

Scott Co. School Child Nutrition Program

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Morton School K-4

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 12/01/2017					
Morton School K-4	Total	800			
Bacon Burger 2 oz USFD MS702.1	1 each	300	302	31.15	12.38
Hamburger 2 oz. USDA F MS775.1	1 each	450	275	31.15	10.04
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Spicy Fries, Baked MS1100	1/2 cup	575	147	20.76	7.33
Baked Beans MS1000	1/2 cup	150	163	36.85	0.7
Fruit Juice, Frozen Cup,MS1247	1/2 cup	500	95	23.44	0.08
Orange Smiles MS1270	1/2 cup	200	77	19.19	0.2
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	11.83	2.69
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Ketchup PC MS1528	1 packet	1200	10	3.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	1.0	4.0
Weighted Daily Average			650	96.15	19.56
% of Calories				59.2%	27.1%
Nutrient Guideline			550-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Mon - 12/04/2017					
Morton School K-4	Total	2250			
Chicken Nuggets Bkd MS532	5 nuggets	1900	216	12.5	11.54
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	1900	150	27.0	2.0
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Green Beans, Canned, MS1036	1/2 cup	950	41	4.45	1.79
Brown Gravy, Package MS1506	2 ounces	200	26	5.18	0.65
Mashed Potatoes MS1078	1/2 cup	1400	91	15.67	2.29
Apple Delicious MS1200	1 each	450	94	24.64	0.25
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1350	95	23.44	0.08
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	24.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	11.83	2.69
Honey Mustard Sauce, PC,MS1524	1 packet	50	70	5.0	6.0
Ketchup PC MS1528	1 packet	2000	10	3.0	0.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Weighted Daily Average			555	81.01	14.63
% of Calories				58.3%	23.7%
Nutrient Guideline			550-650		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Tue - 12/05/2017					
Morton School K-4	Total	2250			
Vegetable Beef Soup MS816	1 cup	1500	130	12.27	6.03
Grill Cheese Sand 2 oz. MS760	1 each	1500	357	28.92	20.12
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Squash, Summer: MS1127	1/2 cup	450	42	6.26	1.96
Carrots, Baby w/ Dip, MS#1017	1/2 cup	650	45	9.95	0.17
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1900	95	23.44	0.08
Apple and Orange Wedges MS1240	1/2 cup	650	53	13.45	0.15
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	24.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	11.83	2.69
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Mayonnaise PC Reduce Ft MS1534	PC Packet	300	40	1.0	4.0
Mustard, PC, MS1538	1 packet	200	5	1.0	0.0
Weighted Daily Average			537	70.35	19.34
% of Calories				52.4%	32.4%
Nutrient Guideline			550-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Wed - 12/06/2017					
Morton School K-4	Total	2250			
Corn Dog Nuggets MS406	6 nuggets	1450	271	30.15	12.06
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
TASTY TOTS	Serv. 6 Tots	1200	186	31.66	4.92
Baked Beans MS1000	1/2 cup	400	163	36.85	0.7
Spinach Salad MS1119	1 cup	250	88	8.54	3.02
Orange Smiles MS1270	1/2 cup	1450	77	19.19	0.2
Fresh Fruit Bowl VarietyMS1244	1 each	875	84	21.72	0.24
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	24.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	275	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	175	108	11.83	2.69
Ketchup PC MS1528	1 packet	750	10	3.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	1.0	4.0
Cookie,Chocolate ChipPurMS1428	1 cookie	1500	120	16.0	6.0
Weighted Daily Average			575	91.72	16.31
% of Calories				63.8%	25.5%
Nutrient Guideline			550-650		

