

SAINT THERESE CATHOLIC CHURCH

1100 East Alhambra Road, Alhambra CA 91801 | (626) 282-2744 | www.StThereseChurchAlhambra.org

July 28, 2019 **MINISTERED BY THE DISCALCED CARMELITE FRIARS** Estab. 1924

Pastor: Fr. Philip Sullivan, OCD X222

Associate Pastor: Fr. David Guzman, OCD X232

Carmelite Vocation Director:

Fr. Matthias Lambrecht, OCD X224
frmatthias@sainttheresecarmeliteschool.com

In Residence: Fr. Albert Bunsic, OCD X335;
Fr. Donald Kinney, OCD (Chaplain for the Carmelite Sisters
of the Most Sacred Heart of Los Angeles);
Bro. Jason Parrott, OCD (7th Grade Teacher)

Deacons: Deacon Joseph Mizerski X333;
Deacon Gilbert Vargas X333

Annulments: Lorraine Mizerski X333

Parish Secretary:

Denise McMaster-Holguin X223 denisekay@hotmail.com

Finance: Noralyn Cailan X228 / cailannocds@gmail.com

Music Director:

Charlotte Lansberg / cjlansberg@choochoorecords.com

Respect Life Ministry / Vox Vitae:

Catherine Contreras XI12; cathycforlife@gmail.com

Cor Jesu Youth Ministry:

Fr. Matthias Lambrecht, OCD X224

Religious Education (Grade School, Confirmation for Youth
& Adults, R C I A, and Liturgical Ministries):
Rhonda Storey, (626) 284-0020 XI, rhondalstorey@gmail.com

NEW PARISHIONERS!

The office is at 510 N. El Molino St., Alhambra. Office
Hours: Monday through Friday, 9:00 am to 1:00 pm;
2:00 to 5:00 pm; and 6:00 to 8:00 pm—closed from 1:00
to 2:00 pm & 5:00 to 6:00 pm. Eucharistic Adoration
Chapel is open 24/7. An electronic key is needed from
5:00 pm to 6:00 am (available in the office for \$20).

MASSES AND SERVICES

Monday-Saturday: 6:00 & 8:00 a.m.

Carmelite Cloister: 7:30 a.m.

Saturday Vigil: 5:00 p.m.

Sunday: 7:30, 9:00, 11:00 a.m., & 5:00 p.m.

Latin High Mass: 1:00 p.m.

Confessions: Wed: 7:00-8:30 p.m.; Sat: 3:30-5:00 p.m.

Daily Rosary: Mon-Sat after 8:00 a.m. Mass
Exposition/Benediction: Thursdays, 7:00-8:00 p.m.

SACRAMENTS:

Baptisms: Once a month on a Saturday

Weddings: Fill out an application (website or office)
at least six months+ in advance

Holy Communion to the Sick:

Fred & Margaret Padilla, (626) 282-0943

Anointing of the Sick: Call the office
to schedule an appointment.

SAINT THERESE CARMELITE SCHOOL (626) 289-3364



www.SaintThereseCarmeliteSchool.com

Principal: Alma Cornejo X661

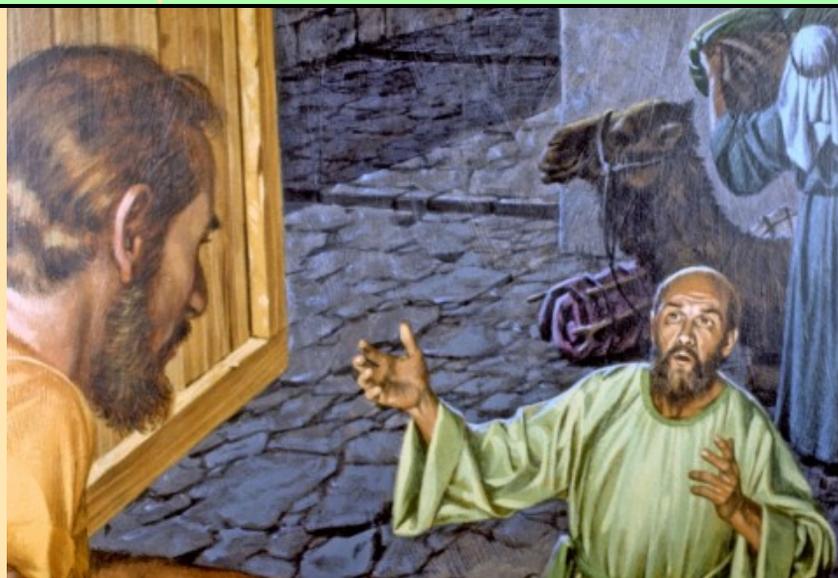
principal@sainttheresecarmeliteschool.com

