

# Scott Co. School Child Nutrition Program

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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|                                      | Portion Size | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|--------------------------------------|--------------|-----------|-------------|----------|-----------|
| Mon - 01/08/2018                     |              |           |             |          |           |
| Lunch K-8                            | Total        | 1         |             |          |           |
| HOLIDAY NO SCHOOL                    | NONE         | 1         | *N/A*       | *N/A*    | *N/A*     |
| Weighted Daily Average % of Calories |              |           | *N/A*       | *N/A*    | *N/A*     |
| Nutrient Guideline                   |              |           | 600-650     |          |           |

|                                      | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|--------------------------------------|-----------------|-----------|-------------|----------|-----------|
| Tue - 01/09/2018                     |                 |           |             |          |           |
| Lunch K-8                            | Total           | 2200      |             |          |           |
| Chicken Nuggets Bkd MS532            | 5 nuggets       | 1600      | 216         | 12.5     | 11.54     |
| Chicken Tetrizzini, ENR, MS550       | 6 ounces        | 550       | 330         | 39.01    | 6.5       |
| Roll, Whole Wheat Pur1ozMS1356       | 1 roll          | 2150      | 75          | 13.5     | 0.0       |
| Chef Salad, MS600                    | 1 salad         | 50        | 244         | 18.05    | 11.79     |
| Saltine Crackers, ENR,M MS1369       | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369       | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Croutons, PC, .5 Grain, Fresh        | 1 packet        | 50        | 60          | 9.0      | 2.0       |
| Broccoli Florets w/ Dip,MS1148       | 1/2 cup         | 650       | 29          | 5.6      | 0.17      |
| Green Peas, Canned MS1071            | 1/2 cup         | 1600      | 97          | 14.26    | 2.29      |
| Milk, FF Choc 1/2 pt.PF MS1700       | 1/2 pint        | 850       | 130         | 24.0     | 0.0       |
| Milk, FF White1/2 pt.PF MS1706       | 1/2 pint        | 250       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr,1/2 pt.PFMS1702       | 1/2 pint        | 600       | 130         | 23.0     | 0.0       |
| Fresh Bananas MS1220                 | 1 each          | 1000      | 105         | 26.95    | 0.39      |
| Fruit Cocktail MS1248                | 1/2 cup         | 350       | 58          | 14.91    | 0.09      |
| Honey Mustard Sauce, PC,MS1524       | 1 packet        | 1600      | 70          | 5.0      | 6.0       |
| Ranch Dressing (Mix)MS1546           | 2 TBSP          | 50        | 115         | 4.1      | 10.27     |
| Ketchup PC MS1528                    | 1 packet        | 1800      | 10          | 3.0      | 0.0       |
| Weighted Daily Average % of Calories |                 |           | 617         | 83.10    | 16.93     |
|                                      |                 |           |             | 53.9%    | 24.7%     |
| Nutrient Guideline                   |                 |           | 600-650     |          |           |

|                                | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|----------|-----------|
| Wed - 01/10/2018               |                 |           |             |          |           |
| Lunch K-8                      | Total           | 2200      |             |          |           |
| Stromboli Supreme MS418        | 1 slice         | 1400      | 412         | 42.02    | 15.92     |
| Spicy Chicken Sand MS736       | 1 each          | 750       | 330         | 40.17    | 11.29     |
| Grilled Chicken Salad MS620    | 1 salad         | 50        | 429         | 40.01    | 13.7      |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 10        | 100         | 18.0     | 2.0       |
| Croutons, PC, .5 Grain, Fresh  | 1 packet        | 10        | 60          | 9.0      | 2.0       |
| Sweet Potato Fries,Bkd MS1099  | 1/2 cup         | 1400      | 110         | 17.79    | 6.78      |
| Cheesy Califor Veggies MS1058  | 1/2 cup         | 950       | 50          | 7.73     | 0.49      |
| Fresh Apple MS1206             | 1 each          | 1100      | 72          | 19.06    | 0.23      |
| Fresh Peaches MS1272           | 1 each          | 800       | 34          | 8.3      | 0.22      |
| Ketchup PC MS1528              | 1 packet        | 200       | 10          | 3.0      | 0.0       |
| Ranch Dressing (Mix)MS1546     | 2 TBSP          | 50        | 115         | 4.1      | 10.27     |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint        | 600       | 130         | 24.0     | 0.0       |
| Milk, FF White1/2 pt.PF MS1706 | 1/2 pint        | 250       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint        | 300       | 130         | 23.0     | 0.0       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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|                        | Portion Size | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|------------------------|--------------|-----------|-------------|----------|-----------|
| Weighted Daily Average |              |           | 593         | 80.38    | 19.31     |
| % of Calories          |              |           |             | 54.2%    | 29.3%     |
| Nutrient Guideline     |              |           | 600-650     |          |           |

