

# Scott Co. School Child Nutrition Program

Mar 1, 2018 thru Mar 31, 2018

Base Menu Spreadsheet

Morton School K-4

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 03/01/2018				
Morton School K-4	Total	800		
Cheeseburger 2 oz., US MS728.1	1 each	750	316	32.23
Tuna Ranch Wrap Mer MS794	2 halves	50	218	26.39
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Broccoli Spears,Steamed MS1014	1/2 cup	200	39	4.38
Baked Crinkle Fries MS1088	1/2 cup	700	101	17.69
Fruit Juice, Frozen Cup,MS1247	1/2 cup	700	95	23.44
Fresh Bananas MS1220	1 each	200	105	26.95
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	125	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	450	40	1.0
Ketchup PC MS1528	1 packet	1000	10	3.0
Mustard, PC, MS1538	1 packet	75	5	1.0
Weighted Daily Average			647	96.94
% of Calories				60.0%
Nutrient Guideline			550-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 03/02/2018				
Morton School K-4	Total	800		
Hot Dog WG MS778	1 each	750	320	29.0
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Tortilla Chips 1 oz eq	9 chips	500	140	18.0
Green Beans, Canned, MS1036	1/2 cup	300	41	4.45
Tossed Salad w/Drsg MS1126	1/2 cup	200	31	6.03
Fruit Juice, Frozen Cup,MS1247	1/2 cup	450	95	23.44
Apple & Grapes in a Bag MS	3 oz. bag	200	45	12.0
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	100	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	23.0
Ketchup PC MS1528	1 packet	750	10	3.0
Mustard, PC, MS1538	1 packet	75	5	1.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	1.0
Weighted Daily Average			645	83.90
% of Calories				52.0%
Nutrient Guideline			550-650	

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Morton School K-4

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 03/05/2018				
Morton School K-4	Total	800		
Chicken Nuggets Bkd MS532	5 nuggets	750	216	12.5
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	550	150	27.0
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0
Broccoli Florets w/ Dip,MS1148	1/2 cup	400	29	5.6
Green Peas, Canned MS1071	1/2 cup	450	97	14.26
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	100	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	150	130	23.0
Fresh Bananas MS1220	1 each	350	105	26.95
Fruit Cocktail MS1248	1/2 cup	250	58	14.91
Honey Mustard Sauce, PC,MS1524	1 packet	350	70	5.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Ketchup PC MS1528	1 packet	1800	10	3.0
Weighted Daily Average			625	87.48
% of Calories				56.0%
Nutrient Guideline			550-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 03/06/2018				
Morton School K-4	Total	800		
Stromboli Supreme MS418	1 slice	300	412	42.02
Spicy Chicken Sand MS736	1 each	450	330	40.17
Grilled Chicken Salad MS620	1 salad	50	429	40.01
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0
Sweet Potato Fries,Bkd MS1099	1/2 cup	400	110	17.79
Cheesy Califor Veggies MS1058	1/2 cup	400	50	7.73
Fresh Apple MS1206	1 each	400	72	19.06
Fresh Peaches MS1272	1 each	250	34	8.3
Ketchup PC MS1528	1 packet	250	10	3.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	100	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	150	130	23.0
Weighted Daily Average			611	86.08
% of Calories				56.3%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 03/07/2018				
Morton School K-4	Total	800		
Nachos Grande MS168	1 serving	750	365	25.42
Chicken Tenders Salad MS614	1 salad	50	306	22.08
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	1	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0
Baked Beans MS1000	1/2 cup	200	163	36.85
Whole Ker Corn Frz MS1031	1/2 cup	450	89	17.22
Rice, Fiesta, MS1345	1/2 cup	200	128	24.52
Fresh Oranges MS1268	1 each	350	61	15.22
Strawberries, Frozen MS1294	1/2 cup	400	51	12.12
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	125	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Sauce, Taco. PC MS1558	1 packet	400	5	1.0
Mustard, PC, MS1538	1 packet	75	5	1.0
Weighted Daily Average			650	82.11
% of Calories				50.5%
Nutrient Guideline			550-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 03/08/2018				
Morton School K-4	Total	800		
Steak Fingers, Baked MS180	4 each	750	290	15.0
Roll, Whole Wheat Pur1ozMS1356	1 roll	400	75	13.5
Macaroni and Cheese MS1338	1/2 cup	350	121	18.91
Tuna Salad Salad MS634	1 salad	50	430	23.4
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Squash, Summer: MS1127	1/2 cup	450	42	6.26
Green Beans, FRZ, Whole,MS1041	1/2 cup	450	44	6.48
Pineapple Tidbits MS1286	1/2 cup	400	72	18.87
Chilled Mandarin Orange MS12??	1/2 cup	250	73	19.46
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	150	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	23.0
Ketchup PC MS1528	1 packet	1000	10	3.0
Weighted Daily Average			627	77.58
% of Calories				49.5%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 03/09/2018				
Morton School K-4	Total	800		
Turkey & Cheese HoagieUSMS793.1	Sandwiches	750	297	33.28
Tortilla Chips 2 oz eq	18 chips	400	0	0.0
Vegetable Juice, Assort,MS1156	1/2 cup	650	57	14.0
Carrots, Baby w/ Dip, MS#1017	1/2 cup	400	45	9.95
Fresh Bananas MS1220	1 each	300	105	26.95
Apple & Grapes in a Bag MS	3 oz. bag	250	45	12.0
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	120	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	750	40	1.0
Honey Mustard Sauce, PC,MS1524	1 packet	500	70	5.0
Mustard, PC, MS1538	1 packet	75	5	1.0
Weighted Daily Average			592	84.96
% of Calories				57.4%
Nutrient Guideline			550-650	