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Thu - 12/07/2017					
Morton School K-4	Total	2250			
Pizza, Stuffed Crust MS304	1 slice	1300	330	35.0	14.0
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Baked Potato w/ Marg, MS1074	1 potato	1850	181	36.59	2.22
Carrots, Baby w/ Dip, MS#1017	1/2 cup	750	45	9.95	0.17
Fresh Bananas MS1220	1 each	1400	105	26.95	0.39
Fruit Cocktail MS1248	1/2 cup	750	58	14.91	0.09
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	1300	130	24.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	650	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	250	108	11.83	2.69
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Weighted Daily Average			575	98.24	11.15
% of Calories				68.4%	17.5%
Nutrient Guideline			550-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 12/08/2017					
Morton School K-4	Total	2250			
Bacon Cheeseburger2 ozUMS706.1	1 each	1100	342	32.15	14.88
Hamburger 2 oz. USDA F MS775.1	1 each	500	275	31.15	10.04
Spicy Chicken Sand MS736	1 each	500	330	40.17	11.29
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Spicy Fries, Baked MS1100	1/2 cup	1700	147	20.76	7.33
Tossed Salad w/Drsg MS1126	1/2 cup	350	31	6.03	0.12
Fresh Fruit Bowl VarietyMS1244	1 each	1850	84	21.72	0.24
Pear Salad MS1284	1/2 cup	200	102	19.99	2.3
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	750	130	24.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	11.83	2.69
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Ketchup PC MS1528	1 packet	1500	10	3.0	0.0
Mustard, PC, MS1538	1 packet	75	5	1.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	1600	40	1.0	4.0
Weighted Daily Average			600	81.99	21.49
% of Calories				54.7%	32.2%
Nutrient Guideline			550-650		

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Mon - 12/11/2017					
Morton School K-4	Total	2250			
Chicken Tenders Baked MS546	3 tenders	1850	250	17.0	11.0
Roll, Whole Wheat Pur1ozMS1356	1 roll	1600	75	13.5	0.0
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Mashed Potatoes/w CheeseMS1080	1/2 cup	1900	114	15.88	4.13
Green Beans, Canned, MS1036	1/2 cup	1300	41	4.45	1.79
Orange Smiles MS1270	1/2 cup	1600	77	19.19	0.2
Honeydew Cubes, Fresh MS1236	1/2 cup	750	67	16.9	0.26
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	24.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	11.83	2.69
Ketchup PC MS1528	1 packet	1000	10	3.0	0.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	1.0	4.0
Mustard, PC, MS1538	1 packet	50	5	1.0	0.0
Weighted Daily Average			550	74.14	15.15
% of Calories				53.9%	24.8%
Nutrient Guideline			550-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Tue - 12/12/2017					
Morton School K-4	Total	2250			
Spaghetti & MeatSauce MS178	1 serving	1900	339	38.53	12.76
Toast, Garlic WW MS1351	1 slice	1100	100	15.0	2.5
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
Whole Kernel Corn, CND, MS1032	1/2 cup	1200	101	19.66	2.75
Tossed Salad w/Drsg MS1126	1/2 cup	950	31	6.03	0.12
Fruit Juice, Frozen Cup,MS1247	1/2 cup	2000	95	23.44	0.08
Mandarin Fruit Cup MS1254	1/2 cup	800	62	16.28	0.1
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	24.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	11.83	2.69
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Weighted Daily Average			599	94.45	14.45
% of Calories				63.0%	21.7%
Nutrient Guideline			550-650		

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Wed - 12/13/2017					
Morton School K-4	Total	2250			
Corn Dog Nuggets MS406	6 nuggets	1600	271	30.15	12.06
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Whole Ker Corn Frz MS1031	1/2 cup	1250	89	17.22	2.42
Baked Beans MS1000	1/2 cup	400	163	36.85	0.7
Orange Smiles MS1270	1/2 cup	1450	77	19.19	0.2
Fresh Fruit Bowl VarietyMS1244	1 each	875	84	21.72	0.24
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	24.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	275	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	175	108	11.83	2.69
Ketchup PC MS1528	1 packet	750	10	3.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	1.0	4.0
Banana Pudding MS1466	1/2 cup	900	171	36.62	2.14
Weighted Daily Average			518	88.79	12.28
% of Calories				68.6%	21.3%
Nutrient Guideline			550-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Thu - 12/14/2017					
Morton School K-4	Total	2250			
Turkey Sliced,Brown GravyMS564	1 serving	2150	152	5.18	6.18
Cornbread 1 WG MS1300	1 piece	1850	102	17.71	2.44
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Yam Patties MS1135	1/2 Cup	1100	120	28.0	0.0
Rice, Brown MS1341	1/2 cup	725	99	21.31	0.55
Brown Gravy, Package MS1506	2 ounces	250	26	5.18	0.65
Turnip Greens, Southern MS1046	1/2 cup	500	57	3.43	3.33
Fresh Fruit Cup MS1250	1/2 cup	400	64	16.48	0.17
Fruit Crisp MS1412	1 serving	650	273	45.51	9.5
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	550	130	24.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	11.83	2.69
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Weighted Daily Average			481	66.26	12.35
% of Calories				55.1%	23.1%
Nutrient Guideline			550-650		

