

Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 1

Generated on: 10/3/2017 11:36:05 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Mon - 10/02/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Corn Dog MS744 | 1 each | 1600 | 247 | 38 | 27.08 | 9.3 | 2.47 |
| Tuna Salad w/ Crackers MS636 | 1/2 CUP | 600 | 276 | 88 | 21.0 | 12.74 | 1.13 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Sweet Potato Fries,Bkd MS1099 | 1/2 cup | 1700 | 110 | 0 | 17.79 | 6.78 | 0.85 |
| Green Peas, Frozen MS1070 | 1/2 cup | 650 | 91 | 0 | 13.67 | 2.04 | 0.86 |
| Orange Smiles MS1270 | 1/2 cup | 1450 | 77 | 0 | 19.19 | 0.2 | 0.03 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 500 | 84 | 0 | 21.72 | 0.24 | 0.05 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 950 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 275 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt.PFMS1708 | 1/2 pint | 175 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ketchup PC MS1528 | 1 packet | 1600 | 10 | 0 | 3.0 | 0.0 | 0.00 |
| Mustard, PC, MS1538 | 1 packet | 750 | 5 | 0 | 1.0 | 0.0 | 0.00 |
| Cookie,Chocolate ChipPurMS1428 | 1 cookie | 1800 | 120 | 5 | 16.0 | 6.0 | 3.00 |
| Weighted Daily Average | | | 622 | 62 | 89.97 | 21.31 | 5.61 |
| % of Calories | | | | | 57.8% | 30.8% | 8.1% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Tue - 10/03/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Salisbury Steak w/Gravy MS172 | 1 each | 1800 | 222 | 60 | 8.45 | 14.52 | 5.60 |
| Rice, Brown MS1341 | 1/2 cup | 1800 | 99 | 0 | 21.31 | 0.55 | 0.11 |
| Roll, Whole Wheat Pur1ozMS1356 | 1 roll | 1450 | 75 | 0 | 13.5 | 0.0 | 0.00 |
| Burritos, Bf&Bean WG Pur MS118 | 1 each | 400 | 279 | 16 | 38.8 | 8.06 | 2.23 |
| Cheese 1 oz. Block MS930 | 1 ounce | 375 | 71 | 10 | 3.04 | 4.05 | 2.53 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Field Peas, Frozen MS1068 | 1/2 cup | 1250 | 121 | 0 | 21.17 | 1.01 | 0.00 |
| California Vegetables MS1054 | 1/2 cup | 950 | 50 | 0 | 5.67 | 1.78 | 0.81 |
| Fresh Grapes MS1226 | 1/2 cup | 1900 | 61 | 0 | 15.56 | 0.32 | 0.10 |
| Applesauce, USDA Food MS1204.1 | 1/2 cup | 450 | 51 | 0 | 14.0 | 0.0 | 0.00 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 1400 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FF White1/2 pt.PF MS1706 | 1/2 pint | 250 | 80 | 5 | 11.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 250 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Sour Cream PC MS1564 | 1 each | 600 | 55 | 15 | 0.82 | 5.59 | 3.26 |
| Sauce, Taco. PC MS1558 | 1 packet | 1500 | 5 | 0 | 1.0 | 0.0 | 0.00 |
| Weighted Daily Average | | | 649 | 64 | 91.00 | 17.63 | 6.79 |
| % of Calories | | | | | 56.0% | 24.4% | 9.4% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Wed - 10/04/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Nachos Grande MS168 | 1 serving | 2050 | 365 | 41 | 25.42 | 23.79 | 7.90 |
| Ham and Cheese Wrap Mer MS772 | 2 halves | 150 | 333 | 61 | 28.19 | 14.21 | 7.46 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Whole Kernel Corn, CND, MS1032 | 1/2 cup | 2000 | 101 | 0 | 19.66 | 2.75 | 0.99 |
| Tossed Salad w/Drsg MS1126 | 1/2 cup | 1000 | 31 | 0 | 6.03 | 0.12 | 0.02 |
| Pineapple Tidbits MS1286 | 1/2 cup | 775 | 72 | 0 | 18.87 | 0.1 | 0.01 |
