

Scott Co. School Child Nutrition Program

Apr 2, 2018 thru Apr 20, 2018

Base Menu Spreadsheet
Portion Values - Detailed

Sebastopol K-8

Page 1

Generated on: 4/13/2018 3:27:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/02/2018				
Sebastopol K-8	Total	1		
HOLIDAY NO SCHOOL	NONE	1	*N/A*	*N/A*
Weighted Daily Average % of Calories			*N/A*	*N/A%*
Nutrient Guideline			600-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 04/03/2018				
Sebastopol K-8	Total	2000		
Chicken Mandarin MS570	1 Serving	1200	232	30.56
Rice, Brown MS1341	1/2 cup	1200	99	21.31
Roll, Whole Wheat Pur1ozMS1356	1 roll	1200	75	13.5
Lunch Bites	1 bag	500	345	58.19
Tuna Salad Salad MS634	1 salad	300	430	23.4
Saltine Crackers, ENR,M MS1369	2 4-count packs	300	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Broccoli w/Cheese Sauce MS1012	1/2 cup	1000	43	7.67
Green Beans, FRZ, Whole,MS1041	1/2 cup	1500	44	6.48
Fruit Juice, Frozen Cup,MS1247	1/2 cup	1000	95	23.44
Orange Smiles MS1270	1/2 cup	350	77	19.19
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	375	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Mayonnaise PC Reduce Ft MS1534	PC Packet	50	40	1.0
Ketchup PC MS1528	1 packet	50	10	3.0
Weighted Daily Average % of Calories			617	99.65 64.6%
Nutrient Guideline			600-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 04/04/2018				
Sebastopol K-8	Total	2000		
Chicken Baked Seasoned MS508	1 serving	1400	271	0.17
Cornbread 1 WG MS1300	1 piece	1400	102	17.71
Macaroni&Cheese,Ham SliceMS412	1 serving	550	418	34.16
Chef Salad, USDA Foods MS600.1	1 salad	50	256	18.3
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Turnip Greens, Southern MS1046	1/2 cup	950	57	3.43
Black-Eyed Peas DryCMS1006	1/2 cup	1250	135	23.66
Fresh Strawberries MS1292	1/2 cup	1200	29	6.97
Fresh Fruit Cup MS1250	1/2 cup	450	64	16.48
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	750	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	100	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	350	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average % of Calories			607	60.89 40.1%
Nutrient Guideline			600-650	

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Page 2

Generated on: 4/13/2018 3:27:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 04/05/2018				
Sebastopol K-8	Total	2000		
Chicken Fajitas USDA FMMS527.1	1 fajita	800	279	20.06
Tortilla Chips 1 oz eq	9 chips	800	140	18.0
Corn Dog Nuggets MS406	6 nuggets	1200	271	30.15
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Baked Beans MS1000	1/2 cup	450	163	36.85
Whole Ker Corn Frz MS1031	1/2 cup	800	89	17.22
Fresh Apple MS1206	1 each	600	72	19.06
Tropical Fruit MS1249	1/2 cup	450	126	32.73
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	200	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	500	130	23.0
Chocolate Pudding MS1474	1/2 cup	500	111	23.78
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Ketchup PC MS1528	1 packet	1000	10	3.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	250	40	1.0
Salsa, Portion, USDA,MS1146.1	1 ounce	800	9	1.77
Cheese 1 oz. Block MS930	1 ounce	800	71	3.04
Weighted Daily Average			627	88.66
% of Calories				56.6%
Nutrient Guideline			600-650	

Fri - 04/06/2018				
Sebastopol K-8	Total	2000		
Cheeseburger 2 oz., US MS728.1	1 each	1500	316	32.23
Fish Sandwich Baked MS750	1 each	500	320	41.0
Vegetable Juice, Assort,MS1156	1/2 cup	500	57	14.0
Fried Crinkle Cut Fries MS1089	1/2 cup	1800	135	17.69
Fresh Oranges MS1268	1 each	950	61	15.22
Fresh Fruit Cup MS1250	1/2 cup	850	64	16.48
Milk, FF White 1/2 pt.Br MS1706	1/2 pint	275	90	12.0
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	24.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	600	130	23.0
Ketchup PC MS1528	1 packet	1600	10	3.0
Mustard, PC, MS1538	1 packet	300	5	1.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	15	40	1.0
Weighted Daily Average			621	88.79
% of Calories				57.2%
Nutrient Guideline			600-650	

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Apr 2, 2018 thru Apr 20, 2018

