

Scott Co. School Child Nutrition Program

Apr 2, 2018 thru Apr 20, 2018

Base Menu Spreadsheet

Scott Central 9-12

Portion Values - Detailed

Page 1

Generated on: 4/13/2018 3:25:43 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/09/2018				
Scott Central 9-12	Total	325		
Chicken Spaghetti MS542	3/4 cup	200	307	37.41
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	200	170	31.0
Ham & Cheese on Bun MS768	1 each	100	291	29.9
Chef Salad, MS600	1 salad	25	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	25	60	9.0
Yam Patties MS1135	1/2 Cup	250	120	28.0
Green Beans,Frz,Cut, MS1042	1/2 cup	200	39	5.31
Fresh Apple MS1206	1 each	150	72	19.06
Fruit Cocktail MS1248	1/2 cup	50	58	14.91
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Cookie, Sugar, Pur WGR, MS1436	1 cookie	450	120	17.0
Weighted Daily Average			849	133.66
% of Calories				63.0%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 04/10/2018				
Scott Central 9-12	Total	325		
BBQ Pork Sandwich Pur MS716	1 each	200	236	31.09
Turkey & Cheese Wrap Mer MS798	1 wrap	100	329	29.98
Chef Salad, Elementary, MS601	1 salad	25	237	16.96
Croutons, PC, .5 Grain, Fresh	1 packet	25	60	9.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Broccoli Spears, Steamed MS1014	1/2 cup	200	39	4.38
Baked Beans MS1000	1/2 cup	200	163	36.85
Apple and Orange Wedges MS1240	1/2 cup	200	53	13.45
Fruit Juice, Frozen Cup,MS1247	1/2 cup	275	95	23.44
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	200	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	350	40	1.0
Mustard, PC, MS1538	1 packet	50	5	1.0
Sauce, BBQ, PC MS1550	1 packet	150	15	4.0
Assorted Pudding CupsMS1462	1 pudding cup	250	85	19.0
Weighted Daily Average			760	126.06
% of Calories				66.3%
Nutrient Guideline			750-850	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 04/11/2018				
Scott Central 9-12	Total	325		
Turkey Sliced,Brown GravyMS564	1 serving	275	152	5.18
Rice, Brown MS1341	1/2 cup	275	99	21.31
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	275	160	29.0
Chicken Salad w/Crackers MS610	1 salad	125	277	21.29
Saltine Crackers, ENR,M MS1369	2 4-count packs	125	100	18.0
Glazed Carrots MS1018	1/2 cup	175	56	9.28
Pinto Beans MS912	1/2 cup	200	146	26.17
Fresh Fruit Cup MS1250	1/2 cup	200	64	16.48
Peaches, FRZ, PC, MS1275	1/2 cup	100	80	19.0
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Weighted Daily Average			779	117.24
% of Calories				60.2%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 04/12/2018				
Scott Central 9-12	Total	325		
Nachos Grande MS168	1 serving	200	365	25.42
Tortilla Chips 1 oz eq	9 chips	200	140	18.0
Lunch Bites	1 bag	125	345	58.19
Lima Beans Dried CanMS1005	1/2 cup	150	145	21.65
Whole Ker Corn Frz MS1031	1/2 cup	250	89	17.22
Fresh Oranges MS1268	1 each	150	61	15.22
Fresh Pears MS1280	1 each	100	68	18.23
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	100	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	150	130	23.0
Sauce, Taco. PC MS1558	1 packet	10	5	1.0
Cookie,Chocolate ChipPurMS1428	1 cookie	200	120	16.0
Weighted Daily Average			847	119.92
% of Calories				56.7%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 04/13/2018				
Scott Central 9-12	Total	325		
Cheeseburger 2 oz., US MS728.1	1 each	125	316	32.23
Country Fried Steak Sand MS746	1 each	100	476	43.18
Philly Cheese Steak SandMS781	1 each	100	308	31.29
Baked Crinkle Fries MS1088	1/2 cup	325	101	17.69
Vegetable Juice, Assort,MS1156	1/2 cup	200	57	14.0
Apple Delicious MS1200	1 each	100	94	24.64
Fruit Juice, Frozen Cup,MS1247	1/2 cup	175	95	23.44
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	300	40	1.0
Ketchup PC MS1528	1 packet	1000	10	3.0
Mustard, PC, MS1538	1 packet	200	5	1.0

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average			768	113.28
% of Calories				59.0%
Nutrient Guideline			750-850	