| Thu - 01/11/2018               |           |      |         |       |       |
|--------------------------------|-----------|------|---------|-------|-------|
| Lunch K-8                      | Total     | 2200 |         |       |       |
| Vegetable Beef Soup MS816      | 1 cup     | 1400 | 130     | 12.27 | 6.03  |
| Grill Cheese Sand2 oz.UMS760.1 | 1 each    | 1000 | 302     | 32.04 | 12.1  |
| BBQ Turkey Sandwich MS724      | 1 each    | 800  | 305     | 37.65 | 7.42  |
| Baked Beans MS1000             | 1/2 cup   | 400  | 163     | 36.85 | 0.7   |
| Whole Ker Corn Frz MS1031      | 1/2 cup   | 1800 | 89      | 17.22 | 2.42  |
| Fresh Oranges MS1268           | 1 each    | 950  | 61      | 15.22 | 0.16  |
| Strawberries, Frozen MS1294    | 1/2 cup   | 1200 | 51      | 12.12 | 0.0   |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint  | 900  | 130     | 24.0  | 0.0   |
| Milk, FF White1/2 pt.PF MS1706 | 1/2 pint  | 350  | 80      | 11.0  | 0.0   |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint  | 450  | 130     | 23.0  | 0.0   |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 200  | 40      | 1.0   | 4.0   |
| Vanilla Pudding MS1486         | 1/2 cup   | 325  | 128     | 27.43 | 1.02  |
| Weighted Daily Average         |           |      | 602     | 90.45 | 14.73 |
| % of Calories                  |           |      |         | 60.1% | 22.0% |
| Nutrient Guideline             |           |      | 600-650 |       |       |

| Fri - 01/12/2018               |                 |      |         |       |       |
|--------------------------------|-----------------|------|---------|-------|-------|
| Lunch K-8                      | Total           | 2200 |         |       |       |
| Chicken Tenders Baked MS546    | 3 tenders       | 1900 | 250     | 17.0  | 11.0  |
| Chili Dog MS742                | 1 each          | 125  | 403     | 30.94 | 24.01 |
| Hot Dog WG MS778               | 1 each          | 125  | 320     | 29.0  | 18.0  |
| Chicken Salad Salad MS612      | 1 salad         | 50   | 289     | 17.53 | 12.4  |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50   | 100     | 18.0  | 2.0   |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50   | 100     | 18.0  | 2.0   |
| Salsa, Portion, USDA,MS1146.1  | 1 ounce         | 1600 | 9       | 1.77  | 0.0   |
| Tortilla Chips 1 oz eq         | 9 chips         | 1600 | 140     | 18.0  | 7.0   |
| Green Beans, Canned, MS1036    | 1/2 cup         | 650  | 41      | 4.45  | 1.79  |
| Tossed Salad w/Drsg MS1126     | 1/2 cup         | 200  | 31      | 6.03  | 0.12  |
| Fruit Juice, Frozen Cup,MS1247 | 1/2 cup         | 1800 | 95      | 23.44 | 0.08  |
| Apple & Grapes in a Bag MS     | 3 oz. bag       | 200  | 45      | 12.0  | 0.0   |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint        | 950  | 130     | 24.0  | 0.0   |
| Milk, FF White1/2 pt.PF MS1706 | 1/2 pint        | 450  | 80      | 11.0  | 0.0   |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint        | 400  | 130     | 23.0  | 0.0   |
| Ketchup PC MS1528              | 1 packet        | 1900 | 10      | 3.0   | 0.0   |
| Honey Mustard Sauce, PC,MS1524 | 1 packet        | 700  | 70      | 5.0   | 6.0   |
| Ranch Dressing (Mix)MS1546     | 2 TBSP          | 50   | 115     | 4.1   | 10.27 |
| Weighted Daily Average         |                 |      | 603     | 76.89 | 20.10 |
| % of Calories                  |                 |      |         | 51.0% | 30.0% |
| Nutrient Guideline             |                 |      | 600-650 |       |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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|                                      | Portion Size | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|--------------------------------------|--------------|-----------|-------------|----------|-----------|
| Mon - 01/15/2018                     |              |           |             |          |           |
| Lunch K-8                            | Total        | 1         |             |          |           |
| HOLIDAY NO SCHOOL                    | NONE         | 1         | *N/A*       | *N/A*    | *N/A*     |
| Weighted Daily Average % of Calories |              |           | *N/A*       | *N/A*    | *N/A*     |
| Nutrient Guideline                   |              |           | 600-650     |          |           |

