

Scott Co. School Child Nutrition Program

Apr 2, 2018 thru Apr 20, 2018

Base Menu Spreadsheet
Portion Values - Detailed

Sebastopol 9-12

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/02/2018				
Sebastopol 9-12	Total	1		
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*
Weighted Daily Average % of Calories			*N/A*	*N/A%*
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 04/03/2018				
Sebastopol 9-12	Total	250		
Chicken Mandarin MS570	1 Serving	100	232	30.56
Rice, Brown MS1341	1/2 cup	100	99	21.31
Roll, Whole Wheat Pur1ozMS1356	1 roll	100	75	13.5
Lunch Bites	1 bag	50	345	58.19
Tuna Salad Salad MS634	1 salad	100	430	23.4
Saltine Crackers, ENR,M MS1369	2 4-count packs	35	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Broccoli w/Cheese Sauce MS1012	1/2 cup	125	43	7.67
Green Beans, FRZ, Whole,MS1041	1/2 cup	100	44	6.48
Fruit Juice, Frozen Cup,MS1247	1/2 cup	150	95	23.44
Orange Smiles MS1270	1/2 cup	50	77	19.19
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	100	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Sauce, Sweet & Sour PC MS1556	1 packet	50	50	12.0
Weighted Daily Average % of Calories			648	95.45 58.9%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 04/04/2018				
Sebastopol 9-12	Total	250		
Chicken Baked Seasoned MS508	1 serving	100	271	0.17
Cornbread 2 WG MS1301	1 piece	80	205	35.42
Macaroni&Cheese,Ham SliceMS412	1 serving	100	418	34.16
Chef Salad, USDA Foods MS600.1	1 salad	50	256	18.3
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	5	60	9.0
Turnip Greens, Southern MS1046	1/2 cup	100	57	3.43
Black-Eyed Peas DryCMS1006	1/2 cup	100	135	23.66
Fresh Strawberries MS1292	1/2 cup	100	29	6.97
Fresh Fruit Cup MS1250	1/2 cup	75	64	16.48
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	100	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	50	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average % of Calories			642	69.01 43.0%
Nutrient Guideline			750-850	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 04/05/2018				
Sebastopol 9-12	Total	250		
Chicken Fajitas USDA FMMS527.1	1 fajita	50	279	20.06
Tortilla Chips 1 oz eq	9 chips	50	140	18.0
Corn Dog Nuggets MS406	6 nuggets	150	271	30.15
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Baked Beans MS1000	1/2 cup	75	163	36.85
Whole Ker Corn Frz MS1031	1/2 cup	175	89	17.22
Fresh Apple MS1206	1 each	200	72	19.06
Tropical Fruit MS1249	1/2 cup	75	126	32.73
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	75	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Chocolate Pudding MS1474	1/2 cup	150	111	23.78
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Ketchup PC MS1528	1 packet	400	10	3.0
Salsa, Portion, USDA,MS1146.1	1 ounce	50	9	1.77
Cheese 1 oz. Block MS930	1 ounce	50	71	3.04
Weighted Daily Average			750	120.06
% of Calories				64.0%
Nutrient Guideline			750-850	

Fri - 04/06/2018				
Sebastopol 9-12	Total	250		
Cheeseburger 2 oz., US MS728.1	1 each	175	316	32.23
Fish Sandwich Baked MS750	1 each	75	320	41.0
Vegetable Juice, Assort,MS1156	1/2 cup	100	57	14.0
Fried Crinkle Cut Fries MS1089	1/2 cup	250	135	17.69
Fresh Oranges MS1268	1 each	100	61	15.22
Fresh Fruit Cup MS1250	1/2 cup	50	64	16.48
Milk, FF White 1/2 pt.Br MS1706	1/2 pint	75	90	12.0
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	125	130	24.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Ketchup PC MS1528	1 packet	500	10	3.0
Mustard, PC, MS1538	1 packet	50	5	1.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	40	1.0
Cookie, Sugar, Pur WGR, MS1436	1 cookie	125	120	17.0
Weighted Daily Average			756	105.53
% of Calories				55.8%
Nutrient Guideline			750-850	