| Mandarin Fruit Cup MS1254 | 1/2 cup | 550 | 62 | 0 | 16.28 | 0.1 | 0.01 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 900 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 450 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt.PFMS1708 | 1/2 pint | 200 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Weighted Daily Average | | | 600 | 49 | 72.41 | 26.05 | 8.86 |
| % of Calories | | | | | 48.3% | 39.1% | 13.3% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Thu - 10/05/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Red BeansCND/Rice/SausageMS416 | 1 serving | 1800 | 298 | 27 | 37.58 | 11.09 | 3.56 |
| Cornbread 1 WG MS1300 | 1 piece | 1800 | 102 | 11 | 17.71 | 2.44 | 0.91 |
| Country Fried Steak Sand MS746 | 1 each | 400 | 476 | 53 | 43.18 | 25.46 | 9.11 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Cabbage, Steamed MS1016 | 1/2 cup | 900 | 40 | 0 | 5.52 | 1.87 | 0.84 |
| Yam Patties MS1135 | 1/2 Cup | 500 | 120 | 0 | 28.0 | 0.0 | 0.00 |
| Mandarin Fruit Cup MS1254 | 1/2 cup | 875 | 62 | 0 | 16.28 | 0.1 | 0.01 |
| Apple Delicious MS1200 | 1 each | 800 | 94 | 0 | 24.64 | 0.25 | 0.04 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 875 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FF White1/2 pt.PF MS1706 | 1/2 pint | 250 | 80 | 5 | 11.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 500 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 150 | 160 | 5 | 32.0 | 0.0 | 0.00 |
| Ranch Dressing & Dip PC MS1544 | 1 ounce | 50 | 150 | 15 | 8.0 | 13.0 | 2.00 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 200 | 40 | 5 | 1.0 | 4.0 | 0.50 |
| Weighted Daily Average | | | 625 | 48 | 94.99 | 17.50 | 5.77 |
| % of Calories | | | | | 60.8% | 25.2% | 8.3% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Fri - 10/06/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Hot Dog WG MS778 | 1 each | 1850 | 320 | 35 | 29.0 | 18.0 | 6.00 |
| Spicy Chicken Sand MS736 | 1 each | 350 | 330 | 30 | 40.17 | 11.29 | 2.24 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| CROUTONS, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 10 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| TASTY TOTS | Serv. 6 Tots | 1800 | 186 | 0 | 31.66 | 4.92 | 0.42 |
| Baked Beans MS1000 | 1/2 cup | 250 | 163 | 1 | 36.85 | 0.7 | 0.13 |
| Raw Veggies w/Dip MS1124 | 1/2 cup | 200 | 33 | 0 | 6.82 | 0.17 | 0.03 |
| Fruit Juice, Frozen Cup,MS1247 | 1/2 cup | 1600 | 95 | 0 | 23.44 | 0.08 | 0.01 |
| Orange Smiles MS1270 | 1/2 cup | 300 | 77 | 0 | 19.19 | 0.2 | 0.03 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 700 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 250 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 150 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Ketchup PC MS1528 | 1 packet | 150 | 10 | 0 | 3.0 | 0.0 | 0.00 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 150 | 40 | 5 | 1.0 | 4.0 | 0.50 |
| Weighted Daily Average | | | 639 | 41 | 91.56 | 21.73 | 5.92 |
| % of Calories | | | | | 57.3% | 30.6% | 8.3% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | | | | | | | |
|--------------------------------|-----------------|------|---------|-----|--------|-------|--------|
| Mon - 10/09/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Pizza,WGR Peproni,Ind,MR,MS314 | 1 pizza | 2000 | 310 | 25 | 39.0 | 10.0 | 4.50 |
| Lunch Bites | 1 bag | 200 | 345 | 19 | 58.19 | 7.81 | 3.55 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| CROUTONS, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Whole Ker Corn Frz MS1031 | 1/2 cup | 1850 | 89 | 0 | 17.22 | 2.42 | 0.91 |
