

Shonto Prep Schools Residential Program Syllabus

SY 2019-20

Program Personnel Information

Personnel	Email	Office Location
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General Information

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Boys Wing A (928)672-3543

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Web address: www.shontoprep.org

Open: 4PM on Sundays on Holiday Mondays; 6AM Tuesdays after Monday Professional Development.

Close: 8AM on Fridays and Early Dismissals

Description

Shonto Preparatory Schools Residential Program will provide the basic personal hygiene, self-care and life skills to students enrolled in the residential program during the school year.

Personal hygiene includes: daily physical showering/washing: shampooing/conditioning hair and cleanliness; washing hands and face; keeping feet clean and dry; brushing teeth and wearing clean clothes and socks.

Self-care includes: following daily routines, listening first, following instructions and asking questions to understand; personal growth in thinking, leadership, individual life and emotional development.

Life skills includes: to learn to social standards so to function at a high level, learn and set personal standards for educational and life growth.

Shonto Preparatory School Vision

Promote creative problem solving through critical thinking while embracing Dine' Language and Culture to create collaborative life-long learners. Diné bizaad dóó be'iina' bee neésgóó óhoo'aah bee hadít'éego ádoonííł biniyé 'as'ahgo síhoosii bineinish dooleeł.

Shonto Preparatory School Mission

The mission of Shonto Preparatory School is to nurture positive character in a safe, engaging, caring and reactive environment with high academic expectations while instilling Dine' language and culture, where all learners are successful, responsible, and independent thinkers. Sháá'tohí Ólta' Bił hahodít'éedóó ei yiniyé át'íinii 'iiná bee yá'át'éhgo anooséel doo anáhóót'i'góó, lhojooba'índa óhoo'aah bee il'ílinii bee hahodidooníł Diné bizaad dóó be'iina' bił ahii'siláago, t'áa altso hooł'aahii yee la' dooníł, yee ákonizingo, dóó yee bitsékees náás hideezláago yee nooséel dooleeł.

Residential Program Vision

Shonto Preparatory Schools Residential Program prepares students for their future by teaching Diné life principles to grow into confident and independent citizens. "Sháá tóhó olta nosíia bigahan bił nanish éi diné be íina náasgo ní'jii ye anoł'tił."

Residential Program Mission

Shonto Preparatory Schools Residential Program supports the academic goals of the Shonto Preparatory Schools. "Sháá tóhó olta nosíia bigahan bił nanish éi olta bindi'ah yiłnahnish."

Personnel Vision

Provide Dineh Life Principle Teachings to our students

Personnel Mission

Create a safe, friendly environment for students to live and attend Shonto Preparatory School

Student Mission

Be respectful and responsible to live in a safe learning environment

Student Vision

To learn to be independent

Statement Of Goals And Objectives

In accordance with the statement of philosophy, Shonto Preparatory Schools Residential Program will complete self-assessments, plans, updates and implementation of strategies to meet the vision, mission, goals and objectives.

Goal 1 - Students will learn and practice self-reassurance and awareness through multi-cultural practices and activities.

- ☑ **Objective A**, Students will recite their four tribal clans and understand their relationship to others using the kinship system as a daily practice.
- ☑ **Objective B**, Students will practice their tribal greetings and words of appreciation to others on a daily basis.
- ☑ **Objective C**, Students will practice and read basic tribal words throughout the residential halls.
- ☑ **Objective D**, Students will attend a multi-cultural education for self-esteem, self-identity, and family values to gain a sense of belonging as provided by the residential program presenters.
- ☑ **Objective E**, Students will attend multi-cultural workshop to instill awareness and appreciation on local Dineh culture, history, and government.

Goal 2 - Students will develop and demonstrate *safety* practices for themselves, people, property, and situations to ensure a safe and secure learning environment for all.