Chaplain: Fr. Matthias Lambrecht, OCD X224

See our **VIDEOS** on the School's Facebook page or on
the Church's website > Our School > Videos

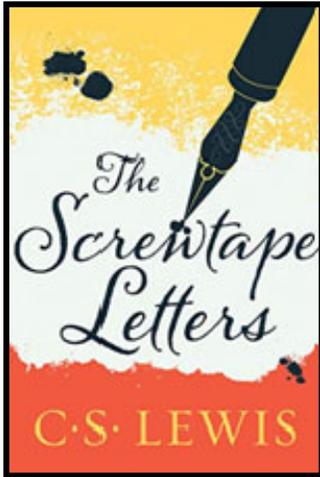
And He said to them, "Suppose one of you has a friend to whom he goes at midnight and says, 'Friend, lend me three loaves of bread, for a friend of mine has arrived at my house from a journey and I have nothing to offer him,' and he says in reply from within, 'Do not bother me; the door has already been locked and my children and I are already in bed; I cannot get up to give you anything.' I tell you, if he does not get up to give him the loaves because of their friendship, he will get up to give him whatever he needs because of his persistence."

(Luke 11:5-8)



Catechesis Q & A: Deepening Our Knowledge

What Does the Church Say About the "Virtue of Humility"? By Dr. Andrew Stafford



When we hear the word “humility,” many of us think of low self-esteem and self-deprecation. We all know someone who seems to think humility is making a concerted effort to disavow the truth of *any* compliment ever received. The Christian tradition, however, has never quite seen humility this way. In fact, the above is something of a caricature. For St. Thomas Aquinas, humility is about recognizing the truth about oneself, which entails recognizing both our limitations and our gifts. For example, if someone told LeBron James that he is one of the greatest basketball players ever to play—and if LeBron gave credit to his coaches and those who have helped him along the way and ultimately to God—then LeBron could say in all humility, “Thank you,” and simply acknowledge the truth of the statement.

Building upon this framework, C. S. Lewis captures the essence of humility in his “*Screwtape Letters*,” writing: “By this virtue, as by all others, God wants to turn our attention away from self, to Him and to our neighbors.” For Lewis, humility is not a matter of thinking less of ourselves, but of thinking less about ourselves, forgetting ourselves and turning outward in love. He continues: “God wants to bring us to a state of mind in which we could design the best cathedral in the world and know it to be the best and rejoice in the fact, without being any more or less glad at having done it than we would be if it had been done by another. God wants us, in the end, to be so free from any bias in our own favor that we can rejoice in our own talents as frankly and gratefully as in our neighbor’s talents—or in a sunrise, an elephant, or a waterfall. God wants each man, in the long run, to be able to recognize all creatures (even ourselves) as glorious and excellent things. He would rather that we think ourselves a great architect or a great poet and then forget about it, than that we should spend much time and pains trying to think of ourselves a bad one.”

Have you ever been in a conversation where it seemed like the other person couldn’t get past what they had going on that day (their tasks, their worries) to the point that they really weren’t “available,” even though they were right in front of you? Or have you ever been in conversation where it almost felt as if you were “watching” yourself have the conversation—wondering almost audibly to yourself: “How did I sound just there? How did they take that? Am I making a good impression?”

Compare this to those wonderful free-flowing conversations, where you really lost yourself in the ebb and flow of the discussion. In these wonderful encounters, we’re not thinking about ourselves or about how we look or sound. Rather, we are truly entering into the world of the other—and this is what humility enables us to do. Humility enables us to forget ourselves and turn outward in love. In this sense, humility liberates us from the self-absorption of our ego, opening up space for a greater communion with God and others. Pride and vanity are restrictive, turning us inward—ultimately making us sad, insecure, and restless. Humility, on the other hand, is expansive—turning us outward, and making possible an encounter with true joy.

Paradoxically, the “I’m so terrible” attitude can actually undermine humility. Lewis hints at this when he writes: “Even of our sins, God does not want us to think too much. Once they are repented, the sooner we turn our attention outward, the better God is pleased.” Of course, we must treat sin with utmost seriousness. But when we fall and we’re distraught, we have to ask ourselves why we are so upset. Is it merely because we have offended God, or is it perhaps partly due to the fracturing of the idealized version of ourselves? This is what Lewis is getting at.

