



**Tazewell County Schools
HIGH SCHOOL LUNCH**

VIRGINIA FARM to SCHOOL WEEK OCT-1-5

National School Lunch Week OCT -15-19

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 CHOOSE ONE ENTREE HOT DOG with CHILI HOT HAM & CHEESE SANDWICH <u>Available Daily</u> <u>Pizza and Chicken Selections</u> TASTY BAKED BEANS CHICKEN SUPREME SOUP COLE SLAW CRISPY BROCCOLI w DIP FRUIT & VEGGIE BAR</p>	<p>2 CHOOSE ONE ENTREE CHICKEN and WAFFLE ITALIAN MEATBALL SUB * <u>Available Daily</u> <u>Pizza and Chicken Selections</u> VEGGIE BOWL FRENCH FRIES SEASONED GREEN BEANS FRUIT & VEGGIE BAR</p>	<p>3 CHOOSE ONE ENTREE CHICKEN FAJITA on TORTILLA CHILI BEANS w BREADSTICK <u>Available Daily</u> <u>Pizza and Chicken Selections</u> TANGY SALSA CALIFORNIA BLEND VEG FRUIT & VEGGIE BAR</p>	<p>4 CHOOSE ONE ENTREE SALISBURY STEAK / ROLL TURKEY-BACON CIABATTA * <u>WILD MIKE'S ULTIMATE PIZZA</u> MASHED POTATOES MIXED VEGETABLES APPLE CRISP VEGGIE BOWL FRUIT & VEGGIE BAR</p>	<p>5 CHOOSE ONE ENTREE BREAKFAST FOR LUNCH OMELET OR * EGG and SAUSAGE w BISCUIT CHEESE FILLED STICKS <u>Available Daily</u> <u>Pizza and Chicken Selections</u> GRAPE TOMATOES TATER TOTS SEASONED GRAVY FRUIT & VEGGIE BAR</p>
<p>8 CHOOSE ONE ENTREE ORANGE CHICKEN TACO SOUP w BREADSTIX <u>Available Daily</u> <u>Pizza and Chicken Selections</u> COOKED CARROTS CALIFORNIA BLEND VEG FRUIT & VEGGIE BAR</p>	<p>9 CHOOSE ONE ENTREE BACON CHEESEBURGER CHICKEN and WAFFLES <u>Available Daily</u> <u>Pizza and Chicken Selections</u> FRENCH FRIES GREEN BEANS MACARONI & CHEESE FRUIT & VEGGIE BAR</p>	<p>10 CHOOSE ONE ENTREE PHILLY CHICKEN SUB * MEXICAN PULLED PORK / BUN <u>Available Daily</u> <u>Pizza and Chicken Selections</u> SWEET POTATOES FRIES VEGGIE BOWL FRUIT & VEGGIE BAR</p>	<p>11 CHOOSE ONE ENTREE HAMBURGER / CHEESE BURGER BUFFALO CHICKEN CHEESE CIABATTA * <u>WILD MIKE'S ULTIMATE PIZZA</u> TASTY BAKED BEANS SEASONED CORN FRUIT & VEGGIE BAR</p>	<p>12 CHOOSE ONE ENTREE HOME-MADE SPAGHETTI SLOPPY JOE on BUN <u>Available Daily</u> <u>Pizza and Chicken Selections</u> BREADSTICK VEGGIE BOWL SEASONED GREEN BEANS FRUIT & VEGGIE BAR</p>
