

Scott Co. School Child Nutrition Program

Apr 16, 2018 thru Apr 20, 2018

Base Menu Spreadsheet

Morton High

Portion Values - Detailed

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Generated on: 4/13/2018 4:06:43 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/16/2018				
Morton High	Total	350		
BBQ Pork Sandwich US MS7??	1 each	200	415	39.28
Tuna Salad w/ Crackers MS636	1/2 CUP	100	276	21.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	5	60	9.0
Baked Beans MS1000	1/2 cup	100	163	36.85
Carrots, Baby w/ Dip, MS#1017	1/2 cup	125	45	9.95
Fruit Juice, Frozen Cup,MS1247	1/2 cup	300	95	23.44
Fresh Oranges MS1268	1 each	25	61	15.22
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	200	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	250	40	1.0
Cookie, Sugar, Pur WGR, MS1436	1 cookie	250	120	17.0
Weighted Daily Average			766	106.03
% of Calories				55.4%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 04/17/2018				
Morton High	Total	350		
Spaghetti & MeatSauce MS178.2	1 serving	250	342	38.99
Toast, Garlic WW MS1351	1 slice	200	100	15.0
Ham & Cheese Sandwich MS770	1 each	50	274	31.89
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0
Whole Ker Corn Frz MS1031	1/2 cup	200	89	17.22
Green Beans,Frz,Cut, MS1042	1/2 cup	150	39	5.31
Fruit Juice, Frozen Cup,MS1247	1/2 cup	350	95	23.44
Fresh Melon Cubes MS1234	1/2 CUP	200	57	14.0
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	200	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Mayonnaise PC Reduce Ft MS1534	PC Packet	75	40	1.0
Mustard, PC, MS1538	1 packet	25	5	1.0
Weighted Daily Average			750	115.00
% of Calories				61.3%
Nutrient Guideline			750-850	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 04/18/2018				
Morton High	Total	350		
Hamburger Steak W/GravyMS144	1 steak	200	93	3.59
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	200	160	29.0
Ham & Cheese on Bun US MS768.1	1 each	100	264	32.07
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0
Mashed Potatoes MS1078	1/2 cup	350	91	15.67
Glazed Carrots MS1018	1/2 cup	350	56	9.28
Mandarin Fruit Cup MS1254	1/2 cup	50	62	16.28
Fruit Juice, Frozen Cup,MS1247	1/2 cup	300	95	23.44
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	200	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	50	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	1.0
Mustard, PC, MS1538	1 packet	50	5	1.0
Assorted Gelatin w/ Top MS1450	1/2 cup	350	89	19.38
Weighted Daily Average			757	123.28
% of Calories				65.2%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 04/19/2018				
Morton High	Total	350		
Cheesy Chicken Over/Rice MS516	1 serving	200	366	29.28
Tuna Salad MS630	1/2 cup	100	182	4.06
Saltine Crackers, ENR,M MS1369	2 4-count packs	100	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0
Glazed Carrots MS1018	1/2 cup	150	56	9.28
Green Peas, Frozen MS1070	1/2 cup	200	91	13.67
Fresh Fruit Cup MS1250	1/2 cup	200	64	16.48
Pineapple Tidbits MS1286	1/2 cup	150	72	18.87
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	175	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Cookie,Chocolate ChipPurMS1428	1 cookie	300	120	16.0
Weighted Daily Average			758	99.14
% of Calories				52.3%
Nutrient Guideline			750-850	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 04/20/2018				
Morton High	Total	350		
Hamburger 2 oz. USDA F MS775.1	1 each	125	275	31.15
Cheeseburger 2 oz., US MS728.1	1 each	200	316	32.23
Chef Salad, MS600	1 salad	25	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	25	60	9.0
Season Potato Wedge FryMS1098	1/2 cup	325	156	18.89
Vegetable Juice, Assort,MS1156	1/2 cup	250	57	14.0
Orange Smiles MS1270	1/2 cup	200	77	19.19
Fresh Bananas MS1220	1 each	150	105	26.95
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	200	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	300	40	1.0
Ketchup PC MS1528	1 packet	400	10	3.0
Mustard, PC, MS1538	1 packet	75	5	1.0
Weighted Daily Average			753	109.43
% of Calories				58.1%
Nutrient Guideline			750-850	

Weighted Average			757	110.57
				58.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	757		750 - 850	100%				
Carbohydrate (g)	110.57	58.45%						

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