Jacques Philippe teaches likewise in “Searching For and Maintaining Peace”: “The sadness and discouragement that we feel regarding our failures and our faults are rarely pure; they are not very often the simple pain of having offended God. They are in good part mixed with pride. We are not sad and discouraged so much because God was offended, but more because the ideal image that we have of ourselves has been brutally shaken. Our pain is very often that of wounded pride.”

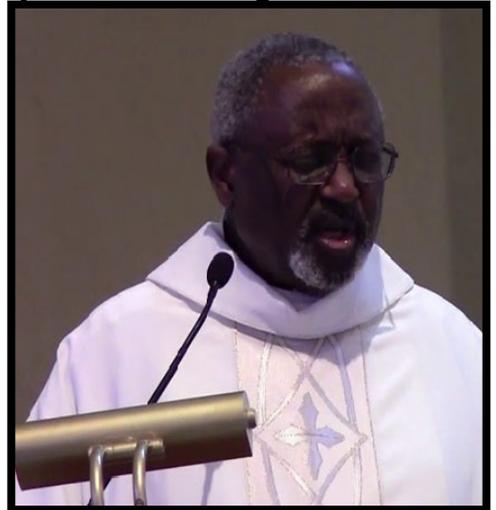
I challenge you to think about how you can come to God as you are, acknowledging your brokenness and your gifts, and trusting confidently in His mercy. Consider how humility, as self-forgetfulness, can help you grow in communion with God and neighbor.

For more of this article, read Chapter Seven of Dr. Stafford’s book, “Spiritual Survival in the Modern World: Insights from C. S. Lewis’ *Screwtape Letters*”.

Reception for Fr. Robert Bishop on August 4th

Fr. Robert Bishop will complete his service at St. Therese Church by celebrating his final Latin Mass at 1:00 p.m. next Sunday, August 4.

Following the Mass, we will have a reception in the Hall with coffee and cake. You are most welcome to join us in thanking Fr. Bishop for his many years of faithful service.



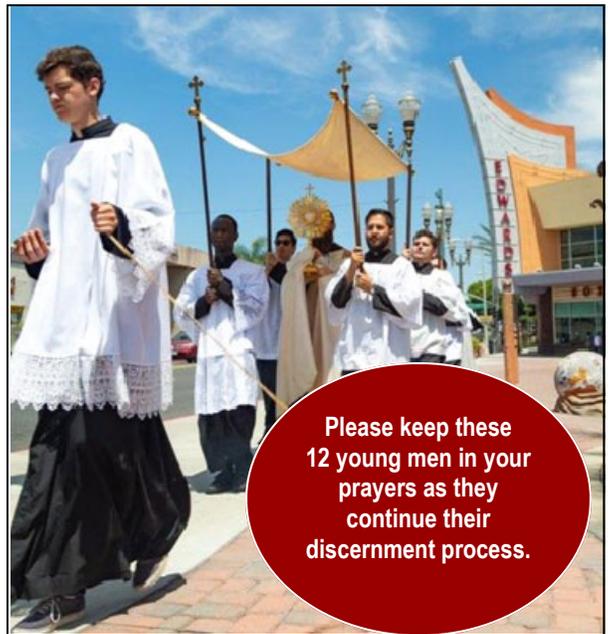
Keep These Twelve Young Disciples in Your Prayers



We were blessed to have TWELVE YOUNG MEN participate in our recent discernment recent. The day included discerning the priesthood or brotherhood, Holy Mass, prayer with the Carmelite Friars, a Eucharistic Procession around Alhambra, a special visit with the Cloistered Nuns in their parlor, various talks, recreation, and a lunch at In N Out.



We would like to thank **Daisy Thompson** and **Maria Alejandra** and all their crew for helping us out during the day; the **Carmelite Sisters** for their generous assistance; and **Elvia Hernandez** and **Rhonda Storey** for taking the procession photos (EH) and the group photo (RS).



Please keep these 12 young men in your prayers as they continue their discernment process.

FINANCIAL OFFERINGS

*"...for God loves a cheerful giver"
(2 Corinthians 9:7)*

May God reward you! Below you will find the total collections for the previous four weekends.

NOTE: The second collection on the 2ND WEEKEND each month is for our School (next is August 10 / 11).



