

December 2017

SC Primary, SC Elementary, Furlow Charter (K—5)

Monday	Tuesday	Wednesday	Thursday	Friday
				<p><i>Apple Oatmeal Bars</i> <i>Fresh Fruit</i></p> <p><i>Seasoned Beef Steak w/ gravy</i> <i>Mashed Potatoes</i> <i>Steamed Broccoli</i> <i>Yeast Roll</i> <i>Fresh Fruit</i></p>
<p>4</p> <p><i>Cereal Bar</i> <i>Fresh Fruit</i></p> <p><i>Chicken Patty Sandwich</i> <i>Leaf Lettuce/Tomato Slice</i> <i>Corn on Cob</i> <i>Cucumber Sticks w/ Ranch Dressing</i> <i>Fresh Fruit</i></p>	<p>5</p> <p><i>Strawberry Oatmeal Bars</i> <i>Fresh Fruit</i></p> <p><i>Soft Beef Taco w/Shredded Cheese</i> <i>Shredded Lettuce and Diced Tomatoes</i> <i>Corn on the Cob</i> <i>Carrot Sticks w/Dip</i> <i>Fresh Fruit</i></p>	<p>6</p> <p><i>Banana Loaf</i> <i>Fresh Fruit</i></p> <p><i>Sausage/Cheese Pizza</i> <i>Side Salad w/Dressing</i> <i>Sweet Potato Fries</i> <i>Tortilla chips w/Salsa</i> <i>Fresh Fruit</i></p>	<p>7</p> <p><i>Poptart</i> <i>Fresh Fruit</i></p> <p><i>Spaghetti w/ Meat Sauce</i> <i>Side Salad w/Dressing</i> <i>Corn on the Cob</i> <i>Yeast Roll</i> <i>Fresh Fruit</i></p>	<p>8</p> <p><i>Nutri Grain Bar</i> <i>Fresh Fruit</i></p> <p><i>Corn Dog</i> <i>Celery/Carrots Sticks</i> <i>w/Ranch Dressing</i> <i>Seasoned Baked Beans</i> <i>Fresh Fruit</i></p>
<p>11</p> <p><i>Poptart</i> <i>Fresh Fruit</i></p> <p><i>Hamburger on Bun</i> <i>Sliced Tomato/Leaf Lettuce/Pickles</i> <i>Carrot Sticks w/Ranch Dressing</i> <i>Sun Chips</i> <i>Fresh Fruit</i></p>	<p>12</p> <p><i>Blueberry Muffins</i> <i>Fresh Fruit</i></p> <p><i>Corndog</i> <i>Crispy Oven Fries</i> <i>Cole Slaw</i> <i>Baked Beans</i> <i>Fresh Fruit</i></p>	<p>13</p> <p><i>Nutri Grain Bar</i> <i>Fresh Fruit</i></p> <p><i>Ham and Cheese Sandwich</i> <i>Leaf Lettuce/Tomato Slice</i> <i>Sun Chips</i> <i>Celery Sticks w/Dip</i> <i>Fresh Fruit</i></p> <p>EARLY RELEASE DAY</p>		
			<p><i>Special Notice to Adults:</i> <i>The following applies to all menu items:</i></p> <ol style="list-style-type: none"> <i>0 Trans fats</i> <i>Low Sodium</i> <i>Reduced Sugar</i> <i>100% Whole Grain Rich</i> <p><small>Detailed nutrient information can be seen at SNP Central Office by contacting Martha Harvey at 229-931-8546 or mharvey@sumterschools.org</small></p>	