

St. Therese Catholic Church

May 22, 2022

Ministered by the Discalced Carmelite Friars

Est. 1924

510 North El Molino Street | Alhambra CA 91801 | (626) 282-2744 | www.StThereseChurchAlhambra.org



The angel took me in spirit to a great, high mountain and showed me the holy city Jerusalem coming down out of Heaven from God. It gleamed with the splendor of God. Its radiance was like that of a precious stone, like jasper, clear as crystal (Revelation 21:10-11).

MASSES | CONFESSIONS

Masses—Saturday: 8:00 a.m. & Vigil at 5:00 p.m.

Sundays at 7:30, 9:00, 11:00 a.m., 5:00 p.m.

And Traditional Latin High Mass at 1:00 p.m.

Monday-Friday Masses: 6:00 and 8:00 a.m.

(the daily 8:00 a.m., the Sunday 11:00 a.m., and the weekday 7:00 p.m. Masses are **LIVE STREAMED** on Facebook

AND YouTube);

Rosary: Mon-Sat after 8:00 a.m. Mass

**Masses on Monday, *Tuesday (*Spanish),
Wednesday & Thursday EVENINGS at 7:00 p.m.**

First Friday Mass: 7:00 p.m.

CONFESSIONS (OUTSIDE)-Wednesdays from 8:00

to 9:00 p.m.; Saturdays from 3:00 to 6:30 p.m.

and Sundays from Noon to 1:00 p.m.

Carmelite Nuns: 7:30 a.m., Mon.-Sat.

OFFICE HOURS | CONTACTS

Monday – Friday: 9:00 am-1:00 pm; 2:00 pm-5:00 pm

Pastor: Fr. Thomas Koller, OCD X222

Associate Pastor: Fr. David Guzman, OCD X232

In Residence: Fr. Albert Bunsic, OCD;

Fr. Bernard Perkins, OCD X225; Bro. Jason Parrott, OCD;

Fr. Godfrey Chandya, OCD

Deacons: Dcn Joseph Mizerski | Dcn Gilbert Vargas X333;

Annulments: Deacon Gilbert Vargas X333

Vocations: For the Archdiocese: (213) 637-7515

For the Carmelites: www.discalcedcarmelitefriars.com

Parish Secretary: Denise McMaster-Holguin X223

denisekay@hotmail.com

Finance: Noralyn Cailan X228 / cailannocds@gmail.com

Music Director: Paula Grimm | pg Grimm.dir@gmail.com

Respect Life Ministry: Catherine Contreras XI 12

ST. THERESE CARMELITE SCHOOL

(626) 289-3364

www.SaintThereseCarmeliteSchool.com

Principal: Alma Cornejo X661

principal@sainttheresecarmeliteschool.com

See our **VIDEOS** on the School's Facebook page
or on the Church's website >Our School > Videos



SACRAMENTS

- **Baptisms:** Register online
- **Weddings:** Register online at least six months in advance
- **Anointing of the Sick:** Call the office

PASTOR'S MESSAGE

Christ is risen! Blessed Easter Week Six and Feast of St. Rita, patroness of impossible cases (aren't we all?!). And this Thursday, we wish you a blessed (unofficially) Solemnity of the Ascension of Our Lord into Heaven!!! (In many dioceses, such as ours, the Ascension is transferred to the following Sunday.)

This week, **on Friday, May 27, we will begin the Novena to the Holy Spirit** in preparation for the Feast of Pentecost. **There will be stacks of the Novena Prayers at each entrance of the church and in the Office and in the Adoration Chapel.** Let us prepare for a fresh outpouring of the Holy Spirit by meditating on this most mysterious Third Person of the Holy Trinity—with the help of some key Scriptures: "and the Holy Spirit descended upon Jesus in bodily form, as a dove, and a Voice came from Heaven: "Thou art my beloved Son; with thee I am well pleased" (Luke 3:22). [The Holy Spirit descended upon you and me also at our Baptism, and the Father said to each of us: "You are My beloved son/daughter."]