July 20 / 21, 2019

Unrestricted..... \$ 9,000.00
Restricted \$ 5,041.00
T O T A L \$14,041.00

June 22 / 23..... \$10,735.00
June 29 / 30..... \$18,520.00
July 6 / 7..... \$13,150.00
July 13 / 14..... \$34,347.00

Check Users:
Please use a donation envelope in order to more easily credit your account.

DETENTION MINISTRY



Come and join us in bringing God's love and mercy to incarcerated youth (ages 8 to 18) at Central Juvenile Hall / Eastlake (by L.A. County USC Medical Center). Volunteers participate in spiritual support to incarcerated juveniles, Mass and Communion services, and religious education. Volunteers must be 21 years and over. For more information, please contact Sonia Macias at (323) 724-6443 or sonia_macias@hotmail.com OR Miriam Lopez at mimilc@hotmail.com.

*"For I was in prison and you visited me."
-Matthew 25:36*

*"Whatever you did for one of these least brothers of mine, you did for Me."
-Matthew 25:40*

WE'RE IN A RUSH! SO OUR KIDS CAN FLUSH!



We are seeking donations to upgrade both our School restrooms and the Parish Hall restrooms. These restrooms are almost 60 years old...

which is...*VERY OLD* in restroom years.

Please make it clear on your check that you are donating towards the restrooms.

Photos/Certificates

If you or your child received one of the Sacraments this past Spring, please come to



pick up your photo and/or **y o u r** Certificate from the Parish Office by October 15.

Our School

www.SaintThereseCarmeliteSchool.com

Deeply rooted in Carmelite spirituality, Saint Therese Carmelite School seeks to form students in faith, academics, and virtue through a Classical education.

We wish all our School families a blessed **SUMMER VACATION!**

Please contact the office by phone or email to register your child for the 2019-2020 school year (289-3364 or admin@sainttheresecarmeliteschool.com).



COME AND SEE... For Young Women from 18 to 35



"Trust in the Lord...And He Will Grant Your Heart's Desire!"

The Cloistered Discalced Carmelite Nuns invite all single women from 18 to 35 to join them for a day of discernment. It will be held on **Saturday, September 7**, from 10:00 a.m. to 3:30 p.m., at the Carmel of St. Teresa Monastery, 215 East Alhambra Road, Alhambra.

Please RSVP by August 31 by either calling 588-7048 or E-mailing vocations@carmelteresa.org.

SCRIPTURE MEDITATION & MORE

TODAY'S SCRIPTURE MEDITATION: The Beatitudes praise the poor in spirit. One characteristic of those who are poor in spirit is their ability to ask for help; they know when others can provide what they lack. Today's readings encourage us to practice poverty in spirit by asking God for what we need. What could be more natural than to ask God for good things? God is, after all, the inventor of goodness and the giver of all good things.

Asking God for help puts us in conversation with God. These conversations take many forms. The reading from Genesis shows Abraham bantering with God like a skilled negotiator, while St. Paul's letter to the Colossians praises God for answering us even when we don't deserve it. In Saint Luke's Gospel, Jesus not only gives us words to use in our conversations with God (the "Our Father"), but also promises that God always listens to our prayers.

TREASURES FROM OUR TRADITION:

The pilgrim experience of going by foot to Santiago de Compostella, the shrine of St. James, reached its high point this week on the feast of the Apostle, with tens of thousands of pilgrims on the road. Typically, they cover twelve to twenty miles a day through rough territory. The difficult journey and the often primitive lodging facilities are made bearable by the joy of the pilgrims, their songs and prayers. When their journey is documented properly, they receive the scallop shell, a reminder not only of James the fisherman, but also his call to fish for human beings and to baptize the nations. In the Middle Ages, those who wore this badge on their hats were granted lodging and hospitality wherever they went. Next to the palm, the sign of a Jerusalem pilgrim, the scallop shell was most highly prized.



In the Middle Ages, some people so enjoyed the pilgrim road, although it was filled with discomfort and danger, that they spent most of their lives on the road. Today, some people take up the route for exercise, but are drawn gradually into the spirituality of the journey. As you make your Summer travels, always fold in an element of pilgrimage: a long walk through beautiful countryside, a visit to a church, a prayer of gratitude for your journey through life's hills and valleys.

In the Middle Ages, some people so enjoyed the pilgrim road, although it was filled with discomfort and danger, that they spent most of their lives on the road. Today, some people take up the route for exercise, but are drawn gradually into the spirituality of the journey. As you make your Summer travels, always fold in an element of pilgrimage: a long walk through beautiful countryside, a visit to a church, a prayer of gratitude for your journey through life's hills and valleys.

