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October 2018



Georgia Apple Day
 Tuesday, October 30,
 2018
 "Crunch"
 12:00 Noon

SCPS, SCES, SCIS

Monday		Tuesday		Wednesday		Thursday		Friday	
1	<i>Breakfast PBJ</i> <i>Chicken and Noodle Soup</i> <i>Side Vegetable Salad w/ Dressing</i> <i>Seasoned Rutabagas</i> <i>School Made Corn Bread</i>	2	<i>Poptart</i> <i>Spaghetti w/ Meat Sauce</i> <i>Side Salad w/Dressing</i> <i>Seasoned Green Beans</i> <i>Corn on the Cob</i> <i>School Made Yeast Roll</i>	3	<i>Pancake Pup (sausage)</i> <i>Beef Vegetable Soup</i> <i>PBJ Sandwich</i> <i>Side Vegetable Salad w/ Dressing</i> <i>Seasoned Baked Beans</i>	4	<i>Nutri-Grain Cereal Bar</i> <i>Oven Fried Chicken</i> <i>Collard Greens</i> <i>Baked Sweet Potato</i> <i>School Made Cornbread</i>	5	<i>Strawberry Oatmeal Bar</i> <i>School Made Chili w/Beans</i> <i>Baked Potato</i> <i>Grilled Cheese Sandwich</i> <i>Broccoli w/Ranch Dip</i>
8	<i>Maple Flavored French Toast</i> <i>BBQ on Bun</i> <i>Chilled Cole Slaw</i> <i>Seasoned Baked Beans</i> <i>Oven Fried Okra</i>	9	<i>Poptart</i> <i>Chicken and Rice Soup</i> <i>PBJ Sandwich</i> <i>Side Vegetable Salad w/ Dressing</i> <i>Seasoned Baked Beans</i>	10	<i>Banana Loaf</i> <i>Sausage/Cheese Pizza</i> <i>Side Salad w/Dressing</i> <i>Seasoned Baked Sweet Potato</i> <i>Tortilla chips w/Salsa</i>	11	<i>Blueberry Muffin</i> <i>w/Sausage Link</i> <i>Sub Sandwich/ham/cheese</i> <i>Shredded Lettuce/Diced Tomato</i> <i>Tortilla Chips w/ Salsa</i> <i>Cucumber Sticks w/ Ranch Dressing</i> <i>EARLY RELEASE DAY</i>	12	FALL BREAK
15	<i>Whole Grain Powdered Doughnuts</i> <i>Corndog (Hotdog on a Stick)</i> <i>Crispy Oven Fries</i> <i>School Made Cole Slaw</i> <i>Seasoned Baked Beans</i>	16	<i>Blueberry Muffins</i> <i>Seasoned Chicken on Soft Taco</i> <i>w/Shredded Cheese</i> <i>Shredded Lettuce and Diced Tomatoes</i> <i>Corn on the Cob</i> <i>Carrot Sticks w/Dip</i>	17	<i>FRUIT-A-LICIOUS</i> <i>BREAKFAST CUP</i> <i>Seasoned Beef Steak w/ gravy</i> <i>Mashed Potatoes</i> <i>Steamed Broccoli</i> <i>School Made Yeast Roll</i>	18	<i>Pancake Pup (sausage)</i> <i>Oven Fried Chicken</i> <i>Collard Greens</i> <i>Baked Sweet Potato</i> <i>Cornbread</i>	19	<i>Maple Flavored Pancakes</i> <i>Homemade Chicken Pot Pie w/vegetables</i> <i>Side Vegetable Salad w/ dressing</i> <i>Macaroni and Cheese</i>
NATIONAL SCHOOL LUNCH WEEK CELEBRATION									
22	<i>Nutri Grain Bar</i> <i>Mozzarella Cheese Sticks</i> <i>Marinara Sauce Dip</i> <i>Apple with Peanut Butter Dip</i> <i>Garden Salad w/Tomatoes</i> <i>w/Ranch Dressing</i>	23	<i>Strawberry Oatmeal Bars</i> <i>Cheese Burger on Bun</i> <i>Leaf Lettuce & Sliced Tomatoes</i> <i>Baked Tostito Chips w/Salsa</i> <i>Seasoned Black-Eyed Peas</i>	24	<i>Pancake Pup</i> <i>Oven Fried Chicken</i> <i>Collard Greens</i> <i>Baked Sweet Potato</i> <i>Cornbread</i>	25	<i>Whole Grain Super Donut</i> <i>Cheese Stick</i> <i>BBQ on Bun</i> <i>Chilled Cole Slaw</i> <i>Seasoned Baked Beans</i> <i>Carrot Sticks w/Ranch Dressing</i>	26	<i>Cereal Bar</i> <i>Chicken Nuggets w/ Yeast Roll</i> <i>Seasoned Baked Sweet Potato</i> <i>Seasoned Baked Beans</i> <i>Coleslaw</i>
29	<i>Breakfast PBJ</i> <i>Barbequed Chicken</i> <i>Collard Greens</i> <i>Baked Sweet Potato</i> <i>School Made Cornbread</i>	30	<i>Maple Flavored Pancakes</i> <i>Homemade Chicken Pot Pie w/vegetables</i> <i>Side Vegetable Salad w/ dressing</i> <i>Macaroni and Cheese</i> <i>APPLE STICKS WITH PBJ DIP</i> <i>"Georgia Apple Day"</i>	31	<i>Strawberry Oatmeal Bars</i> <i>Cheese Burger on Bun</i> <i>Leaf Lettuce & Sliced Tomatoes</i> <i>Baked Tostito Chips w/Salsa</i> <i>Seasoned Black-Eyed Peas</i>				