

# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet  
Portion Values - Detailed

Lunch 9-12

Page 1

Generated on: 10/3/2017 11:41:30 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 10/02/2017							
Lunch 9-12	Total	1800					
Corn Dog MS744	1 each	1400	247	38	27.08	9.3	2.47
Tuna Salad w/ Crackers MS636	1/2 CUP	350	276	88	21.0	12.74	1.13
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Green Peas, Frozen MS1070	1/2 cup	950	91	0	13.67	2.04	0.86
Sweet Potato Fries,Bkd MS1099	1/2 cup	1650	110	0	17.79	6.78	0.85
Orange Smiles MS1270	1/2 cup	1450	77	0	19.19	0.2	0.03
Fresh Fruit Bowl VarietyMS1244	1 each	575	84	0	21.72	0.24	0.05
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	275	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	175	108	16	11.83	2.69	1.61
Ketchup PC MS1528	1 packet	1900	10	0	3.0	0.0	0.00
Mustard, PC, MS1538	1 packet	650	5	0	1.0	0.0	0.00
Banana Pudding MS1466	1/2 cup	1500	171	1	36.62	2.14	1.55
Weighted Daily Average			752	57	124.19	19.78	5.00
% of Calories					66.1%	23.7%	6.0%
Nutrient Guideline			750-850				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 10/03/2017							
Lunch 9-12	Total	1800					
Salisbury Steak w/Gravy MS172	1 each	1400	222	60	8.45	14.52	5.60
Rice, Brown MS1341	1/2 cup	1400	99	0	21.31	0.55	0.11
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	1200	150	0	27.0	2.0	0.00
Burritos, Bf&Bean WG Pur MS118	1 each	800	279	16	38.8	8.06	2.23
Cheese 1 oz. Block MS930	1 ounce	800	71	10	3.04	4.05	2.53
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Tossed Salad w/Drsg MS1126	1/2 cup	1000	31	0	6.03	0.12	0.02
California Vegetables MS1054	1/2 cup	1000	50	0	5.67	1.78	0.81
Fresh Grapes MS1226	1/2 cup	800	61	0	15.56	0.32	0.10
Banana Berry Blend MS1224	1/2 cup	1600	98	0	24.27	0.21	0.07
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	5	24.0	0.0	0.00
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	5	11.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	5	23.0	0.0	0.00
Sour Cream PC MS1564	1 each	600	55	15	0.82	5.59	3.26
Sauce, Taco. PC MS1558	1 packet	800	5	0	1.0	0.0	0.00
Weighted Daily Average			805	72	116.20	22.19	8.35
% of Calories					57.8%	24.8%	9.3%
Nutrient Guideline			750-850				<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

Page 2

Generated on: 10/3/2017 11:41:30 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 10/04/2017							
Lunch 9-12	Total	1800					
Nachos Grande MS168	1 serving	1600	365	41	25.42	23.79	7.90
Ham and Cheese Wrap Mer MS772	2 halves	150	333	61	28.19	14.21	7.46
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Whole Kernel Corn, CND, MS1032	1/2 cup	1750	101	0	19.66	2.75	0.99
Tossed Salad w/Drsg MS1126	1/2 cup	900	31	0	6.03	0.12	0.02
Pineapple Tidbits MS1286	1/2 cup	850	72	0	18.87	0.1	0.01
Mandarin Fruit Cup MS1254	1/2 cup	575	62	0	16.28	0.1	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	450	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	200	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	5	1.0	4.0	0.50
Mustard, PC, MS1538	1 packet	75	5	0	1.0	0.0	0.00
Cookie, Sugar, Pur WGR, MS1436	1 cookie	1500	120	5	17.0	5.0	2.00
Weighted Daily Average			750	56	96.40	30.73	10.67
% of Calories					51.4%	36.9%	12.8%
Nutrient Guideline			750-850				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 10/05/2017							
Lunch 9-12	Total	1800					
Red BeansCND/Rice/SausageMS416	1 serving	1400	298	27	37.58	11.09	3.56
Cornbread 2 WG MS1301	1 piece	1400	205	22	35.42	4.89	1.82
Country Fried Steak Sand MS746	1 each	350	476	53	43.18	25.46	9.11
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Cabbage, Steamed MS1016	1/2 cup	900	40	0	5.52	1.87	0.84
Yam Patties MS1135	1/2 Cup	500	120	0	28.0	0.0	0.00
Mandarin Fruit Cup MS1254	1/2 cup	875	62	0	16.28	0.1	0.01
Apple Delicious MS1200	1 each	800	94	0	24.64	0.25	0.04
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	875	130	5	24.0	0.0	0.00
Milk, FF White1/2 pt.PF MS1706	1/2 pint	250	80	5	11.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	500	130	5	23.0	0.0	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	150	160	5	32.0	0.0	0.00
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	40	5	1.0	4.0	0.50
Weighted Daily Average			754	59	118.80	19.70	6.63
% of Calories					63.0%	23.5%	7.9%
Nutrient Guideline			750-850				<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