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Sebastopol 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/09/2018				
Sebastopol 9-12	Total	250		
BBQ Pork Sandwich US MS7??	1 each	50	415	39.28
Spicy Chicken Sand MS736	1 each	150	330	40.17
Tuna Salad w/ Crackers MS636	1/2 CUP	50	276	21.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Baked Beans MS918	1/2 cup	75	159	36.57
Baked Crinkle Fries MS1088	1/2 cup	225	101	17.69
Fresh Apple MS1206	1 each	100	72	19.06
Fresh Oranges MS1268	1 each	150	61	15.22
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	75	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	1.0
Ketchup PC MS1528	1 packet	600	10	3.0
Cookie, Sugar, Pur WGR, MS1436	1 cookie	150	120	17.0
Weighted Daily Average			757	114.47
% of Calories				60.5%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 04/10/2018				
Sebastopol 9-12	Total	250		
Turkey Sliced,Brown GravyMS564	1 serving	200	152	5.18
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	200	160	29.0
Ham&Cheese on Hoagie USMS766.1	1 hoagie	25	313	36.14
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	5	60	9.0
Mashed Potatoes MS1078	1/2 cup	200	91	15.67
Broccoli Salad Grapes MS1110	2/3 cup	50	134	13.59
Fruit Cocktail MS1248	1/2 cup	75	58	14.91
Rosey Applesauce MS1212	1/2 cup	150	70	18.34
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	100	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Mayonnaise PC Reduce Ft MS1534	PC Packet	50	40	1.0
Mustard, PC, MS1538	1 packet	25	5	1.0
Cereal Rice Treat Bar MS1610	1 bar	150	160	30.0
Weighted Daily Average			755	108.36
% of Calories				57.4%
Nutrient Guideline			750-850	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 04/11/2018				
Sebastopol 9-12	Total	250		
Chicken Fajitas USDA, MS527	1 fajita	100	284	21.06
Hot Dog WG MS778	1 each	100	320	29.0
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Whole Ker Corn Frz MS1031	1/2 cup	175	89	17.22
Pinto Beans MS912	1/2 cup	110	146	26.17
Fresh Apple MS1206	1 each	175	72	19.06
Fresh Grapes MS1226	1/2 cup	50	61	15.56
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	100	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	100	40	1.0
Ketchup PC MS1528	1 packet	200	10	3.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Cookie,Chocolate ChipPurMS1428	1 cookie	200	120	16.0
Weighted Daily Average			750	102.03
% of Calories				54.5%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 04/12/2018				
Sebastopol 9-12	Total	250		
Chicken Spaghetti, ENR, MS542	3/4 cup	100	310	38.31
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	100	160	29.0
Steak Fingers, Baked MS180	4 each	100	290	15.0
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	100	160	29.0
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Black-Eyed Peas DryCMS1006	1/2 cup	100	135	23.66
Green Peas, Frozen MS1070	1/2 cup	150	91	13.67
Fresh Fruit Cup MS1250	1/2 cup	100	64	16.48
Pineapple Tidbits MS1286	1/2 cup	100	72	18.87
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	25	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Ketchup PC MS1528	1 packet	200	10	3.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			760	109.88
% of Calories				57.8%
Nutrient Guideline			750-850	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 04/13/2018				
Sebastopol 9-12	Total	250		
Cheeseburger 2 oz., US MS728.1	1 each	250	316	32.23
Carrots, Baby w/ Dip, MS#1017	1/2 cup	75	45	9.95
Season Potato Wedge FryMS1098	1/2 cup	250	156	18.89
Strawberries, Frozen MS1294	1/2 cup	150	51	12.12
Chilled Peach Slices MS1274	1/2 cup	100	65	17.49
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	25	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	50	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	40	1.0
Ketchup PC MS1528	1 packet	600	10	3.0
Mustard, PC, MS1538	1 packet	10	5	1.0
Assorted Pudding CupsMS1462	1 pudding cup	200	85	19.0
Weighted Daily Average			777	111.71
% of Calories				57.5%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/16/2018				
Sebastopol 9-12	Total	250		
Red BeansCND/Rice/SausageMS416	1 serving	150	298	37.58
