

Scott Co. School Child Nutrition Program

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

Breakfast K-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 12/01/2017							
Breakfast K-12	Total	2110					
Pancakes, Mini, 2WGR, MS1637	1 pouch	1400	200	10	34.0	5.0	1.00
Bacon, 2 Slices, MS1500	2 slices	1100	53	10	0.0	4.66	1.67
Cereals, Assorted, MS1622	1 bowl pack	710	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1800	65	0	15.5	0.0	0.00
Raisins, Flavored, MS1291	Packages	1200	140	0	36.0	0.0	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	125	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	750	108	16	11.83	2.69	1.61
Margarine, PC MS1532	1 pat	2000	20	0	0.0	2.0	0.00
Weighted Daily Average			446	20	78.55	9.13	2.16
% of Calories					70.4%	18.4%	4.4%
Nutrient Guideline			400-500				<10.00

Mon - 12/04/2017							
Breakfast K-12	Total	2110					
Sausage & Biscuit 2WGR, MS1687	1 Each	1500	299	35	27.0	14.91	4.97
Cereal Crisp, ChChp, 1WGR, MS1608	1 bar	150	150	0	25.0	5.0	1.00
Cereals, Assorted, MS1622	1 bowl pack	500	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1800	65	0	15.5	0.0	0.00
Fresh Bananas MS1220	1 each	700	105	0	26.95	0.39	0.13
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	750	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	125	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	500	108	16	11.83	2.69	1.61
Jelly, Assorted, PC MS1526	1 packet	2000	35	0	9.0	0.0	0.00
Weighted Daily Average			452	31	69.73	12.10	4.07
% of Calories					61.8%	24.1%	8.1%
Nutrient Guideline			400-500				<10.00

Tue - 12/05/2017							
Breakfast K-12	Total	2110					
French Toast Stix, WGR, MS1626	3 sticks	1546	270	10	43.0	8.0	1.00
Frudel, 2WGR, Apple, MS1627	1 frudel	350	210	0	36.0	6.0	1.50
Cereals, Assorted, MS1622	1 bowl pack	600	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1800	65	0	15.5	0.0	0.00
Pineapple Tidbits MS1286	1/2 cup	750	72	0	18.87	0.1	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	1100	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	125	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	600	108	16	11.83	2.69	1.61
Syrup, Pancake, PC MS1566	1 packet	2000	0	0	0.0	0.0	0.00
Weighted Daily Average			451	15	81.09	8.11	1.49
% of Calories					72.0%	16.2%	3.0%
Nutrient Guideline			400-500				<10.00

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Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Breakfast K-12

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 12/06/2017							
Breakfast K-12	Total	2110					
Biscuit, 2WGR, MS1602	1 biscuit	1400	180	0	27.0	7.0	2.00
Sausage Patty, 1 Oz.,MS1665	1 patty	1400	119	35	0.0	7.91	2.97
Cereals, Assorted, MS1622	1 bowl pack	710	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	15.5	0.0	0.00
Raisins, Flavored, MS1291	Packages	485	140	0	36.0	0.0	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	650	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	175	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	700	108	16	11.83	2.69	1.61
Jelly, Assorted, PC MS1526	1 packet	2200	35	0	9.0	0.0	0.00
Weighted Daily Average			451	30	71.12	11.32	3.89
% of Calories					63.0%	22.6%	7.7%
Nutrient Guideline			400-500				<10.00

Thu - 12/07/2017							
Breakfast K-12	Total	2110					
Breakfast Pizza,Sausage,MS1684	1 slice	1600	210	15	26.0	7.0	2.00
Bagel, 2WGR, Toasted, MS1600	1 bagel	500	163	0	33.5	0.61	0.06
Yogurt,Strawberry MS1668	4 ounce cup	500	80	5	16.0	0.0	0.00
Cereals, Assorted, MS1622	1 bowl pack	450	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	15.5	0.0	0.00
Fresh Oranges MS1268	1 each	600	61	0	15.22	0.16	0.03
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	1200	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	450	108	16	11.83	2.69	1.61
Cream Cheese, PC Stwb MS1570	1 pc cup	450	90	25	5.0	8.0	5.00
Weighted Daily Average			454	25	75.81	8.11	2.98
% of Calories					66.9%	16.1%	5.9%
Nutrient Guideline			400-500				<10.00