|                                      | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|--------------------------------------|-----------------|-----------|-------------|----------|-----------|
| Tue - 01/16/2018                     |                 |           |             |          |           |
| Lunch K-8                            | Total           | 2000      |             |          |           |
| Spaghetti & MeatSauce MS178.2        | 1 serving       | 1500      | 342         | 38.99    | 12.81     |
| Toast, Garlic WW MS1351              | 1 slice         | 1000      | 100         | 15.0     | 2.5       |
| Grilled Chicken Sandwich MS764       | 1 each          | 450       | 296         | 31.21    | 7.05      |
| Chicken Salad Salad MS612            | 1 salad         | 50        | 289         | 17.53    | 12.4      |
| Saltine Crackers, ENR,M MS1369       | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369       | 2 4-count packs | 10        | 100         | 18.0     | 2.0       |
| Croutons, PC, .5 Grain, Fresh        | 1 packet        | 10        | 60          | 9.0      | 2.0       |
| Fresh Fruit Cup MS1250               | 1/2 cup         | 650       | 64          | 16.48    | 0.17      |
| Fruit Cocktail MS1248                | 1/2 cup         | 350       | 58          | 14.91    | 0.09      |
| Quick Baked Potato MS1084            | 1/2 potato      | 1400      | 91          | 18.29    | 1.2       |
| Green Beans, Canned, MS1036          | 1/2 cup         | 800       | 41          | 4.45     | 1.79      |
| Milk, FF Choc 1/2 pt.PF MS1700       | 1/2 pint        | 950       | 130         | 24.0     | 0.0       |
| Milk, FF White1/2 pt.PF MS1706       | 1/2 pint        | 350       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr,1/2 pt.PFMS1702       | 1/2 pint        | 600       | 130         | 23.0     | 0.0       |
| Margarine, PC MS1532                 | 1 pat           | 1400      | 20          | 0.0      | 2.0       |
| Sour Cream PC MS1564                 | 1 each          | 500       | 55          | 0.82     | 5.59      |
| Ranch Dressing (Mix)MS1546           | 2 TBSP          | 50        | 115         | 4.1      | 10.27     |
| Mayonnaise PC Reduce Ft MS1534       | PC Packet       | 400       | 40          | 1.0      | 4.0       |
| Weighted Daily Average % of Calories |                 |           | 648         | 88.07    | 18.30     |
|                                      |                 |           |             | 54.4%    | 25.4%     |
| Nutrient Guideline                   |                 |           | 600-650     |          |           |

|                                      | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|--------------------------------------|-----------------|-----------|-------------|----------|-----------|
| Wed - 01/17/2018                     |                 |           |             |          |           |
| Lunch K-8                            | Total           | 2000      |             |          |           |
| Chicken Baked BBQ MS 512             | 1 serving       | 1200      | 282         | 3.07     | 15.0      |
| Cornbread 1 WG MS1300                | 1 piece         | 1200      | 102         | 17.71    | 2.44      |
| Macaroni&Cheese,Ham SliceMS412       | 1 serving       | 500       | 418         | 34.16    | 19.94     |
| Tuna Salad Salad MS634               | 1 salad         | 300       | 430         | 23.4     | 26.18     |
| Saltine Crackers, ENR,M MS1369       | 2 4-count packs | 300       | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369       | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Turnip Greens, Southern MS1046       | 1/2 cup         | 650       | 57          | 3.43     | 3.33      |
| Black-Eyed Peas DryCMS1006           | 1/2 cup         | 1200      | 135         | 23.66    | 0.59      |
| Fresh Peaches MS1272                 | 1 each          | 500       | 34          | 8.3      | 0.22      |
| Fresh Fruit Cup MS1250               | 1/2 cup         | 750       | 64          | 16.48    | 0.17      |
| Milk, FF Choc 1/2 pt.PF MS1700       | 1/2 pint        | 700       | 130         | 24.0     | 0.0       |
| Milk, FF White1/2 pt.PF MS1706       | 1/2 pint        | 250       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr,1/2 pt.PFMS1702       | 1/2 pint        | 450       | 130         | 23.0     | 0.0       |
| Weighted Daily Average % of Calories |                 |           | 634         | 66.18    | 21.28     |
|                                      |                 |           |             | 41.8%    | 30.2%     |
| Nutrient Guideline                   |                 |           | 600-650     |          |           |

