

Scott Co. School Child Nutrition Program

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Lunch K-8

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 12/01/2017							
Lunch K-8	Total	2250					
Bacon Cheeseburger2 ozUMS706.1	1 each	1100	342	57	32.15	14.88	5.34
Hamburger 2 oz. USDA F MS775.1	1 each	500	275	45	31.15	10.04	3.01
Turkey & Cheese Wrap Mer MS798	1 wrap	500	329	55	29.98	14.34	7.34
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Spicy Fries, Baked MS1100	1/2 cup	1700	147	0	20.76	7.33	1.22
Tossed Salad w/Drsg MS1126	1/2 cup	350	31	0	6.03	0.12	0.02
Fresh Fruit Bowl VarietyMS1244	1 each	1850	84	0	21.72	0.24	0.05
Pear Salad MS1284	1/2 cup	200	102	6	19.99	2.3	1.50
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	750	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ketchup PC MS1528	1 packet	1500	10	0	3.0	0.0	0.00
Mustard, PC, MS1538	1 packet	75	5	0	1.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	1600	40	5	1.0	4.0	0.50
Weighted Daily Average			600	61	79.73	22.17	6.57
% of Calories					53.2%	33.3%	9.9%
Nutrient Guideline			600-650				<10.00

Mon - 12/04/2017							
Lunch K-8	Total	2250					
Chicken Nuggets Bkd MS532	5 nuggets	1900	216	44	12.5	11.54	2.36
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	1900	150	0	27.0	2.0	0.00
Tuna Salad w/ Crackers MS636	1/2 CUP	300	276	88	21.0	12.74	1.13
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Green Beans, Canned, MS1036	1/2 cup	950	41	0	4.45	1.79	0.21
Brown Gravy, Package MS1506	2 ounces	200	26	0	5.18	0.65	0.65
Mashed Potatoes MS1078	1/2 cup	1400	91	0	15.67	2.29	1.04
Apple Delicious MS1200	1 each	450	94	0	24.64	0.25	0.04
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1350	95	0	23.44	0.08	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Honey Mustard Sauce, PC,MS1524	1 packet	50	70	10	5.0	6.0	1.00
Ketchup PC MS1528	1 packet	2000	10	0	3.0	0.0	0.00
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			592	56	83.81	16.33	3.21
% of Calories					56.6%	24.8%	4.9%
Nutrient Guideline			600-650				<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Scott Co. School Child Nutrition Program

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 12/05/2017							
Lunch K-8	Total	2250					
Vegetable Beef Soup MS816	1 cup	1500	130	20	12.27	6.03	2.22
Grill Cheese Sand 2 oz. MS760	1 each	1500	357	55	28.92	20.12	11.41
Lunch Bites	1 bag	200	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Squash, Summer: MS1127	1/2 cup	450	42	0	6.26	1.96	0.81
Carrots, Baby w/ Dip, MS#1017	1/2 cup	650	45	0	9.95	0.17	0.03
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1900	95	0	23.44	0.08	0.01
Apple and Orange Wedges MS1240	1/2 cup	650	53	0	13.45	0.15	0.02
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Mayonnaise PC Reduce Ft MS1534	PC Packet	300	40	5	1.0	4.0	0.50
Mustard, PC, MS1538	1 packet	200	5	0	1.0	0.0	0.00
Weighted Daily Average			568	60	75.52	20.04	9.90
% of Calories					53.2%	31.8%	15.7%
Nutrient Guideline			600-650				<10.00