| Carrots, Baby w/ Dip, MS#1017 | 1/2 cup | 750 | 45 | 0 | 9.95 | 0.17 | 0.03 |
| Fresh Bananas MS1220 | 1 each | 1400 | 105 | 0 | 26.95 | 0.39 | 0.13 |
| Fruit Cocktail MS1248 | 1/2 cup | 750 | 58 | 0 | 14.91 | 0.09 | 0.01 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 1300 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 650 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 250 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Weighted Daily Average | | | 615 | 34 | 101.93 | 12.80 | 5.47 |
| % of Calories | | | | | 66.3% | 18.7% | 8.0% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Lunch K-8

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Tue - 10/10/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Chicken Nuggets Bkd MS532 | 5 nuggets | 1900 | 216 | 44 | 12.5 | 11.54 | 2.36 |
| Roll, Whole Wheat Pur1ozMS1356 | 1 roll | 1900 | 75 | 0 | 13.5 | 0.0 | 0.00 |
| Tuna Salad w/ Crackers MS636 | 1/2 CUP | 300 | 276 | 88 | 21.0 | 12.74 | 1.13 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Green Peas, Frozen MS1070 | 1/2 cup | 1250 | 91 | 0 | 13.67 | 2.04 | 0.86 |
| Brown Gravy, Package MS1506 | 2 ounces | 500 | 26 | 0 | 5.18 | 0.65 | 0.65 |
| Mashed Potatoes MS1078 | 1/2 cup | 1600 | 91 | 0 | 15.67 | 2.29 | 1.04 |
| Apple Delicious MS1200 | 1 each | 450 | 94 | 0 | 24.64 | 0.25 | 0.04 |
| Fruit Juice, Frozen Cup,MS1247 | 1/2 cup | 1950 | 95 | 0 | 23.44 | 0.08 | 0.01 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 900 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 250 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 150 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Honey Mustard Sauce, PC,MS1524 | 1 packet | 50 | 70 | 10 | 5.0 | 6.0 | 1.00 |
| Ketchup PC MS1528 | 1 packet | 2000 | 10 | 0 | 3.0 | 0.0 | 0.00 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Weighted Daily Average | | | 605 | 56 | 87.46 | 15.47 | 3.78 |
| % of Calories | | | | | 57.8% | 23.0% | 5.6% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | | | | | | | |
|------------------------|-------|---|---------|-------|--------|--------|--------|
| Wed - 10/11/2017 | | | | | | | |
| Lunch K-8 | Total | 1 | | | | | |
| HOLIDAY NO SCHOOL | NONE | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| % of Calories | | | | | *N/A%* | *N/A%* | *N/A%* |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | | | | | | | |
|------------------------|-------|---|---------|-------|--------|--------|--------|
| Thu - 10/12/2017 | | | | | | | |
| Lunch K-8 | Total | 1 | | | | | |
| HOLIDAY NO SCHOOL | NONE | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| % of Calories | | | | | *N/A%* | *N/A%* | *N/A%* |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | | | | | | | |
|------------------------|-------|---|---------|-------|--------|--------|--------|
| Fri - 10/13/2017 | | | | | | | |
| Lunch K-8 | Total | 1 | | | | | |
| HOLIDAY NO SCHOOL | NONE | 1 | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* |
| % of Calories | | | | | *N/A%* | *N/A%* | *N/A%* |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Mon - 10/16/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Chicken Mandarin MS570 | 1 Serving | 1750 | 232 | 55 | 30.56 | 4.89 | 1.22 |
| Rice, Asian Stir Fried, MS1348 | 1/2 cup | 1300 | 119 | 0 | 25.28 | 0.58 | 0.11 |
