

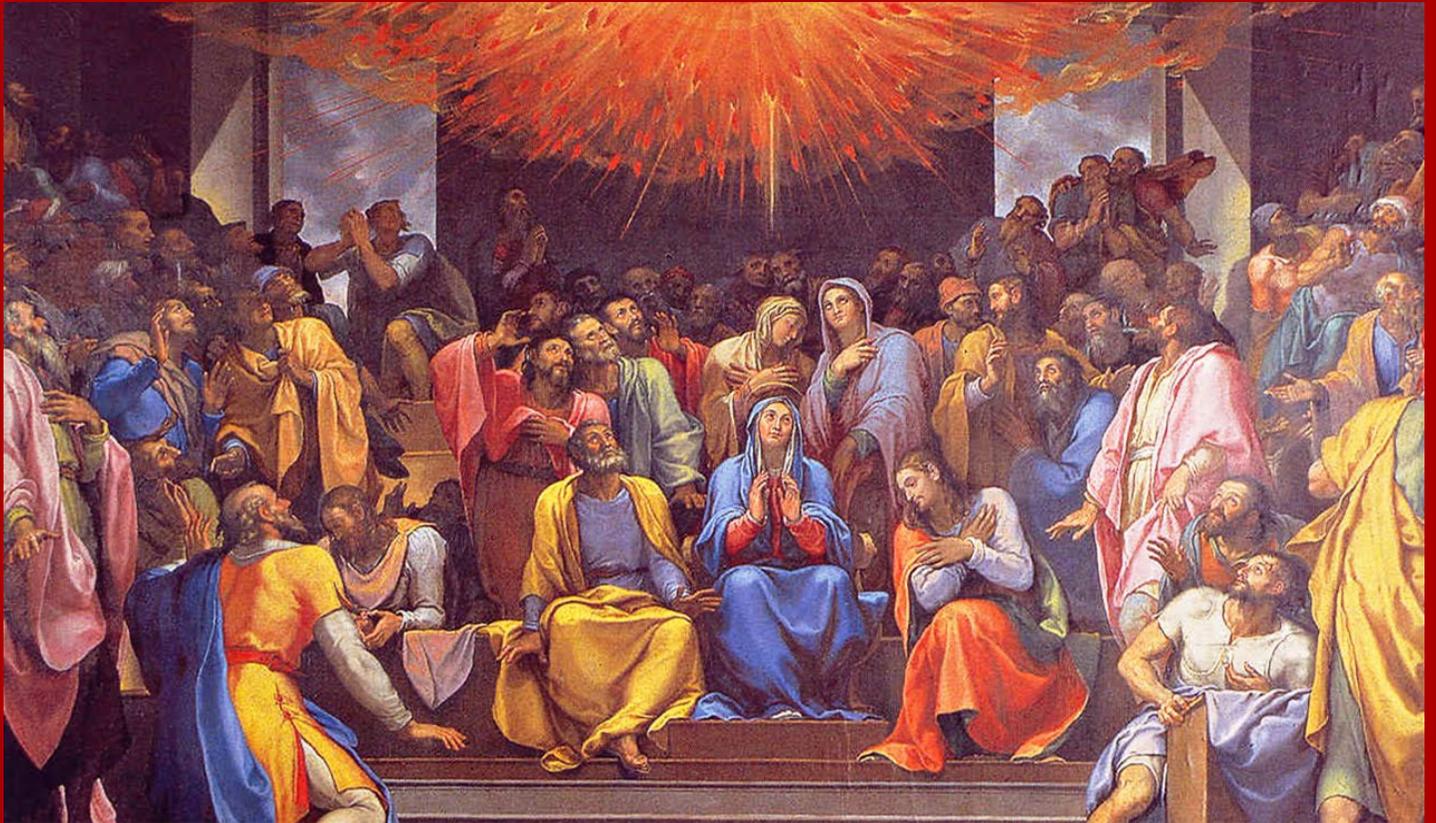
St. Therese Catholic Church

June 5, 2022

Ministered by the Discalced Carmelite Friars

Est. 1924

510 North El Molino Street | Alhambra CA 91801 | (626) 282-2744 | www.StThereseChurchAlhambra.org



MASSES | CONFESSIONS

Masses—Saturday: 8:00 a.m. & Vigil at 5:00 p.m.

Sundays at 7:30, 9:00, 11:00 a.m., 5:00 p.m.

And Traditional Latin High Mass at 1:00 p.m.

Monday-Friday Masses: 6:00 and 8:00 a.m.