Wed - 12/06/2017							
Lunch K-8	Total	2250					
Corn Dog Nuggets MS406	6 nuggets	1450	271	40	30.15	12.06	3.52
BBQ Pork Sandwich Pur MS716	1 each	600	236	40	31.09	4.0	0.50
Lunch Bites	1 bag	250	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
TASTY TOTS	Serv. 6 Tots	1200	186	0	31.66	4.92	0.42
Baked Beans MS1000	1/2 cup	400	163	1	36.85	0.7	0.13
Spinach Salad MS1119	1 cup	250	88	8	8.54	3.02	1.81
Orange Smiles MS1270	1/2 cup	1450	77	0	19.19	0.2	0.03
Fresh Fruit Bowl VarietyMS1244	1 each	875	84	0	21.72	0.24	0.05
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	275	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	175	108	16	11.83	2.69	1.61
Ketchup PC MS1528	1 packet	750	10	0	3.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	5	1.0	4.0	0.50
Cookie,Chocolate ChipPurMS1428	1 cookie	1500	120	5	16.0	6.0	3.00
Weighted Daily Average			676	51	106.47	18.24	5.59
% of Calories					63.0%	24.3%	7.4%
Nutrient Guideline			600-650				<10.00

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Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 12/07/2017							
Lunch K-8	Total	2250					
Chicken Noodle Soup MS806	1 cup	500	116	41	11.36	2.5	0.74
Saltine Crackers, ENR,M MS1369	2 4-count packs	500	100	0	18.0	2.0	0.00
Lunch Bites	1 bag	250	345	19	58.19	7.81	3.55
Pizza, Stuffed Crust MS304	1 slice	1300	330	20	35.0	14.0	4.50
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Baked Potato w/ Marg, MS1074	1 potato	1850	181	0	36.59	2.22	0.07
Carrots, Baby w/ Dip, MS#1017	1/2 cup	750	45	0	9.95	0.17	0.03
Fresh Bananas MS1220	1 each	1400	105	0	26.95	0.39	0.13
Fruit Cocktail MS1248	1/2 cup	750	58	0	14.91	0.09	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	1300	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	650	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	250	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			661	33	111.23	13.02	3.63
% of Calories					67.3%	17.7%	4.9%
Nutrient Guideline			600-650				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 12/08/2017							
Lunch K-8	Total	2250					
Bacon Cheeseburger2 ozUMS706.1	1 each	1100	342	57	32.15	14.88	5.34
Hamburger 2 oz. USDA F MS775.1	1 each	500	275	45	31.15	10.04	3.01
Spicy Chicken Sand MS736	1 each	500	330	30	40.17	11.29	2.24
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Spicy Fries, Baked MS1100	1/2 cup	1700	147	0	20.76	7.33	1.22
Tossed Salad w/Drsg MS1126	1/2 cup	350	31	0	6.03	0.12	0.02
Fresh Fruit Bowl VarietyMS1244	1 each	1850	84	0	21.72	0.24	0.05
Pear Salad MS1284	1/2 cup	200	102	6	19.99	2.3	1.50
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	750	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ketchup PC MS1528	1 packet	1500	10	0	3.0	0.0	0.00
Mustard, PC, MS1538	1 packet	75	5	0	1.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	1600	40	5	1.0	4.0	0.50
Weighted Daily Average			600	55	81.99	21.49	5.44
% of Calories					54.7%	32.2%	8.2%
Nutrient Guideline			600-650				<10.00

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Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 12/11/2017							
Lunch K-8	Total	2250					
Chicken Tenders Baked MS546	3 tenders	1850	250	60	17.0	11.0	2.00
Roll, Whole Wheat Pur1ozMS1356	1 roll	1600	75	0	13.5	0.0	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	350	322	53	32.35	12.53	6.16
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Mashed Potatoes/w CheeseMS1080	1/2 cup	1900	114	5	15.88	4.13	2.27
Green Beans, Canned, MS1036	1/2 cup	1300	41	0	4.45	1.79	0.21
Orange Smiles MS1270	1/2 cup	1600	77	0	19.19	0.2	0.03
Honeydew Cubes, Fresh MS1236	1/2 cup	750	67	0	16.9	0.26	0.07
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ketchup PC MS1528	1 packet	1000	10	0	3.0	0.0	0.00
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	5	1.0	4.0	0.50
Mustard, PC, MS1538	1 packet	50	5	0	1.0	0.0	0.00
Weighted Daily Average			600	70	79.17	17.10	5.01
% of Calories					52.8%	25.6%	7.5%
Nutrient Guideline			600-650				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 12/12/2017							
Lunch K-8	Total	2250					
Spaghetti & MeatSauce MS178	1 serving	1900	339	42	38.53	12.76	4.49
Toast, Garlic WW MS1351	1 slice	1100	100	0	15.0	2.5	0.50
Lunch Bites	1 bag	300	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Whole Kernel Corn, CND, MS1032	1/2 cup	1200	101	0	19.66	2.75	0.99
Tossed Salad w/Drsg MS1126	1/2 cup	950	31	0	6.03	0.12	0.02
Fruit Juice, Frozen Cup,MS1247	1/2 cup	2000	95	0	23.44	0.08	0.01
Mandarin Fruit Cup MS1254	1/2 cup	800	62	0	16.28	0.1	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			645	45	102.21	15.49	5.30
% of Calories					63.4%	21.6%	7.4%
Nutrient Guideline			600-650				<10.00