| Rolls, Enriched Flour MS1352 | 1 EACH | 1600 | 180 | 0 | 29.7 | 4.2 | 0.45 |
| Grilled Chicken Sandwich MS764 | 1 each | 400 | 296 | 60 | 31.21 | 7.05 | 1.51 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Broccoli w/Cheese Sauce MS1012 | 1/2 cup | 1400 | 43 | 0 | 7.67 | 0.58 | 0.02 |
| Carrots, Baby w/ Dip, MS#1017 | 1/2 cup | 700 | 45 | 0 | 9.95 | 0.17 | 0.03 |
| Banana Berry Blend MS1224 | 1/2 cup | 1000 | 98 | 0 | 24.27 | 0.21 | 0.07 |
| Apple Delicious MS1200 | 1 each | 650 | 94 | 0 | 24.64 | 0.25 | 0.04 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 800 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 400 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 200 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Ketchup PC MS1528 | 1 packet | 400 | 10 | 0 | 3.0 | 0.0 | 0.00 |
| Weighted Daily Average | | | 631 | 62 | 105.87 | 9.76 | 1.95 |
| % of Calories | | | | | 67.1% | 13.9% | 2.8% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | | | | | | | |
|--------------------------------|-----------------|------|---------|-----|-------|-------|--------|
| Tue - 10/17/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Turkey Sliced,Brown GravyMS564 | 1 serving | 1800 | 152 | 55 | 5.18 | 6.18 | 2.23 |
| Rice, Brown MS1341 | 1/2 cup | 1800 | 99 | 0 | 21.31 | 0.55 | 0.11 |
| Roll, Whole Wheat Pur1ozMS1356 | 1 roll | 1650 | 75 | 0 | 13.5 | 0.0 | 0.00 |
| Burritos, Bf&Bean WG Pur MS118 | 1 each | 400 | 279 | 16 | 38.8 | 8.06 | 2.23 |
| Cheese 1 oz. Block MS930 | 1 ounce | 375 | 71 | 10 | 3.04 | 4.05 | 2.53 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Field Peas, Frozen MS1068 | 1/2 cup | 1250 | 121 | 0 | 21.17 | 1.01 | 0.00 |
| California Vegetables MS1054 | 1/2 cup | 950 | 50 | 0 | 5.67 | 1.78 | 0.81 |
| Fresh Grapes MS1226 | 1/2 cup | 1900 | 61 | 0 | 15.56 | 0.32 | 0.10 |
| Applesauce, USDA Food MS1204.1 | 1/2 cup | 450 | 51 | 0 | 14.0 | 0.0 | 0.00 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 1400 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FF White1/2 pt.PF MS1706 | 1/2 pint | 250 | 80 | 5 | 11.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 250 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Sour Cream PC MS1564 | 1 each | 600 | 55 | 15 | 0.82 | 5.59 | 3.26 |
| Sauce, Taco. PC MS1558 | 1 packet | 1500 | 5 | 0 | 1.0 | 0.0 | 0.00 |
| Weighted Daily Average | | | 601 | 60 | 89.59 | 10.96 | 4.09 |
| % of Calories | | | | | 59.7% | 16.4% | 6.1% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|---------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Wed - 10/18/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Chicken Fajitas USDA, MS527 | 1 fajita | 1400 | 284 | 79 | 21.06 | 11.23 | 6.60 |
| Tuna Salad w/ Crackers MS636 | 1/2 CUP | 775 | 276 | 88 | 21.0 | 12.74 | 1.13 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 400 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Chef Salad, MS600 | 1 salad | 75 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 75 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 10 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Pinto Beans MS912 | 1/2 cup | 1125 | 146 | 0 | 26.17 | 1.35 | 0.28 |
| Carrots, Baby w/ Dip, MS#1017 | 1/2 cup | 350 | 45 | 0 | 9.95 | 0.17 | 0.03 |
| Pineapple Tidbits MS1286 | 1/2 cup | 1625 | 72 | 0 | 18.87 | 0.1 | 0.01 |