Mission Co-Operative Speaker This Weekend

Please welcome Rev. John Bosco Musinguzi, who is our guest speaker for this year's Missionary Cooperative Appeal. Fr. John Bosco, originally from Uganda, is currently assigned as a US Navy Chaplain at the Naval Medical Center in San Diego. He is here to speak on behalf of the Bishop of the Nyundo Diocese in Rwanda, Africa. The Diocese of Nyundo need funds to renovate two vocation training Centers that were destroyed in the 1994 genocide. The Diocese would like to empower young people with practical skills to help them create jobs to have a sustainable source of income. Your sacrifice and support out of love of the mission of the Church in Rwanda will be greatly appreciated. Envelopes are in the pews.

Ongoing Events / Meetings

BIBLE STUDY: Classes meet at 7:00 p.m. on **Wednesdays** in the Parish Meeting Room **between September and June**. Next session begins **September 4** (Contact Debbie Robles at debrobles@me.com or at 679-6370).

CATHOLIC KARATE is for boys, girls, and men from 7 to 60. Learn self-defense, increased self-control, and confidence. Season 3 began July 11. For more info, contact John at SenseiJohnWrot@gmail.com.

CHOIR REHEARSAL for the 11:00 a.m. Mass is every Wednesday from September to June (from 7:30-9:00 p.m.).

CONSECRATION TO MARY: Follow-up group for those already consecrated to Jesus through His mother, the Mother of God. Meets at 6:30 p.m. on the first Sunday of each month. For more info, call Angela at (310) 701-8386.

DETENTION MINISTRY: If you're 21 or older, join us in visiting the youth (ages 8 to 18) in the Juvenile Detention Center in L.A. To sign up or for more info, call Sonia at (323) 724-6443.

EnCOURAGE: Standing fully by the teachings of the Church, we are a group of faithful Catholic parents who support one another and our loved ones with same sex attraction, through discussion, prayer, fellowship and sacrifice. Meet monthly in the LA Archdiocese with our chaplain in a safe confidential setting. For more info, contact your local chapter (EnCourage for **parents:** EnCourage.LosAngeles@gmail.com; OR Courage LA for **persons struggling with same sex attraction:** CourageCA.LosAngeles@gmail.com.).

FIRST FRIDAY MASS: Held every First Friday of each month at 7:30 p.m.

"FORMED" CATHOLIC MEDIA is available for **FREE** to ALL our parishioners! Discover all the best Catholic content in one place: movies, talks, audio dramas, and a great selection of popular e-books. To register, go to FORMED.ORG on our website, click on the icon, enter your name, email address, a password, and your zip code--and get started!

GRIEF SUPPORT GROUP: This group (originally formed in honor of Patricia Bordonaro) is for those grieving a loved one—no matter how long or for whom. We meet in the Parish Offices from **2:30 to 4:00 p.m. on the 2nd & 4th Wednesdays** of each month. The next meetings will be **August 14 and 28**.

INTERCESSORS FOR PRIESTS PRAYER GROUP: Join us in the Avila Room in the Parish Offices to pray for priests every **Thursday at 8:00 p.m.** (following Benediction in the church). For more info, call Blanca at 281-7070.

KNIGHTS OF COLUMBUS: For Catholic men (18 or over) looking to strengthen their faith through serving the Church & community. Call the Alhambra Grand Knight, Frank Bodeman, at (888) 869-3124.

LEGION OF MARY: The object of the Legion is the glory of God through the holiness of its members developed by prayer and active cooperation. Meetings are Tuesdays at 7:00 p.m., in the Parish Offices (Lisieux Room).

NATURAL FAMILY PLANNING: For info on Church teaches about openness to life, contact Jack & Katrina Crow at 292-1906 or katrina.fcp@gmail.com for **English** OR Martha Lacayo for **Spanish** at 372-0808 or Martha.fcp@gmail.com. Introductory sessions to the Creighton Model FertilityCare System/NaproTechnology are normally on the 3rd Saturday of the month. Please contact one of them to register for the classes.

RISE MEN'S MINISTRY: All men who have made the challenge at www.MenRiseUp.org are encouraged to join us on **Saturday mornings for the Rosary at 6:45 a.m., followed by a video and discussion from 7:00 to 7:30 a.m.** in the Parish Meeting Room. For questions, contact Greg Keller at greglks@yahoo.com.