(the daily 8:00 a.m., the Sunday 11:00 a.m., and the weekday 7:00 p.m. Masses are **LIVE STREAMED** on Facebook AND YouTube);

Rosary: Mon-Sat after 8:00 a.m. Mass

Masses on Monday, *Tuesday (*Spanish),

Wednesday & Thursday EVENINGS at 7:00 p.m.

First Friday Mass: 7:00 p.m.

CONFESSIONS (OUTSIDE)-Wednesdays from 8:00

to 9:00 p.m.; Saturdays from 3:00 to 6:30 p.m.

and Sundays from Noon to 1:00 p.m.

OFFICE HOURS | CONTACTS

Monday – Friday: 9:00 am-1:00 pm; 2:00 pm-5:00 pm

Pastor: Fr. Thomas Koller, OCD X222

Associate Pastor: Fr. David Guzman, OCD X232

In Residence: Fr. Albert Bunsic, OCD;

Fr. Bernard Perkins, OCD X225; Bro. Jason Parrott, OCD;

Fr. Godfrey Chandya, OCD

Deacons: Dcn Joseph Mizerski | Dcn Gilbert Vargas X333;

Annulments: Deacon Gilbert Vargas X333

Vocations: For the Archdiocese: (213) 637-7515

For the Carmelites: www.discalcedcarmelitefriars.com

Parish Secretary: Denise McMaster-Holguin X223

denisekay@hotmail.com

Finance: Noralyn Cailan X228 / cailannocds@gmail.com

Music Director: Paula Grimm | pg Grimm.dir@gmail.com

Respect Life Ministry: Catherine Contreras XI12

ST. THERESE CARMELITE SCHOOL

(626) 289-3364

www.SaintThereseCarmeliteSchool.com

Principal: Alma Cornejo X661

principal@sainttheresecarmeliteschool.com

See our **VIDEOS** on the School's Facebook page
or on the Church's website >Our School > Videos



SACRAMENTS

- **Baptisms:** Register online
- **Weddings:** Register online at least six months in advance
- **Anointing of the Sick:** Call the office

PASTOR'S MESSAGE



**Alleluia! The Spirit of the Lord has filled the whole world!
Come, let us worship Him, Alleluia!**

Blessed Pentecost Sunday, one and all! Congratulations to all of the Saint Therese Carmelite School graduates (on June 3)—especially the eighth-graders—and to all students who have or will be graduating in the near future!!! May the Holy Spirit of wisdom and understanding and counsel and fortitude and knowledge and fear of the Lord and holy piety (Isaiah 11) fill you to overflowing and produce in you more and more of His fruits of love, joy, peace, patient endurance, kindness, generosity, faith, mildness, and chastity. Since we live by the Spirit, let us follow the Spirit's lead!!! (Galatians 5:22). Because the Church allows for a kind of mini-octave of the Holy Spirit, we will also celebrate Pentecost this Monday and Tuesday evenings at the 7:00 p.m. Mass, in order to continue to receive all the Spirit wants to give us.

As we are sent out as missionary disciples in the footsteps of the first Christians who waited for the descent of the Holy Spirit and then went to Jerusalem, Judea, Samaria, and to the ends of the earth, here are some pointers for how to let the Power of the Holy Spirit flow through us for the upbuilding of others. (They are taken from Mary Healy's book, *Healing*, specifically, from its last chapter, *A Model for Healing Prayer*):

Step 1. Interview. Briefly interview the person, as Jesus sometimes did with those He healed (Mark 9:21; 10:51). Ask simple questions in a way that will help put the person at ease. "What is your name?" "What would you like the Lord to do for you?" "How long have you had this condition?" "Do you know what caused it?" In some cases, you might want to ask questions that will help pinpoint the root cause. "What does the doctor say?" "Does it run in the family?" "Do you remember anything that was happening in your life at the time this condition started?" The answers to these questions may influence how you pray for the person. If there are no clear answers, simply ask the Holy Spirit to guide you and give you insight. If the person begins to go into a lengthy description, gently assure him that you don't need to know every detail, since the Lord knows all. Throughout the interaction, let your attitude be tender and loving. Whether the person is healed or not, what is most important is that he or she experiences the Lord's love and compassion through you.