| Fresh Cantaloupe Cubes, MS1232 | 1/2 cup | 1000 | 27 | 0 | 6.4 | 0.15 | 0.04 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 825 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr, 1/2 pt.PFMS1702 | 1/2 pint | 275 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 250 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Vanilla Pudding MS1486 | 1/2 cup | 1325 | 128 | 0 | 27.43 | 1.02 | 1.01 |
| Weighted Daily Average | | | 601 | 89 | 85.39 | 14.24 | 5.63 |
| % of Calories | | | | | 56.8% | 21.3% | 8.4% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|---------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Thu - 10/19/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Vegetable Beef Soup MS816 | 1 cup | 1700 | 130 | 20 | 12.27 | 6.03 | 2.22 |
| Grill Cheese Sand 1 oz MS762 | sandwich | 1700 | 247 | 27 | 28.46 | 10.97 | 5.65 |
| Turkey & Cheese HoagieUSMS793.1 | Sandwiches | 500 | 297 | 46 | 33.28 | 9.26 | 4.11 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Black-Eyed Peas DryCMS1006 | 1/2 cup | 1200 | 135 | 0 | 23.66 | 0.59 | 0.01 |
| Cabbage, Seasoned MS1015 | 1/2 cup | 450 | 44 | 0 | 5.86 | 2.05 | 0.89 |
| Fruit Juice, Frozen Cup,MS1247 | 1/2 cup | 1900 | 95 | 0 | 23.44 | 0.08 | 0.01 |
| Apple and Orange Wedges MS1240 | 1/2 cup | 650 | 53 | 0 | 13.45 | 0.15 | 0.02 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 800 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr, 1/2 pt.PFMS1702 | 1/2 pint | 400 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 150 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 300 | 40 | 5 | 1.0 | 4.0 | 0.50 |
| Mustard, PC, MS1538 | 1 packet | 200 | 5 | 0 | 1.0 | 0.0 | 0.00 |
| Weighted Daily Average | | | 623 | 54 | 90.72 | 17.10 | 7.36 |
| % of Calories | | | | | 58.2% | 24.7% | 10.6% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Lunch K-8

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|---------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Fri - 10/20/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Bacon Cheeseburger2 ozUMS706.1 | 1 each | 1100 | 342 | 57 | 32.15 | 14.88 | 5.34 |
| Hamburger 2 oz. USDA F MS775.1 | 1 each | 500 | 275 | 45 | 31.15 | 10.04 | 3.01 |
| Turkey & Cheese Wrap Mer MS798 | 1 wrap | 500 | 329 | 55 | 29.98 | 14.34 | 7.34 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 10 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 10 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Spicy Fries, Baked MS1100 | 1/2 cup | 1700 | 147 | 0 | 20.76 | 7.33 | 1.22 |
| Tossed Salad w/Drsg MS1126 | 1/2 cup | 350 | 31 | 0 | 6.03 | 0.12 | 0.02 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 1850 | 84 | 0 | 21.72 | 0.24 | 0.05 |
| Pear Salad MS1284 | 1/2 cup | 200 | 102 | 6 | 19.99 | 2.3 | 1.50 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 750 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr, 1/2 pt.PFMS1702 | 1/2 pint | 200 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 100 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Ketchup PC MS1528 | 1 packet | 1500 | 10 | 0 | 3.0 | 0.0 | 0.00 |
| Mustard, PC, MS1538 | 1 packet | 75 | 5 | 0 | 1.0 | 0.0 | 0.00 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 1600 | 40 | 5 | 1.0 | 4.0 | 0.50 |
| Weighted Daily Average | | | 600 | 61 | 79.73 | 22.17 | 6.57 |
| % of Calories | | | | | 53.2% | 33.3% | 9.9% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|---------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Mon - 10/23/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Chicken Tenders Baked MS546 | 3 tenders | 1850 | 250 | 60 | 17.0 | 11.0 | 2.00 |
