



Sunflower County Consolidated School District

Virtual Learning Suggested Schedule

<i>Time!</i>	<i>Activity!</i>	<i>Notes!</i>
7:30a-8:00a	Breakfast	Get ready for an amazing day! Eat breakfast, get dressed!
8:00a-9:15a	Class Time: ELA	Work on assignments in Canvas or other district approved program
9:15a-9:45a	Physical & Mental Well-being	LEAVE YOUR SCREEN!!! Meditate/ Stretch
9:45a-10:45a	Class Time: Math	Work on assignments in Canvas or other district approved program
10:45a-11:45a	Class Time: Science	Work on assignments in Canvas or other district approved program
11:45a-12:15p	Grab and Go Lunch	Pick up a sack lunch @ your designated area or fix a healthy lunch at home.
12:15p-1:00p	Class Time: Social Studies	Work on assignments in Canvas or other district approved program
1:00p-2:30p	Class Time: Electives	Work on assignments in Canvas or other district approved program

Student Characteristics for Successful Flexible Virtual Learning

- Self-motivated
- Disciplined
- Comfortable with technology
- Independent learner
- Strong time management skills
- Able to set personal deadlines
- Strong written and verbal communication skills

*** iReady (ELA & Math) will be incorporated for 45 minutes one day a week for K-8 students.**