Mon - 03/12/2018				
Morton School K-4	Total	1		
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*
% of Calories				*N/A%*
Nutrient Guideline			550-650	

Tue - 03/13/2018				
Morton School K-4	Total	1		
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*
% of Calories				*N/A%*
Nutrient Guideline			550-650	

Wed - 03/14/2018				
Morton School K-4	Total	1		
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*
% of Calories				*N/A%*
Nutrient Guideline			550-650	

Thu - 03/15/2018				
Morton School K-4	Total	1		
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*

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Morton School K-4

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			*N/A*	*N/A*
Nutrient Guideline			550-650	*N/A%*

Fri - 03/16/2018				
Morton School K-4 HOLIDAY NO SCHOOL	Total NONE	1 1	*N/A*	*N/A*
Weighted Daily Average % of Calories			*N/A*	*N/A*
Nutrient Guideline			550-650	*N/A%*

Mon - 03/19/2018				
Morton School K-4	Total	800		
Chicken Nuggets,Fried MS534	5 nuggets	750	263	12.5
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	350	160	29.0
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0
Green Peas, Frozen MS1070	1/2 cup	400	91	13.67
Celery Sticks with DipMS1120	1/2 cup	250	26	5.02
Fresh Peaches MS1272	1 each	350	34	8.3
Fresh Oranges MS1268	1 each	300	61	15.22
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	150	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	175	130	23.0
Honey Mustard Sauce, PC,MS1524	1 packet	400	70	5.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Ketchup PC MS1528	1 packet	1000	10	3.0
Assorted Gelatin w/ Top MS1450	1/2 cup	400	89	19.38
Weighted Daily Average % of Calories			642	80.48
Nutrient Guideline			550-650	50.1%

