

Course Title

Elementary Physical Education

Description of Target Group

This course is open to 10th, 11th and 12th grade students.

Purpose

The purpose of this one-term (5-unit) course is to introduce teaching occupations as a possible career path. Students will be taught how to organize Physical Education/Recreational activities so they can eventually practice teaching elementary students at our feeder schools.

Standards of Expected Student Achievements

Upon completion of this course, students will be able to successfully:

1. Organize Elementary Physical Education/Recreation Activities
 - A. Learn rules & regulations
 - B. Arrange for prizes and do record keeping
 - C. Tournament design and organization
 - D. Write lesson plans and block plans
 - E. Be able to demonstrate basic skills of throwing, catching, etc.
 - F. Lead students in exercises and warm-ups
 - G. Be responsible for set-up and put away equipment

2. Research Occupations
 - A. Written project on Career Path
 - B. "Shadow" a person in their desired career
 - C. Student teach at the elementary level
 - D. Organize speakers to address the class

Instructional Materials

None

Activities

Teaching to their peers
Teaching at Feeder Schools
Demonstration/Explanation
Lab Examination
Written exam on rules and regulations
Guest lecturers