

# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 1

Generated on: 1/29/2018 3:13:08 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Thu - 02/01/2018					
Lunch K-8	Total	2000			
Chicken Tenders Baked MS546	3 tenders	1300	250	17.0	11.0
Beef Tips Over Noodles MS112	1 serving	650	265	20.98	9.92
Croissant, 1WGR, MS1624	1 croissant	650	110	15.0	4.5
Chef Salad, USDA Foods MS600.1	1 salad	50	256	18.3	10.72
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
TASTY TOTS	Serv. 6 Tots	1000	186	31.66	4.92
Glazed Carrots MS1018	1/2 cup	800	56	9.28	1.87
Fried Crinkle Cut Fries MS1089	1/2 cup	1	135	17.69	6.05
Fresh Grapes MS1226	1/2 cup	1200	61	15.56	0.32
Fresh Pears MS1280	1 each	650	68	18.23	0.14
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	750	130	24.0	0.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	450	130	23.0	0.0
Honey Mustard Sauce, PC,MS1524	1 packet	1000	70	5.0	6.0
Ketchup PC MS1528	1 packet	1000	10	3.0	0.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Weighted Daily Average			600	78.43	18.92
% of Calories				52.3%	28.4%
Nutrient Guideline			600-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 02/02/2018					
Lunch K-8	Total	2000			
Bacon Cheeseburger 2 oz MS706	1 each	1400	305	29.38	13.86
Hamburger 2 oz. USDA F MS775.1	1 each	300	275	31.15	10.04
Spicy Chicken Sand MS736	1 each	150	330	40.17	11.29
Lunch Bites	1 bag	150	345	58.19	7.81
Season Potato Wedge FryMS1098	1/2 cup	1750	156	18.89	7.78
Vegetable Juice, Assort,MS1156	1/2 cup	200	57	14.0	0.0
Fresh Oranges MS1268	1 each	800	61	15.22	0.16
Fresh Fruit Cup MS1250	1/2 cup	650	64	16.48	0.17
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.0
Ketchup PC MS1528	1 packet	1200	10	3.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	1000	40	1.0	4.0
Mustard, PC, MS1538	1 packet	250	5	1.0	0.0
Weighted Daily Average			601	78.79	21.56
% of Calories				52.4%	32.3%
Nutrient Guideline			600-650		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 2

Generated on: 1/29/2018 3:13:08 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Mon - 02/05/2018					
Lunch K-8	Total	2200			
Chicken Nuggets Bkd MS532	5 nuggets	1600	216	12.5	11.54
Chicken and Dumplings, MS522	3/4 cup	550	247	18.67	8.65
Cornbread 1 WG MS1300	1 piece	2150	102	17.71	2.44
Chef Salad, MS600	1 salad	50	244	18.05	11.79
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
Broccoli Florets w/ Dip,MS1148	1/2 cup	650	29	5.6	0.17
Green Peas, Canned MS1071	1/2 cup	1600	97	14.26	2.29
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	600	130	23.0	0.0
Fresh Bananas MS1220	1 each	1000	105	26.95	0.39
Fruit Cocktail MS1248	1/2 cup	350	58	14.91	0.09
Honey Mustard Sauce, PC,MS1524	1 packet	1600	70	5.0	6.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Ketchup PC MS1528	1 packet	1800	10	3.0	0.0
Weighted Daily Average			623	82.13	19.85
% of Calories				52.7%	28.7%
Nutrient Guideline			600-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Tue - 02/06/2018					
Lunch K-8	Total	2200			
Stromboli Supreme MS418	1 slice	1400	412	42.02	15.92
Spicy Chicken Sand MS736	1 each	750	330	40.17	11.29
Grilled Chicken Salad MS620	1 salad	50	429	40.01	13.7
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0	2.0
Sweet Potato Fries,Bkd MS1099	1/2 cup	1400	110	17.79	6.78
Cheesy Califor Veggies MS1058	1/2 cup	950	50	7.73	0.49
Fresh Apple MS1206	1 each	1100	72	19.06	0.23
Fresh Peaches MS1272	1 each	800	34	8.3	0.22
Ketchup PC MS1528	1 packet	200	10	3.0	0.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	600	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.0
Weighted Daily Average			593	80.38	19.31
% of Calories				54.2%	29.3%
Nutrient Guideline			600-650		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 3