Step 2. Prayer Selection. Discern what kind of prayer is needed. The apostles sometimes healed by a prayer of petition, but more often by a word of command. Both are effective ways to pray. A prayer of petition is asking the Lord to heal. "Father, in the name of Jesus, let the cartilage in this knee be completely restored." "Jesus, thank you for bearing all our infirmities and carrying our diseases in your own body on the cross. Please free Maggie from all the pain of fibromyalgia." "Holy Spirit, come. Release your power for the healing of Kevin's retina." A word of command is addressed not to God but to the condition itself. "Ankle bones, be restored and come into proper placement, in the name of Jesus." "Arthritis, I command you, in the name of Jesus, to leave Abby's body right now." "Ears, be opened in the name of Jesus." "Cancerous tumor, I curse you in the name of Jesus and command you to shrink and be flushed out of his body." If the interview indicated to you that the condition may be related to a painful event in the person's life, it may be appropriate to touch on that event, without going into great detail. If the condition was caused by someone else (for instance, an injury from a car accident) or was related to some offense, ask the person if he has forgiven the one who committed the offense. If not, lead him in a prayer of forgiveness. He may also need to forgive himself for what he has done. If the condition may have been caused by the person's own behavior (for instance, lung cancer due to smoking), tactfully ask, "Could this condition be related to something you've done in your past? Is the Lord showing you anything that we need to pray about before we go further?" Let him volunteer sin rather than pronounce it. Never accuse, never go digging. If he agrees, lead him in a prayer of repentance, asking for God's forgiveness. Recommend the Sacrament of Reconciliation for any serious sin. Keep all this simple, and do not delve into a person's inner life. Prayer for inner healing and deliverance should only be done by those trained in it, in a setting designed for that purpose where there is sufficient time for in-depth personal ministry.

Step 3. Prayer of Faith. Ask the person if you can place your hand on her shoulder or on the place that is hurting, if appropriate. Let your demeanor be gentle and respectful at all times. Invite the person not to pray but to just relax and receive, and to let you know if they feel anything happening. There may be a sense of heat or tingling, or the pain may simply leave, or they may not feel anything at all. Ask the Holy Spirit to come. Wait on Him before continuing. You do not need to pray aloud continuously. Pray very specifically, with great expectancy and confidence, using either prayers of petition or words of command or both, as the Spirit leads. “Father, in Jesus’ name, I ask you to relieve the pressure on his spinal cord and let the discs come into right alignment. In the name of Jesus, I command every pinched nerve to be released and soothed. Pain, leave Joe’s neck now, in the name of Jesus.” It is best to leave out the phrase “if it be your will,” which can sometimes be a cover for our lack of faith—a kind of safety net in case nothing happens. Pray with great faith, taking for granted that all our prayers depend on God’s will. Pray with your eyes open. Look for cues for what the Holy Spirit is doing in the person. There may be trembling, or tears, or perspiration, or eyelids fluttering. Let the Spirit lead, and continually seek to follow His promptings. If there seems to be an emotional block to healing, help the person to name and renounce spirits that have had a grip on her heart, such as a sense of unworthiness, feelings of rejection, inadequacy, condemnation, fear, or hopelessness. Help her recognize that in Christ she can take authority over these inner strongholds. For instance, “I renounce hopelessness in the name of Jesus.”

Step 4: Stop and Re-Interview. After a few minutes, stop and ask the person whether they feel anything or whether there is any change or any reduction of pain. Ask questions like, “Can you lift your arm now?” “See if you can read the sign now.” If they say it feels better, ask how much better. If there is some improvement, no matter how small, praise and thank God for it. “Thank you, Lord, that the pain has gone from a 10 to an 8. Father, we bless you and thank you for what you are doing. Please remove all the pain from his body.” In some cases, a condition may be caused by an afflicting spirit. In the Gospels, Jesus attributed some—though by no means all—conditions to the work of evil spirits. Satan had bound the woman bent over for 18 years (Luke 13:16). A deaf and dumb spirit was troubling the epileptic boy (Mark 9:25). If there seems to be no medical explanation for a condition or the person tells you their pain gets worse when they come to church or if the pain gets worse when you pray, or it moves to another part of the body, these are signs that an afflicting spirit may be involved. Do not be afraid, because you have authority over evil in Jesus’ name. He who was in you is greater than he who was in the world (1 John 4:4). Simply command the spirit to leave in Jesus’ name. Recently, two members of the prayer ministry team at my parish were praying for a woman who had severe back pain. After a few minutes they stopped and asked how she felt. She said her back now felt fine but her elbow was in pain. This gave them a clue that an evil spirit may have been involved. So, they prayed again, commanding the afflicting spirit to leave her elbow in the name of Jesus. Then the pain moved to her hand. They prayed again and it was gone. After briefly praying again ask, “Now, how do you feel?” If the spirit seems to be doing something, pray again until the person is healed or nothing else happens. Avoid getting stuck. If you do not see anything happening with one person, do not keep praying with him too long as it can be draining both to you and to him.