| Roll, Whole Wheat Pur1ozMS1356 | 1 roll | 1600 | 75 | 0 | 13.5 | 0.0 | 0.00 |
| Ham&Cheese on WG Hoagie MS766 | 1 hoagie | 350 | 322 | 53 | 32.35 | 12.53 | 6.16 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Mashed Potatoes/w CheeseMS1080 | 1/2 cup | 1900 | 114 | 5 | 15.88 | 4.13 | 2.27 |
| Green Beans, Canned, MS1036 | 1/2 cup | 1300 | 41 | 0 | 4.45 | 1.79 | 0.21 |
| Orange Smiles MS1270 | 1/2 cup | 1600 | 77 | 0 | 19.19 | 0.2 | 0.03 |
| Honeydew Cubes, Fresh MS1236 | 1/2 cup | 750 | 67 | 0 | 16.9 | 0.26 | 0.07 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 900 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr, 1/2 pt.PFMS1702 | 1/2 pint | 250 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 150 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ketchup PC MS1528 | 1 packet | 1000 | 10 | 0 | 3.0 | 0.0 | 0.00 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 350 | 40 | 5 | 1.0 | 4.0 | 0.50 |
| Mustard, PC, MS1538 | 1 packet | 50 | 5 | 0 | 1.0 | 0.0 | 0.00 |
| Weighted Daily Average | | | 600 | 70 | 79.17 | 17.10 | 5.01 |
| % of Calories | | | | | 52.8% | 25.6% | 7.5% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Lunch K-8

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Tue - 10/24/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Beef Taco w/ Crispy Taco MS108 | 1 taco | 700 | 284 | 41 | 20.13 | 16.67 | 7.09 |
| Beef Taco w/Soft Taco, M MS109 | 1 taco | 700 | 277 | 41 | 21.54 | 14.17 | 6.59 |
| Lunch Bites | 1 bag | 600 | 345 | 19 | 58.19 | 7.81 | 3.55 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Pinto Beans MS912 | 1/2 cup | 800 | 146 | 0 | 26.17 | 1.35 | 0.28 |
| Tossed Salad w/Drsg MS1126 | 1/2 cup | 1150 | 31 | 0 | 6.03 | 0.12 | 0.02 |
| Raw Veggies w/Dip MS1124 | 1/2 cup | 500 | 33 | 0 | 6.82 | 0.17 | 0.03 |
| Fresh Fruit Cup MS1250 | 1/2 cup | 675 | 64 | 0 | 16.48 | 0.17 | 0.04 |
| Fruit Juice, Frozen Cup,MS1247 | 1/2 cup | 1850 | 95 | 0 | 23.44 | 0.08 | 0.01 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 850 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 300 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 250 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Sauce, Taco. PC MS1558 | 1 packet | 1800 | 5 | 0 | 1.0 | 0.0 | 0.00 |
| Sour Cream PC MS1564 | 1 each | 750 | 55 | 15 | 0.82 | 5.59 | 3.26 |
| Cheese 1 oz. Block MS930 | 1 ounce | 1600 | 71 | 10 | 3.04 | 4.05 | 2.53 |
| Weighted Daily Average | | | 600 | 51 | 84.13 | 17.97 | 8.54 |
| % of Calories | | | | | 56.1% | 27.0% | 12.8% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | | | | | | | |
|--------------------------------|-----------------|------|---------|-----|--------|-------|--------|
| Wed - 10/25/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Pizza,WGR Peproni,Ind,MR,MS314 | 1 pizza | 2000 | 310 | 25 | 39.0 | 10.0 | 4.50 |
| Chicken Salad w/Crackers MS610 | 1 salad | 200 | 277 | 123 | 21.29 | 11.98 | 1.81 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 200 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Whole Ker Corn Frz MS1031 | 1/2 cup | 1850 | 89 | 0 | 17.22 | 2.42 | 0.91 |
| Carrots, Baby w/ Dip, MS#1017 | 1/2 cup | 750 | 45 | 0 | 9.95 | 0.17 | 0.03 |
| Fresh Bananas MS1220 | 1 each | 1400 | 105 | 0 | 26.95 | 0.39 | 0.13 |