Generated on: 1/29/2018 3:13:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Wed - 02/07/2018					
Lunch K-8	Total	2200			
Vegetable Beef Soup MS816	1 cup	1400	130	12.27	6.03
Grill Cheese Sand2 oz.UMS760.1	1 each	1000	302	32.04	12.1
BBQ Turkey Sandwich MS724	1 each	800	305	37.65	7.42
Baked Beans MS1000	1/2 cup	400	163	36.85	0.7
Spinach Salad MS1119	1 cup	1800	88	8.54	3.02
Fresh Oranges MS1268	1 each	950	61	15.22	0.16
Strawberries, Frozen MS1294	1/2 cup	1200	51	12.12	0.0
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	350	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	450	130	23.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	40	1.0	4.0
Vanilla Pudding MS1486	1/2 cup	325	128	27.43	1.02
Weighted Daily Average			601	83.35	15.22
% of Calories				55.4%	22.8%
Nutrient Guideline			600-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Thu - 02/08/2018					
Lunch K-8	Total	1			
Hamburger Steak W/GravyMS144	1 steak	1	93	3.59	5.32
Roll, Whole Wheat Pur1ozMS1356	1 roll	1	75	13.5	0.0
Chicken Fajitas USDA, MS527	1 fajita	1	284	21.06	11.23
Chef Salad, MS600	1 salad	1	244	18.05	11.79
Croutons, PC, .5 Grain, Fresh	1 packet	1	60	9.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	1	100	18.0	2.0
Salsa, Portion, MS1146	1 ounce	1	9	1.89	0.0
Tortilla Chips 1 oz eq	9 chips	1	140	18.0	7.0
Mashed Potatoes MS1078	1/2 cup	1	91	15.67	2.29
Whole Ker Corn Frz MS1031	1/2 cup	1	89	17.22	2.42
Pineapple Tidbits MS1286	1/2 cup	1	72	18.87	0.1
Chilled Mandarin Orange MS12??	1/2 cup	1	73	19.46	0.12
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	1	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	1	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	1	130	23.0	0.0
Weighted Daily Average			1671	232.32	44.26
% of Calories				55.6%	23.8%
Nutrient Guideline			600-650		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 4

Generated on: 1/29/2018 3:13:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 02/09/2018					
Lunch K-8	Total	2200			
Chicken Tenders Baked MS546	3 tenders	1900	250	17.0	11.0
Chili Dog MS742	1 each	125	403	30.94	24.01
Hot Dog WG MS778	1 each	125	320	29.0	18.0
Chicken Salad Salad MS612	1 salad	50	289	17.53	12.4
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Salsa, Portion, USDA,MS1146.1	1 ounce	1600	9	1.77	0.0
Tortilla Chips 1 oz eq	9 chips	1600	140	18.0	7.0
Green Beans, Canned, MS1036	1/2 cup	650	41	4.45	1.79
Tossed Salad w/Drsg MS1126	1/2 cup	200	31	6.03	0.12
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1800	95	23.44	0.08
Apple & Grapes in a Bag MS	3 oz. bag	200	45	12.0	0.0
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	450	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.0
Ketchup PC MS1528	1 packet	1900	10	3.0	0.0
Honey Mustard Sauce, PC,MS1524	1 packet	700	70	5.0	6.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Weighted Daily Average			603	76.89	20.10
% of Calories				51.0%	30.0%
Nutrient Guideline			600-650		

Mon - 02/12/2018					
Lunch K-8	Total	2000			
Chicken Nuggets Bkd MS532	5 nuggets	1000	216	12.5	11.54
Cheesy Burger Bake MS126	3/4 cup	950	430	31.59	26.25
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	950	170	31.0	3.0
Grilled Chicken Salad MS620	1 salad	50	429	40.01	13.7
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Baked Beans MS918	1/2 cup	250	159	36.57	0.64
Sweet Potato Casserole MS1128	1/2 Cup	800	265	50.89	5.16
Fresh Apple MS1206	1 each	600	72	19.06	0.23
Fresh Fruit Cup MS1250	1/2 cup	450	64	16.48	0.17
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.0
Chocolate Pudding MS1474	1/2 cup	1	111	23.78	0.96
Ranch Dressing (Mix)MS1546	2 TBSP	1	115	4.1	10.27
Ketchup PC MS1528	1 packet	1	10	3.0	0.0
Honey Mustard Sauce, PC,MS1524	1 packet	1	70	5.0	6.0
Weighted Daily Average			649	86.03	22.34
% of Calories				53.0%	31.0%
Nutrient Guideline			600-650		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 5