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	150	160	29.0
Philly Cheese Steak SandMS781	1 each	50	308	31.29
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	15	60	9.0
Season Green Beans CND MS1044	1/2 cup	225	47	4.83
Tossed Salad w/Drsg MS1126	1/2 cup	100	31	6.03
Fresh Apple MS1206	1 each	100	72	19.06
Chilled Peach Slices MS1274	1/2 cup	150	65	17.49
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	75	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	150	40	1.0
Ketchup PC MS1528	1 packet	600	10	3.0
Cookie, Sugar, Pur WGR, MS1436	1 cookie	200	120	17.0
Weighted Daily Average			757	114.38
% of Calories				60.4%
Nutrient Guideline			750-850	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 04/17/2018				
Sebastopol 9-12	Total	250		
Steak Fingers, Baked MS180	4 each	200	290	15.0
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	200	160	29.0
Ham&Cheese on Hoagie USMS766.1	1 hoagie	25	313	36.14
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	5	60	9.0
Fried Crinkle Cut Fries MS1089	1/2 cup	200	135	17.69
Pinto Beans MS912	1/2 cup	50	146	26.17
Fresh Oranges MS1268	1 each	75	61	15.22
Rosey Applesauce MS1212	1/2 cup	150	70	18.34
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	100	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Mayonnaise PC Reduce Ft MS1534	PC Packet	50	40	1.0
Mustard, PC, MS1538	1 packet	25	5	1.0
Ice Cream Variety Luvel MS	Cup 3 Oz.	150	67	11.67
Weighted Daily Average			848	109.44
% of Calories				51.6%
Nutrient Guideline			750-850	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 04/18/2018				
Sebastopol 9-12	Total	250		
Turkey Sliced,Brown GravyMS564	1 serving	100	152	5.18
Cornbread 2 WG MS1301	1 piece	100	205	35.42
Corn Dog MS744	1 each	100	247	27.08
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	25	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Mashed Potatoes MS1078	1/2 cup	200	91	15.67
Turnip Greens, Southern MS1046	1/2 cup	110	57	3.43
Fruit Juice, Frozen Cup,MS1247	1/2 cup	225	95	23.44
Pineapple Tidbits MS1286	1/2 cup	50	72	18.87
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	100	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	100	40	1.0
Ketchup PC MS1528	1 packet	200	10	3.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Cookie, Sugar, Pur WGR, MS1436	1 cookie	200	120	17.0
Weighted Daily Average			758	108.78
% of Calories				57.4%
Nutrient Guideline			750-850	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 04/19/2018				
Sebastopol 9-12	Total	250		
Meatballs, BBQ/Hoagie,MerMS722	5 meatballs	100	191	39.7
BBQ Pork Sandwich US MS7??	1 each	100	415	39.28
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Season Potato Wedge FryMS1098	1/2 cup	100	156	18.89
Broccoli w/Cheese Sauce MS1012	1/2 cup	150	43	7.67
Strawberries, Frozen MS1294	1/2 cup	100	51	12.12
Fruit Cocktail MS1248	1/2 cup	100	58	14.91
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	25	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Ketchup PC MS1528	1 packet	200	10	3.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			603	88.11
% of Calories				58.5%
Nutrient Guideline			750-850	

Fri - 04/20/2018				
Sebastopol 9-12	Total	250		
Cheeseburger 2 oz., US MS728.1	1 each	250	316	32.23
Vegetable Juice, Assort,MS1156	1/2 cup	75	57	14.0
Fried Crinkle Cut Fries MS1089	1/2 cup	250	135	17.69
Fresh Fruit Cup MS1250	1/2 cup	150	64	16.48
Chilled Mandarin Orange MS12??	1/2 cup	100	73	19.46
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	25	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	50	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	40	1.0
Ketchup PC MS1528	1 packet	600	10	3.0
Mustard, PC, MS1538	1 packet	10	5	1.0
Assorted Pudding CupsMS1462	1 pudding cup	150	85	19.0
Weighted Daily Average			755	111.33
% of Calories				59.0%
Nutrient Guideline			750-850	

Weighted Average			688	97.84
				56.9%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	688		750 - 850	92%		62		
Carbohydrate (g)	97.84	56.91%						Correction Required - Calories are Low

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