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 12/15/2017					
Morton School K-4	Total	2250			
Bacon Burger 2 oz USFD MS702.1	1 each	1850	302	31.15	12.38
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Spicy Fries, Baked MS1100	1/2 cup	2150	147	20.76	7.33
Confetti Coleslaw MS1114	1/2 cup	500	22	5.65	0.15
Baked Beans MS1000	1/2 cup	250	163	36.85	0.7
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1800	95	23.44	0.08
Orange Smiles MS1270	1/2 cup	500	77	19.19	0.2
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	24.0	0.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	250	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	11.83	2.69
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Ketchup PC MS1528	1 packet	150	10	3.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	1.0	4.0
Weighted Daily Average			590	87.54	18.44
% of Calories				59.4%	28.2%
Nutrient Guideline			550-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Mon - 12/18/2017					
Morton School K-4	Total	2250			
Hot Dog WG MS778	1 each	1850	320	29.0	18.0
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
TASTY TOTS	Serv. 6 Tots	1800	186	31.66	4.92
Baked Beans MS1000	1/2 cup	250	163	36.85	0.7
Raw Veggies w/Dip MS1124	1/2 cup	200	33	6.82	0.17
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1600	95	23.44	0.08
Orange Smiles MS1270	1/2 cup	300	77	19.19	0.2
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	250	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	11.83	2.69
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Ketchup PC MS1528	1 packet	150	10	3.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	1.0	4.0
Weighted Daily Average			588	85.31	19.97
% of Calories				58.0%	30.6%
Nutrient Guideline			550-650		

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Tue - 12/19/2017					
Morton School K-4	Total	2250			
John Wayne Casserole MS150	1 serving	750	406	17.97	28.93
Tortilla Chips 1 oz eq	9 chips	750	140	18.0	7.0
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	16.0	3.0
Whole Ker Corn Frz MS1031	1/2 cup	800	89	17.22	2.42
Tossed Salad w/Drsg MS1126	1/2 cup	750	31	6.03	0.12
Raw Veggies w/Dip MS1124	1/2 cup	500	33	6.82	0.17
Fresh Fruit Cup MS1250	1/2 cup	675	64	16.48	0.17
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1600	95	23.44	0.08
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	24.0	0.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.0
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	250	108	11.83	2.69
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Sauce, Taco. PC MS1558	1 packet	1800	5	1.0	0.0
Sour Cream PC MS1564	1 each	750	55	0.82	5.59
Cheese 1 oz. Block MS930	1 ounce	1600	71	3.04	4.05
Weighted Daily Average			479	60.78	18.62
% of Calories				50.8%	35.0%
Nutrient Guideline			550-650		

Wed - 12/20/2017					
Morton School K-4	Total	2250			
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*
% of Calories				*N/A%*	*N/A%*
Nutrient Guideline			550-650		

Thu - 12/21/2017					
Morton School K-4	Total	1			
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*
% of Calories				*N/A%*	*N/A%*
Nutrient Guideline			550-650		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Scott Co. School Child Nutrition Program

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

Morton School K-4

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 12/22/2017					
Morton School K-4	Total	2250			
Ham & Cheese on Bun MS768	1 each	2250	291	29.9	11.99
Pickle Spear, Portion MS1542	1 spear	2250	4	1.0	0.0
Tortilla Chips 1 oz eq	9 chips	2250	140	18.0	7.0
Apple & Grapes in a Bag MS	3 oz. bag	1500	45	12.0	0.0
Apple Delicious MS1200	1 each	600	94	24.64	0.25
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	24.0	0.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FF Strwbr, 1/2 pt.PF MS1702	1/2 pint	225	130	23.0	0.0
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	200	130	24.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	1500	40	1.0	4.0
Mustard, PC, MS1538	1 packet	75	5	1.0	0.0
Cookie, Sugar, Pur WGR, MS1436	1 cookie	1000	120	17.0	5.0
Weighted Daily Average			650	85.92	23.94
% of Calories				52.8%	33.1%
Nutrient Guideline			550-650		

Weighted Average			497	72.54 58.4%	14.73 26.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	497		550 - 650	90%		53		
Carbohydrate (g)	72.54	58.43%						Correction Required - Calories are Low
Total Fat (g)	14.73	26.70%						

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