Generated on: 1/29/2018 3:13:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Tue - 02/13/2018					
Lunch K-8	Total	2000			
Spaghetti & MeatSauce MS178.2	1 serving	1500	342	38.99	12.81
Toast, Garlic WW MS1351	1 slice	1000	100	15.0	2.5
Grilled Chicken Sandwich MS764	1 each	450	296	31.21	7.05
Chicken Salad Salad MS612	1 salad	50	289	17.53	12.4
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0	2.0
Fresh Fruit Cup MS1250	1/2 cup	650	64	16.48	0.17
Fruit Cocktail MS1248	1/2 cup	350	58	14.91	0.09
Quick Baked Potato MS1084	1/2 potato	1400	91	18.29	1.2
Green Beans, Canned, MS1036	1/2 cup	800	41	4.45	1.79
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	350	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	600	130	23.0	0.0
Margarine, PC MS1532	1 pat	1400	20	0.0	2.0
Sour Cream PC MS1564	1 each	500	55	0.82	5.59
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Mayonnaise PC Reduce Ft MS1534	PC Packet	400	40	1.0	4.0
Weighted Daily Average			648	88.07	18.30
% of Calories				54.4%	25.4%
Nutrient Guideline			600-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Wed - 02/14/2018					
Lunch K-8	Total	2000			
Chicken Baked Seasoned MS508	1 serving	1200	271	0.17	15.02
Cornbread 1 WG MS1300	1 piece	1200	102	17.71	2.44
Macaroni&Cheese,Ham SliceMS412	1 serving	500	418	34.16	19.94
Tuna Salad Salad MS634	1 salad	300	430	23.4	26.18
Saltine Crackers, ENR,M MS1369	2 4-count packs	300	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Turnip Greens, Southern MS1046	1/2 cup	650	57	3.43	3.33
Black-Eyed Peas DryCMS1006	1/2 cup	1200	135	23.66	0.59
Fresh Peaches MS1272	1 each	500	34	8.3	0.22
Fresh Fruit Cup MS1250	1/2 cup	750	64	16.48	0.17
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	450	130	23.0	0.0
Weighted Daily Average			627	64.44	21.29
% of Calories				41.1%	30.5%
Nutrient Guideline			600-650		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 6

Generated on: 1/29/2018 3:13:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Thu - 02/15/2018					
Lunch K-8	Total	2000			
Chicken Tenders Baked MS546	3 tenders	1300	250	17.0	11.0
Beef Tips Over Noodles MS112	1 serving	650	265	20.98	9.92
Croissant, 1WGR, MS1624	1 croissant	650	110	15.0	4.5
Chef Salad, USDA Foods MS600.1	1 salad	50	256	18.3	10.72
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
TASTY TOTS	Serv. 6 Tots	1000	186	31.66	4.92
Glazed Carrots MS1018	1/2 cup	800	56	9.28	1.87
Fried Crinkle Cut Fries MS1089	1/2 cup	1	135	17.69	6.05
Fresh Grapes MS1226	1/2 cup	1200	61	15.56	0.32
Fresh Pears MS1280	1 each	650	68	18.23	0.14
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	750	130	24.0	0.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	450	130	23.0	0.0
Honey Mustard Sauce, PC,MS1524	1 packet	1000	70	5.0	6.0
Ketchup PC MS1528	1 packet	1000	10	3.0	0.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Weighted Daily Average			600	78.43	18.92
% of Calories				52.3%	28.4%
Nutrient Guideline			600-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 02/16/2018					
Lunch K-8	Total	2000			
Bacon Cheeseburger 2 oz MS706	1 each	1400	305	29.38	13.86
Hamburger 2 oz. USDA F MS775.1	1 each	300	275	31.15	10.04
Spicy Chicken Sand MS736	1 each	150	330	40.17	11.29
Lunch Bites	1 bag	150	345	58.19	7.81
Season Potato Wedge FryMS1098	1/2 cup	1750	156	18.89	7.78
Vegetable Juice, Assort,MS1156	1/2 cup	200	57	14.0	0.0
Fresh Oranges MS1268	1 each	800	61	15.22	0.16
Fresh Fruit Cup MS1250	1/2 cup	650	64	16.48	0.17
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.0
Ketchup PC MS1528	1 packet	1200	10	3.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	1000	40	1.0	4.0
Mustard, PC, MS1538	1 packet	250	5	1.0	0.0
Weighted Daily Average			601	78.79	21.56
% of Calories				52.4%	32.3%
Nutrient Guideline			600-650		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 7