Page 3

Generated on: 10/3/2017 11:41:30 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 10/06/2017							
Lunch 9-12	Total	1800					
Hot Dog WG MS778	1 each	1000	320	35	29.0	18.0	6.00
Spicy Chicken Sand MS736	1 each	750	330	30	40.17	11.29	2.24
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
TASTY TOTS	Serv. 6 Tots	1600	186	0	31.66	4.92	0.42
Baked Beans MS1000	1/2 cup	250	163	1	36.85	0.7	0.13
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1600	95	0	23.44	0.08	0.01
Orange Smiles MS1270	1/2 cup	300	77	0	19.19	0.2	0.03
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ketchup PC MS1528	1 packet	150	10	0	3.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	5	1.0	4.0	0.50
Brownies, Mix, Enriched MS1400	1 piece	1200	140	4	26.01	4.0	1.00
Weighted Daily Average			790	44	122.75	23.27	5.68
% of Calories					62.1%	26.5%	6.5%
Nutrient Guideline			750-850				<10.00

Mon - 10/09/2017							
Lunch 9-12	Total	1800					
Pizza,WGR Peproni,Ind,MR,MS314	1 pizza	2000	310	25	39.0	10.0	4.50
Lunch Bites	1 bag	200	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Whole Ker Corn Frz MS1031	1/2 cup	1650	89	0	17.22	2.42	0.91
Carrots, Baby w/ Dip, MS#1017	1/2 cup	750	45	0	9.95	0.17	0.03
Fresh Bananas MS1220	1 each	1400	105	0	26.95	0.39	0.13
Fruit Cocktail MS1248	1/2 cup	750	58	0	14.91	0.09	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	1300	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	650	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	250	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			759	42	125.49	15.73	6.74
% of Calories					66.2%	18.7%	8.0%
Nutrient Guideline			750-850				<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet  
Portion Values - Detailed

Lunch 9-12

Page 4

Generated on: 10/3/2017 11:41:30 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 10/10/2017							
Lunch 9-12	Total	1800					
Chicken Nuggets Bkd MS532	5 nuggets	1500	216	44	12.5	11.54	2.36
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	1500	150	0	27.0	2.0	0.00
Tuna Salad w/ Crackers MS636	1/2 CUP	300	276	88	21.0	12.74	1.13
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Green Peas, Frozen MS1070	1/2 cup	1250	91	0	13.67	2.04	0.86
Brown Gravy, Package MS1506	2 ounces	500	26	0	5.18	0.65	0.65
Mashed Potatoes MS1078	1/2 cup	1600	91	0	15.67	2.29	1.04
Apple Delicious MS1200	1 each	450	94	0	24.64	0.25	0.04
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1550	95	0	23.44	0.08	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Honey Mustard Sauce, PC,MS1524	1 packet	50	70	10	5.0	6.0	1.00
Ketchup PC MS1528	1 packet	2000	10	0	3.0	0.0	0.00
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Cookie,Chocolate ChipPurMS1428	1 cookie	1000	120	5	16.0	6.0	3.00
Weighted Daily Average			797	63	117.97	21.70	5.86
% of Calories					59.2%	24.5%	6.6%
Nutrient Guideline			750-850				<10.00