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Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 12/13/2017							
Lunch K-8	Total	2250					
Corn Dog Nuggets MS406	6 nuggets	1600	271	40	30.15	12.06	3.52
BBQ Pulled Pork Burger MS718	1 each	600	314	54	32.12	11.98	3.67
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Whole Ker Corn Frz MS1031	1/2 cup	1250	89	0	17.22	2.42	0.91
Baked Beans MS1000	1/2 cup	400	163	1	36.85	0.7	0.13
Orange Smiles MS1270	1/2 cup	1450	77	0	19.19	0.2	0.03
Fresh Fruit Bowl VarietyMS1244	1 each	875	84	0	21.72	0.24	0.05
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	275	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	175	108	16	11.83	2.69	1.61
Ketchup PC MS1528	1 packet	750	10	0	3.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	5	1.0	4.0	0.50
Banana Pudding MS1466	1/2 cup	900	171	1	36.62	2.14	1.55
Weighted Daily Average			602	52	97.36	15.48	4.98
% of Calories					64.7%	23.1%	7.4%
Nutrient Guideline			600-650				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 12/14/2017							
Lunch K-8	Total	2250					
Turkey Sliced,Brown GravyMS564	1 serving	2150	152	55	5.18	6.18	2.23
Cornbread 1 WG MS1300	1 piece	1850	102	11	17.71	2.44	0.91
Baked Ham MS402	2 ounces	1500	140	49	10.02	2.92	0.97
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Yam Patties MS1135	1/2 Cup	1100	120	0	28.0	0.0	0.00
Rice, Brown MS1341	1/2 cup	725	99	0	21.31	0.55	0.11
Brown Gravy, Package MS1506	2 ounces	250	26	0	5.18	0.65	0.65
Turnip Greens, Southern MS1046	1/2 cup	500	57	0	3.43	3.33	0.24
Fresh Fruit Cup MS1250	1/2 cup	400	64	0	16.48	0.17	0.04
Fruit Crisp MS1412	1 serving	650	273	0	45.51	9.5	4.15
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	550	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			575	100	72.94	14.30	5.10
% of Calories					50.8%	22.4%	8.0%
Nutrient Guideline			600-650				<10.00

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Lunch K-8

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 12/15/2017							
Lunch K-8	Total	2250					
Bacon Burger 2 oz USFD MS702.1	1 each	1850	302	50	31.15	12.38	3.84
Fish Sandwich Baked MS750	1 each	350	320	30	41.0	10.0	1.50
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Spicy Fries, Baked MS1100	1/2 cup	2150	147	0	20.76	7.33	1.22
Confetti Coleslaw MS1114	1/2 cup	500	22	0	5.65	0.15	0.02
Baked Beans MS1000	1/2 cup	250	163	1	36.85	0.7	0.13
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1800	95	0	23.44	0.08	0.01
Orange Smiles MS1270	1/2 cup	500	77	0	19.19	0.2	0.03
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ketchup PC MS1528	1 packet	150	10	0	3.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	5	1.0	4.0	0.50
Weighted Daily Average			639	53	93.91	20.00	4.86
% of Calories					58.8%	28.1%	6.8%
Nutrient Guideline			600-650				<10.00