- ☑ **Objective A**, Students will be orientated on safety protocols in the school, residential halls, cafeteria, campus facilities, and peer interaction, for personal safety.
- ☑ **Objective B**, Students will gain knowledge of emergency, safety, and curfew procedures through residential guidance lessons for individual and group practice.
- ☑ **Objective C**, Students will receive safety training regarding the harmful effects of cleaning chemicals, paint, pesticides, adhesives, asbestos, etc. on a semester basis.
- ☑ **Objective D**, Students will be orientated a the student handbook and sign off on it to acknowledge that the residential program disciplinary processes, consequences and personal conduct have been reviewed with them at the beginning of each Semester.
- ☑ **Objective E**, Students will attend educational presentations on positive relationships with self and peers for self-confidence and goal setting during the semester.

Goal 3 - Students will develop and demonstrate *responsible* practices to attain life skills. “Hojíyá” (Self-Control).

- ☑ **Objective A**, Students will be orientated to practice responsibility at the school, residential halls, cafeteria, campus facilities, peer interaction and situations for character building each semester.
- ☑ **Objective B**, Students will learn to practice daily personal hygiene, self-care and life skills such as: keeping beds clean and units organized, sweeping and mopping floors, completing chores in a timely manner, folding clothes, and being respectful of personal boundaries. The students will achieve personal hygiene standards, i.e.: showering, brushing teeth, hair

brushing, self-dressing, wear clean clothes and etc. with personnel support, guidance and encouragement.

- ☑ **Objective C**, Students will learn management skills for time, stress, and anger by (i) differentiating between quality and non-quality leisure time, (ii) learning benefits of taking personal initiative, and (iii) replacing apathy with empathy.
- ☑ **Objective D**, Students will learn manage personal financial responsibility during the school year.
- ☑ **Objective E**, Students will learn to recycle and pick up trash on a monthly basis, weather and climate permitting during the school year on the residential campus.

Goal 4, Students will learn personal respect and practice it by creating a safe and secure learning environment for themselves and others.

- ☑ **Objective A**, Students will learn and practice daily respectful behavior in the residential halls, at school and cafeteria during the school year.
- ☑ **Objective B**, Students will learn and practice boundaries which respects their tribal kinship practices on the residential campus during the school year.
- ☑ **Objective C**, Students will learn and practice team building skills and unity through guidance lessons on the residential campus during the school year.
- ☑ **Objective D**, Students will learn and practice conflict resolution through using de-escalation skills 80 percent of their time in the residential hall during the school year.
- ☑ **Objective E**, Students will attend quarterly multi-cultural lessons presented by traditional elders to learn about the natural order of the world of indigenous people, i.e., Diné philosophy of life (Iina) during the school year.

Goal 5 - Students will receive professional guidance and support to achieve academic success individually and as a group.

- ☑ **Objective A**, Students will participate in one hour 25 CFR, Part 36, Subpart G, mandated study hall four days a week during the school year.
- ☑ **Objective B**, Highly qualified tutors will be available to assist the students with homework and monitor their learning progress with innovative teaching techniques for study hall during the school year.
- ☑ **Objective C**, Students will use technology hardware and software, literature, media, and printers for their academic studies during the school year.
- ☑ **Objective D**, Standardized testing preparation will be scheduled one week prior to the testing dates for the students and their parents to understand of data, scores, standards, and performance objectives.
- ☑ **Objective E**, Students will earn points and/or privileges to participate in residential program sponsored trips, i.e., honor roll, and year end trip.
- ☑ **Objective F**, Students will participate in the elementary school's Dine' language revitalization related programs as offered during the school year.

Goal 6 - Students will achieve healthy body and mind through active participation in physical activities.

- ☑ **Objective A**, Students will learn and practice the Health & Wellness Policy in accordance with Arizona Department of Education to meet the daily nutritional needs at cafeteria meals and residential student snack program during the school year.

- ☑ **Objective B**, Students will participate in the one hour 25 CFR, Part 36, Subpart G, mandated daily physical activity during the school year.

Objective C, Students will learn and practice sportsmanship when participating in intramural competitions during the school year.

Objective D, Students will be exposed to unique recreation activities such as yoga, aerobics, modern dance and golf during the school year for recreation.

- ☑ **Objective E**, Student will use the weight room, rumpus room, track, football field, and ropes course to incorporate fundamental techniques of physical fitness.

Goal 7 – The parents will support their students to live in a safe, responsible, respectful, and healthy environment in the residential hall to become independent individuals with limitless potential.