Wed - 10/11/2017							
Lunch 9-12	Total	1					
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories					*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			750-850				<10.00

Thu - 10/12/2017							
Lunch 9-12	Total	1					
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories					*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			750-850				<10.00

Fri - 10/13/2017							
Lunch 9-12	Total	1					
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories					*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			750-850				<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

Page 5

Generated on: 10/3/2017 11:41:30 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
<b>Mon - 10/16/2017</b>							
Lunch 9-12	Total	1800					
Chicken Mandarin MS570	1 Serving	1350	232	55	30.56	4.89	1.22
Rice, Asian Stir Fried, MS1348	1/2 cup	1350	119	0	25.28	0.58	0.11
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	1350	150	0	27.0	2.0	0.00
Grilled Chicken Sandwich MS764	1 each	400	296	60	31.21	7.05	1.51
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Broccoli w/Cheese Sauce MS1012	1/2 cup	1400	43	0	7.67	0.58	0.02
Carrots, Baby w/ Dip, MS#1017	1/2 cup	700	45	0	9.95	0.17	0.03
Banana Berry Blend MS1224	1/2 cup	1500	98	0	24.27	0.21	0.07
Apple Delicious MS1200	1 each	650	94	0	24.64	0.25	0.04
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	200	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Mayonnaise PC Reduce Ft MS1534	PC Packet	450	40	5	1.0	4.0	0.50
Cookie, Sugar, Pur WGR, MS1436	1 cookie	1000	120	5	17.0	5.0	2.00
Weighted Daily Average			802	69	137.20	12.73	3.02
% of Calories					68.4%	14.3%	3.4%
Nutrient Guideline			750-850				<10.00

<b>Tue - 10/17/2017</b>							
Lunch 9-12	Total	1800					
Turkey Sliced,Brown GravyMS564	1 serving	1400	152	55	5.18	6.18	2.23
Rice, Brown MS1341	1/2 cup	1400	99	0	21.31	0.55	0.11
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	1200	150	0	27.0	2.0	0.00
Burritos, Bf&Bean WG Pur MS118	1 each	800	279	16	38.8	8.06	2.23
Cheese 1 oz. Block MS930	1 ounce	800	71	10	3.04	4.05	2.53
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Tossed Salad w/Drsg MS1126	1/2 cup	1000	31	0	6.03	0.12	0.02
California Vegetables MS1054	1/2 cup	1000	50	0	5.67	1.78	0.81
Fresh Grapes MS1226	1/2 cup	800	61	0	15.56	0.32	0.10
Banana Berry Blend MS1224	1/2 cup	1600	98	0	24.27	0.21	0.07
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	5	24.0	0.0	0.00
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	5	11.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	5	23.0	0.0	0.00
Sour Cream PC MS1564	1 each	600	55	15	0.82	5.59	3.26
Sauce, Taco. PC MS1558	1 packet	800	5	0	1.0	0.0	0.00
Weighted Daily Average			751	68	113.66	15.70	5.72
% of Calories					60.6%	18.8%	6.9%
Nutrient Guideline			750-850				<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