| Fruit Cocktail MS1248 | 1/2 cup | 750 | 58 | 0 | 14.91 | 0.09 | 0.01 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 1300 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 650 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 250 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Weighted Daily Average | | | 618 | 43 | 100.25 | 13.35 | 5.32 |
| % of Calories | | | | | 64.9% | 19.5% | 7.7% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Lunch K-8

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Thu - 10/26/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Spaghetti & MeatSauce MS178 | 1 serving | 1900 | 339 | 42 | 38.53 | 12.76 | 4.49 |
| Toast, Garlic WW MS1351 | 1 slice | 1100 | 100 | 0 | 15.0 | 2.5 | 0.50 |
| Lunch Bites | 1 bag | 300 | 345 | 19 | 58.19 | 7.81 | 3.55 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Whole Kernel Corn, CND, MS1032 | 1/2 cup | 1200 | 101 | 0 | 19.66 | 2.75 | 0.99 |
| Tossed Salad w/Drsg MS1126 | 1/2 cup | 950 | 31 | 0 | 6.03 | 0.12 | 0.02 |
| Fruit Juice, Frozen Cup,MS1247 | 1/2 cup | 2000 | 95 | 0 | 23.44 | 0.08 | 0.01 |
| Mandarin Fruit Cup MS1254 | 1/2 cup | 800 | 62 | 0 | 16.28 | 0.1 | 0.01 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 950 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 250 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 150 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Weighted Daily Average | | | 645 | 45 | 102.21 | 15.49 | 5.30 |
| % of Calories | | | | | 63.4% | 21.6% | 7.4% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Fri - 10/27/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Bacon Burger 2 oz USFD MS702.1 | 1 each | 1850 | 302 | 50 | 31.15 | 12.38 | 3.84 |
| Fish Sandwich Baked MS750 | 1 each | 350 | 320 | 30 | 41.0 | 10.0 | 1.50 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Spicy Fries, Baked MS1100 | 1/2 cup | 2150 | 147 | 0 | 20.76 | 7.33 | 1.22 |
| Confetti Coleslaw MS1114 | 1/2 cup | 500 | 22 | 0 | 5.65 | 0.15 | 0.02 |
| Baked Beans MS1000 | 1/2 cup | 250 | 163 | 1 | 36.85 | 0.7 | 0.13 |
| Fruit Juice, Frozen Cup,MS1247 | 1/2 cup | 1800 | 95 | 0 | 23.44 | 0.08 | 0.01 |
| Orange Smiles MS1270 | 1/2 cup | 500 | 77 | 0 | 19.19 | 0.2 | 0.03 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 850 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 250 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 150 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Ketchup PC MS1528 | 1 packet | 150 | 10 | 0 | 3.0 | 0.0 | 0.00 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 150 | 40 | 5 | 1.0 | 4.0 | 0.50 |
| Weighted Daily Average | | | 639 | 53 | 93.91 | 20.00 | 4.86 |
| % of Calories | | | | | 58.8% | 28.1% | 6.8% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Carb (g) | T-Fat (g) | S-Fat (g) |
|--------------------------------|-----------------|-----------|-------------|-------------|----------|-----------|-----------|
| Mon - 10/30/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Steak Fingers, Baked MS180 | 4 each | 1700 | 290 | 35 | 15.0 | 19.0 | 5.00 |
| Roll, Whole Wheat Pur1ozMS1356 | 1 roll | 1300 | 75 | 0 | 13.5 | 0.0 | 0.00 |
| Macaroni and Cheese MS1338 | 1/2 cup | 1600 | 121 | 2 | 18.91 | 3.01 | 0.98 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 10 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Field Peas, Frozen MS1068 | 1/2 cup | 1200 | 121 | 0 | 21.17 | 1.01 | 0.00 |