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Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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|                                 | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|---------------------------------|-----------------|-----------|-------------|----------|-----------|
| Thu - 01/18/2018                |                 |           |             |          |           |
| Lunch K-8                       | Total           | 2000      |             |          |           |
| Chicken Tenders Baked MS546     | 3 tenders       | 1300      | 250         | 17.0     | 11.0      |
| Beef Tips Over Noodles MS112    | 1 serving       | 650       | 265         | 20.98    | 9.92      |
| Croissant, 1WGR, MS1624         | 1 croissant     | 650       | 110         | 15.0     | 4.5       |
| Chef Salad, USDA Foods MS600.1  | 1 salad         | 50        | 256         | 18.3     | 10.72     |
| Saltine Crackers, ENR,M MS1369  | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369  | 2 4-count packs | 10        | 100         | 18.0     | 2.0       |
| Croutons, PC, .5 Grain, Fresh   | 1 packet        | 50        | 60          | 9.0      | 2.0       |
| TASTY TOTS                      | Serv. 6 Tots    | 1000      | 186         | 31.66    | 4.92      |
| Glazed Carrots MS1018           | 1/2 cup         | 800       | 56          | 9.28     | 1.87      |
| Fried Crinkle Cut Fries MS1089  | 1/2 cup         | 1         | 135         | 17.69    | 6.05      |
| Fresh Grapes MS1226             | 1/2 cup         | 1200      | 61          | 15.56    | 0.32      |
| Fresh Pears MS1280              | 1 each          | 650       | 68          | 18.23    | 0.14      |
| Milk, FF Choc 1/2 pt.PF MS1700  | 1/2 pint        | 750       | 130         | 24.0     | 0.0       |
| Milk, FF White 1/2 pt.PF MS1706 | 1/2 pint        | 250       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr, 1/2 pt.PFMS1702 | 1/2 pint        | 450       | 130         | 23.0     | 0.0       |
| Honey Mustard Sauce, PC,MS1524  | 1 packet        | 1000      | 70          | 5.0      | 6.0       |
| Ketchup PC MS1528               | 1 packet        | 1000      | 10          | 3.0      | 0.0       |
| Ranch Dressing (Mix)MS1546      | 2 TBSP          | 50        | 115         | 4.1      | 10.27     |
| Weighted Daily Average          |                 |           | 600         | 78.43    | 18.92     |
| % of Calories                   |                 |           |             | 52.3%    | 28.4%     |
| Nutrient Guideline              |                 |           | 600-650     |          |           |

|                                 |           |      |         |       |       |
|---------------------------------|-----------|------|---------|-------|-------|
| Fri - 01/19/2018                |           |      |         |       |       |
| Lunch K-8                       | Total     | 2000 |         |       |       |
| Bacon Cheeseburger 2 oz MS706   | 1 each    | 1400 | 305     | 29.38 | 13.86 |
| Hamburger 2 oz. USDA F MS775.1  | 1 each    | 300  | 275     | 31.15 | 10.04 |
| Spicy Chicken Sand MS736        | 1 each    | 150  | 330     | 40.17 | 11.29 |
| Lunch Bites                     | 1 bag     | 150  | 345     | 58.19 | 7.81  |
| Season Potato Wedge FryMS1098   | 1/2 cup   | 1750 | 156     | 18.89 | 7.78  |
| Vegetable Juice, Assort,MS1156  | 1/2 cup   | 200  | 57      | 14.0  | 0.0   |
| Fresh Oranges MS1268            | 1 each    | 800  | 61      | 15.22 | 0.16  |
| Fresh Fruit Cup MS1250          | 1/2 cup   | 650  | 64      | 16.48 | 0.17  |
| Milk, FF Choc 1/2 pt.PF MS1700  | 1/2 pint  | 700  | 130     | 24.0  | 0.0   |
| Milk, FF White 1/2 pt.PF MS1706 | 1/2 pint  | 250  | 80      | 11.0  | 0.0   |
| Milk, FFStrwbr, 1/2 pt.PFMS1702 | 1/2 pint  | 400  | 130     | 23.0  | 0.0   |
| Ketchup PC MS1528               | 1 packet  | 1200 | 10      | 3.0   | 0.0   |
| Mayonnaise PC Reduce Ft MS1534  | PC Packet | 1000 | 40      | 1.0   | 4.0   |
| Mustard, PC, MS1538             | 1 packet  | 250  | 5       | 1.0   | 0.0   |
| Weighted Daily Average          |           |      | 601     | 78.79 | 21.56 |
| % of Calories                   |           |      |         | 52.4% | 32.3% |
| Nutrient Guideline              |           |      | 600-650 |       |       |