Page 6

Generated on: 10/3/2017 11:41:30 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 10/18/2017							
Lunch 9-12	Total	1800					
Chicken Fajitas Purchas, MS528	1 fajita	1350	278	47	20.99	11.08	5.77
Tuna Salad w/ Crackers MS636	1/2 CUP	400	276	88	21.0	12.74	1.13
Saltine Crackers, ENR,M MS1369	2 4-count packs	400	100	0	18.0	2.0	0.00
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	100	90	0	16.0	3.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Tex-Mex Style Beans MS1010	1/2 cup	1400	125	0	22.56	0.8	0.15
Carrots, Baby w/ Dip, MS#1017	1/2 cup	500	45	0	9.95	0.17	0.03
Pineapple Tidbits MS1286	1/2 cup	1200	72	0	18.87	0.1	0.01
Fresh Cantaloupe Cubes, MS1232	1/2 cup	400	27	0	6.4	0.15	0.04
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	300	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Sour Cream PC MS1564	1 each	900	55	15	0.82	5.59	3.26
Cheese 1 oz. Block MS930	1 ounce	1400	71	10	3.04	4.05	2.53
Brownies, Mix, Enriched MS1400	1 piece	1200	140	4	26.01	4.0	1.00
Weighted Daily Average			753	83	98.34	22.25	9.41
% of Calories					52.2%	26.6%	11.3%
Nutrient Guideline			750-850				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 10/19/2017							
Lunch 9-12	Total	1800					
Vegetable Beef Soup MS816	1 cup	1600	130	20	12.27	6.03	2.22
Grill Cheese Sand 1 oz MS762	sandwich	1600	247	27	28.46	10.97	5.65
Turkey & Cheese HoagieUSMS793.1	Sandwiches	250	297	46	33.28	9.26	4.11
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Black-Eyed Peas DryCMS1006	1/2 cup	400	135	0	23.66	0.59	0.01
Cabbage, Seasoned MS1015	1/2 cup	450	44	0	5.86	2.05	0.89
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1700	95	0	23.44	0.08	0.01
Apple and Orange Wedges MS1240	1/2 cup	650	53	0	13.45	0.15	0.02
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Mayonnaise PC Reduce Ft MS1534	PC Packet	400	40	5	1.0	4.0	0.50
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Vanilla Pudding MS1486	1/2 cup	1500	128	0	27.43	1.02	1.01
Weighted Daily Average			763	60	117.80	19.90	9.06
% of Calories					61.7%	23.5%	10.7%
Nutrient Guideline			750-850				<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

Page 7

Generated on: 10/3/2017 11:41:31 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 10/20/2017							
Lunch 9-12	Total	1800					
Bacon Cheeseburger2 ozUMS706.1	1 each	1600	342	57	32.15	14.88	5.34
Turkey & Cheese Wrap Mer MS798	1 wrap	150	329	55	29.98	14.34	7.34
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Spicy Fries, Baked MS1100	1/2 cup	1700	147	0	20.76	7.33	1.22
Tossed Salad w/Drsg MS1126	1/2 cup	600	31	0	6.03	0.12	0.02
Fresh Fruit Bowl VarietyMS1244	1 each	1500	84	0	21.72	0.24	0.05
Pear Salad MS1284	1/2 cup	300	102	6	19.99	2.3	1.50
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Dressing,Ranch,Lite,1.5 MS1521	1 1/2 oz packet	50	150	15	8.0	13.0	2.00
Ketchup PC MS1528	1 packet	1800	10	0	3.0	0.0	0.00
Mustard, PC, MS1538	1 packet	75	5	0	1.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	1600	40	5	1.0	4.0	0.50
Ice Cream Variety Luvel MS	Cup 3 Oz.	1700	67	10	11.67	1.0	0.50
Weighted Daily Average			776	79	105.49	27.50	8.05
% of Calories					54.4%	31.9%	9.3%
Nutrient Guideline			750-850				<10.00

