


May 2019

Offer Versus Serve Menu
SCIS, SCMS and FCS

Choose 1 Entree

Choose (1/2 cup+) fruit/veggie

Choose 1 Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Special Notice to Adults: The following applies to all menu items:</p> <ol style="list-style-type: none"> 0 Trans fats Low Sodium Reduced Sugar 100% Whole Grain Rich <p>Detailed nutrient information can be seen at SNP Central Office by contacting Martha Harvey at 229-931-8546 or mharvey@sumterschools.org</p>		<p>1 Waffle</p> <p>Seasoned Beef Steak w/ gravy/roll Or Chicken Nuggets</p> <p>Gravy Yeast Roll Mashed Potatoes Steamed Broccoli w/cheese OR Salad Meal w/ Hummus</p>	<p>2 Blueberry Muffins</p> <p>Hot dog Or Cheeseburger</p> <p>Fresh Fruit Crispy Oven Fries Cole Slaw Baked Beans OR Salad Meal w/ Ham</p>	<p>3 Biscuit with Ham</p> <p>Beef Strips w/ yeast roll or Fish Sticks/Hush Puppies</p> <p>Baked Potato Celery/Carrot Sticks w/Ranch Dressing or Salad Meal with Chicken Strips</p>
<p>6 Cereal Bar</p> <p>Chicken Nuggets w/ Yeast Roll Or Pepperoni Pizza</p> <p>Sweet Potato Fries Seasoned Baked Beans Coleslaw Corn on the Cob Or Salad Meal w/ Ham & Cheese</p>	<p>7 Strawberry Oatmeal Bar</p> <p>Seasoned Beef Steak w/ gravy/roll Or Spaghetti w/Meat Sauce</p> <p>Side Salad w/ Dressing Steamed Broccoli w/cheese OR Salad Meal w/ Chicken Salad</p>	<p>8 Banana Loaf</p> <p>BBQ Sandwich Or Chili Dog</p> <p>Side Salad w/Dressing Sweet Potato Fries Side Kick (frozen juice) OR Salad Meal w/Tuna Salad</p>	<p>9 Nutri Grain Bar</p> <p>Chicken Nuggets w/Roll Or Cheeseburger</p> <p>Crispy Oven Fries Cole Slaw Baked Beans OR Salad Meal w/ Ham</p> <p>Salad Meal w/ Ham Salad</p>	<p>10 Strawberry Oatmeal Bar</p> <p>Beef Strips or Fish Sticks</p> <p>Baked Potato School Made Yeast Roll Broccoli w/Ranch Dressing or Salad Meal with Chicken Strips</p>
<p>13 Strawberry Oatmeal Bar</p> <p>Chicken Patty Sandwich or Southern Meatloaf w/ Roll</p> <p>Leaf Lettuce/Tomato Slice Corn on the Cob Cucumber Sticks w/Dip or Salad Meal w/Chicken Salad</p>	<p>14 Powdered Doughnuts</p> <p>Seasoned Chicken, Soft Shell Taco w/Cheese or BBQ on Bun</p> <p>Shredded Lettuce and Diced Tomatoes Corn on the Cob OR Salad Meal w/ Ham and Cheese cubes</p>	<p>15 Banana Loaf</p> <p>Ham and Cheese Sandwich Or Sausage/Cheese Pizza</p> <p>Side Salad w/Dressing Sweet Potato Fries Tortilla chips w/Salsa or Salad Meal w/Tuna Salad</p>	<p>16 Strawberry Oatmeal Bar</p> <p>Seasoned Beef Steak w/ gravy/roll Or BBQ Sandwich</p> <p>Mashed Potatoes Steamed Broccoli w/cheese OR Salad Meal w/ Chicken Strips</p>	<p>17 Nutri Grain Bar</p> <p>PBJ Sandwich w/ Cheese Stick Or Ham and Cheese Sandwich Celery/Carrots w/Ranch Dressing Cheese Stick or Salad Meal w/ Chicken Strips</p>
<p>20 Super Donut Cheese Stick</p> <p>BBQ on Bun Or Chicken Chunks w/ Roll</p> <p>Crispy Oven Fries Chilled Cole Slaw Carrot Sticks w/Ranch Seasoned Green Beans Or Salad Meal w/ Chicken Chunks</p>	<p>21 Pancake Pup</p> <p>Oven Fried Chicken Or Beef & Cheese Nachos</p> <p>Collard Greens Baked Sweet Potato Cornbread Or Salad Meal w/ Chicken Strips</p>	<p>22 Strawberry Oatmeal Bar</p> <p>Seasoned Beef Steak w/ gravy/roll Or Spaghetti w/Meat Sauce</p> <p>Side Salad w/ Dressing Steamed Broccoli w/cheese OR Salad Meal w/ Chicken Salad</p>	<p>23 Cereal Bar</p> <p>Chicken Nuggets w/ Yeast Roll Or Pepperoni Pizza</p> <p>Sweet Potato Fries Seasoned Baked Beans Coleslaw Corn on the Cob Or Salad Meal w/ Ham & Cheese</p>	<p>24 Manager's Choice Last Day of School</p>