"You are witnesses of these things. And behold, I send the promise of my Father upon you; but stay in the city, until you are clothed with power from on high" (Luke 24:48-49). [The Father is sending you and me out also, once we have received the Power of the Holy Spirit.]

"The wind blows where it wills, and you hear the sound of it, but you do not know whence it comes or whither it goes; so it is with every one who is born of the Spirit" (John 3:8). [Life in the Holy Spirit is wonderfully mysterious.]

"Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Counselor (the Paraclete, Who calls us to His side) will not come to you; but if I go, I will send Him to you. And when He comes, He will convince the world concerning sin and righteousness and judgment: concerning sin, because they do not believe in me; concerning righteousness, because I go to the Father, and you will see me no more; concerning judgment, because the ruler of this world is judged" (John 16:7-9). [Jesus boils all sin down to "not believing," and assures us that as children of our Heavenly Father we don't have to worry about being condemned because the devil is the one who is already condemned!]

"When Jesus had received the vinegar, He said, 'It is finished'; and He bowed His head and gave up His Spirit" (John 19:30). [Here is the beginning of Pentecost, already on Good Friday, the very first outpouring of the Holy Spirit, from Jesus dying on a Roman Cross!].

"And when Jesus had said this, He breathed on them, and said to them, 'Receive the Holy Spirit'" (John 20:22). [Pentecost continues to grow, three days later on Easter Sunday, and then comes to that explosion of Peace and Joy and Signs and Wonders on Pentecost Sunday.] But before that happens, Jesus insists (and this is why we keep a Novena to the Holy Spirit each year): "And behold, I send the promise of my Father upon you; but stay in the city, until you are clothed with power from on high...you shall receive power when the Holy Spirit has come upon you; and you shall be my witnesses in Jerusalem and in all Judea and Samaria and to the ends of the earth" (Luke 24:49; Acts 1:8). [We need to wait for the Holy Spirit and then follow when He moves!]

And, now, I invite you to meditate on the article below:

**Fraternally in Jesus and Mary and Joseph,
-Fr. Thomas, OCD**

The Decalogue of Docility To the Holy Spirit

(Taken from a radio talk (Radio Maria in Italy) by Fr. Gasparino, on "The School of Prayer" [slightly adapted; numbers refer to the encyclical on the Holy Spirit, *Dominum et Vivificantem*, by St John Paul II, May 18, 1986]



1. The Holy Spirit Speaks Softly: The Holy Spirit respects to the utmost your liberty; the love of the Holy Spirit is strong and discreet: all it takes is a little pride, a little superficiality for His voice not to reach you. At that point the Spirit becomes silent...silently waiting.

The Holy Father in his encyclical on the Holy Spirit says, "The Spirit is the supreme guide of man, the Light of the human spirit."

2. If the Holy Spirit is Hammering, it's Because There is a Problem Which is Boiling Over. When the Holy Spirit keeps bothering us, it is because He is telling us that there is a wound: "Something is wrong! Open your eyes!" Any delay in welcoming His voice does serious damage to your spiritual life; every quick response to Him renews you and helps you to perceive even better His Light. But how often the Spirit hammers away, "Let go of that friendship. Leave that occasion of sin. Leave that vice alone!" Well, when the Spirit hammers, we need to listen and leave.

The Holy Father says in his encyclical, "Under the influence of the Spirit we mature and become strong interiorly. The Spirit builds up our interior self, makes us grow and strengthens us."

3. The Secret of Joy is to Give Continual Joy to the Holy Spirit. But we have to begin concretely, in little things. Every act of humility, every act of generosity nourishes the joy that the Holy Spirit sows in us. When you have done a good deed—if you are not careful—you become a little proud. From now on, when you do a kind act, do like this: stop yourself and say, "Thank You, Holy Spirit. Again, again. Let's do it again!" You are saying in effect, "Continue to inspire me to do good, continue to place me in an occasion to do something beautiful for You." The Holy Spirit is constantly at work, and we have to let Him work.