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Lunch K-8

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|                                 | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|---------------------------------|-----------------|-----------|-------------|----------|-----------|
| Mon - 01/22/2018                |                 |           |             |          |           |
| Lunch K-8                       | Total           | 2000      |             |          |           |
| Chicken Nuggets Bkd MS532       | 5 nuggets       | 1000      | 216         | 12.5     | 11.54     |
| Cheesy Burger Bake MS126        | 3/4 cup         | 950       | 430         | 31.59    | 26.25     |
| Roll, Enriched Mer 2oz MS13     | Roll - 2 oz.    | 950       | 170         | 31.0     | 3.0       |
| Grilled Chicken Salad MS620     | 1 salad         | 50        | 429         | 40.01    | 13.7      |
| Saltine Crackers, ENR,M MS1369  | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Croutons, PC, .5 Grain, Fresh   | 1 packet        | 10        | 60          | 9.0      | 2.0       |
| Saltine Crackers, ENR,M MS1369  | 2 4-count packs | 10        | 100         | 18.0     | 2.0       |
| Baked Beans MS918               | 1/2 cup         | 250       | 159         | 36.57    | 0.64      |
| Sweet Potato Casserole MS1128   | 1/2 Cup         | 800       | 265         | 50.89    | 5.16      |
| Fresh Apple MS1206              | 1 each          | 600       | 72          | 19.06    | 0.23      |
| Fresh Fruit Cup MS1250          | 1/2 cup         | 450       | 64          | 16.48    | 0.17      |
| Milk, FF Choc 1/2 pt.PF MS1700  | 1/2 pint        | 700       | 130         | 24.0     | 0.0       |
| Milk, FF White 1/2 pt.PF MS1706 | 1/2 pint        | 200       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr, 1/2 pt.PFMS1702 | 1/2 pint        | 400       | 130         | 23.0     | 0.0       |
| Chocolate Pudding MS1474        | 1/2 cup         | 1         | 111         | 23.78    | 0.96      |
| Ranch Dressing (Mix)MS1546      | 2 TBSP          | 1         | 115         | 4.1      | 10.27     |
| Ketchup PC MS1528               | 1 packet        | 1         | 10          | 3.0      | 0.0       |
| Honey Mustard Sauce, PC,MS1524  | 1 packet        | 1         | 70          | 5.0      | 6.0       |
| Weighted Daily Average          |                 |           | 649         | 86.03    | 22.34     |
| % of Calories                   |                 |           |             | 53.0%    | 31.0%     |
| Nutrient Guideline              |                 |           | 600-650     |          |           |

|                                 | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|---------------------------------|-----------------|-----------|-------------|----------|-----------|
| Tue - 01/23/2018                |                 |           |             |          |           |
| Lunch K-8                       | Total           | 2000      |             |          |           |
| Chili Cheese Corn Chips MS128   | Serving         | 850       | 408         | 20.02    | 28.11     |
| Pizza, Stuffed Crust MS304      | 1 slice         | 900       | 330         | 35.0     | 14.0      |
| Chicken Tenders Salad MS614     | 1 salad         | 250       | 306         | 22.08    | 13.67     |
| Saltine Crackers, ENR,M MS1369  | 2 4-count packs | 250       | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369  | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Croutons, PC, .5 Grain, Fresh   | 1 packet        | 50        | 60          | 9.0      | 2.0       |
| Lima Beans, Frozen MS1004       | 1/2 cup         | 650       | 104         | 16.32    | 2.03      |
| Cream-Style Corn MS1028         | 1/2 cup         | 950       | 115         | 24.81    | 2.36      |
| Fresh Peaches MS1272            | 1 each          | 850       | 34          | 8.3      | 0.22      |
| Fresh Oranges MS1268            | 1 each          | 750       | 61          | 15.22    | 0.16      |
| Milk, FF Choc 1/2 pt.PF MS1700  | 1/2 pint        | 725       | 130         | 24.0     | 0.0       |
| Milk, FF White 1/2 pt.PF MS1706 | 1/2 pint        | 250       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr, 1/2 pt.PFMS1702 | 1/2 pint        | 450       | 130         | 23.0     | 0.0       |
| Sour Cream PC MS1564            | 1 each          | 400       | 55          | 0.82     | 5.59      |
| Ranch Dressing (Mix)MS1546      | 2 TBSP          | 50        | 115         | 4.1      | 10.27     |
| Weighted Daily Average          |                 |           | 603         | 71.78    | 23.61     |
| % of Calories                   |                 |           |             | 47.6%    | 35.3%     |
| Nutrient Guideline              |                 |           | 600-650     |          |           |