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Sebastopol K-8

Portion Values - Detailed

Page 3

Generated on: 4/13/2018 3:27:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/09/2018				
Sebastopol K-8	Total	400		
BBQ Pork Sandwich US MS7??	1 each	100	415	39.28
Spicy Chicken Sand MS736	1 each	250	330	40.17
Tuna Salad w/ Crackers MS636	1/2 CUP	50	276	21.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Baked Beans MS918	1/2 cup	100	159	36.57
Baked Crinkle Fries MS1088	1/2 cup	300	101	17.69
Fresh Apple MS1206	1 each	100	72	19.06
Fresh Oranges MS1268	1 each	200	61	15.22
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	125	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	125	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	300	40	1.0
Ketchup PC MS1528	1 packet	750	10	3.0
Weighted Daily Average			650	95.00
% of Calories				58.4%
Nutrient Guideline			600-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 04/10/2018				
Sebastopol K-8	Total	400		
Turkey Sliced,Brown GravyMS564	1 serving	250	152	5.18
Roll, Whole Wheat Pur1ozMS1356	1 roll	150	75	13.5
Ham&Cheese on Hoagie USMS766.1	1 hoagie	150	313	36.14
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0
Mashed Potatoes MS1078	1/2 cup	300	91	15.67
Broccoli Salad Grapes MS1110	2/3 cup	200	134	13.59
Fruit Cocktail MS1248	1/2 cup	150	58	14.91
Rosey Applesauce MS1212	1/2 cup	150	70	18.34
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	175	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	40	1.0
Mustard, PC, MS1538	1 packet	50	5	1.0
Weighted Daily Average			611	77.50
% of Calories				50.8%
Nutrient Guideline			600-650	

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Scott Co. School Child Nutrition Program

Apr 2, 2018 thru Apr 20, 2018

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Sebastopol K-8

Portion Values - Detailed

Page 4

Generated on: 4/13/2018 3:27:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 04/11/2018				
Sebastopol K-8	Total	400		
Chicken Fajitas USDA, MS527	1 fajita	200	284	21.06
Hot Dog WG MS778	1 each	150	320	29.0
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Whole Ker Corn Frz MS1031	1/2 cup	300	89	17.22
Pinto Beans MS912	1/2 cup	100	146	26.17
Fresh Apple MS1206	1 each	200	72	19.06
Fresh Grapes MS1226	1/2 cup	100	61	15.56
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	200	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	100	40	1.0
Ketchup PC MS1528	1 packet	200	10	3.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			604	81.31
% of Calories				53.9%
Nutrient Guideline			600-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 04/12/2018				
Sebastopol K-8	Total	400		
Chicken Spaghetti, ENR, MS542	3/4 cup	200	310	38.31
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	150	160	29.0
Steak Fingers, Baked MS180	4 each	150	290	15.0
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	100	160	29.0
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Black-Eyed Peas DryCMS1006	1/2 cup	150	135	23.66
Green Peas, Frozen MS1070	1/2 cup	200	91	13.67
Fresh Fruit Cup MS1250	1/2 cup	200	64	16.48
Pineapple Tidbits MS1286	1/2 cup	100	72	18.87
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Ketchup PC MS1528	1 packet	1	10	3.0
Weighted Daily Average			644	91.91
% of Calories				57.1%
Nutrient Guideline			600-650	

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Sebastopol K-8

Portion Values - Detailed

Page 5

Generated on: 4/13/2018 3:27:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 04/13/2018				
Sebastopol K-8	Total	400		
Cheeseburger 2 oz., US MS728.1	1 each	400	316	32.23
Carrots, Baby w/ Dip, MS#1017	1/2 cup	150	45	9.95
Season Potato Wedge FryMS1098	1/2 cup	300	156	18.89
Strawberries, Frozen MS1294	1/2 cup	150	51	12.12
Chilled Peach Slices MS1274	1/2 cup	100	65	17.49
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	400	40	1.0
Ketchup PC MS1528	1 packet	1200	10	3.0
Mustard, PC, MS1538	1 packet	50	5	1.0
Weighted Daily Average			643	84.55
% of Calories				52.6%
Nutrient Guideline			600-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/16/2018				
Sebastopol K-8	Total	400		
Red BeansCND/Rice/SausageMS416	1 serving	200	298	37.58
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	200	160	29.0
Philly Cheese StkSandUMS781.1	1 each	150	293	31.73
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	50	60	9.0
Tossed Salad w/Drsg MS1126	1/2 cup	100	31	6.03
Green Beans,Frz,Cut, MS1042	1/2 cup	300	39	5.31
Fresh Apple MS1206	1 each	100	72	19.06
Chilled Peach Slices MS1274	1/2 cup	200	65	17.49
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	125	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	50	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	125	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	300	40	1.0
Ketchup PC MS1528	1 packet	750	10	3.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			632	93.00
% of Calories				58.8%
Nutrient Guideline			600-650	