The Holy Father says in No. 67 of his encyclical, "The joy that no one can take away is the gift of the Holy Spirit."

4. The Holy Spirit Does Not Get Tired of Speaking to You, Teaching You, Forming You. What I mean to say is that the Holy Spirit is the Fidelity-Faithfulness of Love, and uses the most simple means: inspirations, the advice of friends that love you, examples, testimonies (like in prayer groups), reading, encounters, things that just happen...

The Holy Father says in No. 58, "The Holy Spirit is the never-ceasing Self-Giving of God."

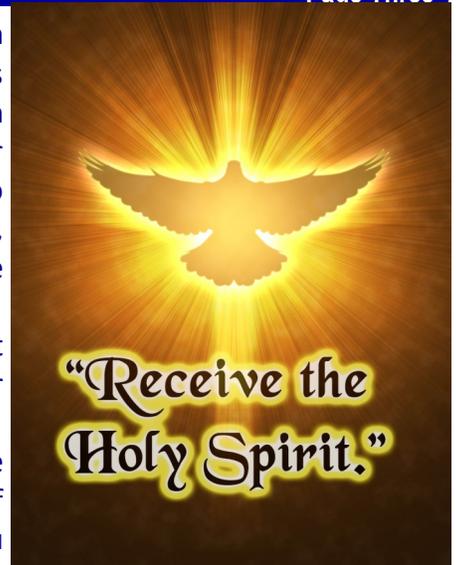
5. The Word of God is the First Antenna of the Holy Spirit. What I mean is: beg the Holy Spirit and learn to read the Word of God, the Sacred Scriptures. Don't ever read the Word without the Spirit. Nourish yourself on the Word, invoking the Spirit. Pray the Word in the Spirit. When you take the Word in your hands, first put up the antenna of 'listening to the Holy Spirit,' then pray, pray to the Holy Spirit. It is with the Word and prayer that you learn to distinguish the voice of the Holy Spirit.

The Holy Father says in No. 25, "With the strength of the Gospel the Holy Spirit constantly renews the Church." You see, then, that the Word of God is the constant antenna that renews the Church, the Word through which the Church connects itself to the Holy Spirit.

6. Do Not Cease to Give Thanks to the Holy Spirit For What He Does For You. Your life is a mysterious, on-going story or weaving of gifts that the Holy Spirit is giving you, from Baptism to death. From your birth to your death there is a gold thread, the gifts of the Holy Spirit...a gold thread that runs through your whole life. You perceive some of those gifts, but you need to push yourself to find even more of them. And those that you do perceive begin to give thanks for them.

The Holy Father says in No. 67, "Before the Holy Spirit I genuflect in recognition-acknowledgement."

7. The evil one Copies the Holy Spirit and does everything to try to oppose His Works. Satan is the monkey of God; he copies God. He too sends his inspirations, he too sends his messages, his messengers. Sometimes when you use the mass media (open the newspaper or internet or email) there is his messenger waiting for you. But the power of the Holy Spirit with a Breath defeats Satan, routs him. All you need is to confide totally and quickly in the Holy Spirit. For then we overcome whatever seduction of Satan, if we are well-connected to the Holy Spirit. I always meet people who are afraid of Satan. There is no need to be afraid of Satan, because we have the Holy Spirit. When we cleave to the Holy Spirit, cling to





Him, Satan can no longer do anything. When we invoke the Holy Spirit, Satan is blocked. When we invoke the Holy Spirit on others, Satan is ineffective.

