

Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Morton School K-4

Page 1

Generated on: 10/3/2017 12:18:47 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 10/02/2017							
Morton School K-4	Total	800					
Corn Dog MS744	1 each	500	247	38	27.08	9.3	2.47
Lunch Bites	1 bag	250	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Sweet Potato Fries,Bkd MS1099	1/2 cup	575	110	0	17.79	6.78	0.85
Green Peas, Frozen MS1070	1/2 cup	400	91	0	13.67	2.04	0.86
Orange Smiles MS1270	1/2 cup	400	77	0	19.19	0.2	0.03
Fresh Fruit Bowl VarietyMS1244	1 each	250	84	0	21.72	0.24	0.05
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	75	108	16	11.83	2.69	1.61
Ketchup PC MS1528	1 packet	750	10	0	3.0	0.0	0.00
Cookie,Chocolate ChipPurMS1428	1 cookie	400	120	5	16.0	6.0	3.00
Weighted Daily Average			647	46	102.39	18.59	5.68
% of Calories					63.3%	25.9%	7.9%
Nutrient Guideline			550-650				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 10/03/2017							
Morton School K-4	Total	800					
Salisbury Steak w/Gravy MS172	1 each	750	222	60	8.45	14.52	5.60
Rice, Brown MS1341	1/2 cup	650	99	0	21.31	0.55	0.11
Roll, Whole Wheat Pur1ozMS1356	1 roll	500	75	0	13.5	0.0	0.00
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Tossed Salad w/Drsg MS1126	1/2 cup	400	31	0	6.03	0.12	0.02
California Vegetables MS1054	1/2 cup	775	50	0	5.67	1.78	0.81
Fresh Grapes MS1226	1/2 cup	700	61	0	15.56	0.32	0.10
Applesauce, USDA Food MS1204.1	1/2 cup	200	51	0	14.0	0.0	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	375	130	5	24.0	0.0	0.00
Milk, FF White1/2 pt.PF MS1706	1/2 pint	325	80	5	11.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	5	23.0	0.0	0.00
Cookie,Oatmeal RaisinPurMS1432	1 cookie	400	120	5	16.0	4.0	2.00
Weighted Daily Average			667	73	89.83	19.24	7.53
% of Calories					53.9%	26.0%	10.2%
Nutrient Guideline			550-650				<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Morton School K-4

Portion Values - Detailed

Page 2

Generated on: 10/3/2017 12:18:48 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 10/04/2017							
Morton School K-4	Total	800					
Nachos Grande MS168	1 serving	750	365	41	25.42	23.79	7.90
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Whole Ker Corn Frz MS1031	1/2 cup	500	89	0	17.22	2.42	0.91
Tossed Salad w/Drsg MS1126	1/2 cup	500	31	0	6.03	0.12	0.02
Pineapple Tidbits MS1286	1/2 cup	400	72	0	18.87	0.1	0.01
Mandarin Fruit Cup MS1254	1/2 cup	400	62	0	16.28	0.1	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	200	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			641	55	80.10	26.25	8.67
% of Calories					50.0%	36.9%	12.2%
Nutrient Guideline			550-650				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 10/05/2017							
Morton School K-4	Total	800					
Red BeansCND/Rice/SausageMS416	1 serving	750	298	27	37.58	11.09	3.56
Cornbread 1 WG MS1300	1 piece	450	102	11	17.71	2.44	0.91
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Cabbage, Steamed MS1016	1/2 cup	300	40	0	5.52	1.87	0.84
Yam Patties MS1135	1/2 Cup	500	120	0	28.0	0.0	0.00
Mandarin Fruit Cup MS1254	1/2 cup	350	62	0	16.28	0.1	0.01
Apple Delicious MS1200	1 each	325	94	0	24.64	0.25	0.04
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	150	80	5	11.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	150	130	5	23.0	0.0	0.00
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			630	47	103.57	14.27	4.56
% of Calories					65.7%	20.4%	6.5%
Nutrient Guideline			550-650				<10.00