Fri - 12/08/2017							
Breakfast K-12	Total	2110					
Bacon, 2 Slices, MS1500	2 slices	1600	53	10	0.0	4.66	1.67
Biscuit, 2WGR, MS1602	1 biscuit	1600	180	0	27.0	7.0	2.00
Cereals, Assorted, MS1622	1 bowl pack	600	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	15.5	0.0	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	750	84	0	21.72	0.24	0.05
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	650	108	16	11.83	2.69	1.61
Jelly, Assorted, PC MS1526	1 packet	2300	35	0	9.0	0.0	0.00
Weighted Daily Average			450	16	77.39	10.21	3.34
% of Calories					68.7%	20.4%	6.7%
Nutrient Guideline			400-500				<10.00

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Base Menu Spreadsheet
Portion Values - Detailed

Breakfast K-12

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 12/11/2017							
Breakfast K-12	Total	2110					
Ham, Sliced for Biscuit,MS1680	1 slice	1110	40	15	0.0	1.0	0.50
Cheese 1 oz. Block MS930	1 ounce	1110	71	10	3.04	4.05	2.53
Biscuit, 2 ENR, MS1626	1 biscuit	1110	190	0	24.0	8.0	4.00
Toaster Past,Strbr,2WGR,MS1644	2 pastries	250	360	0	76.0	5.0	2.00
Cereals, Assorted, MS1622	1 bowl pack	750	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1950	65	0	15.5	0.0	0.00
Fresh Bananas MS1220	1 each	850	105	0	26.95	0.39	0.13
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	450	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	160	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	750	108	16	11.83	2.69	1.61
Jelly, Assorted, PC MS1526	1 packet	2100	35	0	9.0	0.0	0.00
Weighted Daily Average			452	20	76.49	9.13	4.62
% of Calories					67.6%	18.2%	9.2%
Nutrient Guideline			400-500				<10.00

Tue - 12/12/2017							
Breakfast K-12	Total	2110					
Bread, 1 ENR, Toast, MS1604	1slice	3000	70	0	14.0	1.0	0.00
Grits, ENR, Quick Cook, MS1629	1/2 cup	1500	63	0	13.57	0.3	0.06
Eggs, Scrambled,FRZ Mix,MS1661	2 ounces	1600	49	128	0.82	3.3	1.24
Cereals, Assorted, MS1622	1 bowl pack	610	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1600	65	0	15.5	0.0	0.00
Raisins, Flavored, MS1291	Packages	1200	140	0	36.0	0.0	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	425	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	400	108	16	11.83	2.69	1.61
Jelly, Assorted, PC MS1526	1 packet	1400	35	0	9.0	0.0	0.00
Weighted Daily Average			464	103	91.48	5.10	1.33
% of Calories					78.8%	9.9%	2.6%
Nutrient Guideline			400-500				<10.00

Wed - 12/13/2017							
Breakfast K-12	Total	2100					
Sausage Pancake/Stick, MS1690	1 stick	1500	200	20	19.0	11.0	3.00
Toaster Past,Strbr,1WGRMS1641	1 pastry	750	180	0	38.0	2.5	1.00
Toaster Past,Strbr,1WGRMS1641	1 pastry	750	180	0	38.0	2.5	1.00
Cereals, Assorted, MS1622	1 bowl pack	450	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2100	65	0	15.5	0.0	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	600	84	0	21.72	0.24	0.05
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	650	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	730	108	16	11.83	2.69	1.61
Syrup, Pancake, PC MS1566	1 packet	2000	0	0	0.0	0.0	0.00
Weighted Daily Average			477	22	81.56	10.99	3.47
% of Calories					68.4%	20.7%	6.5%
Nutrient Guideline			400-500				<10.00

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Scott Co. School Child Nutrition Program

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Breakfast K-12

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 12/14/2017							
Breakfast K-12	Total	2110					
Breakfast Bread,Banana,MS1634	1 slice	750	280	0	44.0	10.0	2.00
Breakfast Bread, Z,2WGR,MS1631	1 slice	750	270	0	43.0	10.0	2.00
Yogurt,Strawberry MS1668	4 ounce cup	1500	80	5	16.0	0.0	0.00
Cereals, Assorted, MS1622	1 bowl pack	750	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1900	65	0	15.5	0.0	0.00
Fresh Fruit Cup MS1250	1/2 cup	500	64	0	16.48	0.17	0.04
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	600	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	175	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	750	108	16	11.83	2.69	1.61
Margarine, PC MS1532	1 pat	500	20	0	0.0	2.0	0.00
Weighted Daily Average			455	11	81.16	9.14	2.06
% of Calories					71.3%	18.1%	4.1%
Nutrient Guideline			400-500				<10.00