The Holy Father says in No. 38, "Satan, the perverse spirit of suspicion, challenges man to become the adversary of God." ["Satan" means "adversary" in Hebrew]

8. A Frequent Offense Against the Holy Spirit is to not Relate to Him as a Person. I will always insist on this point, because we do not treat the Holy Spirit as a Person. And yet Jesus has entrusted us to the Holy Spirit and told us that "He will teach you all things, and will remind you of the things I have told you," that He will accompany us, convict us of sin,

snatch us away from sin. Jesus has entrusted us to the Holy Spirit and has told us that He is our Support, our Teacher. And yet very often we do not relate to Him as a Living Person, One Who is alive and lives in our midst, within us. We think of Him as something fleeting, far-off, unreal. [That is precisely the point. We tend to use the word "thing" for a spirit, when for the Holy Spirit we should always be thinking of a Who, never of a "what."]

The Holy Father, in No. 25, has these beautiful words, "The Spirit is not only a gift to the person, but is the Person-gift." He is the Person that makes Himself the Gift, the unceasing Self-Giving of God.

Try to get in the habit of always beginning the day by saying, "Good morning, Holy Spirit," to the One Who is so close to you, within you. And at the end of the day say, "Good night, Holy Spirit," to the One Who is within you and Who guides you even in your sleep.

9. Jesus Has Promised That the Father Gives the Holy Spirit to Whoever Asks. Jesus did not say that the Father gives the Spirit to who merits, who is worthy. He said He gives the Spirit to the one who asks. Well, we need to ask with faith and constancy, with perseverance.

The Holy Father says in No. 65, "The Holy Spirit is the Gift that, together with prayer, comes into the heart of man."

10. The Holy Spirit is the Love of God Poured Out Into Our Hearts. The more we live in love, the more we live in the Holy Spirit. The more we follow our selfishness, our egotistic desires, the more we move away from the Holy Spirit. But the Holy Spirit never gives up; He continually spurs us on in love.

The Holy Father says, "The Holy Spirit is Person-Love/Personal Love; in Him the intimate Life of God becomes Gift." The Holy Spirit gives me His intimate Life unceasingly, because "THE LOVE OF GOD HAS BEEN POURED INTO OUR HEARTS THROUGH THE HOLY SPIRIT WHO HAS BEEN GIVEN TO US" (Romans 5:5).



NEW PLAYGROUND!

After 96 years, a playground is coming to St. Therese! Parishioner Vikki Ng is spearheading a campaign to erect a small playground outside the Parish Hall. We are asking for your prayers for this special project. Vikki is also looking for help with fundraisers, raffle items, and donations. **A second collection will be taken up for this cause next Sunday, May 29.** For more information, please contact Vikki Ng at (626) 825-0741. Thank you for your generous support of our endeavor!



The Jerusalem Council

Today's passage from Acts captures the beginning and the conclusion of what became known as the Jerusalem Council. It is well worth studying all of Acts 15, meant to provide an example of responsible leadership for the wider Church. There was substantial conflict within the community over what is necessary for unity in the diverse community of Jews and Gentiles. We can notice some key characteristics of the actions of the leadership.

The leaders acknowledged the reality of a significant conflict without minimizing it. They received and fully honored the diverse experiences of persons of different backgrounds. They worked with an accepted authority structure and a process to move toward resolution. They were committed to discern the action and will of the Spirit, with a deep respect for testimony about how the Spirit was working. They avoided placing unneeded burdens on anyone. And afterward, they continued to observe the ongoing action of the Spirit as the decision was implemented. The issues weighed by the Jerusalem Council in our passage from Acts were related to circumcision as a requirement, and to table fellowship. A strong theological tradition held that traditional practices were essential, and the community genuinely sought to maintain continuity with the roots of their faith. Peter's observation about how the Spirit was actively working in their midst pointed the leaders in a new direction. Then James reminded them that the scriptural tradition also pointed to fully welcoming the Gentiles into God's community.

It is a profound challenge for leaders in our own parishes when encountering issues that can fracture a community. What is essential and what is not? What are we called to embrace, or called to lay down? Acknowledging conflict and working toward resolution is an essential function for our parishes, because Christ calls us to live in unity. We are called to open our hearts, mine our tradition, and observe the activity of the Spirit.