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# Scott Co. School Child Nutrition Program

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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|                                | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|----------|-----------|
| Wed - 01/24/2018               |                 |           |             |          |           |
| Lunch K-8                      | Total           | 2000      |             |          |           |
| Cheeseburger 2 oz., US MS728.1 | 1 each          | 1000      | 316         | 32.23    | 12.56     |
| CHICKEN ALFREDO WITH A TWIST   | 1 CUP           | 700       | 345         | 40.86    | 8.17      |
| Toast, Garlic WW MS1351        | 1 slice         | 700       | 100         | 15.0     | 2.5       |
| Chicken Salad Salad MS612      | 1 salad         | 300       | 289         | 17.53    | 12.4      |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 300       | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 10        | 100         | 18.0     | 2.0       |
| Green Pea Salad MS1132         | 1/2 cup         | 250       | 198         | 12.9     | 13.0      |
| Fried Crinkle Cut Fries MS1089 | 1/2 cup         | 1000      | 135         | 17.69    | 6.05      |
| Fruit Juice, Frozen Cup,MS1247 | 1/2 cup         | 1000      | 95          | 23.44    | 0.08      |
| Fresh Bananas MS1220           | 1 each          | 350       | 105         | 26.95    | 0.39      |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint        | 700       | 130         | 24.0     | 0.0       |
| Milk, FF White1/2 pt.PF MS1706 | 1/2 pint        | 200       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint        | 375       | 130         | 23.0     | 0.0       |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet       | 550       | 40          | 1.0      | 4.0       |
| Ketchup PC MS1528              | 1 packet        | 1800      | 10          | 3.0      | 0.0       |
| Mustard, PC, MS1538            | 1 packet        | 200       | 5           | 1.0      | 0.0       |
| Weighted Daily Average         |                 |           | 629         | 84.87    | 18.04     |
| % of Calories                  |                 |           |             | 54.0%    | 25.8%     |
| Nutrient Guideline             |                 |           | 600-650     |          |           |

|                                | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|----------|-----------|
| Thu - 01/25/2018               |                 |           |             |          |           |
| Lunch K-8                      | Total           | 2000      |             |          |           |
| Lasagna MS154                  | 1 serving       | 1600      | 319         | 24.25    | 15.15     |
| Roll, Enriched Mer 2oz MS13    | Roll - 2 oz.    | 1600      | 170         | 31.0     | 3.0       |
| Grilled Chicken Sandwich MS764 | 1 each          | 350       | 296         | 31.21    | 7.05      |
| Chef Salad, USDA Foods MS600.1 | 1 salad         | 50        | 256         | 18.3     | 10.72     |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 10        | 100         | 18.0     | 2.0       |
| Quick Baked Potato MS1084      | 1/2 potato      | 1000      | 91          | 18.29    | 1.2       |
| Green Beans,Frz,Cut, MS1042    | 1/2 cup         | 750       | 39          | 5.31     | 1.92      |
| Chilled Blushing Pears, MS1276 | 1/2 cup         | 300       | 71          | 18.91    | 0.04      |
| Fresh Fruit Cup MS1250         | 1/2 cup         | 850       | 64          | 16.48    | 0.17      |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint        | 700       | 130         | 24.0     | 0.0       |
| Milk, FF White1/2 pt.PF MS1706 | 1/2 pint        | 100       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint        | 350       | 130         | 23.0     | 0.0       |
| Ranch Dressing (Mix)MS1546     | 2 TBSP          | 50        | 115         | 4.1      | 10.27     |
| Margarine, PC MS1532           | 1 pat           | 1000      | 20          | 0.0      | 2.0       |
| Sour Cream PC MS1564           | 1 each          | 400       | 55          | 0.82     | 5.59      |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet       | 200       | 40          | 1.0      | 4.0       |
| Weighted Daily Average         |                 |           | 650         | 84.98    | 20.25     |
| % of Calories                  |                 |           |             | 52.3%    | 28.0%     |
| Nutrient Guideline             |                 |           | 600-650     |          |           |

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# Scott Co. School Child Nutrition Program