Mon - 10/23/2017							
Lunch 9-12	Total	2250					
Chicken Tenders Baked MS546	3 tenders	1850	250	60	17.0	11.0	2.00
Roll, Whole Wheat Pur1ozMS1356	1 roll	1600	75	0	13.5	0.0	0.00
Ham&Cheese on WG Hoagie MS766	1 hoagie	350	322	53	32.35	12.53	6.16
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Mashed Potatoes/w CheeseMS1080	1/2 cup	1900	114	5	15.88	4.13	2.27
Green Beans, Canned, MS1036	1/2 cup	1500	41	0	4.45	1.79	0.21
Orange Smiles MS1270	1/2 cup	1600	77	0	19.19	0.2	0.03
Honeydew Cubes, Fresh MS1236	1/2 cup	750	67	0	16.9	0.26	0.07
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ketchup PC MS1528	1 packet	1000	10	0	3.0	0.0	0.00
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	5	1.0	4.0	0.50
Mustard, PC, MS1538	1 packet	50	5	0	1.0	0.0	0.00
Weighted Daily Average			604	70	79.57	17.26	5.03
% of Calories					52.7%	25.7%	7.5%
Nutrient Guideline			750-850				<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet  
Portion Values - Detailed

Lunch 9-12

Page 8

Generated on: 10/3/2017 11:41:31 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 10/24/2017							
Lunch 9-12	Total	1800					
Beef Taco w/ Crispy Taco MS108	1 taco	1200	284	41	20.13	16.67	7.09
Beef Taco w/Soft Taco, M MS109	1 taco	1200	277	41	21.54	14.17	6.59
Lunch Bites	1 bag	150	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Pinto Beans MS912	1/2 cup	750	146	0	26.17	1.35	0.28
Tossed Salad w/Drsg MS1126	1/2 cup	750	31	0	6.03	0.12	0.02
Raw Veggies w/Dip MS1124	1/2 cup	400	33	0	6.82	0.17	0.03
Fresh Fruit Cup MS1250	1/2 cup	600	64	0	16.48	0.17	0.04
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1600	95	0	23.44	0.08	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	250	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Sauce, Taco. PC MS1558	1 packet	1800	5	0	1.0	0.0	0.00
Sour Cream PC MS1564	1 each	750	55	15	0.82	5.59	3.26
Cheese 1 oz. Block MS930	1 ounce	1600	71	10	3.04	4.05	2.53
Weighted Daily Average			791	81	95.83	28.99	13.57
% of Calories					48.5%	33.0%	15.4%
Nutrient Guideline			750-850				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 10/25/2017							
Lunch 9-12	Total	1800					
Pizza,WGR Peproni,Ind,MR,MS314	1 pizza	1550	310	25	39.0	10.0	4.50
Chicken Salad w/Crackers MS610	1 salad	200	277	123	21.29	11.98	1.81
Saltine Crackers, ENR,M MS1369	2 4-count packs	200	100	0	18.0	2.0	0.00
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Whole Ker Corn Frz MS1031	1/2 cup	1600	89	0	17.22	2.42	0.91
Carrots, Baby w/ Dip, MS#1017	1/2 cup	750	45	0	9.95	0.17	0.03
Fresh Bananas MS1220	1 each	1400	105	0	26.95	0.39	0.13
Fruit Cocktail MS1248	1/2 cup	750	58	0	14.91	0.09	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	900	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	650	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	250	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Cookie,Chocolate ChipPurMS1428	1 cookie	1500	120	5	16.0	6.0	3.00
Weighted Daily Average			753	51	121.17	18.85	7.89
% of Calories					64.3%	22.5%	9.4%
Nutrient Guideline			750-850				<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