FINANCIAL OFFERINGS

May God reward you for giving from your heart! Below you will find the total collection for last weekend, as well as for the previous four weekends. Note: There is a second collection on the 2ND WEEKEND OF EACH MONTH for our School.



May 14 / 15, 2022
 Unrestricted..... \$8,825.00
 Restricted\$ 505.00
T O T A L.....\$9,330.00

April 16/17 \$19,758.00
 April 23/24 \$21,182.00
 April 30/May 1\$13,234.00
 May 7/8..... \$26,907.00

CHECK USERS:
 Please use a donation envelope in order to more easily credit your account.

Baby Bottle Drive / Baby Shower



GPS-Guadalupe Pregnancy Services asks for your help for their annual Baby Bottle Drive & Baby Shower Outreach. If you took home a baby bottle three weeks ago, please turn it in **this weekend, Saturday and Sunday, May 21st and 22nd**. GPS volunteers will be outside the church after every Mass to collect them.

BRAND NEW BABY SHOWER GIFTS: If you have donations of baby items (blankets, diapers sized from newborn to 5 & 6, sippy cups, baby bottles, pacifiers, bibs, socks, teething toys, hard cover books, new clothes sized newborn to size 3T for boys/girls, toiletries; shampoo, lotion, powder, etc., and other baby essentials) or **ESSENTIALS FOR MOMS** (feminine hygiene products, gently used or new maternity clothes, lotion, shampoo, conditioner, deodorant, toothpaste, toothbrushes, etc.), **you may drop them off at the office through next week. Thank you for participating in this important ProLife Outreach!**

Fasting from the Wound of Regret

PAUSE TO HEAR GOD SPEAK:

“For godly sorrow produces a salutary repentance without regret, but worldly sorrow [regret] produces death.”

-2 Corinthians 7:10



“Brothers, I for my part do not consider myself to have taken possession. Just one thing: forgetting what lies behind but straining forward to what lies ahead. I continue my pursuit toward the goal, the prize of God’s upward calling, in Christ Jesus.”

-Philippians 3:13-14

Today, I choose to fast from the wound of regret. Do you think back in time to the moment just before it all went wrong? Whatever your it might be, you wonder how much better your life would be if things had been different. You regret not making a different decision. You can't get that moment back, but you know things would have turned out better if only. We know regret has a place in our lives when we dwell on would've, should've, and could've. While sorrow brings us to repentance, conversion, and a deeper relationship with God, regret is a dead end, deflating replay of what went wrong. Regret keeps us focused on negative thoughts and emotions about our past. Let's allow God to convert our regret to sorrow today so that He can bring us to repentance, conversion, and freedom.



Take time to ask yourself:

- What do I regret?
- Why am I unwilling to let this go?

Pray slowly... Heavenly Father, in the name of our Lord Jesus Christ, I renounce regret and repent all the ways in which I have sinned because of it, particularly the ways in which I have focused on negative things. I reject regret in every area of my life. I renounce any lies that I have come to believe, including “I can never recover from that,” and I renounce any companion emotions such as disappointment, worry, and hopelessness. Send your Holy Spirit to transform my heart and mind, giving me supernatural hope. Amen.

The above is taken from the book, *Lenten Healing*, by Ken Kniepmann—available for sale in the parish office.