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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|                                 | Portion Size | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|---------------------------------|--------------|-----------|-------------|----------|-----------|
| Fri - 01/26/2018                |              |           |             |          |           |
| Lunch K-8                       | Total        | 2000      |             |          |           |
| Corn Dog MS744                  | 1 each       | 1100      | 247         | 27.08    | 9.3       |
| Sloppy Joe on WW Bun,MS791      | 1 each       | 900       | 315         | 33.6     | 13.76     |
| Broccoli Florets w/ Dip,MS1148  | 1/2 cup      | 850       | 29          | 5.6      | 0.17      |
| Vegetable Juice, Assort,MS1156  | 1/2 cup      | 100       | 57          | 14.0     | 0.0       |
| Fried Crinkle Cut Fries MS1089  | 1/2 cup      | 1850      | 135         | 17.69    | 6.05      |
| Fresh Oranges MS1268            | 1 each       | 950       | 61          | 15.22    | 0.16      |
| Fresh Fruit Cup MS1250          | 1/2 cup      | 850       | 64          | 16.48    | 0.17      |
| Milk, FF White 1/2 pt.Br MS1706 | 1/2 pint     | 275       | 90          | 12.0     | 0.0       |
| Milk, FF Choc 1/2 pt.PF MS1700  | 1/2 pint     | 850       | 130         | 24.0     | 0.0       |
| Milk, FFStrwbr, 1/2 pt.PFMS1702 | 1/2 pint     | 600       | 130         | 23.0     | 0.0       |
| Ketchup PC MS1528               | 1 packet     | 1800      | 10          | 3.0      | 0.0       |
| Mustard, PC, MS1538             | 1 packet     | 300       | 5           | 1.0      | 0.0       |
| Mayonnaise PC Reduce Ft MS1534  | PC Packet    | 475       | 40          | 1.0      | 4.0       |
| Weighted Daily Average          |              |           | 600         | 85.53    | 18.07     |
| % of Calories                   |              |           |             | 57.0%    | 27.1%     |
| Nutrient Guideline              |              |           | 600-650     |          |           |

|                                 | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|---------------------------------|-----------------|-----------|-------------|----------|-----------|
| Mon - 01/29/2018                |                 |           |             |          |           |
| Lunch K-8                       | Total           | 2000      |             |          |           |
| Meatballs, BBQ/Hoagie,MerMS722  | 5 meatballs     | 450       | 191         | 39.7     | 2.0       |
| Red BeansCND/Rice/SausageMS416  | 1 serving       | 1500      | 298         | 37.58    | 11.09     |
| Cornbread 1 WG MS1300           | 1 piece         | 1500      | 102         | 17.71    | 2.44      |
| Grilled Chicken Salad MS620     | 1 salad         | 50        | 429         | 40.01    | 13.7      |
| Saltine Crackers, ENR,M MS1369  | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369  | 2 4-count packs | 10        | 100         | 18.0     | 2.0       |
| Croutons, PC, .5 Grain, Fresh   | 1 packet        | 25        | 60          | 9.0      | 2.0       |
| Spicy Fries, Baked MS1100       | 1/2 cup         | 1400      | 147         | 20.76    | 7.33      |
| Turnip Greens, Southern MS1046  | 1/2 cup         | 300       | 57          | 3.43     | 3.33      |
| Fresh Oranges MS1268            | 1 each          | 750       | 61          | 15.22    | 0.16      |
| Banana Berry Blend MS1224       | 1/2 cup         | 1000      | 98          | 24.27    | 0.21      |
| Milk, FF Choc 1/2 pt.PF MS1700  | 1/2 pint        | 700       | 130         | 24.0     | 0.0       |
| Milk, FF White 1/2 pt.PF MS1706 | 1/2 pint        | 150       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr, 1/2 pt.PFMS1702 | 1/2 pint        | 400       | 130         | 23.0     | 0.0       |
| Ranch Dressing (Mix)MS1546      | 2 TBSP          | 1         | 115         | 4.1      | 10.27     |
| Ketchup PC MS1528               | 1 packet        | 1         | 10          | 3.0      | 0.0       |
| Mayonnaise PC Reduce Ft MS1534  | PC Packet       | 1         | 40          | 1.0      | 4.0       |
| Weighted Daily Average          |                 |           | 618         | 98.77    | 16.83     |
| % of Calories                   |                 |           |             | 63.9%    | 24.5%     |
| Nutrient Guideline              |                 |           | 600-650     |          |           |

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# Scott Co. School Child Nutrition Program

Base Menu Spreadsheet  
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Lunch K-8