Mon - 04/16/2018				
Scott Central 9-12	Total	275		
Steak Fingers, Baked MS180	4 each	175	290	15.0
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	175	150	27.0
Lunch Bites	1 bag	50	345	58.19
Tuna Salad Sandwich MS795	1 each	50	322	32.06
Mashed Potatoes MS1078	1/2 cup	200	91	15.67
Turnip Greens, Southern MS1046	1/2 cup	150	57	3.43
Fresh Oranges MS1268	1 each	200	61	15.22
Pineapple Tidbits MS1286	1/2 cup	100	72	18.87
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	35	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	50	130	23.0
Ketchup PC MS1528	1 packet	600	10	3.0
Cookie, Chocolate ChipPurMS1428	1 cookie	200	120	16.0
Weighted Daily Average			783	111.19
% of Calories				56.8%
Nutrient Guideline			750-850	

Tue - 04/17/2018				
Scott Central 9-12	Total	275		
Cheesy Chicken Over/Rice MS516	1 serving	175	366	29.28
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	175	150	27.0
Ham and Cheese Wrap Mer MS772	2 halves	50	333	28.19
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR, M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR, M MS1369	2 4-count packs	5	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0
Black-Eyed Peas DryCMS1006	1/2 cup	115	135	23.66
Tossed Salad w/Drsg MS1126	1/2 cup	150	31	6.03
Squash, Summer: MS1127	1/2 cup	75	42	6.26
Fruit Juice, Assorted, MS1246	1 4-oz. cup	250	65	15.5
Fresh Fruit Cup MS1250	1/2 cup	25	64	16.48
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	35	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	50	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	75	40	1.0
Mustard, PC, MS1538	1 packet	25	5	1.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			751	99.72
% of Calories				53.1%
Nutrient Guideline			750-850	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 04/18/2018				
Scott Central 9-12	Total	275		
Cheeseburger 2 oz., US MS728.1	1 each	200	316	32.23
Lunch Bites	1 bag	50	345	58.19
Tuna Salad MS630	1/2 cup	25	182	4.06
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	1	100	18.0
Baked Beans MS918	1/2 cup	150	159	36.57
Whole Ker Corn Frz MS1031	1/2 cup	200	89	17.22
Fresh Fruit Cup MS1250	1/2 cup	150	64	16.48
Tropical Fruit MS1249	1/2 cup	125	126	32.73
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	35	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	50	130	23.0
Chocolate Pudding MS1474	1/2 cup	125	111	23.78
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	40	1.0
Ketchup PC MS1528	1 packet	150	10	3.0
Mustard, PC, MS1538	1 packet	50	5	1.0
Weighted Daily Average			753	124.46
% of Calories				66.1%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 04/19/2018				
Scott Central 9-12	Total	275		
Spicy Chicken Sand MS736	1 each	150	330	40.17
Macaroni&Cheese,Ham SliceMS412	1 serving	100	418	34.16
Roll, Whole Wheat Pur2ozMS1355	Roll - 2 oz.	100	150	27.0
Chef Salad, MS600	1 salad	25	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	25	60	9.0
Broccoli w/Cheese Sauce MS1012	1/2 cup	250	43	7.67
Glazed Carrots MS1018	1/2 cup	150	56	9.28
Fresh Melon Cubes MS1234	1/2 CUP	100	57	14.0
Fresh Fruit Cup MS1250	1/2 cup	200	64	16.48
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	35	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	25	115	4.1
Mayonnaise PC Reduce Ft MS1534	PC Packet	125	40	1.0
Ketchup PC MS1528	1 packet	125	10	3.0
Mustard, PC, MS1538	1 packet	50	5	1.0
Assorted Gelatin w/ Top MS1450	1/2 cup	125	89	19.38
Weighted Daily Average			752	109.64
% of Calories				58.3%
Nutrient Guideline			750-850	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 04/20/2018				
Scott Central 9-12	Total	275		
Ham&Cheese on Hoagie USMS766.1	1 hoagie	50	313	36.14
Chili Dog MS742	1 each	225	403	30.94
Baked Crinkle Fries MS1088	1/2 cup	275	101	17.69
Vegetable Juice, Assort,MS1156	1/2 cup	125	57	14.0
Fruit Juice, Frozen Cup,MS1247	1/2 cup	275	95	23.44
Fresh Fruit Cup MS1250	1/2 cup	125	64	16.48
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	100	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	35	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	50	40	1.0
Ketchup PC MS1528	1 packet	400	10	3.0
Mustard, PC, MS1538	1 packet	35	5	1.0
Weighted Daily Average			754	107.94
% of Calories				57.3%
Nutrient Guideline			750-850	

Weighted Average			780	116.31
				59.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	780		750 - 850	100%				
Carbohydrate (g)	116.31	59.68%						

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