Mass Intentions

May 21 to May 28, 2022

Saturday Evening:

5:00 p.m.: Mary Cassidy, RIP

Sunday:

*7:30 a.m.: Alicia Maria Guadalupe Ortega, RIP

7:30 a.m.: Parishioners

9:00 a.m.: Maryanne Losorelli, INT

11:00 a.m.: Anni Liza I. Jimenez, INT

1:00 p.m.: Antonio Holguin, RIP

5:00 p.m.: Gabriella Coyle, INT

Monday:

6:00 a.m.: Kin Cheah & Florence Goh, INT

*7:30 a.m.: Mother Brenda Marie, OCD, INT

8:00 a.m.: Emma Cox, Birthday INT

7:00 p.m.: Edgar Efrain Arenas, Birthday INT

Tuesday:

6:00 a.m.: Park Ho Soon Maria, RIP

*7:30 a.m.: Mother Brenda Marie, OCD, INT

8:00 a.m.: Rica Yan, Birthday INT

7:00 p.m.: Mary Cassidy, RIP

Wednesday:

6:00 a.m.: John Li, RIP

*7:30 a.m.: Carlos & Carla Johnson, INT

8:00 a.m.: Leo Henry Tittmann, 10th Birthday INT

7:00 p.m.: Ruy Eduardo Arenas, Birthday INT

Thursday:

6:00 a.m.: Sr. Teresa, OCD, INT

*7:30 a.m.: Mother Maria, OCD, INT

8:00 a.m.: Lourdes Hernandez, Birthday INT

7:00 p.m.: Rich Molina, RIP

Friday:

6:00 a.m.: Mary Cassidy, RIP

*7:30 a.m.: Mother Maria, OCD, INT

8:00 a.m.: Victor Oyama, RIP

Saturday Morning:

*7:30 a.m.: Carmelite Community

8:00 a.m.: Adelina Oyama & Family, INT

*Held at the Cloistered Carmelite Chapel,
215 East Alhambra Road,
Alhambra, California.

The Carmel Chapel is open to the
public every day **except Sundays.**

LIVE STREAMED MASSES:

The 8:00 a.m. Daily Mass (Monday—Saturday), the 11:00 a.m. Sunday Mass, and the 7:00 p.m. weekday Masses are live streamed on Facebook AND YouTube (for those unable to attend due to illness, etc.). Links to those two sites are on our website's home page (in the top left column).

Quiet Listening Prayer

From *THE INTERIOR CASTLE*

by St. Teresa of Jesus (of Avila)

"I don't think I've ever explained it (the beginning of contemplative prayer) as clearly as I have now. When God grants the favor, it is a great help to seek Him within where He is found more easily and, in a way, more beneficial to us than when sought in creatures, as St. Augustine says after having looked for Him in many places. Don't think this recollection is acquired by the intellect striving to think about God within itself, or by the imagination imagining Him within itself. Such efforts are good and an excellent kind of meditation because they are founded on a truth, which is that God is within us. But this isn't the prayer of recollection because it is something each one can do—with the help of God, as should be understood of everything. But what I'm speaking of comes in a different way. Sometimes, before one begins to think of God, these people are already inside the castle. I don't know in what way or how they heard their shepherd's whistle. It wasn't through the ears, because nothing is heard. But one noticeably senses a gentle drawing inward, as anyone who goes through this will observe, for I don't know how to make it clearer. It seems to me I have read where it was compared to a hedgehog curling up or a turtle drawing into a shell. But these creatures draw inward whenever they want. In the case of this recollection, it doesn't come when we want it but when God wants to grant us the favor" (Mansion 4, Chapter 3, No. 3).

Outside the Parish

Carmelite Pilgrimage with FR. RAYMOND BUENO, OCD, to the Marian Shrines of Wisconsin on October 5-12. \$3,295 (double room occupancy) includes round-trip non-stop AA flights from LAX, land travel by deluxe coach, 3*/4* hotels with private bath/daily breakfast/dinner, all touring, daily Mass. \$200 Early bird Discount by May 15th. Add \$450 for single room occupancy. For details, call Louisa & Jack Day at (323) 360-5186 or (323) 403-8768

14-day pilgrimage to the Holy Land (September 28 to October 11, 2022, led by Fr. Darrin Merlino, CMF, for \$4,989). For more information, contact Parishioners Albert and Mary Helen Estrada at (626) 285-6687 or remembertoatl@sbcglobal.net.

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