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|                                | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|----------|-----------|
| Tue - 01/30/2018               |                 |           |             |          |           |
| Lunch K-8                      | Total           | 2000      |             |          |           |
| Turkey Sliced,Brown GravyMS564 | 1 serving       | 1000      | 152         | 5.18     | 6.18      |
| Rice, Brown MS1341             | 1/2 cup         | 1000      | 99          | 21.31    | 0.55      |
| Roll, Whole Wheat Pur2ozMS1355 | Roll - 2 oz.    | 1000      | 150         | 27.0     | 2.0       |
| Vegetable Beef Soup US MS816.1 | 1 cup           | 850       | 128         | 11.9     | 6.03      |
| Grill CheeseSand 1 ozUMS762.1  | sandwich        | 850       | 220         | 30.0     | 7.0       |
| Chef Salad, USDA Foods MS600.1 | 1 salad         | 50        | 256         | 18.3     | 10.72     |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50        | 100         | 18.0     | 2.0       |
| Black-Eyed Peas DryCMS1006     | 1/2 cup         | 600       | 135         | 23.66    | 0.59      |
| Sweet Potatoes, Mashed, MS1073 | 1/2 cup         | 850       | 158         | 37.74    | 0.15      |
| Fresh Apple MS1206             | 1 each          | 650       | 72          | 19.06    | 0.23      |
| Fresh Fruit Bowl VarietyMS1244 | 1 each          | 800       | 84          | 21.72    | 0.24      |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint        | 700       | 130         | 24.0     | 0.0       |
| Milk, FF White1/2 pt.PF MS1706 | 1/2 pint        | 250       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint        | 400       | 130         | 23.0     | 0.0       |
| Ranch Dressing (Mix)MS1546     | 2 TBSP          | 50        | 115         | 4.1      | 10.27     |
| Weighted Daily Average         |                 |           | 609         | 98.41    | 10.94     |
| % of Calories                  |                 |           |             | 64.6%    | 16.2%     |
| Nutrient Guideline             |                 |           | 600-650     |          |           |

|                                | Portion Size    | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|----------|-----------|
| Wed - 01/31/2018               |                 |           |             |          |           |
| Lunch K-8                      | Total           | 2000      |             |          |           |
| Chicken Crispy Baked MS510     | 1 serving       | 1500      | 321         | 9.68     | 15.15     |
| Broccoli Chick Casserole MS514 | 1/2 cup         | 400       | 287         | 7.83     | 15.2      |
| Roll, Enriched, 2oz MS1358     | Roll - 2 oz.    | 1100      | 160         | 29.0     | 3.0       |
| Chicken Tenders Salad MS614    | 1 salad         | 100       | 306         | 22.08    | 13.67     |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 100       | 100         | 18.0     | 2.0       |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 100       | 100         | 18.0     | 2.0       |
| Mashed Potatoes/w CheeseMS1080 | 1/2 cup         | 1200      | 114         | 15.88    | 4.13      |
| Whole Ker Corn Frz MS1031      | 1/2 cup         | 700       | 89          | 17.22    | 2.42      |
| Fresh Oranges MS1268           | 1 each          | 300       | 61          | 15.22    | 0.16      |
| Fruit Juice, Frozen Cup,MS1247 | 1/2 cup         | 750       | 95          | 23.44    | 0.08      |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint        | 600       | 130         | 24.0     | 0.0       |
| Milk, FF White1/2 pt.PF MS1706 | 1/2 pint        | 250       | 80          | 11.0     | 0.0       |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint        | 400       | 130         | 23.0     | 0.0       |
| Ketchup PC MS1528              | 1 packet        | 1500      | 10          | 3.0      | 0.0       |
| Ranch Dressing (Mix)MS1546     | 2 TBSP          | 100       | 115         | 4.1      | 10.27     |
| Weighted Daily Average         |                 |           | 644         | 69.94    | 20.83     |
| % of Calories                  |                 |           |             | 43.4%    | 29.1%     |
| Nutrient Guideline             |                 |           | 600-650     |          |           |

|                  |  |  |     |                |                |
|------------------|--|--|-----|----------------|----------------|
| Weighted Average |  |  | 550 | 73.37<br>53.4% | 16.67<br>27.3% |
|------------------|--|--|-----|----------------|----------------|

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Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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| Nutrient         | Menu AVG | % of Cals | Weekly Target | Portion Size<br>% of Target | Reimb Qty | Cals (kcal) | Carb (g) | T-Fat (g) | Error Messages (if any)                   |
|------------------|----------|-----------|---------------|-----------------------------|-----------|-------------|----------|-----------|---|
| Calories         | 550      |           | 600 - 650     | 92%                         |           |             | 50       |           |   |
| Carbohydrate (g) | 73.37    | 53.37%    |               |                             |           |             |          |           | Correction Required -<br>Calories are Low |
| Total Fat (g)    | 16.67    | 27.28%    |               |                             |           |             |          |           |   |

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