

# September 2017

## Sunflower County Consolidated School District Breakfast Menu – Pre K – 12<sup>th</sup>

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know...

The name September comes from the Latin septem for seven, since this was the seventh month of the Roman calendar.



4

Croissant  
Cheese Omelet  
Hashbrown Potatos  
Assorted Cold Cereals  
Banana Breakfast Bread  
Chilled Peach Slices  
Assorted Fruit Juices  
Variety Milk  
Assorted Jellies

5

Breakfast Boat  
Chocolate Chip Muffin Loaf  
Assorted Cold Cereals  
Fruit Cocktail  
Assorted Fruit Juices  
Variety Milk  
Assorted Jellies

6

Hot Grits  
Whole Wheat Toast  
Sausage Patty  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Fresh Orange Smiles  
Assorted Fruit Juices  
Variety Milk  
Assorted Jellies

7

Sausage & Pancake  
on a Stick  
Assorted Cold Cereals  
Banana Breakfast  
Bread  
Fresh Bananas  
Assorted Fruit Juices  
Variety Milk  
Pancake Syrup

8

Hot Grits  
Whole Wheat Toast  
Crispy Bacon  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Fresh Orange Smiles  
Assorted Fruit Juices  
Variety Milk  
Assorted Jellies

11

Croissant  
Cheese Omelet  
Hashbrown Potatos  
Assorted Cold Cereals  
Banana Breakfast Bread  
Chilled Peach Slices  
Assorted Fruit Juices  
Variety Milk  
Assorted Jellies

12

Sausage & Pancake  
on a Stick  
Assorted Cold Cereals  
Banana Breakfast  
Bread  
Fresh Bananas  
Assorted Fruit Juices  
Variety Milk  
Pancake Syrup

13

Breakfast Boat  
Chocolate Chip Muffin Loaf  
Assorted Cold Cereals  
Fruit Cocktail  
Assorted Fruit Juices  
Variety Milk  
Assorted Jellies

14

Pancakes  
Sausage Patty  
Sliced Strawberries  
Assorted Fruit Juices  
Assorted Cold Cereals  
Banana Breakfast Bread  
Variety Milk  
Pancake Syrup

15

Grilled Cheese Sandwich  
Scrambled Eggs  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Hashbrown Potatoes  
Assorted Fruit Juices  
Fresh Bananas  
Variety Milk

18

Yogurt Parfait  
Assorted Cold Cereals  
Assorted Muffin  
Loaves  
Sausage and Biscuit  
Assorted Fruit Juices  
Fruit Cocktail  
Variety Milk  
Assorted Jellies

19

Breakfast Sliders  
Assorted Cold Cereals  
Assorted Breakfast Bread  
Chilled Peaches  
Assorted Fruit Juices  
Variety Milk  
Assorted Jellies

20

Bagel w/ Sausage  
Assorted Muffin Loaves  
Strawberry Yogurt  
Assorted Cold Cereals  
Breakfast Chicken Patty  
Southern Biscuit  
Sliced Strawberries  
Chilled Pear Halves  
Variety Milk  
Assorted Jellies

21

Breakfast Sausage  
Pizza  
Assorted Breakfast Bread  
Oat WG Cereal Bar  
Fresh Apples  
Assorted Fruit Juices  
Assorted Milk  
Breakfast Sausage  
Pizza

22

Breakfast Sausage Pizza  
Assorted Breakfast Bread  
Oat WG Cereal Bar  
Fresh Apples  
Assorted Fruit Juices  
Assorted Milk

25

Pancakes  
Sausage Patty  
Sliced Strawberries  
Assorted Fruit Juices  
Assorted Cold Cereals  
Banana Breakfast Bread  
Variety Milk  
Pancake Syrup

26

Breakfast Boat  
Chocolate Chip Muffin Loaf  
Assorted Cold Cereals  
Fruit Cocktail  
Assorted Fruit Juices  
Variety Milk  
Assorted Jellies

27

Bagel w/ Sausage  
Assorted Muffin Loaves  
Strawberry Yogurt  
Assorted Cold Cereals  
Breakfast Chicken Patty  
Southern Biscuit  
Sliced Strawberries  
Chilled Pear Halves  
Variety Milk  
Assorted Jellies

28

Yogurts and Muffins  
French Toast Sticks  
Sausage Patty  
Assorted Fruit Juices  
Chilled Peaches  
Variety Milk  
Pancake Syrup

29

### Offered Daily

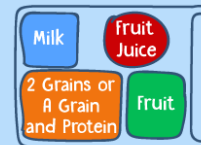
- \*Low-fat Milk
- \*Chocolate Milk
- Strawberry Milk
- \*Vanilla Fat-Free Milk
- \*Lactose-free Milk
- \*Soy Milk

All menus are subject to change.

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USDA is an equal opportunity provider and employer"

What makes a Great Breakfast  
Select at least 3 items!



One must be a



Start your Day with a Healthy Breakfast

All School Breakfasts include FRUIT!