Page 9

Generated on: 10/3/2017 11:41:31 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 10/26/2017							
Lunch 9-12	Total	1800					
Spaghetti & MeatSauce MS178.2	1 serving	1450	342	42	38.99	12.81	4.51
Toast, Garlic WW MS1351	1 slice	1450	100	0	15.0	2.5	0.50
Lunch Bites	1 bag	300	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Green Peas, Frozen MS1070	1/2 cup	1600	91	0	13.67	2.04	0.86
Tossed Salad w/Drsg MS1126	1/2 cup	1600	31	0	6.03	0.12	0.02
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1700	95	0	23.44	0.08	0.01
Mandarin Fruit Cup MS1254	1/2 cup	400	62	0	16.28	0.1	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	1000	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	350	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	200	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	80	115	21	4.1	10.27	1.17
Weighted Daily Average			750	48	116.70	16.82	5.78
% of Calories					62.3%	20.2%	6.9%
Nutrient Guideline			750-850				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 10/27/2017							
Lunch 9-12	Total	1800					
Bacon Burger 2 oz USFD MS702.1	1 each	1300	302	50	31.15	12.38	3.84
Fish Sandwich Baked MS750	1 each	450	320	30	41.0	10.0	1.50
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Spicy Fries, Baked MS1100	1/2 cup	1750	147	0	20.76	7.33	1.22
Confetti Coleslaw MS1114	1/2 cup	500	22	0	5.65	0.15	0.02
Baked Beans MS1000	1/2 cup	250	163	1	36.85	0.7	0.13
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1800	95	0	23.44	0.08	0.01
Orange Smiles MS1270	1/2 cup	500	77	0	19.19	0.2	0.03
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	250	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ketchup PC MS1528	1 packet	150	10	0	3.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	5	1.0	4.0	0.50
Brownies, Mix, Enriched MS1400	1 piece	800	140	4	26.01	4.0	1.00
Weighted Daily Average			755	55	117.20	21.93	5.16
% of Calories					62.1%	26.1%	6.2%
Nutrient Guideline			750-850				<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

Page 10

Generated on: 10/3/2017 11:41:31 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 10/30/2017							
Lunch 9-12	Total	1800					
Steak Fingers, Baked MS180	4 each	1700	290	35	15.0	19.0	5.00
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	1500	150	0	27.0	2.0	0.00
Macaroni and Cheese MS1338	1/2 cup	1200	121	2	18.91	3.01	0.98
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Field Peas, Frozen MS1068	1/2 cup	1200	121	0	21.17	1.01	0.00
Cabbage, Steamed MS1016	1/2 cup	650	40	0	5.52	1.87	0.84
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1650	95	0	23.44	0.08	0.01
Apple and Orange Wedges MS1240	1/2 cup	650	53	0	13.45	0.15	0.02
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	400	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ketchup PC MS1528	1 packet	1500	10	0	3.0	0.0	0.00
Ranch Dressing (Mix)MS1546	2 TBSP	1	115	21	4.1	10.27	1.17
Weighted Daily Average			807	44	114.34	23.77	5.96
% of Calories					56.7%	26.5%	6.7%
Nutrient Guideline			750-850				<10.00

Tue - 10/31/2017							
Lunch 9-12	Total	1800					
Chicken Spaghetti MS542	3/4 cup	1500	307	58	37.41	5.68	1.78
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	1500	150	0	27.0	2.0	0.00
Lunch Bites	1 bag	250	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Green Beans, Canned, MS1036	1/2 cup	1500	41	0	4.45	1.79	0.21
Steamed Carrots MS1022	1/2 Cup	900	47	0	7.11	1.88	0.83
Chilled Peach Slices MS1274	1/2 cup	1400	65	0	17.49	0.04	0.00
Fresh Melon Cubes MS1234	1/2 CUP	650	57	0	14.0	0.26	0.07
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	400	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	200	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ice Cream Variety Luvel MS	Cup 3 Oz.	1800	67	10	11.67	1.0	0.50
Weighted Daily Average			750	71	120.25	12.15	3.44
% of Calories					64.1%	14.6%	4.1%
Nutrient Guideline			750-850				<10.00

Weighted Average			657	53	98.02	17.63	5.82
					59.7%	24.1%	8.0%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

Page 11

Generated on: 10/3/2017 11:41:31 AM

Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Reimb Qty % of Target	Cals (kcal) Miss Data	Cholst (mg) Shortfall	Carb (g) Overage	T-Fat (g)	S-Fat (g) Error Messages (if any)
Calories	657		750 - 850	88%		93			Correction Required - Calories are Low
Cholesterol (mg)	53								
Carbohydrate (g)	98.02	59.66%							
Total Fat (g)	17.63	24.15%							
Saturated Fat (g)	5.82	7.97%	<10.00%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.