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Morton School K-4

Page 3

Generated on: 10/3/2017 12:18:48 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 10/06/2017							
Morton School K-4	Total	800					
Hot Dog WG MS778	1 each	500	320	35	29.0	18.0	6.00
Lunch Bites	1 bag	250	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
CROUTONS, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
TASTY TOTS	Serv. 6 Tots	450	186	0	31.66	4.92	0.42
Baked Beans MS1000	1/2 cup	150	163	1	36.85	0.7	0.13
Raw Veggies w/Dip MS1124	1/2 cup	100	33	0	6.82	0.17	0.03
Fruit Juice, Frozen Cup,MS1247	1/2 cup	400	95	0	23.44	0.08	0.01
Orange Smiles MS1270	1/2 cup	150	77	0	19.19	0.2	0.03
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	375	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	125	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	75	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ketchup PC MS1528	1 packet	500	10	0	3.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	5	1.0	4.0	0.50
Weighted Daily Average			647	44	98.39	19.41	5.75
% of Calories					60.8%	27.0%	8.0%
Nutrient Guideline			550-650				<10.00

Mon - 10/09/2017							
Morton School K-4	Total	800					
Pizza,WGR Peproni,Ind,MR,MS314	1 pizza	550	310	25	39.0	10.0	4.50
Lunch Bites	1 bag	200	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
CROUTONS, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Whole Ker Corn Frz MS1031	1/2 cup	600	89	0	17.22	2.42	0.91
Carrots, Baby w/ Dip, MS#1017	1/2 cup	200	45	0	9.95	0.17	0.03
Fresh Bananas MS1220	1 each	450	105	0	26.95	0.39	0.13
Fruit Cocktail MS1248	1/2 cup	250	58	0	14.91	0.09	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	225	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			601	38	99.48	12.96	5.33
% of Calories					66.2%	19.4%	8.0%
Nutrient Guideline			550-650				<10.00

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Base Menu Spreadsheet
Portion Values - Detailed

Morton School K-4

Page 4

Generated on: 10/3/2017 12:18:48 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 10/10/2017							
Morton School K-4	Total	800					
Chicken Nuggets Bkd MS532	5 nuggets	750	216	44	12.5	11.54	2.36
Roll, Whole Wheat Pur1ozMS1356	1 roll	500	75	0	13.5	0.0	0.00
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
CROUTONS, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	0	18.0	2.0	0.00
Green Peas, Frozen MS1070	1/2 cup	400	91	0	13.67	2.04	0.86
Brown Gravy, Package MS1506	2 ounces	200	26	0	5.18	0.65	0.65
Mashed Potatoes MS1078	1/2 cup	600	91	0	15.67	2.29	1.04
Apple Delicious MS1200	1 each	250	94	0	24.64	0.25	0.04
Fruit Juice, Frozen Cup,MS1247	1/2 cup	650	95	0	23.44	0.08	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	200	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Honey Mustard Sauce, PC,MS1524	1 packet	50	70	10	5.0	6.0	1.00
Ketchup PC MS1528	1 packet	600	10	0	3.0	0.0	0.00
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			632	58	91.64	16.27	4.24
% of Calories					58.0%	23.2%	6.0%
Nutrient Guideline			550-650				<10.00

Wed - 10/11/2017							
Morton School K-4	Total	1					
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories					*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			550-650				<10.00

Thu - 10/12/2017							
Morton School K-4	Total	1					
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories					*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			550-650				<10.00

Fri - 10/13/2017							
Morton School K-4	Total	1					
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories					*N/A%*	*N/A%*	*N/A%*
Nutrient Guideline			550-650				<10.00

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Base Menu Spreadsheet
Portion Values - Detailed