Fri - 12/15/2017							
Breakfast K-12	Total	2110					
Breakfast Pizza,Sausage,MS1684	1 slice	1200	210	15	26.0	7.0	2.00
Cereal Bar,Strwb,1WGR,MS1607	1 bar	1600	160	0	29.0	4.0	0.50
Cereals, Assorted, MS1622	1 bowl pack	710	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1800	65	0	15.5	0.0	0.00
Raisins, Flavored, MS1291	Packages	800	140	0	36.0	0.0	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	125	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	750	108	16	11.83	2.69	1.61
Weighted Daily Average			481	16	85.94	8.50	2.15
% of Calories					71.5%	15.9%	4.0%
Nutrient Guideline			400-500				<10.00

Mon - 12/18/2017							
Breakfast K-12	Total	2110					
Sausage & Biscuit 2WGR, MS1687	1 Each	1700	299	35	27.0	14.91	4.97
Toaster Past,Strbr,1WGRMS1641	1 pastry	220	180	0	38.0	2.5	1.00
Cereals, Assorted, MS1622	1 bowl pack	300	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1400	65	0	15.5	0.0	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	650	84	0	21.72	0.24	0.05
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	650	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	400	108	16	11.83	2.69	1.61
Jelly, Assorted, PC MS1526	1 packet	2500	35	0	9.0	0.0	0.00
Weighted Daily Average			458	33	68.39	13.09	4.45
% of Calories					59.7%	25.7%	8.8%
Nutrient Guideline			400-500				<10.00

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Breakfast K-12

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 12/19/2017							
Breakfast K-12	Total	2110					
French ToastStix,2WGR,M MS1626	4 Sticks	1400	270	0	35.0	12.0	2.00
Frudel, 2WGR, Apple, MS1627	1 frudel	110	210	0	36.0	6.0	1.50
Cereals, Assorted, MS1622	1 bowl pack	600	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1800	65	0	15.5	0.0	0.00
Pineapple Tidbits MS1286	1/2 cup	750	72	0	18.87	0.1	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	125	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	600	108	16	11.83	2.69	1.61
Syrup, Pancake, PC MS1566	1 packet	2000	0	0	0.0	0.0	0.00
Weighted Daily Average			393	7	65.87	9.52	1.91
% of Calories					67.1%	21.8%	4.4%
Nutrient Guideline			400-500				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 12/20/2017							
Breakfast K-12	Total	2100					
Manager's Choice	1	1500	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Cereals, Assorted, MS1622	1 bowl pack	450	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2100	65	0	15.5	0.0	0.00
Fresh Fruit Bowl VarietyMS1244	1 each	600	84	0	21.72	0.24	0.05
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	650	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	730	108	16	11.83	2.69	1.61
Syrup, Pancake, PC MS1566	1 packet	2000	0	0	0.0	0.0	0.00
Weighted Daily Average			205	8	40.84	1.34	0.61
% of Calories					79.6%	5.9%	2.7%
Nutrient Guideline			400-500				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 12/21/2017							
Breakfast K-12	Total	2110					
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Cereals, Assorted, MS1622	1 bowl pack	610	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1600	65	0	15.5	0.0	0.00
Raisins, Flavored, MS1291	Packages	1200	140	0	36.0	0.0	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	425	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	400	108	16	11.83	2.69	1.61
Jelly, Assorted, PC MS1526	1 packet	1400	35	0	9.0	0.0	0.00
Weighted Daily Average			282	6	61.30	0.97	0.35
% of Calories					86.8%	3.1%	1.1%
Nutrient Guideline			400-500				<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 12/22/2017							
Breakfast K-12	Total	2110					
Manager's Choice	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Cereals, Assorted, MS1622	1 bowl pack	710	108	0	22.67	1.58	0.17
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1800	65	0	15.5	0.0	0.00
Raisins, Flavored, MS1291	Packages	1200	140	0	36.0	0.0	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	125	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	750	108	16	11.83	2.69	1.61
Margarine, PC MS1532	1 pat	2000	20	0	0.0	2.0	0.00
Syrup, Pancake, PC MS1566	1 packet	1500	0	0	0.0	0.0	0.00
Weighted Daily Average			286	8	55.99	3.38	0.63
% of Calories					78.4%	10.7%	2.0%
Nutrient Guideline			400-500				<10.00

Weighted Average			416	23	72.67 69.9%	8.13 17.6%	2.47 5.3%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	416		400 - 500	100%				
Cholesterol (mg)	23							
Carbohydrate (g)	72.67	69.86%						
Total Fat (g)	8.13	17.59%						
Saturated Fat (g)	2.47	5.34%	<10.00%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.