Generated on: 1/29/2018 3:13:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Mon - 02/19/2018					
Lunch K-8	Total	2000			
Meatballs, BBQ/Hoagie,MerMS722	5 meatballs	450	191	39.7	2.0
Red BeansCND/Rice/SausageMS416	1 serving	1500	298	37.58	11.09
Cornbread 1 WG MS1300	1 piece	1500	102	17.71	2.44
Grilled Chicken Salad MS620	1 salad	50	429	40.01	13.7
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	25	60	9.0	2.0
Spicy Fries, Baked MS1100	1/2 cup	1400	147	20.76	7.33
Turnip Greens, Southern MS1046	1/2 cup	300	57	3.43	3.33
Fresh Oranges MS1268	1 each	750	61	15.22	0.16
Banana Berry Blend MS1224	1/2 cup	1000	98	24.27	0.21
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	150	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.0
Ranch Dressing (Mix)MS1546	2 TBSP	1	115	4.1	10.27
Ketchup PC MS1528	1 packet	1	10	3.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	1	40	1.0	4.0
Weighted Daily Average			618	98.77	16.83
% of Calories				63.9%	24.5%
Nutrient Guideline			600-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Tue - 02/20/2018					
Lunch K-8	Total	2000			
Chili Cheese Corn Chips MS128	Serving	850	408	20.02	28.11
Pizza, Stuffed Crust MS304	1 slice	900	330	35.0	14.0
Chicken Tenders Salad MS614	1 salad	250	306	22.08	13.67
Saltine Crackers, ENR,M MS1369	2 4-count packs	250	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0	2.0
Lima Beans, Frozen MS1004	1/2 cup	650	104	16.32	2.03
Cream-Style Corn MS1028	1/2 cup	950	115	24.81	2.36
Fresh Peaches MS1272	1 each	850	34	8.3	0.22
Fresh Oranges MS1268	1 each	750	61	15.22	0.16
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	725	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	450	130	23.0	0.0
Sour Cream PC MS1564	1 each	400	55	0.82	5.59
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Weighted Daily Average			603	71.78	23.61
% of Calories				47.6%	35.3%
Nutrient Guideline			600-650		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 8

Generated on: 1/29/2018 3:13:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Wed - 02/21/2018					
Lunch K-8	Total	2000			
Cheeseburger 2 oz., US MS728.1	1 each	1000	316	32.23	12.56
CHICKEN ALFREDO WITH A TWIST	1 CUP	700	345	40.86	8.17
Toast, Garlic WW MS1351	1 slice	700	100	15.0	2.5
Chicken Salad Salad MS612	1 salad	300	289	17.53	12.4
Saltine Crackers, ENR,M MS1369	2 4-count packs	300	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Green Pea Salad MS1132	1/2 cup	250	198	12.9	13.0
Fried Crinkle Cut Fries MS1089	1/2 cup	1000	135	17.69	6.05
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1000	95	23.44	0.08
Fresh Bananas MS1220	1 each	350	105	26.95	0.39
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	375	130	23.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	550	40	1.0	4.0
Ketchup PC MS1528	1 packet	1800	10	3.0	0.0
Mustard, PC, MS1538	1 packet	200	5	1.0	0.0
Weighted Daily Average			629	84.87	18.04
% of Calories				54.0%	25.8%
Nutrient Guideline			600-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Thu - 02/22/2018					
Lunch K-8	Total	2000			
Lasagna MS154	1 serving	1600	319	24.25	15.15
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	1600	170	31.0	3.0
Grilled Chicken Sandwich MS764	1 each	350	296	31.21	7.05
Chef Salad, USDA Foods MS600.1	1 salad	50	256	18.3	10.72
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Quick Baked Potato MS1084	1/2 potato	1000	91	18.29	1.2
Green Beans,Frz,Cut, MS1042	1/2 cup	750	39	5.31	1.92
Chilled Blushing Pears, MS1276	1/2 cup	300	71	18.91	0.04
Fresh Fruit Cup MS1250	1/2 cup	850	64	16.48	0.17
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	100	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	350	130	23.0	0.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Margarine, PC MS1532	1 pat	1000	20	0.0	2.0
Sour Cream PC MS1564	1 each	400	55	0.82	5.59
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	40	1.0	4.0
Weighted Daily Average			650	84.98	20.25
% of Calories				52.3%	28.0%
Nutrient Guideline			600-650		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 9