Morton School K-4

Page 5

Generated on: 10/3/2017 12:18:48 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 10/16/2017							
Morton School K-4	Total	800					
Chicken Mandarin MS570	1 Serving	750	232	55	30.56	4.89	1.22
Rice, Asian Stir Fried, MS1348	1/2 cup	400	119	0	25.28	0.58	0.11
Rolls, Enriched Flour MS1352	1 EACH	500	180	0	29.7	4.2	0.45
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Broccoli w/Cheese Sauce MS1012	1/2 cup	425	43	0	7.67	0.58	0.02
Carrots, Baby w/ Dip, MS#1017	1/2 cup	225	45	0	9.95	0.17	0.03
Banana Berry Blend MS1224	1/2 cup	500	98	0	24.27	0.21	0.07
Apple Delicious MS1200	1 each	200	94	0	24.64	0.25	0.04
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ketchup PC MS1528	1 packet	400	10	0	3.0	0.0	0.00
Weighted Daily Average			642	68	109.08	10.10	2.14
% of Calories					68.0%	14.2%	3.0%
Nutrient Guideline			550-650				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 10/17/2017							
Morton School K-4	Total	800					
Turkey Sliced,Brown GravyMS564	1 serving	750	152	55	5.18	6.18	2.23
Rice, Brown MS1341	1/2 cup	650	99	0	21.31	0.55	0.11
Roll, Whole Wheat Pur1ozMS1356	1 roll	500	75	0	13.5	0.0	0.00
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Tossed Salad w/Drsg MS1126	1/2 cup	400	31	0	6.03	0.12	0.02
California Vegetables MS1054	1/2 cup	775	50	0	5.67	1.78	0.81
Fresh Grapes MS1226	1/2 cup	700	61	0	15.56	0.32	0.10
Applesauce, USDA Food MS1204.1	1/2 cup	200	51	0	14.0	0.0	0.00
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	375	130	5	24.0	0.0	0.00
Milk, FF White1/2 pt.PF MS1706	1/2 pint	325	80	5	11.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	5	23.0	0.0	0.00
Cookie,Oatmeal RaisinPurMS1432	1 cookie	400	120	5	16.0	4.0	2.00
Weighted Daily Average			602	69	86.77	11.42	4.36
% of Calories					57.7%	17.1%	6.5%
Nutrient Guideline			550-650				<10.00

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Morton School K-4

Page 6

Generated on: 10/3/2017 12:18:48 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 10/18/2017							
Morton School K-4	Total	800					
Chicken Fajitas USDA, MS527	1 fajita	500	284	79	21.06	11.23	6.60
Lunch Bites	1 bag	250	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Tex-Mex Style Beans U MS1010.1	1/2 cup	600	124	0	22.31	0.8	0.15
Carrots, Baby w/ Dip, MS#1017	1/2 cup	350	45	0	9.95	0.17	0.03
Pineapple Tidbits MS1286	1/2 cup	550	72	0	18.87	0.1	0.01
Fresh Cantaloupe Cubes, MS1232	1/2 cup	300	27	0	6.4	0.15	0.04
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	450	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			621	73	93.35	12.57	6.06
% of Calories					60.1%	18.2%	8.8%
Nutrient Guideline			550-650				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 10/19/2017							
Morton School K-4	Total	800					
Vegetable Beef Soup MS816	1 cup	500	130	20	12.27	6.03	2.22
Grill Cheese Sand 1 oz MS762	sandwich	500	247	27	28.46	10.97	5.65
Lunch Bites	1 bag	250	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Black-Eyed Peas DryCMS1006	1/2 cup	350	135	0	23.66	0.59	0.01
Cabbage, Seasoned MS1015	1/2 cup	200	44	0	5.86	2.05	0.89
Fruit Juice, Frozen Cup,MS1247	1/2 cup	500	95	0	23.44	0.08	0.01
Apple and Orange Wedges MS1240	1/2 cup	250	53	0	13.45	0.15	0.02
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			640	53	97.45	16.15	6.95
% of Calories					60.9%	22.7%	9.8%
Nutrient Guideline			550-650				<10.00

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Morton School K-4

Page 7

Generated on: 10/3/2017 12:18:48 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 10/20/2017							
Morton School K-4	Total	800					
Bacon Cheeseburger2 ozUMS706.1	1 each	350	342	57	32.15	14.88	5.34
Hamburger 2 oz Patty WGMS775	1 each	400	225	20	29.15	7.04	2.01
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Spicy Fries, Baked MS1100	1/2 cup	600	147	0	20.76	7.33	1.22
Tossed Salad w/Drsg MS1126	1/2 cup	250	31	0	6.03	0.12	0.02
Fresh Fruit Bowl VarietyMS1244	1 each	375	84	0	21.72	0.24	0.05
Pear Salad MS1284	1/2 cup	75	102	6	19.99	2.3	1.50
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ketchup PC MS1528	1 packet	1500	10	0	3.0	0.0	0.00
Mustard, PC, MS1538	1 packet	25	5	0	1.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	600	40	5	1.0	4.0	0.50
Ice Cream Variety Luvel MS	Cup 3 Oz.	400	67	10	11.67	1.0	0.50
Weighted Daily Average			649	60	91.48	21.38	5.63
% of Calories					56.4%	29.6%	7.8%
Nutrient Guideline			550-650				<10.00

