or strategies may include the following:

- A. Lecture
- B. Demonstration
- C. Participation
- D. Group work
- E. Lab work
- F. Project-based learning
- G. Videos/audiotape
- H. Research
- I. Field Trip
- J. Textbook

26. Assessment Methods and/or Tools

Assessment methods and/or tools may include the following:

- A. Participation
- B. Attendance
- C. Quizzes
- D. Exams
- E. Projects
- F. Homework assignments

C. HONORS COURSES ONLY

Please refer to instructions

27. Indicate how this honors course is different from the standard course.

D. OPTIONAL BACKGROUND INFORMATION

Please refer to instructions

28. Context for Course (optional)

29. History of Course Development (optional)