Mon - 12/18/2017							
Lunch K-8	Total	2250					
Hot Dog WG MS778	1 each	1850	320	35	29.0	18.0	6.00
Spicy Chicken Sand MS736	1 each	350	330	30	40.17	11.29	2.24
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
TASTY TOTS	Serv. 6 Tots	1800	186	0	31.66	4.92	0.42
Baked Beans MS1000	1/2 cup	250	163	1	36.85	0.7	0.13
Raw Veggies w/Dip MS1124	1/2 cup	200	33	0	6.82	0.17	0.03
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1600	95	0	23.44	0.08	0.01
Orange Smiles MS1270	1/2 cup	300	77	0	19.19	0.2	0.03
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ketchup PC MS1528	1 packet	150	10	0	3.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	5	1.0	4.0	0.50
Weighted Daily Average			639	41	91.56	21.73	5.92
% of Calories					57.3%	30.6%	8.3%
Nutrient Guideline			600-650				<10.00

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Scott Co. School Child Nutrition Program

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 12/19/2017							
Lunch K-8	Total	2250					
John Wayne Casserole MS150	1 serving	750	406	67	17.97	28.93	12.71
Tortilla Chips 1 oz eq	9 chips	750	140	0	18.0	7.0	2.50
Grilled Chicken Sandwich MS764	1 each	650	296	60	31.21	7.05	1.51
Lunch Bites	1 bag	600	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Whole Ker Corn Frz MS1031	1/2 cup	800	89	0	17.22	2.42	0.91
Tossed Salad w/Drsg MS1126	1/2 cup	750	31	0	6.03	0.12	0.02
Raw Veggies w/Dip MS1124	1/2 cup	500	33	0	6.82	0.17	0.03
Fresh Fruit Cup MS1250	1/2 cup	675	64	0	16.48	0.17	0.04
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1600	95	0	23.44	0.08	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	250	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Sauce, Taco. PC MS1558	1 packet	1800	5	0	1.0	0.0	0.00
Sour Cream PC MS1564	1 each	750	55	15	0.82	5.59	3.26
Cheese 1 oz. Block MS930	1 ounce	1600	71	10	3.04	4.05	2.53
Weighted Daily Average			656	65	85.31	22.74	10.01
% of Calories					52.0%	31.2%	13.7%
Nutrient Guideline			600-650				<10.00

Wed - 12/20/2017							
Lunch K-8	Total	2250					
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories					*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			600-650				<10.00

Thu - 12/21/2017							
Lunch K-8	Total	1					
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories					*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			600-650				<10.00

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Scott Co. School Child Nutrition Program

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 12/22/2017							
Lunch K-8	Total	2250					
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Ham & Cheese on Bun MS768	1 each	2250	291	44	29.9	11.99	5.98
Pickle Spear, Portion MS1542	1 spear	2250	4	0	1.0	0.0	0.00
Tortilla Chips 1 oz eq	9 chips	2250	140	0	18.0	7.0	2.50
Apple & Grapes in a Bag MS	3 oz. bag	1500	45	0	12.0	0.0	0.00
Apple Delicious MS1200	1 each	600	94	0	24.64	0.25	0.04
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	5	24.0	0.0	0.00
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	250	80	5	11.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	225	130	5	23.0	0.0	0.00
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	200	130	0	24.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	1500	40	5	1.0	4.0	0.50
Mustard, PC, MS1538	1 packet	75	5	0	1.0	0.0	0.00
Cookie, Sugar, Pur WGR, MS1436	1 cookie	1000	120	5	17.0	5.0	2.00
Weighted Daily Average			650	52	85.92	23.94	9.71
% of Calories					52.8%	33.1%	13.4%
Nutrient Guideline			600-650				<10.00

Weighted Average			544	50	77.82 57.2%	16.25 26.9%	5.20 8.6%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	544		600 - 650	91%		56		Correction Required - Calories are Low
Cholesterol (mg)	50							
Carbohydrate (g)	77.82	57.23%						
Total Fat (g)	16.25	26.90%						
Saturated Fat (g)	5.20	8.61%	<10.00%					

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