<p>15 CHOOSE ONE ENTREE SALISBURY STEAK/ ROLL CHICKEN FRIED STEAK/ROLL <u>Available Daily</u> <u>Pizza and Chicken Selections</u> SEASONED GREEN BEANS MASHED POTATOES FRUIT & VEGGIE BAR</p>	<p>16 CHOOSE ONE ENTREE CHICKEN/BACON/CHEESE/ RANCH PANINI * JALAPENO CHEESEBURGER <u>Available Daily</u> <u>Pizza and Chicken Selections</u> FRENCH FRIES SWEET POTATO TASTY BAKED BEANS FRUIT & VEGGIE BAR</p>	<p>17 CHOOSE ONE ENTREE FRITO CHILI CHEESE BOWL * SOFT TORTILLA QUESADILLA <u>Available Daily</u> <u>Pizza and Chicken Selections</u> REFRIED BEANS VEGGIE BOWL FRUIT & VEGGIE BAR</p>	<p>18 CHOOSE ONE ENTREE SEASONED PULLED PORK on FRENCH BREAD SIRACHA CHICKEN-CHEESE PANINI <u>WILD MIKE'S ULTIMATE PIZZA</u> CARROT STICKS FRESH BROCCOLI FRUIT & VEGGIE BAR</p>	<p>19 CHOOSE ONE ENTREE MINI CORN DOGS HAM & PEPPER JACK PANINI * <u>Available Daily</u> <u>Pizza and Chicken Selections</u> MIXED VEGETABLES VEGGIE BOWL FRUIT & VEGGIE BAR</p>
<p>22 CHOOSE ONE ENTREE HOT DOG with CHILI HOT HAM & CHEESE SANDWICH <u>Available Daily</u> <u>Pizza and Chicken Selections</u> TASTY BAKED BEANS CHICKEN SUPREME SOUP COLE SLAW CRISPY BROCCOLI w DIP FRUIT & VEGGIE BAR</p>	<p>23 CHOOSE ONE ENTREE CHICKEN and WAFFLE ITALIAN MEATBALL SUB * <u>Available Daily</u> <u>Pizza and Chicken Selections</u> VEGGIE BOWL FRENCH FRIES SEASONED GREEN BEANS FRUIT & VEGGIE BAR</p>	<p>24 CHOOSE ONE ENTREE CHICKEN FAJITA on TORTILLA CHILI BEANS w BREADSTICK <u>Available Daily</u> <u>Pizza and Chicken Selections</u> TANGY SALSA CALIFORNIA BLEND VEG FRUIT & VEGGIE BAR</p>	<p>25 CHOOSE ONE ENTREE SALISBURY STEAK / ROLL TURKEY-BACON CIABATTA * <u>WILD MIKE'S ULTIMATE PIZZA</u> MASHED POTATOES MIXED VEGETABLES APPLE CRISP VEGGIE BOWL FRUIT & VEGGIE BAR</p>	<p>26 CHOOSE ONE ENTREE BREAKFAST FOR LUNCH OMELET OR * EGG and SAUSAGE w BISCUIT CHEESE FILLED STICKS <u>Available Daily</u> <u>Pizza and Chicken Selections</u> GRAPE TOMATOES TATER TOTS SEASONED GRAVY FRUIT & VEGGIE BAR</p>
<p>29 CHOOSE ONE ENTREE ORANGE CHICKEN TACO SOUP w BREADSTIX <u>Available Daily</u> <u>Pizza and Chicken Selections</u> COOKED CARROTS CALIFORNIA BLEND VEG FRUIT & VEGGIE BAR</p>	<p>30 CHOOSE ONE ENTREE BACON CHEESEBURGER CHICKEN and WAFFLES <u>Available Daily</u> <u>Pizza and Chicken Selections</u> FRENCH FRIES GREEN BEANS MACARONI & CHEESE FRUIT & VEGGIE BAR</p>	<p>31 CHOOSE ONE ENTREE PHILLY CHICKEN SUB * MEXICAN PULLED PORK / BUN <u>Available Daily</u> <u>Pizza and Chicken Selections</u> SWEET POTATOES FRIES VEGGIE BOWL FRUIT & VEGGIE BAR</p>	<p>GARDEN SALAD TUESDAY & THURSDAY with Choice of Dressing</p> <p>MILK - CHOICE EVERY MEAL</p>	
<p>Combos offered daily: <u>Yogurt & Cheese Stick</u> <u>Goody Ring</u> OR <u>PB&J Cheese Stick</u> <u>Goldfish</u></p>				