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 03/20/2018				
Morton School K-4	Total	800		
Grilled Chicken Sandwich MS764	1 each	750	296	31.21
Tuna Salad Salad MS634	1 salad	50	430	23.4
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Quick Baked Potato MS1084	1/2 potato	650	91	18.29
Green Beans, FRZ, Whole,MS1041	1/2 cup	500	44	6.48
Fruit Juice, Frozen Cup,MS1247	1/2 cup	500	95	23.44
Orange Smiles MS1270	1/2 cup	200	77	19.19
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	150	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	175	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Mayonnaise PC Reduce Ft MS1534	PC Packet	700	40	1.0
Ketchup PC MS1528	1 packet	450	10	3.0
Weighted Daily Average			648	92.34
% of Calories				57.0%
Nutrient Guideline			550-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 03/21/2018				
Morton School K-4	Total	800		
Cornbread 1 WG MS1300	1 piece	350	102	17.71
Macaroni&Cheese,Ham SliceMS412	1 serving	750	418	34.16
Chef Salad, USDA Foods MS600.1	1 salad	50	256	18.3
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Turnip Greens, Southern MS1046	1/2 cup	175	57	3.43
Black-Eyed Peas DryCMS1006	1/2 cup	350	135	23.66
Fresh Strawberries MS1292	1/2 cup	375	29	6.97
Fresh Fruit Cup MS1250	1/2 cup	150	64	16.48
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	375	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	125	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			649	75.18
% of Calories				46.3%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 03/22/2018				
Morton School K-4	Total	800		
Cheeseburger 2 oz., US MS728.1	1 each	750	316	32.23
Grilled Chicken Salad MS620	1 salad	50	429	40.01
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Baked Beans MS1000	1/2 cup	225	163	36.85
Parsley Btr New Pot MS1082	1/2 cup	500	92	13.51
Fresh Apple MS1206	1 each	250	72	19.06
Tropical Fruit MS1249	1/2 cup	350	126	32.73
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	125	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	23.0
Chocolate Pudding MS1474	1/2 cup	1	111	23.78
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Ketchup PC MS1528	1 packet	500	10	3.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	400	40	1.0
Weighted Daily Average			647	93.96
% of Calories				58.0%
Nutrient Guideline			550-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 03/23/2018				
Morton School K-4	Total	800		
Corn Dog MS744	1 each	800	247	27.08
Broccoli Florets w/ Dip,MS1148	1/2 cup	150	29	5.6
Vegetable Juice, Assort,MS1156	1/2 cup	400	57	14.0
Fried Crinkle Cut Fries MS1089	1/2 cup	700	135	17.69
Fresh Oranges MS1268	1 each	250	61	15.22
Fresh Fruit Cup MS1250	1/2 cup	400	64	16.48
Milk, FF White1/2 pt.Br MS1706	1/2 pint	125	90	12.0
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	23.0
Ketchup PC MS1528	1 packet	1800	10	3.0
Mustard, PC, MS1538	1 packet	300	5	1.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	700	40	1.0
Weighted Daily Average			622	91.23
% of Calories				58.7%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 03/26/2018				
Morton School K-4	Total	800		
Chicken Fajitas, Diced, MS529	1 fajita	750	314	21.33
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Tossed Salad w/Drsg MS1126	1/2 cup	400	31	6.03
Green Beans,Frz,Cut, MS1042	1/2 cup	750	39	5.31
Fresh Apple MS1206	1 each	500	72	19.06
Fresh Fruit Cup MS1250	1/2 cup	350	64	16.48
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	250	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	400	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	125	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Ketchup PC MS1528	1 packet	1000	10	3.0
Sauce, Taco. PC MS1558	1 packet	250	5	1.0
Cheese 1 oz. Block MS930	1 ounce	100	71	3.04
Weighted Daily Average			574	71.00
% of Calories				49.5%
Nutrient Guideline			550-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 03/27/2018				
Morton School K-4	Total	800		
Pizza, WGR,Pepperoni,16' MS308	1 slice	750	350	29.0
Chef Salad, USDA Foods MS600.1	1 salad	50	256	18.3
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Lima Beans, Frozen MS1004	1/2 cup	250	104	16.32
Cream-Style Corn MS1028	1/2 cup	475	115	24.81
Fresh Apple MS1206	1 each	250	72	19.06
Fresh Fruit Bowl VarietyMS1244	1 each	300	84	21.72
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	125	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			628	84.24
% of Calories				53.6%
Nutrient Guideline			550-650	

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# Scott Co. School Child Nutrition Program

Mar 1, 2018 thru Mar 31, 2018

Base Menu Spreadsheet

Morton School K-4

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 03/28/2018				
Morton School K-4	Total	800		
Cheeseburger 2 oz., US MS728.1	1 each	400	316	32.23
Hamburger 2 oz. USDA F MS775.1	1 each	350	275	31.15
Tuna Salad Salad MS634	1 salad	50	430	23.4
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Green Peas, Frozen MS1070	1/2 cup	200	91	13.67
Season Potato Wedge FryMS1098	1/2 cup	625	156	18.89
Fresh Oranges MS1268	1 each	200	61	15.22
Fruit Juice, Frozen Cup,MS1247	1/2 cup	400	95	23.44
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	125	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	23.0
Ketchup PC MS1528	1 packet	1000	10	3.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			641	88.29
% of Calories				55.1%
Nutrient Guideline			550-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 03/29/2018				
Morton School K-4	Total	800		
Chicken Tenders Baked MS546	3 tenders	750	250	17.0
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	400	160	29.0
Chef Salad, USDA Foods MS600.1	1 salad	50	256	18.3
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0
TASTY TOTS	Serv. 6 Tots	400	186	31.66
Glazed Carrots MS1018	1/2 cup	200	56	9.28
Fresh Grapes MS1226	1/2 cup	350	61	15.56
Fresh Pears MS1280	1 each	200	68	18.23
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	350	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	125	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	23.0
Honey Mustard Sauce, PC,MS1524	1 packet	100	70	5.0
Ketchup PC MS1528	1 packet	500	10	3.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			608	82.30
% of Calories				54.1%
Nutrient Guideline			550-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 03/30/2018				
Morton School K-4	Total	1		
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*
% of Calories				*N/A%*
Nutrient Guideline			550-650	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Average			457	61.46 53.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	457		550 - 650	83%		93		
Carbohydrate (g)	61.46	53.80%						Correction Required - Calories are Low

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