- ☑ **Objective A**, Parents will participate in 80% of the residential program sponsored events, activities, meetings, and workshops during the school year.
- ☑ **Objective B**, Residential personnel will communicate in partnership with their assigned student’s parent about the student’s academic progress and achievement at each quarter grading period of the school year.
- ☑ **Objective C**, Parents will support and assist the residential program to meet the minimum 80 registered count for first through eighth grades students to meet the three week BIE residential count verification standard for the school year.
- ☑ **Objective D**, Students will participate in a student residential council election at the beginning of the school year to promote leadership opportunity and plan activities for their peers on the monthly basis during the school year.
- ☑ **Objective E**, Parents will participate in the Residential Parent Committee election at the beginning of the school year to promote partnership in leadership and policy development for support and guidance of the residential program Statement of Objectives on a quarterly basis during the school year.
- ☑ **Objective E**, Parents will attend parent teacher conference and quarterly residential program family nights for information about their child’s academic progress and personal growth on the Shonto Preparatory School campus during the school year.

Goal 8 - Students will receive social work and counseling services through a variety of strategies and resources increase their academic learning and mental and physical well-being.

- ☑ **Objective A**, Social Worker/Counselor will be used on an emergency basis through from the personnel to the workforce leader from repeated incident referral on same behavior for wing assigned students.
- ☑ **Objective B**, Social Worker/Counselor will plan, schedule, and coordinate and provide *individual, group, and family counseling* sessions throughout the academic school year.
- ☑ **Objective C**, Social Worker/Counselor will plan, schedule, coordinate and provide *preventive education and support group sessions* for students.
- ☑ **Objective D**, Social Worker/Counselor will coordinate *crisis intervention services* through collaborative efforts with community resources throughout the academic school year.

- Use Dine’ traditional Guidance lesson for personnel instruction to the students.

Hódzá / Hojýá / Há'áhwiinít'í Bóhoo'aah
Nináníłtsojì' bee iiná ázhdoolíł.

Nitsáhákees
Nahodit'áh
Gáál
Háni'
Hatsíís

Course Materials

Required Materials

- 2019-20 Shonto Preparatory Schools Residential Program Student & Parent Handbook
- 2019-20 Residential Program Calendar
- Swim suit
- Girls-Formal dress
- Boys-Shirt and tie
- 3- sets of clothing (pants, shirt-blouse, socks& underwear)

Open Classroom, Incentive Based

- The residential program creates opportunities for its students to practice what is taught in an open classroom. The students get to practice their personal hygiene, self-care and life skills during incentive trips. The students practice staying in groups, being accounted for and personal safety. The personnel maintain close monitoring of the students and grade the students on personal hygiene, self-care and life skills that were taught at the residential halls on school campus.

Optional Materials

Personal reading books for fifteen minute reading at the beginning of study hall. Residential campus goes into 15 minute reading at that time.

Required Text

Make Your Bed, Book, William H. McRaven

The Alchemist, Book, Paulo Coelho

2019-20 Program Schedule

Week	Topic
Aug- Sept:	Safety and Self-Care; Personal Hygiene, laundry; taking care of personal belongings; Details, Develop work ethic
October- December:	Personal Responsibility and discipline, Life Skills, Interdependence
January- February:	Safety and Self-Care; Personal Hygiene, laundry; taking care of personal belongings; Details, Develop work ethic Independence
Mar- May:	Personal Responsibility and discipline, Life Skills Interdependence
Quarterly schedule Program Outline Afterschool Activities are scheduled the.	Elementary school enrichment program from 4 p.m. - 5 p.m. consisting of physical and health centered activities. Students who sign up with legal parent guardian consent participate in the program

Study Hall & Tutoring, Monday through Thursday

Time

**5:35P-7:30P, in each
residential hall for all
residential students**

**5:35P-5:50P, fifteen
minute reading on
residential campus**

Time

**6P-8P, tutoring hours
depending on tutor
availability**

Additional Information and Resources

Check in/Check out

Sunday- Thursdays, 8PM

Handbooks

Elementary-First Grade to Eighth Grade

High School – Ninth Grade to Twelfth Grade