

Course Title

P.E., 10th, 11th, 12th Grade

Description of Target Group

All 10th, 11th, and 12th grade students.

Purpose

10th, 11th, and 12th grade P.E. is designed to introduce all students to the concept of coeducational physical education. Appropriate activities will be selected and will include P.E. exercises, review of rules and regulations, and fundamentals necessary for each activity. Stress will be placed on techniques which will develop skills, attitudes of good sportsmanship, and appreciation of carry-over activities which promote coeducational participation. Activities will be grouped in clusters of two or three per semester and will be selected from the approved courses of study list developed for the area of physical education. 10th, 11th, and 12th grade students will not participate in ninth grade offerings.

Standards of Expected Student Achievement

Upon completion of this course, students will be able to successfully demonstrate the following skills:

1. Must attend regularly and on time.
2. Must wear appropriate uniform.
3. Must participate in course activities.
4. Must adhere to all school board student behavior policies.
5. Demonstrate skills in the various activities offered.
6. Demonstrate a knowledge of the activities offered.
7. Demonstrate a knowledge of the rules of various activities.
8. Demonstrate good sportsmanship.

Instructional Materials

Text and Supplementary Materials

Refer to: Secondary Adopted Texts and Approved Supplementary Books Used in the Santa Maria Joint Union High School District

Activities

Participation in activities and written tests.