Step 5: Post-Prayer Suggestion. If the person is healed, rejoice with him and encourage him to give glory to the Lord by telling others about it, as St. Augustine exhorted Innocentia after she was healed of breast cancer. What if the pain has left, but the healing is not yet verified by a doctor? Then the testimony is as simple as, “I was in pain and now I’m not!” Advise the person not to be surprised if she experiences doubt or spiritual attack over the coming days. If any symptoms start to reappear, she should stand firm in faith and command them to leave in Jesus’ name. If the person is not held or only partially held, encourage them to persevere and ask God for healing, just as the Canaanite woman did (Matthew 15:22-28). Remind him that sometimes healing takes time. Never say or give the impression that he was not healed because of a lack of faith. Instead, encourage and build up his faith. Perhaps write down a Scripture passage or two for him to pray and meditate on, to strengthen his confidence in the Lord’s love and His desire to heal. Invite him to come back again for prayer ministry at another time.



Instruct the person to continue using his medication even if he believes he has been healed. As Jesus instructed the lepers to have their healing verified by a priest who had the authority to do so (Luke 17:14), so healings today should be verified by a doctor before a person makes any decisions about medication. This is especially the case for the healing of conditions like diabetes or heart problems or mental illness, which may not be outwardly observable.

Common Sense Guidelines. If you have never participated in healing prayer ministry before, how can you begin? If you have not done so already, a crucial first step is to deepen your personal relationship with Jesus and receive prayer for an infilling with the Holy Spirit. Many places offer a means to do so, such as the Life in the Spirit Seminar, Alpha for Catholics, or Christlife. Then, begin to get comfortable with the steps above by using them to pray for friends or family members. Once you are more confident pray for anyone you encounter who is in need of healing, as the spirit leads.

All Christians are empowered by Christ to pray for healing for ourselves or others. However, a person should be part of a healing ministry only if the ministry is accountable to proper authority, such as the parish priest or the diocesan liaison of the Catholic Charismatic Renewal, and if it provides screening, training, and oversight of the members. In 2000, the Vatican published a document that provides helpful guidelines for prayer ministry in ecclesial settings, especially in relation to the liturgy.

Following are a few practical do's and don'ts for healing prayer ministry in a parish or similar setting:

- **Keep the focus on Jesus.** The best time to offer healing ministry is after Mass or after a time of praise and worship, in which people's hearts and minds are focused on the Lord and their faith is enlivened. If possible, let worship music continue during the ministry time. An atmosphere of prayer and quiet worship will help bring people into an encounter with Jesus.
- **Pray in pairs whenever possible.** Let one person lead the prayer and the other mostly intercede, breaking in if there is a sense from the Holy Spirit about how to pray. Praying in pairs provides greater support, faith, and intercessory power.

(This article concludes on Page Seven).

NEW PLAYGROUND!

After 96 years, a playground is coming to St. Therese! Parishioner Mary Helen Estrada is spearheading a campaign to erect a small playground outside the Parish Hall. We are asking for your prayers for this special project. The Committee is also looking for help with fundraisers, raffle items, and donations. **A second collection will be taken up for this cause TODAY, Sunday, May 29.** For more information, please contact Vikki Ng at (626) 825-0741. Thank you for your generous support of our endeavor!



FINANCIAL OFFERINGS

May God reward you for giving from your heart! Below you will find the total collection for last weekend, as well as for the previous four weekends. Note: There is a second collection on the 2ND WEEKEND OF EACH MONTH for our School.



May 21 / 22, 2022
 Unrestricted..... \$16,022.00
 Restricted\$ 476.00
T O T A L.....\$16,498.00

April 23/24 \$21,182.00
April 30/May 1\$13,234.00
May 7/8..... \$26,907.00
May 14/15 \$ 9,330.00

CHECK USERS:
Please use a donation envelope in order to more easily credit your account.

Serve God As...



...an USHER at our Masses OR as an EXTRA-ORDINARY MINISTER OF HOLY COMMUNION to the sick!

If you would like to be a part of these ministries, or would first like to receive

more information, please leave

USHERS



a message for Deacon Gil Vargas at (626) 282-2744, ext. 1 + 333.