Mon - 10/23/2017							
Morton School K-4	Total	800					
Chicken Tenders Baked MS546	3 tenders	750	250	60	17.0	11.0	2.00
Roll, Whole Wheat Pur1ozMS1356	1 roll	750	75	0	13.5	0.0	0.00
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	0	18.0	2.0	0.00
Mashed Potatoes/w CheeseMS1080	1/2 cup	600	114	5	15.88	4.13	2.27
Green Beans, Canned, MS1036	1/2 cup	400	41	0	4.45	1.79	0.21
Orange Smiles MS1270	1/2 cup	300	77	0	19.19	0.2	0.03
Honeydew Cubes, Fresh MS1236	1/2 cup	300	67	0	16.9	0.26	0.07
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ketchup PC MS1528	1 packet	1000	10	0	3.0	0.0	0.00
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Honey Mustard Sauce, PC,MS1524	1 packet	50	70	10	5.0	6.0	1.00
Weighted Daily Average			621	77	82.05	16.77	4.36
% of Calories					52.9%	24.3%	6.3%
Nutrient Guideline			550-650				<10.00

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Morton School K-4

Page 8

Generated on: 10/3/2017 12:18:48 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 10/24/2017							
Morton School K-4	Total	800					
Beef Taco w/ Crispy Taco MS108	1 taco	200	284	41	20.13	16.67	7.09
Beef Taco w/Soft Taco, M MS109	1 taco	300	277	41	21.54	14.17	6.59
Lunch Bites	1 bag	200	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	0	18.0	2.0	0.00
Pinto Beans MS912	1/2 cup	350	146	0	26.17	1.35	0.28
Tossed Salad w/Drsg MS1126	1/2 cup	400	31	0	6.03	0.12	0.02
Raw Veggies w/Dip MS1124	1/2 cup	150	33	0	6.82	0.17	0.03
Fresh Fruit Cup MS1250	1/2 cup	200	64	0	16.48	0.17	0.04
Fruit Juice, Frozen Cup,MS1247	1/2 cup	500	95	0	23.44	0.08	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Sauce, Taco. PC MS1558	1 packet	700	5	0	1.0	0.0	0.00
Sour Cream PC MS1564	1 each	250	55	15	0.82	5.59	3.26
Cheese 1 oz. Block MS930	1 ounce	600	71	10	3.04	4.05	2.53
Weighted Daily Average			628	59	85.87	18.91	8.78
% of Calories					54.7%	27.1%	12.6%
Nutrient Guideline			550-650				<10.00

Wed - 10/25/2017							
Morton School K-4	Total	800					
Pizza,WGR Peproni,Ind,MR,MS314	1 pizza	750	310	25	39.0	10.0	4.50
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Whole Ker Corn Frz MS1031	1/2 cup	575	89	0	17.22	2.42	0.91
Carrots, Baby w/ Dip, MS#1017	1/2 cup	300	45	0	9.95	0.17	0.03
Fresh Bananas MS1220	1 each	400	105	0	26.95	0.39	0.13
Fruit Cocktail MS1248	1/2 cup	250	58	0	14.91	0.09	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	450	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			600	41	95.22	13.60	5.63
% of Calories					63.5%	20.4%	8.5%
Nutrient Guideline			550-650				<10.00

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Morton School K-4

Page 9

Generated on: 10/3/2017 12:18:48 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 10/26/2017							
Morton School K-4	Total	800					
Spaghetti & MeatSauce MS178	1 serving	600	339	42	38.53	12.76	4.49
Toast, Garlic WW MS1351	1 slice	400	100	0	15.0	2.5	0.50
Lunch Bites	1 bag	150	345	19	58.19	7.81	3.55
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	0	18.0	2.0	0.00
Croutons, PC, .5 Grain, Fresh	1 packet	5	60	0	9.0	2.0	0.00
Green Peas, Frozen MS1070	1/2 cup	400	91	0	13.67	2.04	0.86
Tossed Salad w/Drsg MS1126	1/2 cup	350	31	0	6.03	0.12	0.02
Fruit Juice, Frozen Cup,MS1247	1/2 cup	500	95	0	23.44	0.08	0.01
Mandarin Fruit Cup MS1254	1/2 cup	200	62	0	16.28	0.1	0.01
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	175	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	150	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Weighted Daily Average			646	52	97.31	15.53	5.41
% of Calories					60.2%	21.6%	7.5%
Nutrient Guideline			550-650				<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 10/27/2017							
Morton School K-4	Total	800					
Bacon Burger 2 oz USFD MS702.1	1 each	300	302	50	31.15	12.38	3.84
Hamburger 2 oz. USDA F MS775.1	1 each	450	275	45	31.15	10.04	3.01
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Spicy Fries, Baked MS1100	1/2 cup	575	147	0	20.76	7.33	1.22
Baked Beans MS1000	1/2 cup	150	163	1	36.85	0.7	0.13
Fruit Juice, Frozen Cup,MS1247	1/2 cup	500	95	0	23.44	0.08	0.01
Orange Smiles MS1270	1/2 cup	200	77	0	19.19	0.2	0.03
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ketchup PC MS1528	1 packet	1200	10	0	3.0	0.0	0.00
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	5	1.0	4.0	0.50
Weighted Daily Average			650	62	96.15	19.56	4.84
% of Calories					59.2%	27.1%	6.7%
Nutrient Guideline			550-650				<10.00