ROSARY MAKERS: Help make rosaries to be sent to Catholics in third-world countries. Sessions are held on Mondays at 6:00 p.m. in the Avila Room of the Parish Offices. For more info, call Magda at (213) 300-7776.

ST. JOSEPH PRAYER GROUP: Come to the church every **Wednesday at 6:15 p.m.** to pray for peace and justice issues in our community and around the world. For more info, call Lucy at 281-3706.

Mass Intentions

Floral Dedications

Week of July 27 through August 3, 2019

Saturday:

5:00 p.m.: Eulogio Diaz, RIP

Sunday

*7:30 a.m.: John David Shamus Wrotniewski, INT

7:30 a.m.: Parishioners

9:00 a.m.: Julio Obong Acuesta, RIP

11:00 a.m.: Leon Grimm, 14th birthday intention

1:00 p.m.: (Latin): Ursula V. Aquino

5:00 p.m.: Raymond Reyes, RIP

Monday:

6:00 a.m.: Elliot Zino, Birthday Intention

*7:30 a.m.: Mary Rooney, RIP

8:00 a.m.: Florencio Mekalintal, RIP

Tuesday:

6:00 a.m.: All the People in the World, INT

*7:30 a.m.: Vanessa Escobar, RIP

8:00 a.m.: Carmen Duncan, RIP

Wednesday:

6:00 a.m.: Mary DeSantis, RIP

*7:30 a.m.: Mary DeSantis, RIP

8:00 a.m.: Phillip Tittmann, 14th Birthday INT

Thursday:

6:00 a.m.: William Kueter, RIP

*7:30 a.m.: Isaac & Damian Zino, Birthday INT

8:00 am: Cecilio Reyes, RIP

Friday:

6:00 a.m.: Fr. Philip Sullivan, Birthday Intention

*7:30 a.m.: Vera Rodriguez, RIP

8:00 a.m.: Eric Truong, INT

7:30 p.m.: Fr. Philip, Birthday Intention

Saturday:

6:00 a.m.: Luisa Lapidario, INT

*7:30 a.m.: Carmelite Community

8:00 a.m.: Eric Truong, INT

*Held at the Carmelite Chapel,
215 East Alhambra Road. Open to the

This week's Dedications are:

† Loving Memory of
**Fermin de Jesus
and
Jaime Doria**



Outside the Parish

Fr. Stephen Watson, OCD, a former pastor of ours, will lead a **6-day SPIRITUAL PILGRIMAGE to Our Lady of Guadalupe Shrine in Mexico City (December 8 to 13)**. \$1,599 per person, double occupancy. For more info, contact Beth Maddatu at (408) 903-6305 or maddatubeth@gmail.com.

THE FIVE KEYS: The San Gabriel Pastoral Regional Office invites everyone to join them for a series of talks about five keys to living a Christian life. The talks will continue for the next **FIVE MONDAY EVENINGS** (July 22, 29, and August 12, 19, and 26), from 6:30 to 9:00 p.m. each evening. For details, see the flyer on our website under News/Events.

Beautiful Marian Pilgrimage to FATIMA, PORTUGAL with Fr. Matthew Wheeler from **October 7-15**. All inclusive cost from LAX: \$2995 'til July 15. For sign-ups after July 15, add \$200. For more info, go to www.syversentouring.com/fatima.html or call Louisa Day at (323) 360-5186.

ARE YOU HOMEBOUND? You can view the Mass on TV on Channel 56 (KDOC) every Sunday at 9:00 a.m. For a free copy of the Mass prayer book, call 1-800-430-0930.

Personal Ads

SEEKING CARETAKER for an elderly lady. Call 500-7612 if you would like an interview.

WANTED TO RENT: BEDROOM for July and August in quiet, safe place. Am a quiet, single female, practicing Catholic, who will be out and about most of the time. Internet access preferred. Contact Michelle at 617-504-8982.

Retired woman **SEEKING TO RENT A ROOM** with a separate entrance, non-sharing bathroom, and kitchen privileges. Can pay \$685/mo + \$500 security. Pays on time, doesn't smoke/drink, has no pets. If you have availability, please call 627-1899.

Lectors

Saturday

5:00 p.m. Larry Dumont / Alice Cheung

Sunday

7:30 a.m. Jackie Johnson / Rex Owens

9:00 a.m. Lucas Setiady / Ron Sandoval

11:00 a.m. Jason Perez / Sarah Halpin

5:00 p.m. Charlie Gopez / Peter Chiu