Total Consecration

Join us for a four-week program given by Fr. Ed Broom: **"Total Consecration to Jesus through Mary."**

The second session will be this Thursday, June 9, continuing on June 16 and 23. Mass begins at 6:00 p.m., followed by the talk from 7:15 to 8:15 p.m., and group sharing from 8:15 to 8:45 p.m.



Our Healing

Ministry

will follow

at 8:45 pm.



www.FatherBroom.com

Thursdays
June 2, 9, 16 & 23

Mass: 6:00 - 7:00 pm

Talk: 7:15 - 8:15 pm

Groups: 8:15—8:45 pm

Registration is not required. Copies of the Fr. Broom's book—with assigned daily meditations—*Total Consecration to the Mysteries of the Rosary*, will be available for \$15 each.

Mary is the quickest, easiest, and most efficacious path to Jesus

- St. Louis de Montfort -

MEETING OF THE LAY PROFESSIONALS

All are invited to join the Lay Professionals for the next meeting on Saturday, June 11th, at 6:30 p.m., in the Avila Room of the Parish Office Building, there will be a meeting of the Lay Professionals. All are invited.



FINANCIAL OFFERINGS

May God reward you for giving from your heart! Below you will find the total collection for last weekend, as well as for the previous four weekends. Note: There is a second collection on the 2ND WEEKEND OF EACH MONTH for our School.



May 28 / 29, 2022

Unrestricted..... \$ 8,072.00

Restricted..... \$ 3,965.00

TOTAL \$12,037.00

April 30/May 1 ... \$13,234.00

May 7/8 \$26,907.00

May 14/15 \$ 9,330.00

May 21/22..... \$16,498.00

CHECK USERS:

Please use a donation envelope in order to more easily credit your account.

Feasting on Liberality and Hope

PAUSE TO HEAR GOD SPEAK:

“We are the Easter people and Hallelujah is our song.” —St. John Paul II

“Through whom we have gained access by faith to this grace in which we stand, and we boast in hope of the glory of God. Not only that, but we even boast of our afflictions, knowing that affliction produces endurance, and endurance, proven character, and proven character, hope.” —Romans 5:2-4

“But you, Lord, are a shield around me; my glory, you keep my head high. With my own voice I will call out to the Lord, and He will answer me from His holy mountain. I lie down and I fall asleep, and I will wake up, for the Lord sustains me. I do not fear, then, thousands of people arrayed against me on every side.” —Psalm 3:4-7

Today, I choose to feast on liberality and hope. Liberality is the virtue that replaces greed, and hope is the healing of hopelessness. By knowing that God is our ultimate



provider, we can be generous with others and willing to help. We come to liberality by knowing that God loves us and cares for us. Jesus heals the man who was born blind. If there was a man in Israel that had good reason to be hopeless, it was this poor blind man. Besides being a disability, his blindness made him a social outcast. His entire life had been disappointing and hopeless. But Jesus calls him forward, giving the man the gift he could hardly fathom—healing of his blindness. There isn't much fanfare, just some mud and spit rubbed on the man's

eyes. But Jesus does call him to a tiny response that is rooted in hope. He tells the man to “go wash in the Pool of Siloam” (John 9:7). The man has enough hope to try. Jesus didn't require much, but the action was one of faith and hope. Likewise, Jesus can do much with our little. Let's celebrate today how much

God can do for us in our littleness! As you pray for the Lord's mercy during the penitential act at Mass, allow your heart to release greed and hopelessness. Embrace the good news of liberality and hope that is available to you and celebrate your restoration and healing in the Eucharist.

**Take time to ask yourself: How is God generous to me?
What are the things I hope for the most?**



Pray slowly... Heavenly Father, in the name of our Lord Jesus Christ, and by the power of the Holy Spirit, I accept the gifts of liberality and hope in my life. I accept my identity as the beloved child of a gracious Father God. I thank you for my life purpose and the strength to fulfill it. I accept your healing grace. Amen.

The above is taken from the book, *Lenten Healing*, by Ken Kniepmann—available for sale in the parish office.