| Cabbage, Steamed MS1016 | 1/2 cup | 650 | 40 | 0 | 5.52 | 1.87 | 0.84 |
| Fruit Juice, Frozen Cup,MS1247 | 1/2 cup | 1650 | 95 | 0 | 23.44 | 0.08 | 0.01 |
| Apple and Orange Wedges MS1240 | 1/2 cup | 650 | 53 | 0 | 13.45 | 0.15 | 0.02 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 950 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 400 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 150 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ketchup PC MS1528 | 1 packet | 1500 | 10 | 0 | 3.0 | 0.0 | 0.00 |
| Weighted Daily Average | | | 610 | 35 | 84.63 | 18.22 | 4.95 |
| % of Calories | | | | | 55.5% | 26.9% | 7.3% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | | | | | | | |
|--------------------------------|-----------------|------|---------|-----|-------|-------|--------|
| Tue - 10/31/2017 | | | | | | | |
| Lunch K-8 | Total | 2250 | | | | | |
| Chicken Spaghetti MS542 | 3/4 cup | 1900 | 307 | 58 | 37.41 | 5.68 | 1.78 |
| Roll, Whole Wheat Pur1ozMS1356 | 1 roll | 1900 | 75 | 0 | 13.5 | 0.0 | 0.00 |
| Lunch Bites | 1 bag | 300 | 345 | 19 | 58.19 | 7.81 | 3.55 |
| Chef Salad, MS600 | 1 salad | 50 | 244 | 147 | 18.05 | 11.79 | 4.87 |
| Croutons, PC, .5 Grain, Fresh | 1 packet | 50 | 60 | 0 | 9.0 | 2.0 | 0.00 |
| Saltine Crackers, ENR,B MS1369 | 3 2-count packs | 50 | 90 | 0 | 16.0 | 3.0 | 0.00 |
| Saltine Crackers, ENR,M MS1369 | 2 4-count packs | 50 | 100 | 0 | 18.0 | 2.0 | 0.00 |
| Green Beans, Canned, MS1036 | 1/2 cup | 1300 | 41 | 0 | 4.45 | 1.79 | 0.21 |
| Steamed Carrots MS1022 | 1/2 Cup | 850 | 47 | 0 | 7.11 | 1.88 | 0.83 |
| Chilled Peach Slices MS1274 | 1/2 cup | 1400 | 65 | 0 | 17.49 | 0.04 | 0.00 |
| Fresh Melon Cubes MS1234 | 1/2 CUP | 650 | 57 | 0 | 14.0 | 0.26 | 0.07 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 800 | 130 | 5 | 24.0 | 0.0 | 0.00 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 300 | 130 | 5 | 23.0 | 0.0 | 0.00 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 150 | 108 | 16 | 11.83 | 2.69 | 1.61 |
| Ranch Dressing (Mix)MS1546 | 2 TBSP | 50 | 115 | 21 | 4.1 | 10.27 | 1.17 |
| Ice Cream Variety Luvell MS | Cup 3 Oz. | 2000 | 67 | 10 | 11.67 | 1.0 | 0.50 |
| Weighted Daily Average | | | 610 | 68 | 95.15 | 9.40 | 3.12 |
| % of Calories | | | | | 62.3% | 13.9% | 4.6% |
| Nutrient Guideline | | | 600-650 | | | | <10.00 |

| | | | | | | | |
|------------------|--|--|-----|----|-------|-------|------|
| Weighted Average | | | 533 | 47 | 78.05 | 14.33 | 4.63 |
| | | | | | 58.5% | 24.2% | 7.8% |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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| Nutrient | Menu AVG | % of Cals | Portion Size Weekly Target | Reimb Qty % of Target | Cals (kcal) Miss Data | Cholst (mg) Shortfall | Carb (g) Overage | T-Fat (g) | S-Fat (g) Error Messages (if any) |
|-------------------|----------|-----------|-------------------------------|--------------------------|--------------------------|--------------------------|---------------------|-----------|---|
| Calories | 533 | | 600 - 650 | 89% | | 67 | | | Correction Required - Calories are Low |
| Cholesterol (mg) | 47 | | | | | | | | |
| Carbohydrate (g) | 78.05 | 58.55% | | | | | | | |
| Total Fat (g) | 14.33 | 24.18% | | | | | | | |
| Saturated Fat (g) | 4.63 | 7.82% | <10.00% | | | | | | |

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