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Sebastopol K-8

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Page 6

Generated on: 4/13/2018 3:27:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 04/17/2018				
Sebastopol K-8	Total	400		
Steak Fingers, Baked MS180	4 each	150	290	15.0
Chicken Tenders Baked MS546	3 tenders	150	250	17.0
Roll, Whole Wheat Pur1ozMS1356	1 roll	150	75	13.5
Ham&Cheese on Hoagie USMS766.1	1 hoagie	50	313	36.14
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	10	60	9.0
Mashed Potatoes MS1078	1/2 cup	300	91	15.67
Pinto Beans MS912	1/2 cup	200	146	26.17
Chilled Blushing Pears, MS1276	1/2 cup	50	71	18.91
Fresh Oranges MS1268	1 each	110	61	15.22
Ice Cream Variety Luvel MS	Cup 3 Oz.	150	67	11.67
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	175	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	40	1.0
Mustard, PC, MS1538	1 packet	50	5	1.0
Weighted Daily Average			649	81.98
% of Calories				50.6%
Nutrient Guideline			600-650	

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 04/18/2018				
Sebastopol K-8	Total	400		
Turkey Sliced,Brown GravyMS564	1 serving	200	152	5.18
Cornbread 1 WG MS1300	1 piece	150	102	17.71
Corn Dog MS744	1 each	150	247	27.08
Chef Salad, MS600	1 salad	50	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Croutons, PC, .5 Grain, Fresh	1 packet	25	60	9.0
Mashed Potatoes MS1078	1/2 cup	375	91	15.67
Turnip Greens, Southern MS1046	1/2 cup	125	57	3.43
Fruit Juice, Frozen Cup,MS1247	1/2 cup	375	95	23.44
Pineapple Tidbits MS1286	1/2 cup	100	72	18.87
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	200	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Mustard, PC, MS1538	1 packet	100	5	1.0
Ketchup PC MS1528	1 packet	200	10	3.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			600	89.44
% of Calories				59.6%
Nutrient Guideline			600-650	

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Portion Values - Detailed

Sebastopol K-8

Page 7

Generated on: 4/13/2018 3:27:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 04/19/2018				
Sebastopol K-8	Total	400		
Meatballs, BBQ/Hoagie,MerMS722	5 meatballs	225	191	39.7
BBQ Pork Sandwich US MS7??	1 each	150	415	39.28
Chef Salad, MS600	1 salad	25	244	18.05
Saltine Crackers, ENR,M MS1369	2 4-count packs	10	100	18.0
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0
Season Potato Wedge FryMS1098	1/2 cup	350	156	18.89
Broccoli w/Cheese Sauce MS1012	1/2 cup	150	43	7.67
Fresh Fruit Cup MS1250	1/2 cup	300	64	16.48
Fruit Cocktail MS1248	1/2 cup	105	58	14.91
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	125	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	100	130	23.0
Ranch Dressing (Mix)MS1546	2 TBSP	50	115	4.1
Weighted Daily Average			600	90.37
% of Calories				60.3%
Nutrient Guideline			600-650	

Fri - 04/20/2018				
Sebastopol K-8	Total	400		
Cheeseburger 2 oz., US MS728.1	1 each	400	316	32.23
Vegetable Juice, Assort,MS1156	1/2 cup	150	57	14.0
Fried Crinkle Cut Fries MS1089	1/2 cup	300	135	17.69
Strawberries, Frozen MS1294	1/2 cup	150	51	12.12
Chilled Peach Slices MS1274	1/2 cup	100	65	17.49
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	150	130	24.0
Milk, FF White1/2 pt.PF MS1706	1/2 pint	75	80	11.0
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	75	130	23.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	400	40	1.0
Ketchup PC MS1528	1 packet	1200	10	3.0
Mustard, PC, MS1538	1 packet	50	5	1.0
Weighted Daily Average			633	85.16
% of Calories				53.8%
Nutrient Guideline			600-650	

Weighted Average			582	80.48
				55.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	582		600 - 650	97%		18		
Carbohydrate (g)	80.48	55.27%						Correction Required - Calories are Low

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