Mass Intentions

June 4—11, 2022

Saturday Evening:

5:00 p.m.: Soledad Ruiz, RIP

Sunday:

*7:30 a.m.: Maria Xuan Mai & Family, INT

7:30 a.m.: Alex, Lauren, Emily, Ellena Cheah, INT

9:00 a.m.: Fr. David Guzman, OCD, INT

11:00 a.m.: Fr. Bernard Perkins, OCD, INT

1:00 p.m.: Antonio Holguin, RIP

5:00 p.m.: Parishioners

Monday:

6:00 a.m.: Mary Cassidy, RIP

*7:30 a.m.: Sr. Mary, OCD, INT

8:00 a.m.: Jamie Arakawa, RIP

7:00 p.m.: Martita Lopez, Birthday INT

Tuesday:

6:00 a.m.: Marietta Okamoto, RIP

*7:30 a.m.: Sr. Frances, OCD, INT

8:00 a.m.: Daisy Torres, RIP

7:00 p.m.: Marietta Okamoto, RIP

Wednesday:

6:00 a.m.: Winston Goh, INT

*7:30 a.m.: Sr. Mariam Joseph, OCD, INT

8:00 a.m.: Melissa DeChandt & Family, INT

7:00 p.m.: Sr. Teresa, OCD, INT

Thursday:

6:00 a.m.: Mary Cassidy, RIP

*7:30 a.m.: Sr. Mariam Joseph, OCD, INT

8:00 a.m.: Lourdes M. Diokno, INT

7:00 p.m.: John Li, RIP

Friday:

6:00 a.m.: Mary Cassidy, RIP

*7:30 a.m.: Linda Kay Hesse, RIP

8:00 a.m.: Katelyn Torres, Birthday INT

Saturday Morning:

*7:30 a.m.: Carmelite Community

8:00 a.m.: Sr. Teresa, OCD, INT

*Held at the Cloistered Carmelite Chapel,
215 East Alhambra Road,
Alhambra, California.

The Carmel Chapel is open to the
public every day except Sundays.

LIVE STREAMED MASSES:

The 8:00 a.m. Daily Mass (Monday—Saturday), the 11:00 a.m. Sunday Mass, and the 7:00 p.m. weekday Masses are live streamed on Facebook AND YouTube (for those unable to attend due to illness, etc.). Links to those two sites are on our website's home page (in the top left column).

CONCLUSION TO ARTICLE FROM PAGE FOUR

Have "catchers" available in case people fall.

Where the Holy Spirit is manifesting His presence and power, it is not uncommon for people to fall and remain resting in the Spirit. Don't assume that people cannot be injured in this way. Make sure there is always someone standing behind the person if he falls. It may be helpful for the catcher to lightly touch the person's shoulder to let him know he is there, so the person can relax. If there are no catchers, have the person sit or stand against a chair. If the person rests in the Spirit, continue praying a few moments. Encourage the person not to get up too quickly.

Remember that *you* are not able to heal anyone.

God is the healer! He is in control. What He expects of you is to love and honor the person before you. The way you minister is crucial. "Let all that you do be done with love" (1 Corinthians 16:14).

Mistakes to avoid:

- **Using prayer ministry as a time to give counsel or advice.** For some, this is hard to resist. You may be tempted to say, "I used to have this problem too, and here's what helped me..." As good as this advice may be, prayer ministry is a time to hold your tongue. The person before you is in a very vulnerable position, and you are there to be the Holy Spirit's instrument—not a source of human advice. However, this principle does not preclude giving a few simple words of encouragement or sharing a Scripture verse or prophetic sense the Spirit has given you, if it is positive.
- **Getting out of your depth.** If you begin to realize the person needs in-depth healing or deliverance ministry that you are not equipped to provide, or for which you are not in the appropriate setting, simply wrap up the prayer with words of love and encouragement. If there is a sound and trustworthy Catholic healing and deliverance ministry in the area, provide a referral to it. If it appears that the person needs professional counseling, ask a discreet question like, "Have you thought of seeing a counselor about this?"
- **Laying hands in a way that is distracting or insensitive.** Keep your hand in one place; moving it or "massaging" the person can be distracting. Err on the side of caution. Always ask permission.
- **Saying anything that could cause guilt or condemnation.** You are there to minister the Lord's love and consolation, not judgment. Even where it appears that the person's own behavior contributed to his condition, do not blame or accuse him in any way. Again, never give the impression that a person was not healed because of his lack of faith. Instead, "encourage one another and build one another up, just as you are doing" (1 Thessalonians 5:11).

INFORMATION PAGE

Bulletin Number: 513863

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email: denisekay@hotmail.com

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Tuesday, May 31, 2022 – 5:00 PM

BULLETIN FOR SUNDAY:

June 5, 2022

NUMBER OF PAGES SENT

1 Through 8

**SPECIAL INSTRUCTIONS:
REDUCE TO 500 DURING PANDEMIC!**