Generated on: 1/29/2018 3:13:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 02/23/2018					
Lunch K-8	Total	2000			
Corn Dog MS744	1 each	1100	247	27.08	9.3
Sloppy Joe on WW Bun,MS791	1 each	900	315	33.6	13.76
Broccoli Florets w/ Dip,MS1148	1/2 cup	850	29	5.6	0.17
Vegetable Juice, Assort,MS1156	1/2 cup	100	57	14.0	0.0
Fried Crinkle Cut Fries MS1089	1/2 cup	1850	135	17.69	6.05
Fresh Oranges MS1268	1 each	950	61	15.22	0.16
Fresh Fruit Cup MS1250	1/2 cup	850	64	16.48	0.17
Milk, FF White 1/2 pt.Br MS1706	1/2 pint	275	90	12.0	0.0
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	24.0	0.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	600	130	23.0	0.0
Ketchup PC MS1528	1 packet	1800	10	3.0	0.0
Mustard, PC, MS1538	1 packet	300	5	1.0	0.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	475	40	1.0	4.0
Weighted Daily Average			600	85.53	18.07
% of Calories				57.0%	27.1%
Nutrient Guideline			600-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Mon - 02/26/2018					
Lunch K-8	Total	2000			
Chicken Nuggets Bkd MS532	5 nuggets	1000	216	12.5	11.54
Cheesy Burger Bake MS126	3/4 cup	950	430	31.59	26.25
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	950	170	31.0	3.0
Grilled Chicken Salad MS620	1 salad	50	429	40.01	13.7
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0	2.0
Baked Beans MS918	1/2 cup	250	159	36.57	0.64
Sweet Potato Casserole MS1128	1/2 Cup	800	265	50.89	5.16
Fresh Apple MS1206	1 each	600	72	19.06	0.23
Fresh Fruit Cup MS1250	1/2 cup	450	64	16.48	0.17
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.0
Chocolate Pudding MS1474	1/2 cup	1	111	23.78	0.96
Ranch Dressing (Mix)MS1546	2 TBSP	1	115	4.1	10.27
Ketchup PC MS1528	1 packet	1	10	3.0	0.0
Honey Mustard Sauce, PC,MS1524	1 packet	1	70	5.0	6.0
Weighted Daily Average			649	86.03	22.34
% of Calories				53.0%	31.0%
Nutrient Guideline			600-650		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 10

Generated on: 1/29/2018 3:13:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Tue - 02/27/2018					
Lunch K-8	Total	2000			
Turkey Sliced,Brown GravyMS564	1 serving	1000	152	5.18	6.18
Rice, Brown MS1341	1/2 cup	1000	99	21.31	0.55
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	1000	150	27.0	2.0
Vegetable Beef Soup US MS816.1	1 cup	850	128	11.9	6.03
Grill CheeseSand 1 ozUMS762.1	sandwich	850	220	30.0	7.0
Chef Salad, USDA Foods MS600.1	1 salad	50	256	18.3	10.72
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	2.0
Black-Eyed Peas DryCMS1006	1/2 cup	600	135	23.66	0.59
Sweet Potatoes, Mashed, MS1073	1/2 cup	850	158	37.74	0.15
Fresh Apple MS1206	1 each	650	72	19.06	0.23
Fresh Fruit Bowl VarietyMS1244	1 each	800	84	21.72	0.24
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1	10.27
Weighted Daily Average			609	98.41	10.94
% of Calories				64.6%	16.2%
Nutrient Guideline			600-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Wed - 02/28/2018					
Lunch K-8	Total	2000			
Chicken Crispy Baked MS510	1 serving	1500	321	9.68	15.15
Broccoli Chick Casserole MS514	1/2 cup	400	287	7.83	15.2
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1100	160	29.0	3.0
Chicken Tenders Salad MS614	1 salad	100	306	22.08	13.67
Saltine Crackers, ENR,M MS1369	2 4-count packs	100	100	18.0	2.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	100	100	18.0	2.0
Mashed Potatoes/w CheeseMS1080	1/2 cup	1200	114	15.88	4.13
Whole Ker Corn Frz MS1031	1/2 cup	700	89	17.22	2.42
Fresh Oranges MS1268	1 each	300	61	15.22	0.16
Fruit Juice, Frozen Cup,MS1247	1/2 cup	750	95	23.44	0.08
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	600	130	24.0	0.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.0
Ketchup PC MS1528	1 packet	1500	10	3.0	0.0
Ranch Dressing (Mix)MS1546	2 TBSP	100	115	4.1	10.27
Weighted Daily Average			644	69.94	20.83
% of Calories				43.4%	29.1%
Nutrient Guideline			600-650		

Weighted Average			671	89.42	20.63
				53.3%	27.7%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 11

Generated on: 1/29/2018 3:13:09 PM

Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty	Cals (kcal)	Carb (g)	T-Fat (g)	Error Messages (if any)
Calories	671		600 - 650	103%				21	Correction Required - Calories too High
Carbohydrate (g)	89.42	53.31%							
Total Fat (g)	20.63	27.67%							

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.