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet
Portion Values - Detailed

Morton School K-4

Page 10

Generated on: 10/3/2017 12:18:48 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 10/30/2017							
Morton School K-4	Total	800					
Steak Fingers, Baked MS180	4 each	750	290	35	15.0	19.0	5.00
Roll, Whole Wheat Pur1ozMS1356	1 roll	500	75	0	13.5	0.0	0.00
Macaroni and Cheese MS1338	1/2 cup	500	121	2	18.91	3.01	0.98
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	0	18.0	2.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	0	18.0	2.0	0.00
Field Peas, Frozen MS1068	1/2 cup	250	121	0	21.17	1.01	0.00
Cabbage, Steamed MS1016	1/2 cup	200	40	0	5.52	1.87	0.84
Fruit Juice, Frozen Cup,MS1247	1/2 cup	450	95	0	23.44	0.08	0.01
Apple and Orange Wedges MS1240	1/2 cup	150	53	0	13.45	0.15	0.02
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	150	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ketchup PC MS1528	1 packet	1200	10	0	3.0	0.0	0.00
Weighted Daily Average			649	49	83.35	21.90	6.03
% of Calories					51.3%	30.3%	8.3%
Nutrient Guideline			550-650				<10.00

Tue - 10/31/2017							
Morton School K-4	Total	800					
Chicken Spaghetti MS542	3/4 cup	750	307	58	37.41	5.68	1.78
Roll, Whole Wheat Pur1ozMS1356	1 roll	600	75	0	13.5	0.0	0.00
Chef Salad, MS600	1 salad	50	244	147	18.05	11.79	4.87
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	0	9.0	2.0	0.00
Saltine Crackers, ENR,B MS1369	3 2-count packs	50	90	0	16.0	3.0	0.00
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	0	18.0	2.0	0.00
Green Beans, Canned, MS1036	1/2 cup	500	41	0	4.45	1.79	0.21
Steamed Carrots MS1022	1/2 Cup	250	47	0	7.11	1.88	0.83
Chilled Peach Slices MS1274	1/2 cup	550	65	0	17.49	0.04	0.00
Fresh Melon Cubes MS1234	1/2 CUP	450	57	0	14.0	0.26	0.07
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	400	130	5	24.0	0.0	0.00
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	150	130	5	23.0	0.0	0.00
Milk, LF White 1/2 pt,PFMS1708	1/2 pint	100	108	16	11.83	2.69	1.61
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	21	4.1	10.27	1.17
Ice Cream Variety Luvel MS	Cup 3 Oz.	600	67	10	11.67	1.0	0.50
Weighted Daily Average			646	78	99.71	9.99	3.05
% of Calories					61.7%	13.9%	4.3%
Nutrient Guideline			550-650				<10.00

Weighted Average			548	50	80.92	14.18	4.64
					59.1%	23.3%	7.6%

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Scott Co. School Child Nutrition Program

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

Morton School K-4

Portion Values - Detailed

Page 11

Generated on: 10/3/2017 12:18:48 PM

Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Reimb Qty % of Target	Cals (kcal) Miss Data	Cholst (mg) Shortfall	Carb (g) Overage	T-Fat (g)	S-Fat (g) Error Messages (if any)
Calories	548		550 - 650	100%			2		Correction Required - Calories are Low
Cholesterol (mg)	50								
Carbohydrate (g)	80.92	59.06%							
Total Fat (g)	14.18	23.28%							
Saturated Fat (g)	4.64	7.61%	<10.00%						

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